

worth

The Dragon 2010



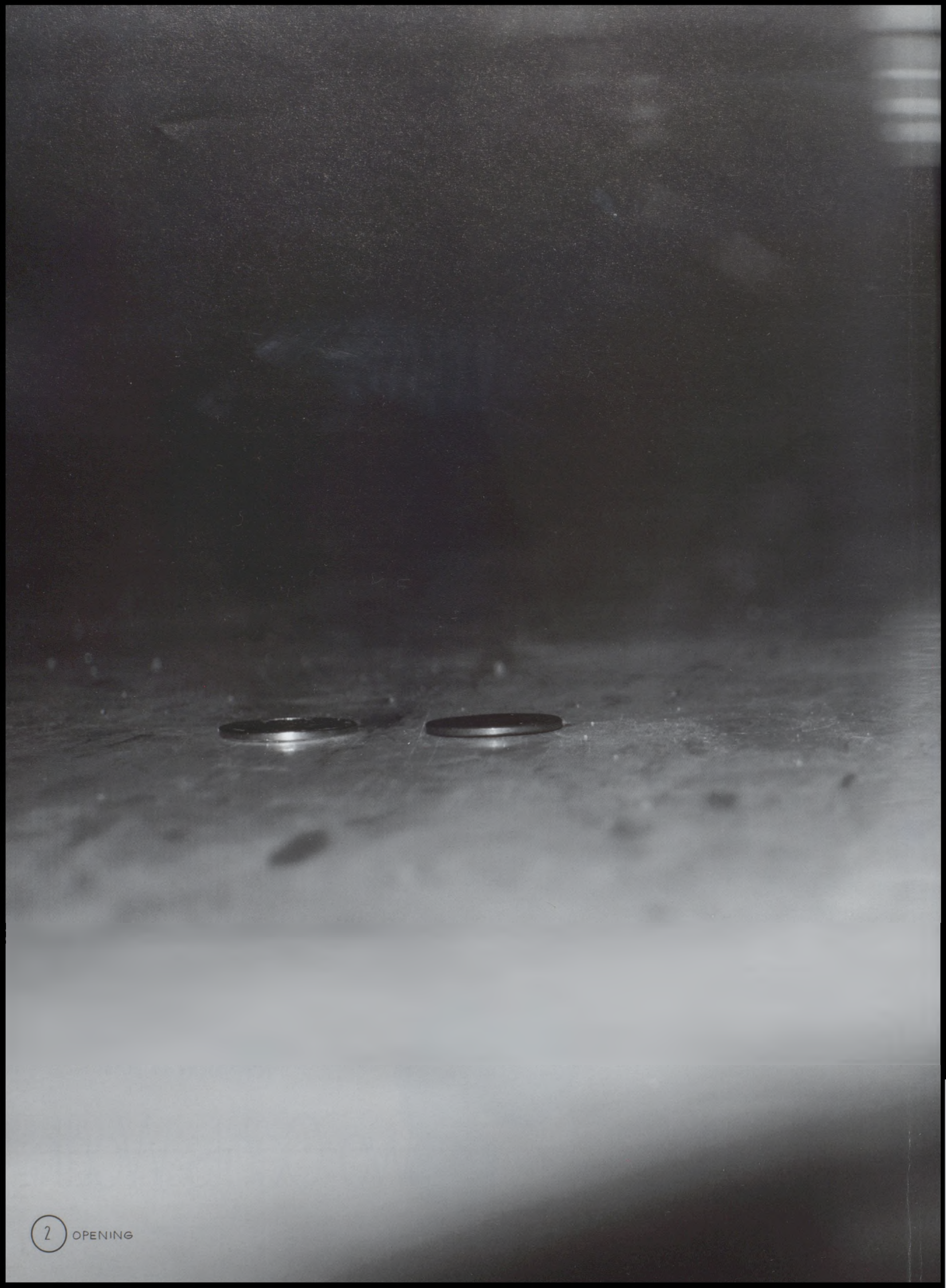
cents worth

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2010 Dragon Volume 63
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Enrollment 1,309



Two Cents Worth



Two Cents Worth

Walking these halls, one rarely thinks of all that happened in them. The day passes with thousands of inane, emotional, calculated, hysterical, opinionated, ambitious, and countless thoughts that we paid no mind to at the time. Time was spent arguing over healthcare reform, cheering for our National Teacher of the Year, and rejoicing, albeit sometimes crying, over the record-breaking number of snow days. Our time at Johnston High school will not be defined by these calculated moments, but how we felt about them and what our opinion was. With the world changing around us, JHS was constant and relialble during the '09-'10 school year. While volcanos were exploding in Iceland and oil leaking in the Gulf Coast, we were here at home expanding our minds and voicing our thoughts.We said "Hello" in August and for the final time the seniors said "Goodbye" in May. This is a compilation of your thoughts and ideas, of who you really are. Dragons, this is your two cent's worth.

photo kofi manteau | words by monika sehic

Preparedness



Huddling up, the boy's soccer team tries to come up with a plan for the game.
photo by alex piechl



"If you don't know where you are going,
you might wind up someplace else."
-Yogi Berra

"Being prepared is like wearing my grandmother's underwear.
It never happens."
-Sophomore Katelyn Holcomb

"Be prepared for anything in life or life
will knock you on your (butt)."
-Senior Tanner Gardiner

"I get ready ahead of time, so I'm not late or mess
anything up trying to hurry and get it done."
-Sophomore Deavon Richards

"Being prepared means expecting the best and worst of everything."
-Sophmore Cody Conley

"It means having everything you need and more.
Have your mind open to the unexpected."
-Sophmore Ashley Enger

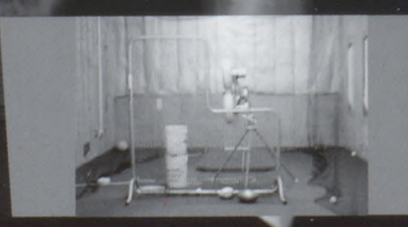
Preparation

"Play hard, practice harder," is the motto that sophomore Cody Brenner lives by, especially while continually preparing for baseball year round. Brenner's life consists of almost nothing more then lifting weights, hitting continuous rounds of baseball's in his basement, and, of course, playing the game. If you would walk down into Brenner's basement and look to the left you'll see a cage of netting that's about 30 ft long caging in what they have made to be a batting cage. From the 100's of baseballs, bats of different weights, and the pitching machine that brings it all together, Brenner spends at least an hour to two down there every night hitting baseballs or just merely playing catch. "Cody loves practicing, sometimes I'll just come home to him hitting balls by himself or throwing balls to strengthen his arm," Kevin Brenner says. All that Brenner has worked up to be paid off not only when he made the starting varsity lineup as a freshman but also in the Summer of '08 when he and his little league all-star team went to the little league world series in Michigan, placing fourth. "I'm going to play professional baseball and I want to be the best at what I do," Brenner said after being asked how he'd like to pursue his baseball career.

Cody Brenner

{story and photographs by kara anderson}








Striving for Perfection

Sitting at her kitchen table, sealing her fate in a white, crisp envelope senior Gabbi Angeloni put the stamp on her application to her first-choice college — Harvard.

The chances are steep, one in fourteen students who apply make it. Angeloni plans on being one of the 2,175 students accepted this fall. "I guess I strive to do well because I'm a competitive person, and I hate disappointing people, especially myself," Angeloni said.

Angeloni spent some time applying to colleges, thirteen to be exact. Georgetown University is her second choice, while Pennsylvania is her third. She wants to double major in history and international relations and double minor in anthropology and government.

Attending Harvard's summer college for the past two years, the drive to perform and be at the top of her game is crucial. "I will go to any of the schools I am applying to and then try to get into Harvard for graduate school," she said. "I'm pretty determined to go to Harvard again." With hope and persistence Angeloni has her mind set on Harvard.













{story and photographs by meredith batz}

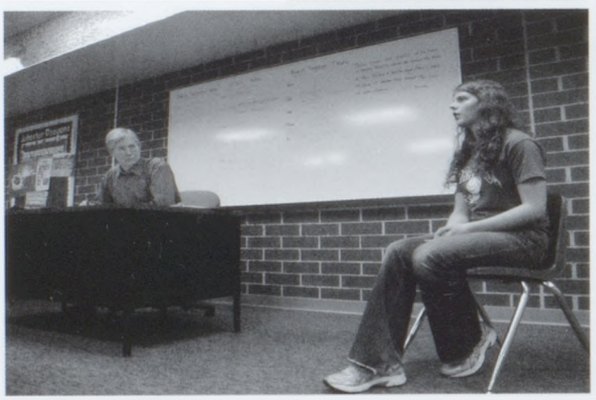
Reading off the opening statement for the defense, sophomore Isaac Laffey presents his team's side of the argument. "I was assigned an attorney role making the opening statement, which states why [my team] is right," Laffey said.
photo by paige plaskitt



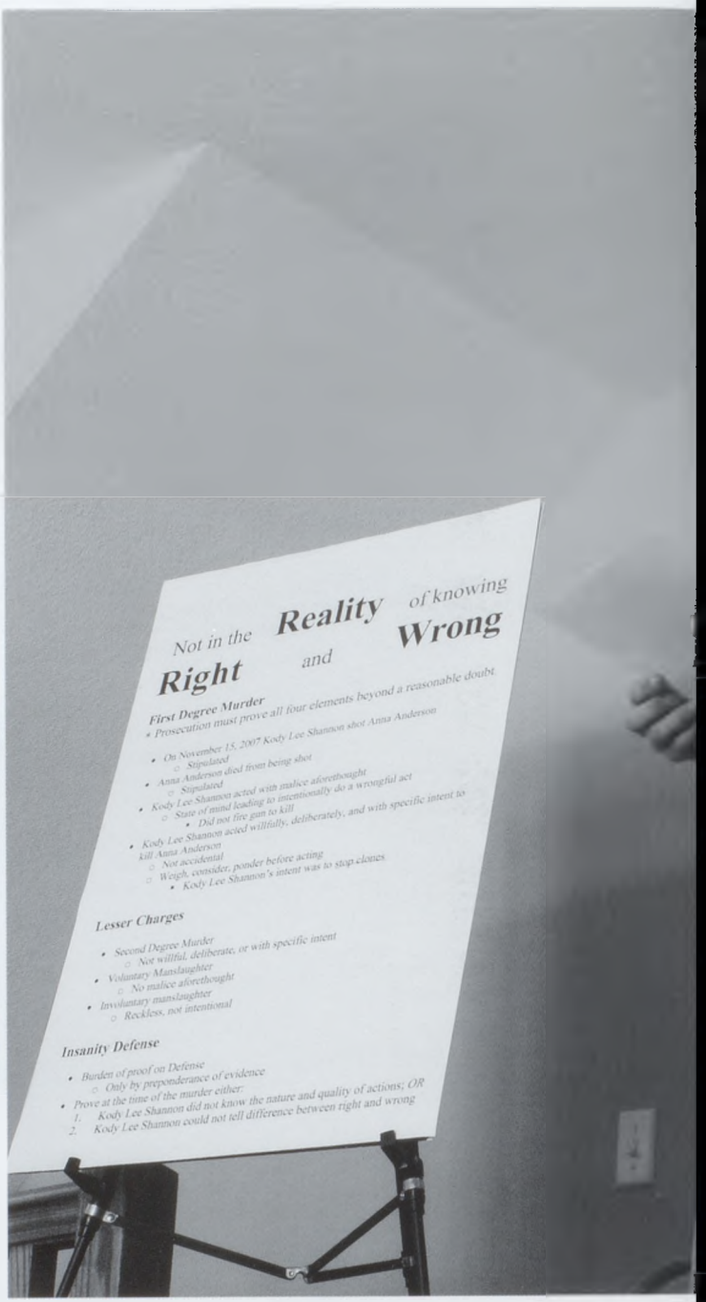
Teaching her fellow classmate, junior Cindy Xu shows junior Molly Ward how to time a trial. "It's important to add quickly and keep your mouth shut," Ward said.
photo by monika sehic



Sophomore Ian Dunshee looks at his notes and prepares with senior William McDowell.
photo by paige plaskitt



Sophomore Kaitlyn Aldridge gives her testimony about the trial. Aldridge testified in the "State of Iowa v. Kody Lee Shannon," There were first degree murder charges against Kody Lee Shannon.
photo by helen lagerblade



the Way I see it...



"Mock trial is the only place where you can be a schizophrenic killer and argue against yourself as an attorney.
-Alex Knee '10



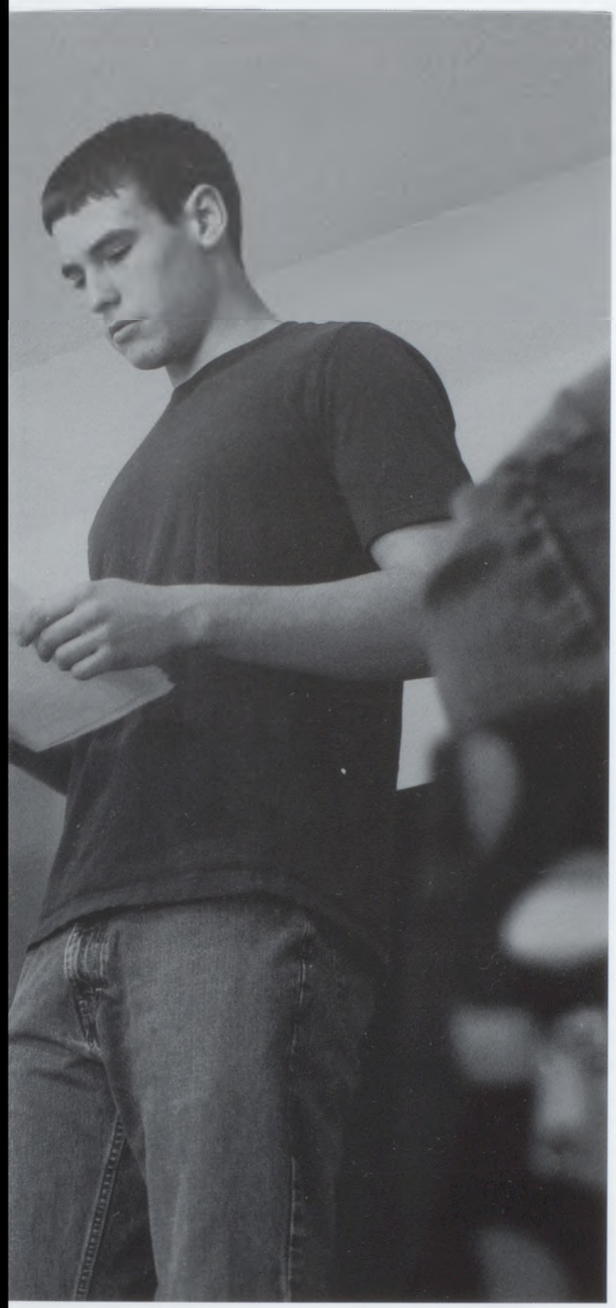
This year's case was a good way to connect to the real world and the profesion of law which is the whole point of mock trial."
-Alissa Campbell '12

Junior Alex Hjelmaas writes his notes for the upcoming trial. Hjelmaas has been in mock trial for five years. "Each year I have played two attourney roles, one on prosecution and one on defense," Hjelmaas said.
photo by monika sehic



Timing the trial, freshman Kayla Jansen sits with freshman Olivia Willow. Willow played Jaycee Jefferson, a prosecutor, which tries to prove the defendant guilty.
photo by monika sehic





Reality of THE Cases

Teams learn that telling the difference between right and wrong is not always as easy as it seems

Entering the Polk County Convention Center, the mock trial team Res Ipsa Loquitur (a Latin legal term meaning a thing that speaks for itself) gather in an empty room. The team's first match isn't until round two, giving them more time to practice which they are grateful for. Their case is based off the troubling real-life trial of Mark Becker, the 24-year-old who shot and killed Parkersburg High School football coach, 58-year-old Ed Thomas. In the mock trial case, 21-year-old Kody Lee Shannon killed 72-year-old Anna Anderson. Just like in the Becker case, the defendant plead not guilty by reason of insanity.

With the plea of insanity on the table, the defendants and prosecutors had to prove what the suspect's mental state was at the time of the crime, using three main witnesses to prove their point. One of the most helpful witnesses was the suspect's doctor, Dr. Milo Everett, played by sophomore Isaac Laffey. "As a witness in mock trial, my role was to give important information for my side when an attorney prompted me with questions, as well as respond to questions made by the opposing side where they would try to get information from me that hurts my side's argument," Laffey said.

Along with the challenge of building an argument, the teams had to be able to prove both sides of the story because at districts they would have to do just that. This posed a problem because the teams felt like one side of the case might be easier to prove then the other. "It was tougher to prove the prosecution because you have to prove your case beyond a reasonable doubt," Sophomore Andrew Tubbs said about the difficulty of defending both sides. "To prove your case beyond a reasonable doubt you have to be able to get all your good points in and keep your opponent's points out."

When the case was a week late getting to the teams, many members felt unprepared to deal with the actual competition that would come at districts. They were finally able to start, only to have many practices canceled due to the brutal weather that hit during the winter.

Kaitlyn Aldridge felt the time squeeze. "We had to miss a couple meetings because of weather," Aldridge said. "And then we indirectly lost a weekend because of when finals were pushed back because of the snow days. Also the case was released a week later than usual, so that didn't help us too much with [practice] time either."

When districts did come, the defendants had an easier time convincing the panel of three judges that the suspect was innocent because he was not mentally aware of what he was doing at the time. In the real life case of Mark Becker, he wasn't as lucky. After five days of deliberation the jury found him guilty, and he is now serving life in prison.

spread by: kaitlyn ellerman and emily welch



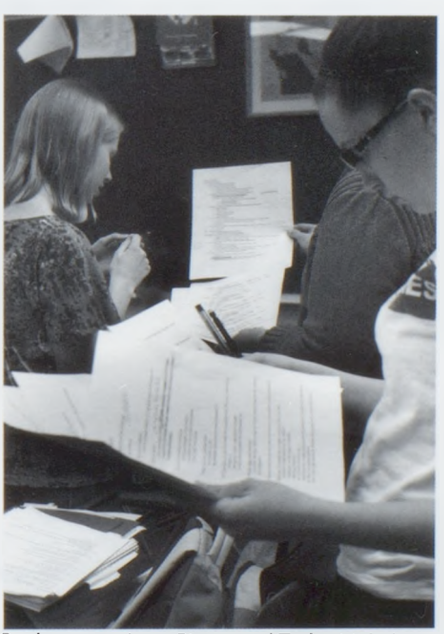




Freshman Olivia Guns and sophomore Elizabeth Mills share their notes over the upcoming meet. "I was reading her an exhibit for the trial when I was cross-examining her," Mills said.
photo by monika sehic



Introducing the rest of the team, junior Sarah Mayer informs the judge of the names and the roles of the characters she and the team were playing at a dress rehearsal practice. "Our case dealt with insanity just like the Mark Becker trial," Mayer said. The Becker trial dealt with a shooting of a high school football coach from Parkersburg.
photo by kaitlyn ellerman



Sophomores Anna Pierce and Taylor Mithelman go over their notes one last time before the practice begins. It was one of the last practices before the team competed at districts March 1.
photo by kaitlyn ellerman



Junior Jon Houp tightens the valve on his small engine. Students learned the basics of how an engine works and all the working parts and how to service them. They first practiced working on non-working engines and then eventually moved to working engines. The main goal was measuring all the parts and determining which actually still worked. "The hardest part about the class is finding tool because there is only a certain amount of tools," Houp said.
photo by kofi manteaw

trigger to table

Student uses new welding class to build table for his spent shells

By alex peichl and kofi manteaw

Over the course of the goose season, seniors Dylan Boston and Matt Merrick hunted geese almost every day. They picked up one of the products of their hunting, dozens of shot gun shells in a garbage bag. The bag remained in Merrick's garage until second semester.

Second semester, Boston took Metalworking, a new course offered by industrial tech teacher Mitch Eagles. Eagles conceived the new class after his first year of teaching at Johnston. "I saw a need for a class for students to use what they learned in their metals classes to make something for themselves," he said. A lot of students asked to work on their own projects in the other welding classes, but there was usually not enough time in the semester after they finished their assignments.

As a veteran of Eagles' welding classes, Boston used the class as an opportunity to build a table to store and display his used shotgun shells. Boston was an avid hunter. "Hunting is kind of my thing," he said. "I'll put my hunting stuff on the table. Maybe clean my gun on the table."

Due to the school's weapons policy, Boston wasn't allowed to bring the shells to school to put them in the table. Eagles said, "I told him it was an interesting idea but he would have to put the shells in at home." Boston decided to build it anyway.

The table was 5 feet long by 3 feet wide made from 16-gauge sheet metal with legs made from steel fence posts. After the shotgun shells went in, a sheet of plexiglass was placed on top to make the table functional and so the shells could be seen. "Metalworking is a pretty sweet class," Boston said. " You build what you want. You don't just do a weld to get a grade."

The class wasn't for everyone though. To get in, students must have taken Intro to Metals as well as one of the two DMACC duel-credit welding classes taught by Eagles. "This class is for people who are ambitious, self-starting, and eager to create something for themselves," Eagles said.

Like the other students in the class, Boston was able to build a project that he could keep and appreciate, which is what the class is all about. "The table will look sick in my appartment," he said.





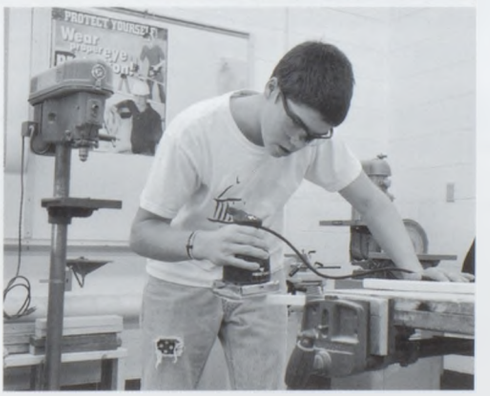














ONE During Principles of Engineering, junior Drew Jackson constructs a marble sorter using the Fisher Technique. They had to build the sorter and then program it using the computer to sort three different color marbles, which mimic the glass sorter and the recycling plants used. "It was fun to see it all come together," Jackson said. *photo by kofi manteaw*

TWO Junior Josh Tindall crosscuts a board using a table saw. In Woods I class, they had to build trinket boxes using various types of joints. Students got to pick their own projects for the semester. *photo by alex peichl*

THREE Lighting a torch in oxy-fueling class, junior Mike McFarland practices his welding by making beads on the sheet of metal. McFarland learned proper techniques like how to set up different types of frames and how to set up cylinders. *photo by kofi manteaw*

FOUR In Intro to Metals, junior James Garlock tacks two pieces of sheet metal to preform a lap joint. A lap joint is welding two overlapping pieces of steel together by laying a bead down the seam. "The best part about the class was the stories that Mr. (Mitch) Eagles told," Garlock said. *photo by kofi manteaw*

FIVE Sophomore Sam Lasswel sands wood for his wood shop project with an electric sander. Students got to work on various types of projects, which included building a shed for the baseball field's storage. In some cases they were purchased and the buyer paid for the materials. *photo by alex peichl*

"It was really fun, it was a good experience. I could connect to the class because I do it outside of class when making repairs to my racecar."
-Deavon Richards, '12



Wrapping her ankle for support, sophomore Katie McMillen tapes up before a basketball practice. McMillen had to tape her ankle before every practice and game for four weeks. "The tape really helps prevent me from getting blisters and acts like a brace in some cases," McMillen said.
photo by kailey kerr

Clock *in* Condition

Junior disciplines eating habits to excel in athletics

The first mile, Amber Clocks warms up. Next, she sprints up the hill on Chambery Blvd. Then, she runs a cool down mile. If the sprint up Chambery was easy, she returns home and lifts weights or does core training in her basement. Much of her life has been devoted to staying in shape and eating healthy food.

Eating healthy has always been rather easy for Clock. "I just have always loved fruits and vegetables," Clock said. "Salad with everything on it would have to be my favorite healthy food." And fast food is out of the question. "I haven't eaten McDonalds since fourth grade, and whenever I do eat fast food I actually do get sick," she said. Clock occasionally was tempted by ice cream but used frozen yogurt as a substitute She said it tasted just as good.

What helped her eating habits was a bet that her dad struck up with her. "Right before Thanksgiving both me and my dad decided we would not eat unhealthy food for that holiday," Clock said. "It makes it easier to eat healthy when it's a bet." The bet entailed not eating any unhealthy food with exceptions for immediate family birthdays and some holidays. It was made in November and as of March neither of them had caved in. "My daughter is tough competition," Todd Clock said. Both of the Clocks said they would feel guilty if they gave in and it has really helped them to work on self-discipline.

Clock's nutrition discipline aided her athletics. While her specialities were the 400m and 800m in track, she ran cross country to stay in shape.

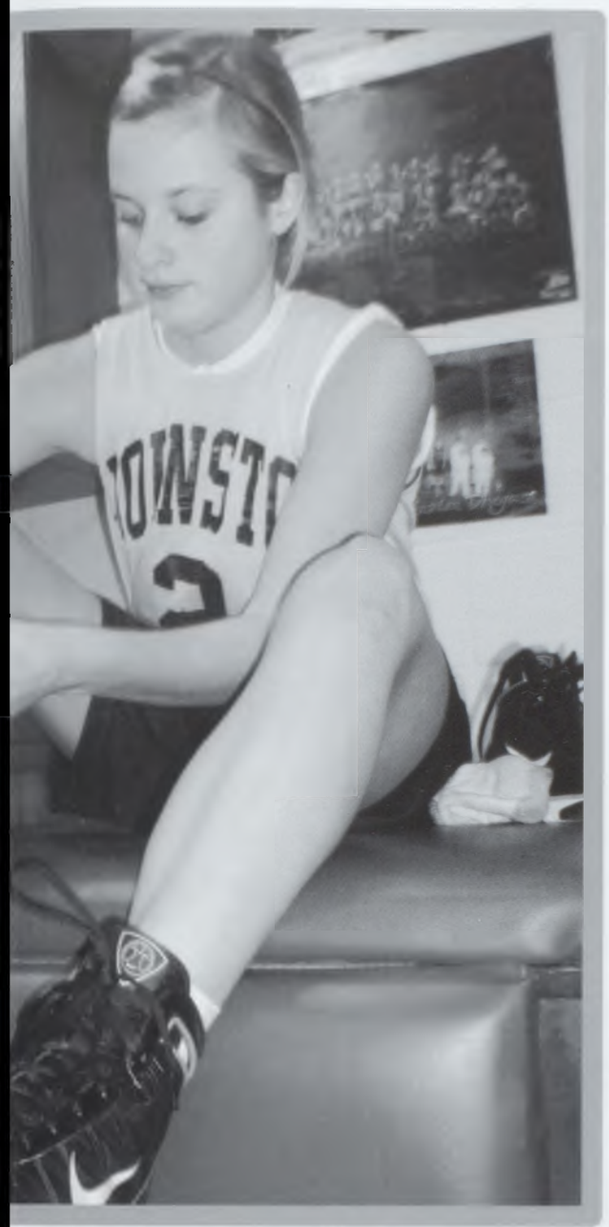
Clock's track and cross country coach Patrick Hennes complimented her self-discipline. "Amber exemplifies her year-around commitment to be a high level competitor," Hennes said. "Her self-discpline has allowed her to be a tremendous athlete."

spread | kailey kerr and morgan jungman



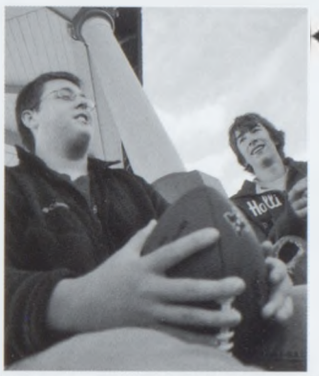
Senior Matt Knoedel injects himself with his daily insulin shot in the nurses office. Knoedel was diagnosed with Type I Diabetes five years ago.
photo by paige plaskitt

Eat well, sleep



Midway down a hill at Afton Alps, Minnesota, junior Lauren McNeal stops to tighten her bindings on her Roxy snowboard. "Snowboarding is an awesome way to stay active and get outside when we spend most of the time cooped up inside during the winter," McNeal said.
photo by jordin robinson





On a cold September Sunday afternoon, juniors Reed Clabaugh and Matt Probst take a breather from playing football. Clabaugh and Probst went out every Sunday at a local gazebo and played a pick-up game.
photo by faisal alabsi



Untying her pointe shoes, junior Geena Pilcher prepares herself for her upcoming recital. Pilcher was also involved in jazz, tap, lyrical, and ballet classes. "Pointe is one of my favorite classes," Pilcher said. "It takes hard work but, I love to perform and show everyone what I love to do."
photo by meredith batz



Lifting weights in his basement, sophomore Marcus McKay completes a tricep extension with 45-pound dumbbells. McKay weight-lifted in his own home every day for football.
photo by helen lagerblade

"well, don't do drugs."
-Nick Newton '12



Senior Margaret Taylor endulges herself in a good read. A few months earlier, Taylor, with the help from ELP teacher Sue Cline, finished her novel that she entered in the National Novel Writing Month challenge.
photo by meredith batz

A Novel Challenge

Student writes two books through National Novel Writing Month

Writing 50,000 words in 30 days. That's 1,667 words a day, which is about six pages, double-spaced. Multiply that by 30 to get a 180-page novel. This is what senior Margaret Taylor wrote during the month of November by competing in the National Novel Writing Month challenge.

National Novel Writing Month, or NaNoWriMo, was an event for any creative writers to participate and write a novel.

Taylor was introduced to this contest last year by English teacher Rachel Mullen. "I know that often times there are students in the Creative Writing class whose 'thing' is writing, so I really wanted to provide an opportunity for them to have an outlet for their craft," Mullen said.

Taylor enjoyed putting her ideas into writing so she decided to participate again this year, as part of her ELP project. "This year's [book] was about a group of magic workers, called the Watermages, who draw their power from a combination of water and fire," Taylor said. Outside the month of November, Taylor spent class time editing her book.

Even though it is a tough task, Taylor was prepared mentally. "You can't be intimidated by the word count. You just have to keep going," Taylor said. "You have to make yourself sit down and write, not just when you have inspiration or writer's block. Then you won't be able to do it."

To keep focused, Taylor listened to the "The Lion King Original Broadway Soundtrack" while writing her novel. "Listening to music helps," Taylor said. "Especially music without words. That's less distracting."

Taylor spent, on average, one to two hours writing, but spent at most four or five on some days. She had 'writing time' sitting on her bed with her laptop, when she got home from school and before she went to bed.

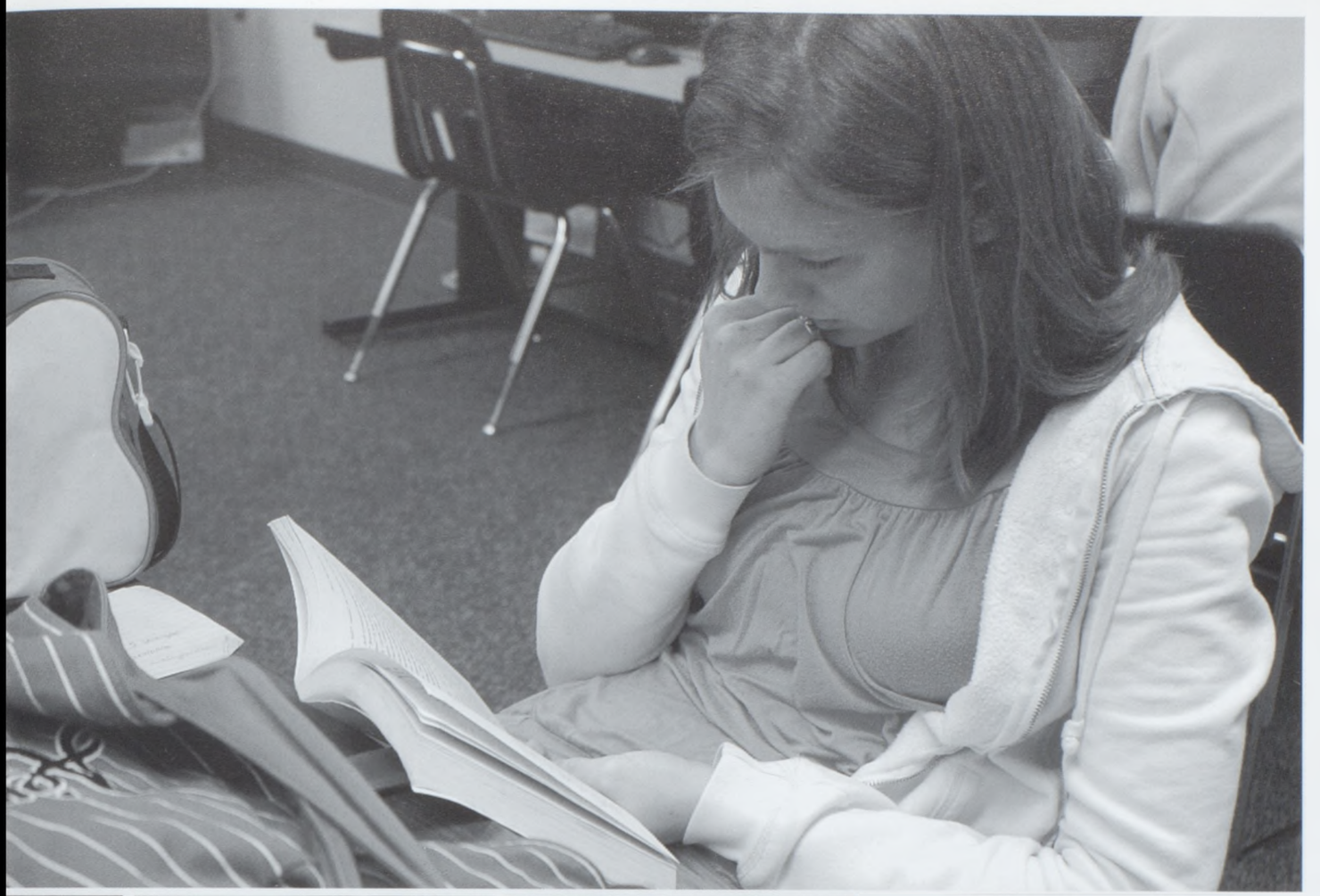
Taylor finished her novel a day early. "I reached 50,000 words in the middle of the final battle scene," Taylor said. "I couldn't just stop. I had to keep going." Taylor's novel ended up being around 51,000 words by the end of the deadline.

"A distant dream is to get [the books] published but it's probably a long shot," Taylor said.

spread by meredith batz and lisa friesth



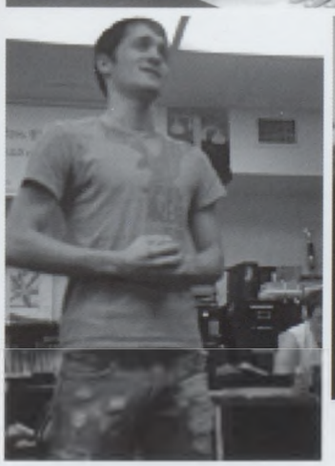
















ONE Practicing her trumpet in the band room, senior Bailey Petersma taught herself how to play the trumpet for her ELP project. "I'm going to study instrumental education, so I thought it would be a good idea to get a head start on learning various instruments," Petersma said. "I also worked on learning the clarinet last summer."
photo by meredith batz

TWO Completing her reflection paper on architecture, sophomore Ashely Enger winds up her last task for ELP. "In ELP you choose what interests you and I have architecture as a possible career for me," Anger said.
photo by meredith batz

THREE Junior Spencer Vasey relaxes and enjoys coloring a picture of Disney's Aladdin and Jasmine. One of the first days of the second semester, students were able to use their class time any way they wanted.
photo by meredith batz

FOUR Senior Ryan Bower refines his acting skills while practicing his speech for the following period. Bower is interested in acting as well as dancing, more specifically ballet. "I am a performer. Ballet is one of the skills that I need to work on for my career so I wanted to do a project with it. I also wanted to do physics project so I just combined them," Bower said.
photo by meredith batz

FIVE Breaking away from the usual daily routine in class, senior Alex Greig spends his free time playing with some Legos alongside fellow classmate senior Alex Grieve. "We were trying to build a Starwars battleship," Greig said.
photo by meredith batz

"ELP gives me the time and opportunity to learn about myself instead of a curriculum. I love a class where you can express yourself in so many ways."
-Leah Bowman `11

Sophomore Clara Sandoval warms up for her solo and ensemble piece with her oboe. Her favorite instrument was classical guitar, but since they didn't have that as an option in concert band, her default was oboe.
photo by paige plaskitt



On bassoon, junior Tim Gates readies himself for his solo and ensemble presentation. "I love every chance I get to perform," Gates said. "The solo and ensemble contest is a perfect way for students to perform outside of concert band setting that they're used to."
photo by paige plaskitt



Home-schooled junior Matt Gulleen prepares for his solo and ensemble with the alto saxophone. He took all of his classes at DMACC, aside from when he came to school first period for band.
photo by paige plaskitt



Junior Kyle Naig prepares for his part as piano accompanist for junior Matt Gulleen's solo and ensemble performance as his piano accompanist. "I find the give and take of collaborative performance to be extremely gratifying, especially when the performance really locks in," Naig said.



photo by paige plaskitt

the way I see it...



"We get to do something that we can't do in other classes. It is a chance for everyone to express themselves in a way that you can't otherwise.
-Emily Linscheid '11



It's like one big family. All of your friends are in band. You have a great sense of satisfaction, seeing the people standing up and cheering."
-Margaret Taylor '10

Sophomore Brenden Redshaw warms up for his solo on alto saxophone March 29. "I hope other kids continue to do band for the years to come because we have excellent teachers and a superb band program, and we don't want that to diminish," Redshaw said.
photo by paige plaskitt



Instructor Patrick Kearney introduces Jazz Lab 3 to the audience at Waukee High School Dec. 12. "One of the things we try to do is set the students up to be successful," Kearney said.

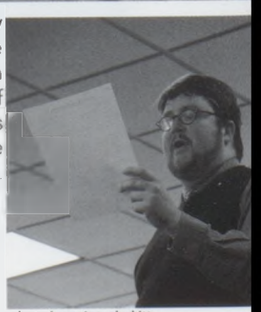


photo by paige plaskitt



Living THE Legend

Jazz band creates a legacy with a piece composed for them

The audience is silent. Waiting for the next move, no one makes a sound. The lights shine upon the stage staring down the jazz band. Every Jazz Syndicate member waits for Patrick Kearney to signal them to begin. As Kearney's hands go up in the air their instruments fly into position. Watching as Kearney throws his hands down, they start the "Legacy."

Jazz Syndicate had a piece of music commissioned for them named "Legacy." The piece was written in honor of Jazz Syndicate, Jack Oatts, and Karen Coaldrake. The title referred to the Legacy that both Jack Oatts and Karen Coaldrake left behind after their deaths in 2008. Oatts started and directed the first high school jazz band in Iowa at Earlham High School in the 1950s. Syndicate members seniors Chris Oatts, Eric Oatts, and Jeff Oatts were his grandsons. Coaldrake was a school board member and mother of senior Justin and freshman Tristan.

"[Playing the piece is] sweet because it's really up beat and well... jazzy," senior Tanner Garden said, "but it's cool being able to go on stage and play something that's never been played before." The Karen Coaldrake memorial fund paid for the project.

This piece of music left an impression on jazz band members. "All of our experiences this year will leave a legacy for the years to come," senior Bailey Petersma said. "It creates a feeling of excitement when we play it, and I think it leaves us and the audience with an uplifted feeling."

Senior Katie Upton thought the band, consisting of mostly seniors, learned to adapt to each other's sound, which helped them improve faster than other bands would be able to. As a result they did well in competitions.

The better they played in competitions, the more they were invited to others like the International Jazz Education Network conference in St. Louis, Iowa Bandmasters' Association conference and Iowa Jazz Championships. "It's a tremendous honor," Petersma said. "Not every band gets selected to perform at these types of events, and we're very lucky to have these opportunities." The band won the Tallcorn Jazz Festival and the Indianola Jazz Festival.

Band director Patrick Kearney influenced the students to pursue their passion. "I feel Mr. Kearney has done an excellent job of motivating us to make music rather than win stuff," junior Kyle Naig said. "Although, that's fun too." Kearney gave speeches and related events in band to the real world to keep things in perspective.

"He sort of kicks us into high gear when we don't want to work harder and gives us a lot of reasons to keep going," senior Leah Schmidt said. She said he taught her not to settle for mediocrity.

Kearney praised the band. "This is one of the most talented high school jazz bands in the country," Kearney said. "It is a special experience to be a part of this kind of group."

•spread by paige plaskitt and sydney dimarco•







Junior Brandon Miller gets ready for the Jazz Lab contest at Waukee High School. "Jazz band lets you express yourself in a way that speaking doesn't," Miller said.

photo by paige plaskitt



On oboe, senior Michael Carlson plays at the fall band concert Dec. 14. "Band has left a large legacy on my life by the other seniors before me and that we are living up to this legacy," Carlson said.

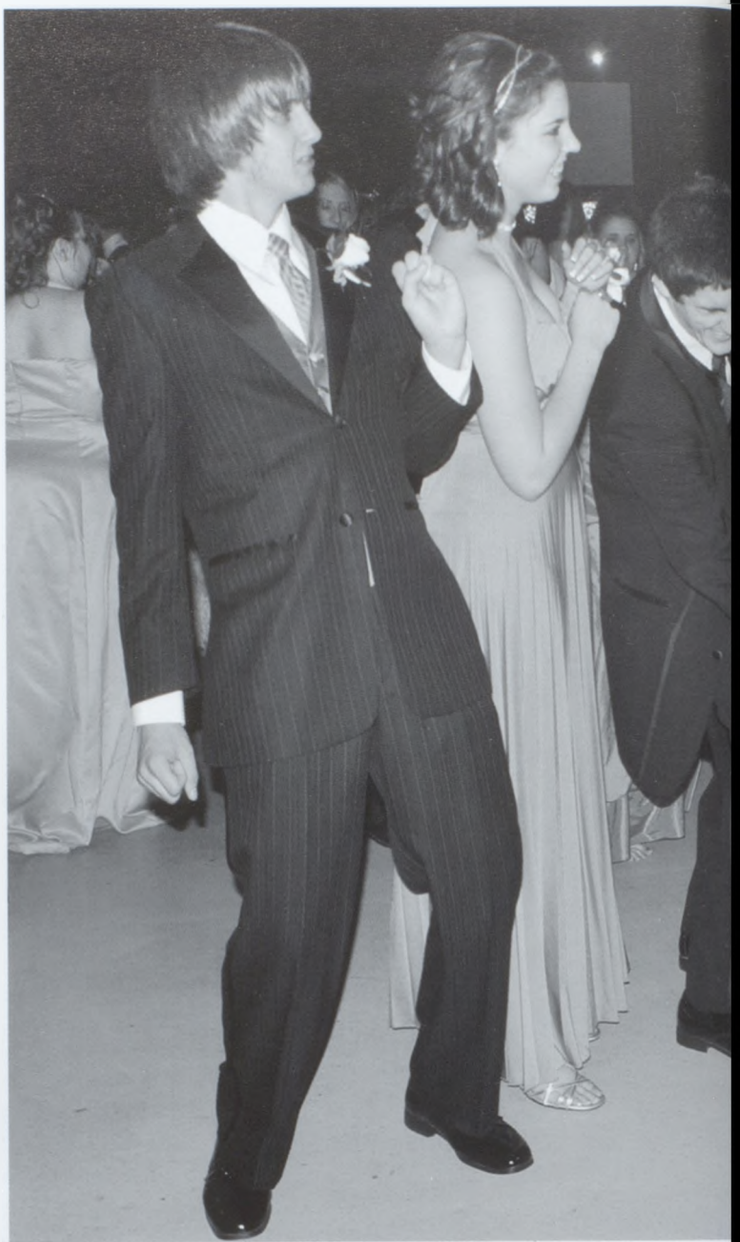
photo by paige plaskitt



Junior Nick Vogel participates in pep band on Jan. 29 at the game against Urbandale. "I think pep band made a legacy by contributing to the atmosphere at the games and keeping the downtime interesting without needing pre-recorded music," Vogel said.

photo by kyle soyer

Junior Conner McCool, sophomore Ellie Grapp, and seniors Alex Grapp and Megan Batterson do the octopulse at prom. The octopulse was a dance created by Batterson on the way to prom. "Prom was a mixture of octopulsing and hand-dancing," Batterson said. The dance consisted of four people dancing in the middle of a group and then pulsing back to the outside circle.
photo by helen lagerblade



Junior Chris Coble makes a bracelet in the "Flower Power" room during After Prom. Sudents had the option to make a bracelet following the instructions or could freestyle it. "I kind of got pulled in with my date because it was the first place open," Coble said.
photo by helen lagerblade



Walking down the purple walkway, seniors Molly Schunicht and Bethany Hoogenakker pause with Cody Walkup to wave to the student audience. Winners of prom court were Walkup for king and senior Hannah Palmer for queen.
photo by helen lagerblade



Senior Kallen Kramer and friends party it up on the dance floor. Kramer's favorite song was "Rude Boy." "At every dance my friends and I dance crazy. Since it was our last hoorah we danced extra crazy." Kramer said.



photo by helen lagerblade

the way I see it...





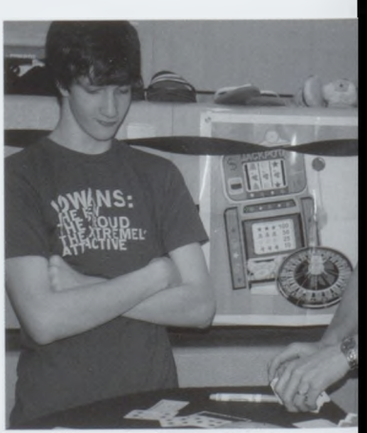
"After the After Prom was fun because we had to fit six people in a small car plus I was getting teased about the prize I won and the way I reacted about it. [Celestino won, among other things, a golf giftcard]"

-Nick Celestino '11

"The most memorable moment was probably hanging out with all my friends at the after After Prom party. There was a bonfire and a lot of fun memories were made."

-Leah Schmidt '10

Setting up for another hand, Jake Hunsberger watches as the cards are being shuffled at the blackjack table. Included with blackjack, the post prom offered Crabs and a Texas Hold Em' tournament in the old weight room. "I choose blackjack because it was fun and easy to get money, totally a good use of time," Hunsberger said.
photo by lisa friesth



Tumbling over inflated bars, senior Anne Fleming completes the obstacle course during After Prom. Fleming was competing against junior Chelsea Waltz and lost. "I had more fun because it was my last year and I let loose," Fleming said.
photo by helen lagerblade





Short TIME Spent

Group attends prom for brief time, but overall has a good time

Walking through the Effiel Tower arch way and through the doors, junior Kelsey Kruse with her date, sophomore Connor Yocum, glance around the 7 Flags Event Center and check out the prom. Kruse and her group walked around the floor for 15 minutes, did not dance, and exited. "Hank [Mandsager, junior] was the only one that danced," Kruse said. "I just didn't want to spend a lot of time there."

The theme of the prom was "An Evening in Paris." About 600 students bought tickets. The prom committee did the planning and designing in the days leading up to the annual event. Senior Shay Miller, member of the committee, said, "We spent about eight hours setting up, this is including the time the teachers spent before prom got underway." Music was provided by DJ Chill.

The prom committee made its entire budget from ticket sales, $18 of each going to prom and $2 going to photographer Deena Byrd for the free photo that was provided to each couple or group. They get to use any money made from tickets to pay for decorations, DJ, rental of the facilities, ticket printing and all the other things needed. "We never spend all of the money made from ticket sales because we try to net money each year," science teacher and prom committee leader Kayla Burns said. "This extra money is used to fund other events in the school such as class day and graduation."

Even though some students don't attend, committee's spirits stay high, "It doesn't hurt me personally when people don't come; they miss out and that's a bummer for them," senior and prom committee member Shay Miller said.

Prom is normally a rite of passage, something a student does junior and senior year, but for some it is not as exciting as it is hyped up to be. "They had good music and it was a fun time," junior Haley Beaver said. "It was different than I was expecting; it had a lot of hype." Most excitement from the students was from the experience as a whole and the After Prom party held at the high school from midnight to 5 a.m., which included free food, prizes and a hypnotist's show.

Kruse and her friend junior Alyssa Czapla did not think prom was all what others made it to be, "We didn't think we were too good for prom, we just wanted to do something that we could hear each other talk and not die," Czapla said. "We just aren't a dancing kind of group."

• spread by jordin robinson and kofi manteaw•







Slow dancing to "Nothin' On You" by B.o.B., sophomore Ethan Meng and junior Kelly McGowan sway with the music. McGowan and Meng went to Court Avenue Brewery to have dinner with their group before the dance. "It was funny; there was another prom group there and a guy demonstrated how to grind for the whole restaurant," Meng said.
photo by lisa friesth



Senior Lauren Samson puts a tattoo on the corner of senior Sara Johnson eye. The tattoos were temporary and included objects such as butterflies, stars, and hearts.
photo by lisa friesth



Junior Danielle Christenson drops her Plinko chip, a classic game from the show "The Price is Right." The game was modified for the after prom party with prizes like suitcases, flashlights, and personal care products.
photo by lisa friesth

Scott Monroe

Passion for Watching

Senior Scott Monroe jumps the railing and races past security. Storming the field with an abundance of other Iowa State fans, including his friend senior Jake Sterk, they wanted to join the celebration after ISU beat Colorado. "Everybody ended up on the field," Monroe said. The game was two years ago but Monroe clearly remembers the Cyclones being down 21 points. Monroe is all about watching the next big game; whether it is football, basketball, or baseball he is always attending.

Monroe rarely misses a high school game. During the last football season, he only missed one. "I've grown a passion for watching Johnston sports," he said. He plans on being a sports broadcaster. "I'm watching so many games now to get practice," he said. "When I'm an adult I'll be watching them for a living."

The one game Monroe will never forget is when the boys' basketball team played Urbandale last year at state. "People were actually watching the game," Monroe said. He said that everyone was cheering and going absolutely ballistic.The kids were chanting and doing the cheers with the cheerleaders. That's what Monroe wants out of the student section, for everyone to be involved and the cell phones to be put away.

Monroe looks for passion in the players, because he has never had enough passion to play. "I could play sports, but I've just always been too lazy to workout in the off season," he said.

story and photographs by kailey kerr



Cory Upton

Harmonic Heredity

Secluded in her bedroom, sophomore Cory Upton plays the first few notes of "Sonata" on her oboe. Upon finishing the song, silence reigns. With three older siblings that all play multiple instruments, silence is precious in the Upton household. "We never practice at the same time," Upton says laughing. "We make sure to practice at different times."

When it came to choosing her instrument, Cory wanted to be different. "That sounds bad, but I didn't want to do the same thing as my sisters (senior Katie, '07 graduate Brianna and '06 graduate Jessica)," she said. She didn't have much to choose from. Her mom plays the piano, her dad plays the guitar and drums, "and my sisters play everything else."

Even though they don't practice together, they do play together. " Yeah, we play together every weekend!" Upton says sarcastically, "but we do play at our church sometimes."








story and photographs by kaitlyn ellerman



Senior Blake Hartsook holds two of his puppies from his nine-pup Golden Doodle litter. The puppies were five weeks old. Hartsook sold them when they were eight weeks old.
Photo by katie lashier

Pups for Profit

Blake Hartsook perserveres through puppy breeding business

Many great ideas pop into people's heads, but most are put to waste. They might be laughed at, or just forgotten. But senior Blake Hartsook took an idea and ran with it by starting his own dog breeding business.

At the age of 13, senior A.J. Grill and Hartsook came up with the idea to start breeding puppies. "We were hanging out and A.J. was just like, 'You know how we could make a lot of money?'" Hartsook said. "We just kind of forgot about it, and I gave the idea to my dad and my brother, and that's how we started."

Starting the business had many factors. "We had to build puppy pens, buy dogs and breed them. We also had to pay for advertising which is a lot more expensive than you would think." Hartsook's first dog to deliver puppies was Sandy, a golden retriever who breed with Bo, a white poodle. "It was so frantic but exciting at the same time just trying to keep every puppy alive."

Caring for the dogs was not always easy. "My worst moment was dealing with the dead puppies," Hartsook said," I hated dealing with the runts of the litter, too." He also had to manage all of the cleaning of the pens and the organization of running a business.

Hartsook enjoyed many moments with his puppies as well. He spent the entire night in his dad's barn delivering the first litter, which consisted of 14 puppies.

Three of these puppies were the first ones he sold. He went to meet a prospective buyer at a gas station and took three so the man had a choice. Before the man got there two other families bought two of the dogs, so the man no longer had a choice.

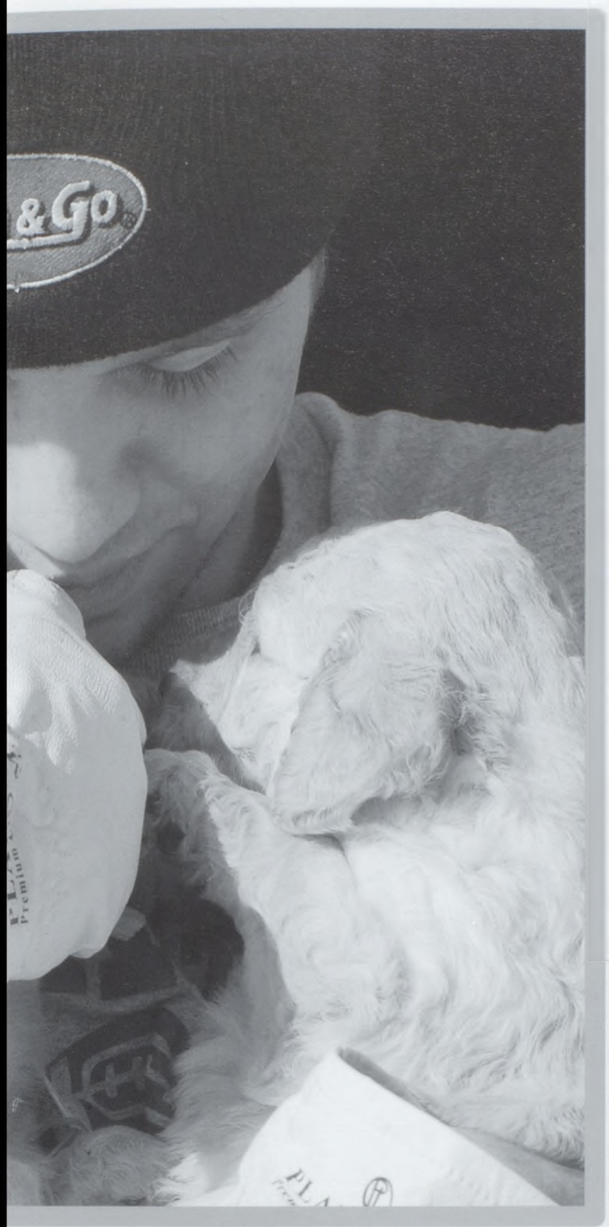
Hartsook never kept any of the puppies, mainly because he owns five dogs including Sandy and Bo. "I have enough dogs as it is." Hartsook said.

spread|ellie minor and morgan jungman



Senior Libby Elmitt cradles her bunny named George. Elmitt had owned George for eight years although a rabbit's life expectancy is three years.
photo by morgan jungman

"Animals are like



Sitting on top of her horse, Sy, sophomore Aly Vukelich goes on her daily ride at Cheval Equestrian Center horse barn. Before Vukelich rode her six-month-old horse, she took the blanket off, put the saddle and bridle on, wrapped the legs, and finally rode.
photo by sydney dimarco





Crawling under the table, sophomore Keirgan Thompson attempts to retrieve her cat Lily. Obviously, the attemp was unsuccessful.
photo by morgan jungman



Yanking on a chew toy, sophomore Brian Cherrier and dog Maddie wrestle. Maddie, a golden doodle, weighed 77 pounds; Cherrier weighed 145. Maddie won.
photo by paige plaskitt



Junior Elizabeth Schiefelbein slices apples up for her foster dogs, Hank and Rosie. Schiefelbein fosters dogs through a organization called Ragom. When the dogs came into the family, they were in need of help. After the dogs were cured, Schiefelbein and her family would find homes for them.
photo by morgan jungman

humans with fur!"
-Mariah Wellman '12

Wearing their robes, the mixed choir watches teacher Sarah "V-Dub" Van Waardhuizen for their cues during their song (concert program). They were singing it for the Spring Concert, April 29. For their concert, they wore the school's purple and gold robes, complete with a collar embellished with a gold "J."

photo by rachael meyer



Waiting for his cue, junior Kyle Naig accompanies the group during third period. Naig got involved with choir in his freshman year, and playing for the choir just came about. "I like it a lot; Brimeyer is great to work with. Sometimes I get a say in what to play, or [get to] give my opinion," Naig said.

photo by rachael meyer



Sophomore Matt Zinselmeier sings out during Mixed Choir, projecting across the room with the other tenors. There were 12 tenors and 21 basses this year.

photo by ellie minor



Senior Skyler Wadell relaxes during a break in class. "It's a nice relaxing period. Brimeyer is a pretty funny guy too," Wadell said. "I never pushed myself though because it's not my passion."

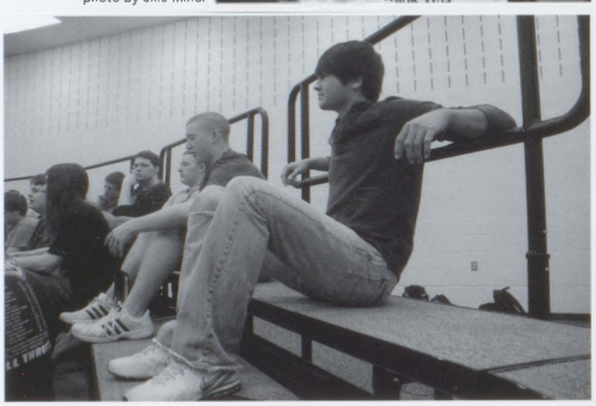


photo by ellie minor

the Way I see it...



"I think anyone can relate to the song, and I think everyone in our choir took it differently as well. And that's also why I think it was so interesting as well. Everyone has their own way of relating to the lyrics.

-Alyssa Becker '12



I thought it was a pretty good arrangement from the original song. My favorite part was the ending."

-Nick Evans '10

Fingers going up and down the keys, teacher Kim Kramer plays a tune on the piano for a mixed choir class. They had several concerts over the year, and spent weeks preparing for each concert. During class leading up to a concert, they learned techniques and practiced their songs, learning the words and melodies.

photo by monika sehic



Juniors Cindy Xu and Elissa Wiley look at their binders of songs to sing along with the words. All the songs they are going to use are kept in the binder until after their concerts. It takes some of the pressure of memorization off the singers.

photo by rachael meyer





Chamber's Arrangment

Choir sings student's creation of "Falling Slowly"

"Take this sinking boat and point it home. We've still got time." The words to "Falling Slowly," a song originally heard in the movie "Once" was sung at the Masterworks Chamber Choir concert in March. However, it was heard in a different way.

Junior Chris Dockum created the new arrangement for a choir to sing as a final project in his music theory class. "I originally made the song for my all-state quartet," Dockum said. 'V-dub' (Sarah Van Waardhuizen) heard us singing it and asked "Brim" (Ted Brimeyer) what was going on." After the chorus teachers heard the arranged song, they decided that the chamber choir would sing it in the upcoming concert.

"Chris was very enthusiastic in his work towards all of what we did in our music theory class," teacher Patrick Kearney said. "He has a passion for music and he absorbed all of the course material very thoroughly." The entire song took almost the entire semester to make.

Dockum loved the song and knew it would create a great composition with his original plans for all-state choir. "I chose the song because I think that it's uber pretty, and I knew it would lend itself great to a quartet." Dockum said.

Dockum did not write the song for the Chamber Choir to sing, but felt a sense of accomplishment for the finished product. "I didn't really sing it until the last 30 seconds, but most of the time I just stood there and thought about how cool it was," Dockum said.

Kearney admired Dockum's work ethic and talent. "Chris has a very mature sense of musical texture and harmony for someone his age," Kearney said. "His composition really did a good job of taking a piece written for multiple instruments and voices and making it entirely acapella. The end result was very professional sounding."

•spread by rachael meyer and ellie minor•





Teacher Ted Brimeyer points out the solfège on the board during class for the choir to use as a warm-up for their voices at the beginning of the period. Following this year, Brimeyer plans on transferring to a teaching job at Urbandale High School.

photo by ellie minor



Standing tall, juniors Blake Davidson, Ethan Kumbera, and Jamarris Holder echo the words during third period concert choir. "Brim is a man who loves his job and I think he deserves everything that he will get in life. [I'm] really going to miss him next year," Kumbera said.

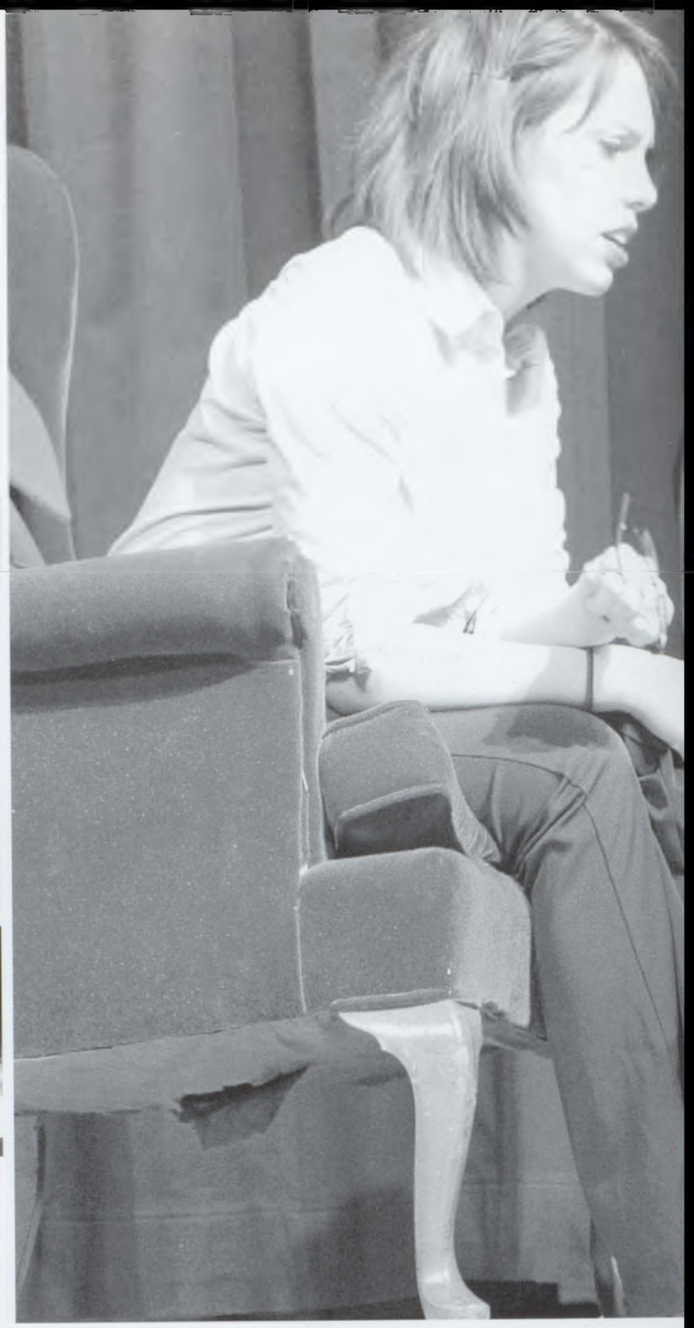
photo by rachael meyer



Looking out to the center, junior Stephanie Thimmisch and senior Kiera Morrill sing the alto part of "Untraveled World," a song the group has been practicing since September. This was the first time they sang the entire song, just singing parts of it before.

photo by rachael meyer

Seniors Meghan Batterson and Alex Grapp perform their leading roles in "Slop Culture." The play won at districts and got to perform in the state large group speech contest.
photo by andi holdsworth



Sophomores Andrew Overton and Rachel Minter discuss the resolution to the main plot on the stage, "When I first auditioned to be in the spring play I was not too thrilled that we were going to be performing 'Tartuffe' but then I warmed up to it and had a blast!" Overton said.
photo by andi holdsworth



Junior Jamaris Holder and sophomore Anna Hathaway act as father and daughter in the spring play. "It was my first year in the drama club and it was the best thing I have done all year. Backstage with your friends and practicing are the best memories I have," Hathaway said.
photo by andi holdsworth



Performing in the final sequence of the play "Moon Boy," senior Meghan Batterson and sophomore Sierra Larson dance. "The best part of 'Moon Boy' was the costumes and the dancing," Larson said. "I loved dressing up."
photo by andi holdsworth





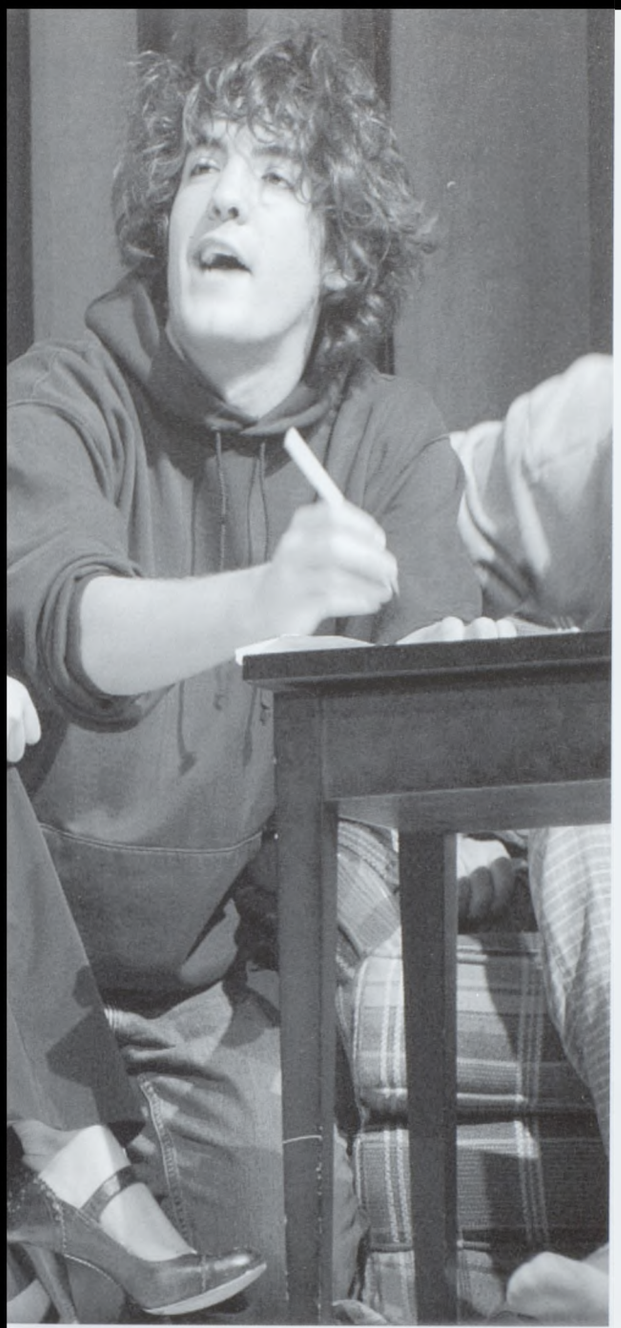
In Memory of Casey Aschan-Cox
April 8, 1992 - March 18, 2010

Seniors Alex Grapp and Sam Sellers try to describe their characters' fears in the short play 'Moon Boy.' "What I like so much about theatre is that I can do what I enjoy - read and perform," Grapp said. "Acting requires an ability to read literature and become that three-dimensional character. It's challenging, no doubt, but I love it."
photo by andi holdsworth



Participating in the spring play 'Tartuffe,' sophomore Sarah Hainline thinks on stage for a clue in the play. "This play was so much fun because it was a comedy, and hearing the crowd laugh made me feel like I was doing my job right," Hainline said.
photo by andi holdsworth





Inspiring Young Futures

Students Use Drama Club As A Tool For Their Futures

Running down the sidewalk after senior Skyler Waddell, junior Trevor Fisch steadies his camera while yelling directions. "Start acting scared," he tells Waddell as junior Jamerris Holder appears from behind a house, yelling and heading straight for Waddell.

Drama club took place after school from 3-5 p.m. on most days, but several young actors took their passion a step farther. Waddell, Fisch and Holder got together with other students and made short movies. For Fisch, it was more than an after school hobby, it was a chance to prepare for a life in film.

"I'd like to be a director someday," Fisch said. "Drama club is a great place to learn about acting, but also how to organize things and get people to act well." Fisch worked as an assistant director in the club and often met with his friends over the weekend to film short movies, the genre ranging from horror to spoof.

Other students planned futures in film, but junior Ashley Ribordy wanted to be in front of the camera. Before school, Ribordy sat in the library and looked up theatre programs at colleges.

"I'd always kind of wanted to be an actress," Ribordy said. "So I joined drama and that was where I figured it was possible."

For many, the decision to join drama club was made casually, but students came out with a new appreciation for theatre.

"People are paying to see our shows," director Paul Miller said. "So even in high school we have to stress professionalism, and that gives students a good starting point if they want to turn it into a career."

Creating a successful performance involved a lot of work, but many young actors found they were up to the challenge and enjoyed it. "I did tech stuff for the fall play," Ribordy said. "It's a really important job, like everything in theatre is, and the actors have to commit to helping as much as they can."

"It's a passion," Fisch said. "Drama club is an outlet, and an opportunity to get better before you go out in the real world."

•spread by andi holdsworth and kristine hauser•



Junior Dane Van Brocklin and senior Skyler Waddel held the lead role in the short skit "The Bride Comes to Yellow Sky" in the fall debut.
photo by andi holdsworth



Acting like a madly-in-love couple, sophomores Anna Hathaway and Nick Holland play their roles in the spring play 'Tartuffe.' "I got lucky being able to play Valere in 'Tartuffe,'" Holland said. "My character was the hero and came in the end and saved the day."
photo by andi holdsworth



Sophomore Rachel Minter and junior Jamaris Holder perform their leading roles in 'Talk to Me Like the Rain and Let me Listen.' "Opening night is the most nerve-racking, but it's still the best night ever," Minter said.
photo by andi holdsworth

Working on the homecoming picture's background, junior Dirk Opland and sophomore Connor Yocum paint the base color. The two student council members spent over six hours at Chris Beguhn's house to finish up homecoming decorations.
photo by faisal alabsi



Outlining "Class of 2012," sophomore Madi Buckley gathered with fellow classmates to represent her class. "It was really cold and windy," Buckley said. "If you didn't have enough paint or a heavy enough paintbrush, the cup would blow away really fast. It was r eally annoying."
photo by faisal alabsi



Senior Ben Cigan slides down the pudding slide during Rock Around the Clock. Students endured the cold, mid-30 degree air to compete in 13 activities with their team.
photo by elin tegels



Seniors Andrew Meek and Kiera Morrill work together to paint a tree and a landscape to represent the Environmentalist Club. The Environmentalist Club was a new addition that had a large impact on the school by introducing more earth-friendly techniques.
photo by paige plaskitt



the way I see it...



"I was disappointed because we spent so much time planning for [the parade] and I was looking forward to seeing all of our work come together."
-Jordan Adams '11



I was sad [about the parade being cancelled] because I had bought two humongous bags of candy that I wanted to throw out. But, I was happy because I didn't want to stand in the rain for two hours."
-Brandi Jansen '12

Posing for a picture, the homecoming court includes juniors Kelsey Kruse and Andy Jensen, seniors Ashley Quick, Travis Merritt, Patrica Miller, Alex Greig, Gabrielle Liljedahl, King Chris Oatts, Queen Julia Manning, Jacob Wood, Carlyn O'Keefe, and Riley Johnson, and sophomores Kerigan Thompson and Shane Abbott. Students piled into the large gym on Wednesday of homecoming week to watch the coronation assembly.
photo by monika sehic



Junior Anna Belknap searches for golf balls in a bucket full of mushrooms, beans, pudding, and corn during Rock Around the Clock. "Digging through the disgusting corn and pudding and mushroom stuff was something I'd never do, but Rock Around the Clock made it really fun," Belknap said.
photo by helen lagerblade





Cancellation causes disassembly

Student council members deal with class floats after parade is cancelled

"Excuse this interruption. Due to the weather, the parade is cancelled and not going to be rescheduled," principal Bruce Hukee said over the school's intercom.

Disappointed, sophomore Kensie Noble sighed after hearing the announcement. Noble played a large role in planning the sophomore-class float. "I was pretty bummed because we stressed and worked really hard on the float and then just had to cancel everything at the last minute," Noble said.

It was cold and had been raining all day. "We couldn't predict when [the rain] would let up," Hukee said. So, the parade was cancelled. Student council members were disappointed the most. They now had to deal with their unused floats.

Juniors Katie Lashier and Andy Jensen were especially upset. To tie into the "Arabian Nights" homecoming theme, they decorated their float with a treasure chest and gold. They spent a combined total of $50 of their own money to complete the float.

Unfortunately, their 12 hours of work over a three-day weekend could not be showcased to the community. "I went home in a fit of rage and took it apart," Lashier said. "The remnants are still in my garage. I didn't know where to put all the gold stuff."

Sophomore Connor Yocum, who helped other sophomore student council members with the float planning said, "I was angry because we had an awesome plan for our float." Sophomores had planned on renting a U-Haul and embellishing it with signs and a band.

The sophomores had to cancel their rented U-Haul at the last minute and lost the $30 down-payment on it. "I took a lot of time to get that huge generator [for the band's equipment] and then I had to return it to its owner," Noble said. "And all the signs and decorations are still in the back of my truck."

Five hours in one afternoon was spent by the seniors to construct their float, complete with two pyramids as decoration which complimented the homecoming theme. Thirty dollars was spent on supplies, like wood and paper, for finishing their float.

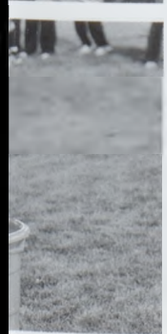
Senior Jessica Pray was keeping the senior-class float at her house. "I got sick of having to park my car outside the garage and having to look at two huge pyramids instead," Pray said. "So my dad helped me rip off all the paper and cardboard and then we had to remove all the nails from the wood base." Pray threw away the paper and recycled the cardboard, thus disposing of their float.

To ease disappointment, people thought that rescheduling the parade could have been one solution. However, Hukee said there was no day that would have worked for rescheduling the parade. They couldn't do it on Friday because of the football game and it did not make sense to do it after homecoming week was over.

With no rescheduling, the floats never saw the light of day. However, the school did reimburse the money student council members spent.

•spread by lisa freisth and helen lagerblade•







Senior Cassie Curtis dresses senior Jared Nelson while senior Carlyn O'Keefe observes during the pep assembly held on Friday during homeroom. Two teams ran across the gym floor trying to dress a teammate in football gear to decide the winner of Rock Around the Clock.

photo by monika sehic



Glancing at junior Paige Collison, junior Katie Lashier looks for the ball during the makeup junior-senior powder puff game. The juniors lost to the seniors allowing them to win their third and final powder puff game.

photo by monika sehic



Senior Carlyn O'Keefe paints the school's snow plow blade during sidewalk painting. Students gathered inside the stadium on Monday afternoon of homecoming week to show school spirit.

photo by katie lashier



Warming up outside of Marshalltown High School, sophomore Cassie Hardy prepares to march at October Fest on Sept. 26 . The band won first place.
photo by paige plaskitt



Keeping the beat, senior Laura Cross and junior Kyle Naig play the marimba during practice before school. The band had to be on the field at 7 a.m. every day through the month of September and half of October. "Marching band used to mean a lot to me, but now it's more of a social thing," Cross said.
photo by meredith batz



Screaming that he's ready junior Chris Dockum warms up before marching at Waukee. They were there all day and had to wrap up in blankets and huddle together to stay warm.
photo by paige plaskitt

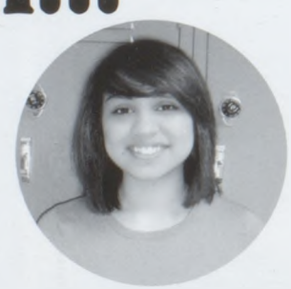


Twirling her flag, sophomore Cathleen Dutcher matches her movements with the sound of the music in the Waukee day show. The band placed first in the night show.
photo by paige plaskitt

the way I see it...



"I went to practice every morning, but that didn't make it any easier to get out of bed each and every morning."
-Owen Ballard '11



"The competitions are my favorite part because that's when everything really comes together. Even on Saturdays when you don't want to be at marching band you're still with your friends."
-Preet Dhugga '10



Warming up for the halftime show, junior Tim Gates and sophomore RJ McGrew show off their Halloween masks. "I just happened to have a gas mask in my trunk, so when I got there and saw that everyone else was dressed up, I went and retrieved it." McGrew said.
photo by katie lashier



Freshman Erin Selinger plays the bells on Senior Night. The marching band honored 36 seniors on Oct. 23.
photo by katie lashier



Destruction Causes Dismay

Broken drumhead causes an unbalance for drum line

Sophomore Brad Gott put his hand out to try and shield his drum, but it was too late. *Smash!* Colliding with other drum line member, sophomore Reed Iverson, resulted in Gott's bass drumhead broken and unable to perform correctly or produce a proper sound. "I felt pathetic; I couldn't get any kind of decent sound out of it," Gott said.

Only one week before the Marshalltown Invitational, band Director Pat Kearney now had to order a bass drumhead for $500 to replace the broken drumhead. "I didn't get into any trouble; we were more worried about getting the basedrum in time," Gott said. With only a short amount of time before Marshalltown, the arrival of the new drum was crucial.

During practices, some band members found it troublesome to practice with a broken drumhead. "I found it more difficult to play than usual because the beat and timing were off,' sophom0ore Ian Dunshee said. "If they hadn't [replaced the drum head] we would have probably marched with the broken one, and Brad would have had to fake playing or only play on the good side," drum line section leader senior Bailey Petersma said.

One day before the invitational, contentment spread through the drum line. The base drumhead made it just in time for the Marshalltown Invitational.

With a fully functioning base drum, drum line now could practice with every drum, and with correct sound. Starting out the year with a complication drum line came out on top at their competition, not only winning first place overall but winning the best drum line caption as well.

•spread by meredith batz and katie lashier•







Performing the salute, senior Nate Jorgensen plays the role of James Bond before the band marches at the Johnston Marching Invitational. The salute involved Jorgensen taking a mysterious CD out of the "top secret" briefcase, then performing a somersault to get away before the briefcase exploded.
photo by katie lashier



Thrusting his body and tuba from side to side, senior Alex Erb plays the closer at 8 a.m. at the Johnston Marching Invitational. A few members of the marching band had to stay at the school until 4 p.m. because they were assigned to host the other schools for the rest of the day.
photo by katie lashier



Striking her pose, junior Claire Nagel holds her flag behind her back and smiles broadly at the crowd. She performed with the rest of the band at the Johnston Marching Invitational. "We got really cold before we performed so we'd all huddle in a circle and wrap our flags around ourselves to stay warm," Nagel said.
photo by katie lashier



Comparing notes with fellow classmate Erica Gebbard, sophomore Connor Yockum tries to finish an assignment. The Spanish III class did book assignments at least three times a week.
photo by Jiahui Huang

Bienvenido A España

Students spent their long awaited spring break in Spain

By jiahui huang and monika sehic

Rosemary curses, Olympic pool, chirping walk signs, and people in Winnie the Pooh costumes. Stepping onto this foreign land, junior Elizabeth Lowe along with a group of students arrived in Spain.

"I was a little skeptical at first because I was going out of the country with a whole bunch of teenagers," Lowe said. "But when we landed at the Madrid Airport I was amazed. Even the airport was beautiful."

Thirty students boarded the plane on March 11 to head to Spain for spring break. They arrived March 12 and were greeted by a completely different world.

"I noticed that there weren't any fat people there," junior Dirk Opland said. "Also the food portion there was a lot smaller than the ones we get here so that might have something to do with it."

Being in a completely different country, there was much to see. "At the Prado Art Museum I could see the mistakes the artists made," junior Sarah Gaile said. "Like Gaudi's done and redid markings. It was cool that you could see thousand-year-old mistakes."

Crossing the street was a different experience."The streets in Madrid had bird chirping sounds come up whenever the light lights up," Gerald Hollingsworth, the Spanish teacher said. "So when the bird stops chirping you better be on the other side."

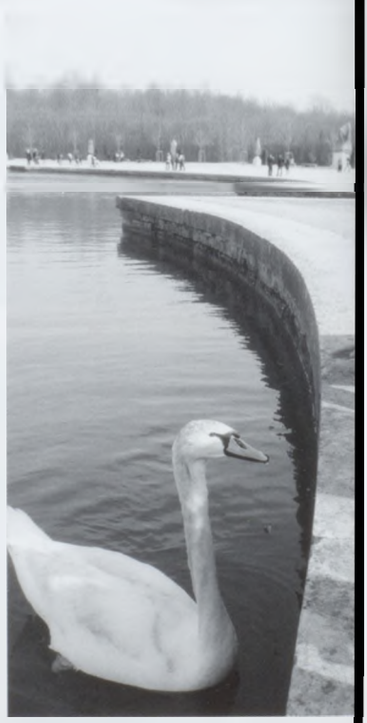
The streets brought other surprises. "We saw several people dressed up in costumes," junior Emily Linscheid said. "It looked like a costume party only for adults; there were several Winnie the Poohs. It was very bizarre."

The town of Sevilla also proved interesting. "The gypsies tried to sell rosemary leaves to us so that they could make money," junior Erick Anderson said. "We were also told that gypsies would curse you if you took a rosemary twig without paying so I took a rosemary twig without paying and I heard she cursed me. Then about 25 minutes later at lunch I was pooped on by a bird so we blamed the gypsy for my misfortune."

The 1992 Olympic pool in Barcelona was a memorable experience. "We all jumped into the outside pool thinking it wasn't going to be that cold but when we jumped in, it just took the breath out of us." Opland said. "But now we can say that we jumped into the Olympic pool."

What happened after was even more memorable. "We didn't bring any towels, thinking they would provide that at the pool," Opland said. "But they didn't give out free towels. So the guys and I dried ourselves with the hairdryer in the changing rooms."

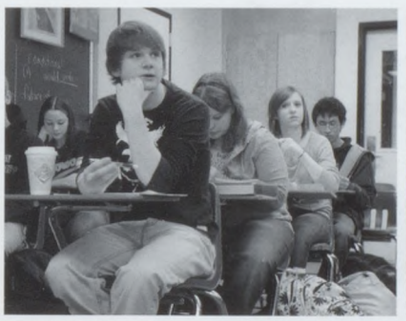
The trip was a short nine days for the students. "I was really upset when the trip was over," Lowe said. "I miss seeing all the history everywhere. It seemed that every building had a story behind it. I think that's something that we really don't experience in the U.S."





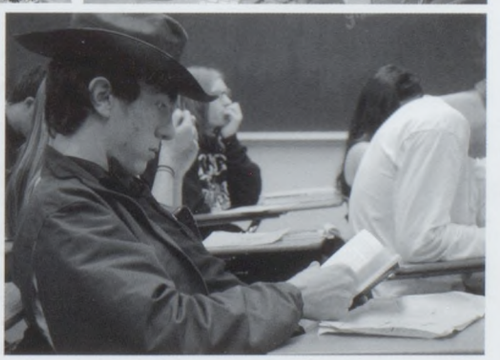












1 2 3 4 5

ONE Laughing at a duck, senior Lexie Swift enjoys her time in France. "The ducks were hilarious. They made my day," Swift said. Thirteen students went to France over spring break.
photo by mike shi

TWO Listening intently during a meeting for the French trip, junior Austin Kinsey writes down important information relevant to the flight over spring break. "We signed up for the trip about a year and a half [before the trip]," Kinsey said. "It seemed the closer we got to leaving, the longer it took."
photo by lisa friesth

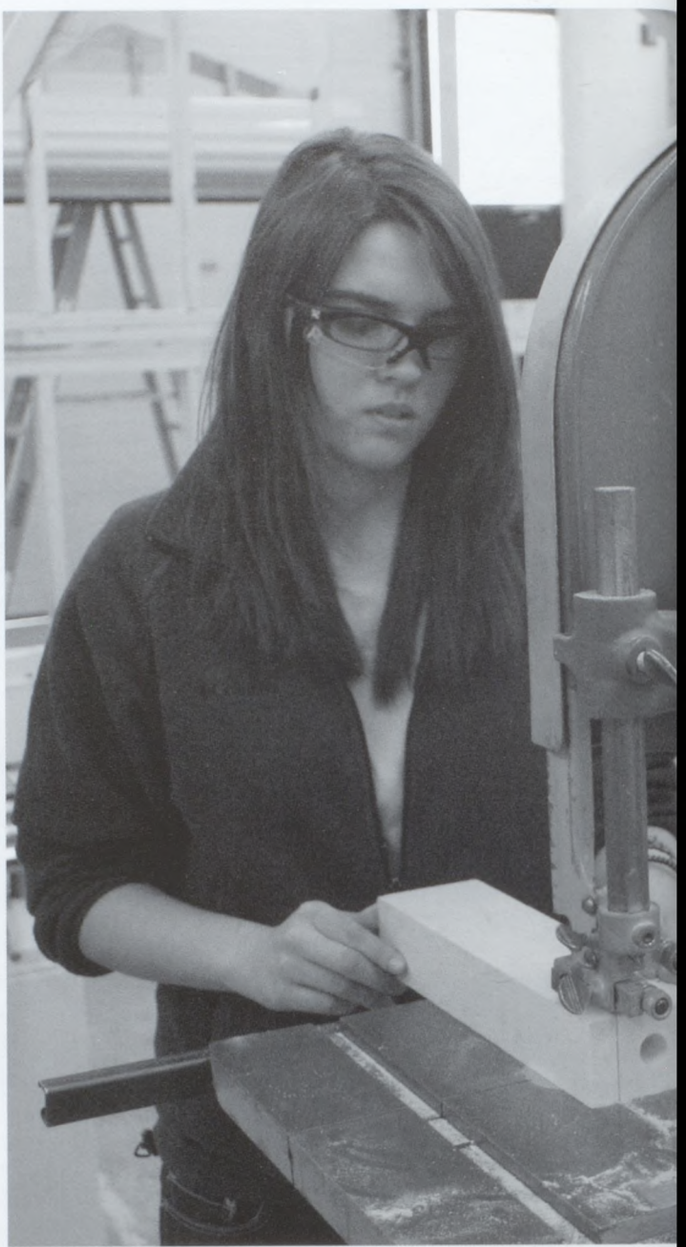
THREE Taking a look at his phone in class, Alex Erb deviates from the class' assignment. "Anyone that likes Spanish needs to take AP Spanish because Hollingsworth's crazy stories totally make it worth it," Erb said.
photo by kofi manteaw

FOUR Looking over the map of the museum, junior Allie Crist tries to point out the location of a painting. The French group visited four museums.
photo by mike shi

FIVE Reading through his book, "Le Petit Prince" familiarizes himself with the material. The class presented different section of the book through acting and reading it out loud.
photo by kristine hauser

"My parents worked so hard to get me there, I just wanted to give them something back of my experience there through my photos."
- Molly Ward '11

At Practice, junior VickiLee cuts balsa wood for her CO2 car. She used the band saw to go around the trace she made for the piece of wood.
photo by kofi manteaw

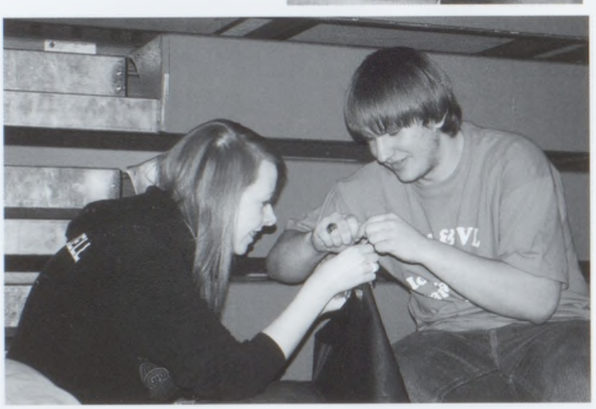




Putting together pieces for his RC car, senior Alex Peichl prepares for his next TSA meet by performing maintenance. He then practiced his driving around the school.
photo by kailey kerr



Junior Melinda Busch prepares a piece of wood for her CO2 car on the drum sander. "Wood is much easier to paint when it's smooth," she said.
photo by kofi manteaw



Working together, Taylor Von Rentzell and senior, Jake Klopfenstein make repairs to their parachute. This event consisted of being placed with materials and making something out of it them.
photo by alex peichl

the way I see it...



"It's always stressful to compete, but we are all friends there so we support each other."
-Jessie Sandman '12



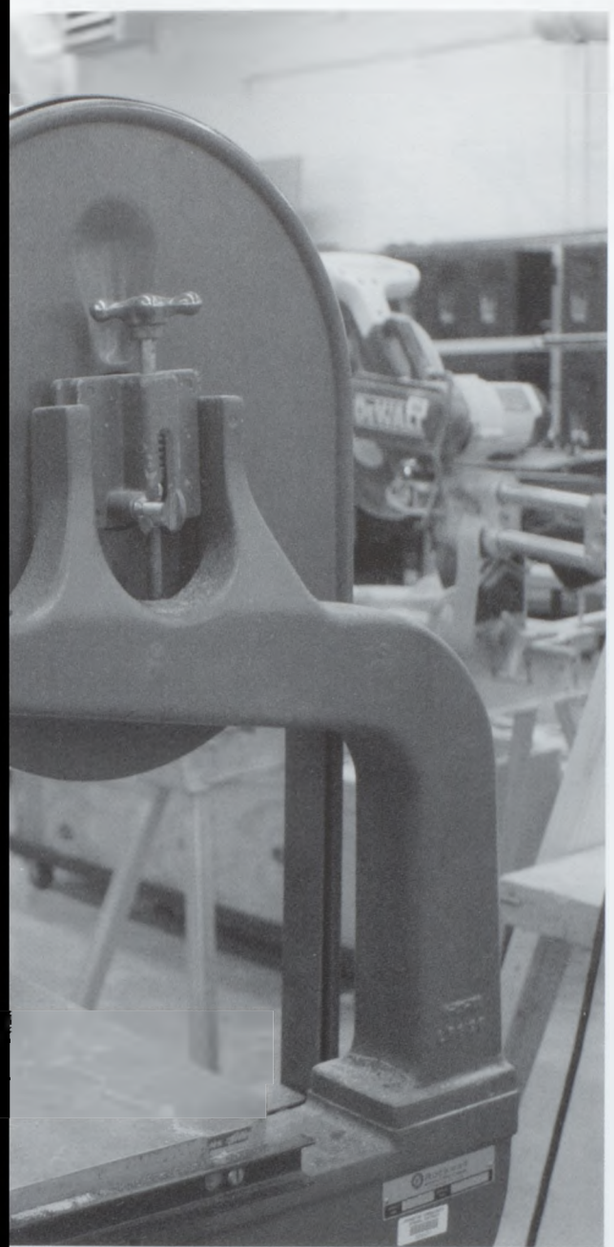
TSA is a fun thing to do after school. You learn a lot and I think it will help me later on in life when I'm an adult."
-Mason Lee '12

Looking over the RC scores, sophomore Chase Fielder sees where his team stands and uses strategies for his next race. His team consisted of junior Kofi Manteaw, and sophomore Jessie Sandmann.
photo by kofi manteaw



Sophomore Adam Jaschen works on his parachute at the TSA meet in Adel. The event he was participating in was the Problem Solving event.
photo by alex peichl





Nationals INSPIRE Motivation

TSA members dedicate extra time to reconstruct their projects to advance to Nationals

Junior Melinda Busch hurries to Room 306 where the weekly TSA meeting is held. Busch knows she must lead the meeting before she goes to reconstruct her basswood bridge. This is not how she planned to spend her Tuesday night, but she is willing to go this far for Nationals.

The prior bridge Busch constructed didn't support enough weight and would not be good enough to take her to Nationals in June. The goal of the basswood bridge was to support a certain amount of weight. "We really got down to business in practice and meetings because the pressure is on to return to Nationals once again this year," Busch said.

Not only was Busch redesigning her project for Nationals, but also the whole chapter (team) stepped up. "Practice is important because you go into Nationals wanting to do well," sophomore Catherina Ochoa said. "The point of local events is basically to perfect whatever you're working on so when you get to Nationals you are really good and have a chance at winning."

TSA members and officers attended Nationals the previous July. They were inspired to return. At Nationals they met other TSA students and competed in on-the-spot-contests like filming and editing a film in 48-hours and problem solving. The team did not place, but did well last July. "It's hard when you're going up against 100 different people to place," senior Alex Piechl said.

In addition to practices, the team used local contests to prepare for Nationals. "We use our local meets in town as preparation for State and Nationals to perfect our projects," Piechl. "You could think of them as practices."

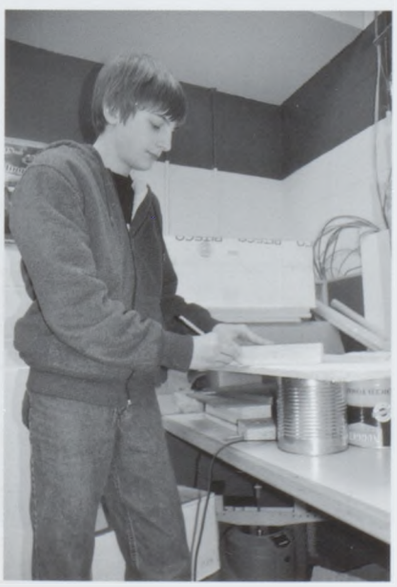
A first, second, or third at state qualified a student or team of students for Nationals. Besides the basswood bridges contest, other events included the RC car and the Co2 car. As the state contest approached in the spring students get more serious about upcoming meets. " I usually came in an extra hour outside of meetings to work on my events I will compete in at upcoming meets," sophomore Sam Sparland said.

"Anyone can go to state, but not everyone can go to Nationals," Busch said. "So we hope that we can go on to both."

•spread by morgan jungman and kailey kerr•

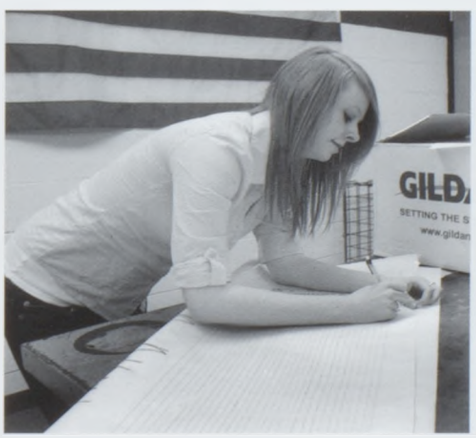






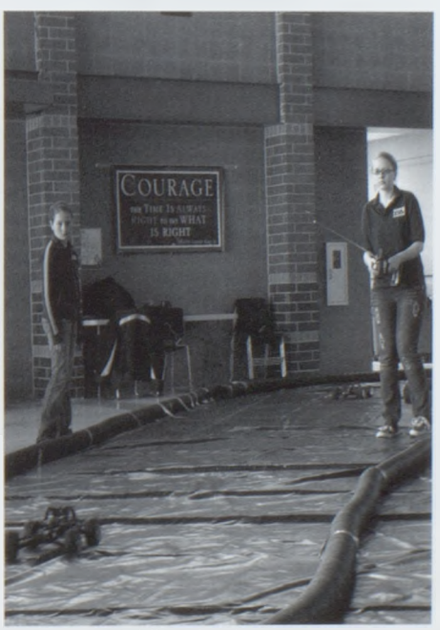
Sophomore Matt Gibbons traces a piece of wood for his CO2 car. He spent his Tuesday afternoons in the work shop to prepare for his future TSA meets.

photo by kailey kerr



Junior Taylor Von Rentzell writes down names for the upcoming TSA meet. Each student could participate in different events for each meet.

photo by meredith batz



At Summit Middle School, sophomore Jessie Sandmann practices driving her RC car. She liked to warm up on the track and get used to it so she was ready for the actual race.

photo by kofi manteaw

Perserverance



Facing her team mates, on the right, throwing her hands up in elation, junior Kristen Howe celebrates with the rest of her team after a kill. "I don't know if it's going to be a kill," Howe said, "but I do know whether it's going to be a good hit or a bad one."
photo by monika sehic



"If there is no struggle, there is no progress."

-Frederick Douglass

"Never give up. Finish what you started because it all pays off in the end."

-Sophomore Brad Gott

"'It's not the size of the dog in the fight...it's the size of the fight in the dog.'" I pretty much live by that everyday."

-Junior Matt Joslin

"I believe it means planning ahead and using the resources you have most optimally for your goals."

-Senior Skylar Waddell

"Strive for something more than you think you can achieve."

-Senior Sam Sellers

"If you are stuck with a task that is hard for you, you don't give up. You keep pushing until it's done."

-Junior Gaby Brass

TEAMWORK BRINGS TRIUMPH

Team comes together to succeed in an undefeated dual season

Hitting the water, Waukee senior Alex Gustafson was a whole body length behind in the 400 free relay, the last race of a meet. "When I dove in the water it was time to race," Gustafson said. "Coming into the last half of the race I knew it was all or nothing." Picking up the pace` brought Gustafson within passing distance. "Halfway down with that (last) 25, I put my head down and didn't take a breath til the race was over."

The 400 free relay win brought the score to 101-85 at the meet that changed everything. It ended Valley's 44-consecutive dual meet win streak and six years of not losing at home. Valley had also won four back-to-back state titles. "Valley was a very strong team but with our numbers and strength in all the races we were able to beat them," junior Janelle Galang said.

For the past four years, dual meets against Valley had been close, but they thought they could actually win this year. "We knew we had a line up to win," sophomore Emily Merritt said. "So we knew we had to get some of our best times to win."

"Perserverance is never giving up and overcoming obstacles."
-Brittany Borup '11

The line up was one of the contributing factors in the victory. "I made a different line up, not necessarliy our strongest but one to race against Valley in places we were weak," coach Shari Walling said. Making team and individual goals, adding yards to practice, and getting excited about the meet also helped prepare the team.

Working together led the team to an undefeated dual season and wins at both conference and regionals. "It doesn't get much better than that," Gustafson said. "It was a great way to end for us seniors and for Waukee to leave Johnston." Waukee will start its own team next year so this was the last season competing with Johnston and Urbandale.

All in all, the victory against Valley had many benefits. "It also showed that our team had game and we could go after the meets that we wanted," Waukee senior Lizzy Gerdis said. "And (the team) had a big group hug right after we found out the score."

spread by: helen lagerblade and lisa friesth



Gasping for air, Waukee sophomore Tori Haag focuses on swimming the breaststroke in the 200 meter individual medley. The IM consisted of swimming 50 meters of each stroke: butterfly, backstroke, breaststroke, and freestyle.

photo by helen lagerblade



Sophomore Mariah Wellman swims the butterfly in one of the varsity medley relays. "We had a large number of people on the team and all competed against one another for the top spots," Wellman said. "Because of this competition, our team was better overall."

photo by helen lagerblade



Springing into the air, senior Taylor Erwine completes a dive at the Ames dual meet held at Summit Middle School. Erwine and junior Dahlia Gordon were the two divers to qualify for state.

photo by helen lagerblade

Freshman Michaela Kinter takes part in the 100 backstroke during the Johnston Invite. Kinter went onto state in four events, although none were the backstroke. Kinter helped bring in 76 points at state.
photo by helen lagerblade



Following through with her stroke, Waukee senior Alex Gustafson competes in the 400 meter free relay at the Johnston Invite. Gustafson placed fifth in this event at state with freshman Michaela Kinter, Urbandale senior Kelsey Staub, and Waukee senior Lizzy Gerdis.
photo by helen lagerblade



Anticipating the start, freshman Victoria Trost listens for the starter to begin the 100 meter backstroke at the regionals meet. At state Trost placed 18th with a time of 1:03:85 .
photo by helen lagerblade



Junior Janelle Galang swims in the 100 meter fly race at the Ames dual meet. "I have been swimming competitvely since probably second grade," Galang said. "I swim all of the events, but my favorite event is the 100 fly."
photo by helen lagerblade



1st	134	hoover
1st	100	ames
2nd	323	ames invite
1st	101	valley
1st	442	marshalltown invite
1st	131	marshalltown
1st	128	dowling catholic
1st	103	ankeny
1st	399	johnston invite
1st	140	s.e. polk
1st	117	indianola
1st	424	conference
1st	425	regionals
5th	147.5	state

alex gustafson
200 yard freestyle, 5th
100 yard freestyle, 8th
200 yard free relay, 4th
400 yard free relay, 5th

dahlia gordon
1 meter diving, 3rd

emma meyer
500 yard freestyle, 18th
200 yard freestyle, 25th

hannah dankbar
100 yard freestyle, 20th
100 yard breaststroke, 15th

janelle galang
100 yard butterfly, 18th

kaytlin tippin
100 yard backstroke, 22nd

kelsey staub
100 yard butterfly, 5th
200 yard free relay, 4th
400 yard free relay, 5th

lizzy gerdis
200 yard free relay, 4th
400 yard free relay, 5th

michaela kinter
50 yard freestyle, 10th
100 yard butterfly, 8th
200 yard free relay, 4th
400 yard free relay, 5th

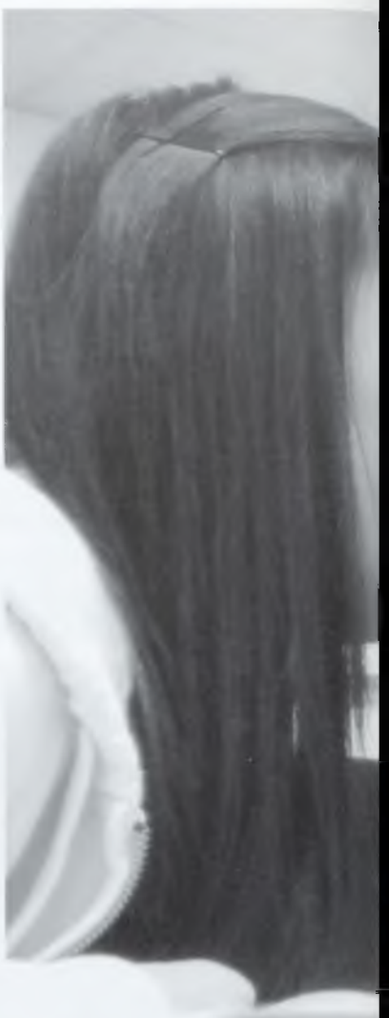
taylor erwine
1 meter diving, 4th

victoria trost
100 yard backstroke, 18th



photo by helen lagerblade

Plunging into the water, sophomore Emily Merritt starts the 100 meter freestyle race during the Johnston Invite. "It was one of our team goals to be undefeated," Merritt said, "but we knew it would be something we would have to work for because of the teams we were swimming against."



Junior Geena Pilcher, Seniors Kayla Ross, and Sherri Chyi work on labs with a statistical software package named Fathom in Vickie Borich's AP stats class. During this class period they organized and analyzed sets of data.
photo by sydney dimarco

Math moves to mini

New miniature computers help students achieve more

By elin tegels and sydney dimarco

In September of 2009 Vickie Borich and Rick Brooks from the math department wrote a grant for $1,500 to get Dell Mini Netbooks. These mini computers were to be used in STATS and Algebra I, taught by teachers Isaac Rodenberg, Adam Paulson, Vickie Borich, and Rick Brooks.

"I'm looking forward to getting it in my class," Borich said. They had the potential to make the classroom more efficient because students will be able to work on multiple assignments throughout the day. "(The computers) provide differentiation," Borich said. With four different math classes going on during the same four periods, the PC lab in the math wing was used constantly.

These new computers will have network access and do the same work as the other laptops. The only difference will be that the Dell computers or C.O.W. (computer on wheels) will be used solely for the math department. This will allow one class to work in the lab and one to work with the laptops.

"I think it's going to be really good," Rodenberg said. The STATS class has software, along with a Geometer Sketch Pad, but most of Rodenberg's activites are internet-based. With nine new computers, the students would have to work in pairs to use them some of the time.

Seniors Kallen Kramer and Carly O'Keefe used the new computers in test run. "I only used one once for stats," Kramer said, "because we couldn't go to the lab."

Kramer saw good and bad in the new computers. "They look cool" she said, "but are really small and hard to type on. They're (also) practical for what we have to do in stats, so I'd say they're better than laptops. And they are easy to carry and store, (they're) not as bulky."

















ONE Pretending to drive a "Lambroghini", sophomore Maddie Kreamer acts in her geometry commercial project to help understand conditional and biconditional statements. "I was thinking, it's pretty sweet we got to do a fun project in math and it helped me to understand it better," Kreamer said.
photo by kaitlyn ellerman

TWO Operating her compass, sophomore Emma VanHouten learns how to create squares and parallel bisectors in her blocked geometry class with teacher Isaac Rodenberg. "Working with (the compasses) was interesting and frustrating. I really like doing math and it comes pretty naturally to me and compasses are just different than writing stuff down."
photo by sydney dimarco

THREE Asking teacher Rick Brooks for help, junior Clifford Burleson finds out how he can program his calculator. He was shown how to input commands and customize menu options in his computer systems class. "You can literally make anything your mind can think of. Input commands make sting equation menus. If-then-else chains," Burleson said. "It can get confusing but it's sweet when you get the hang of it."
photo by kristine hauser

FOUR Senior Bethany Hoogenakker gets help with her trigonometry homework which includes simplifyng radical fuctions with teacher Adam Retzlaff. "I wasn't really sure if I should (have) taken the class because it's not required, but I'm glad I did, because I'm learning a lot and I think it will help to have the math experience in college." Hoogenakker said.
photo by monika sehic

FIVE Working on an Algebra II assignment juniors Ryan Coulson and Nick Miller study trigonomics and functions. The blocked class covered advanced algebra, functions, linear and quadratic equations, and several types of functions and equations.
photo by jordin robinson

"Trig prepares me for the rest of the day since it's my first class. It really does stimulate my mind."

-Noelle Lilijedahl '11

PENALTY Punishes SEASON

Boys' soccer team concludes seasons with a bittersweet loss

On a scorching hot Saturday, in the 65th minute of the final substate game to advance to state, central defender Josh Dicken, sophomore, shielded the ball being played over the top as sophomore goalie Andy Smith caught it. Dicken's attempt to shield the ball resulted in the oncoming Roosevelt forward tripping over him causing the referee to give Dicken a yellow card and the Roosevelt forward a free penalty kick, ultimately giving Roosevelt the win 1-0.

Going into the game the boys knew it was going to be a good one, but felt pretty confident that they would come out on top. "I didn't honestly expect to lose to them at all," sophomore Tyler Neumann said. "We had such a good season losing to only the top teams in the state in shoot-outs. It's not that we didn't play well either. I think we just got frustrated after they scored and couldn't finish any of our shots after that because we still had twenty minutes to score after they had made the penalty kick."

The boys had a successful season ending with a 13-3 record, which was the best in school history. "Our team bond was incredible," sophomore Jon Hankins said. "We all got along very well and we never got mad at each other on the field and for a group of boys 16 - 18 that's really pretty good."

Although they ended up losing three games, every single game was lost due to penalty kicks. The Valley and Ankeny games both went into a double overtime of 80 minutes of regulation play, then two more ten-minute halves bringing them to a five-man shoot out.

"I love taking them (penalty kicks)," junior Scott Wanniger said. I never get nervous. I just go up there, pick my spot and put in the goal." Wanniger shot fourth against Valley and sunk his shot in the lower left corner. "It's all a mental thing and I think we would have done better in them if we would have practiced them a little more and just relaxed."

The third and final game they lost to a penalty kick was the one that would have sent them to state if they had won. "It was disappointing because it was an iffy call that ended up ending our whole season," senior Cody Walkup said. "I was disappointed about the call but not about the game or the season because we had played so well."

spread by: kara anderson and alex piechl

"A champion is someone **who doesn't just work hard** on the field, they work harder ***off the field"***

-Austin Kinsey '11



Senior Justin Handel lines up his shot, attemping to score against North. Handel went on to score a hat-trick that game.

photo by alex peichl



Jumping up into the air to get the ball, senior Matt Gonner wins the header. Gonner fractured his wrist half-way through the season but ended up coming back for the final games.

photo by alex peichl



Receiving a cross, junior Faisal Alabsi traps the ball to get control. Alabsi, recovering from a nose injury, had to wear a face mask during games and practices.

photo by erica white

Sophomore Josh Dicken passes the ball down the line. "Soccer is all about being a team and working together," Dicken said. Dicken played JUSC with most of his teammates winning the last two state cups.
photo by alex peichl



Creating space by moving the defenders around, junior Dalton Leslie looks to make his next move. Leslie was moved up to varsity that game and played there the remainder of the season.
photo by alex peichl



Getting ready to pass, junior Dirk Opland dribbles the ball across the field. Normally a junior varsity player, Opland was brought up to varsity for this game against North and a few others.
photo by alex peichl



Holding the ball, senior Cody Walkup looks for an opening to pass. "I've really enjoyed playing with the underclassmen and pushing each other every practice," Walkup said.
photo by alex peichl



1-0	cedar rapids jefferson
1-0	bettendorf
3-1	norwalk
1-0	hoover
3-0	ames
0-1	valley
1-2	ankeny
9-0	north
2-1	dowling catholic
2-0	lincoln
1-0	urbandale
2-1	marshalltown
1-0	s. e. polk
6-0	indianola



photo by alex peichl

In a rainy game against Ankeny, junior Hunter LaFollette lunges to prevent an Ankeny player from passing up the field. LaFollette played for both Johnston and the local select team, JUSC.



Extending his arm to catch a frisbee, junior Mitch Bruckshaw, junior Ben Gardiner and senior Ryan Bower compete in a friendly match. After school the boys went to the gazebo in Green Meadows West to come together for a game of ultimate frisbee.
photo by alex peichl

Frisbees *break* Cliques

Monday night ultimate games unite boys

High school was commonly known for its cliques of people who hardly strayed from one another. So when two groups of boys from two different cliques combined to form a competitive ultimate frisbee game, the boys found they had a lot more in common then they thought.

"It wasn't weird, I thought it was pretty sweet because we all got along and it's sports so you don't really care who you play," junior Spencer Macklin said.

Every Monday night Team 2 would get together at the Green Meadows West gazebo and play competitive games late into the night. "We used to play there on just random nights of the week and then one Monday we went there and they (Team 1) were there so we just ended up asking if they wanted to play and then it just became kind of an every Monday kinda thing," junior Brandon Carey said.

Before Team 1 team had played against Team 2 on Monday nights, they had originally played football and had never played ultimate frisbee. "At first we were all like, 'hmm?' when they showed up, but then it was okay because we knew the area was big so that we could spread out, and not be in each other's way," junior Ben Stensrud said. "It ended up being a lot more fun playing against them because it was a lot more competitive."

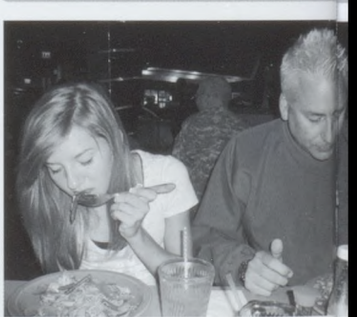
Because this was Team 1's first time playing ultimate they relied on most of their athletic ability while Team 2, who had been playing awhile, only had to re-strategize to compete with them. "We were more afraid of losing than anything and they were just a little bit more intense. We really had to work and get a strategy that worked for us," junior Matt Beary said.

Throughout these games they got to know their own names and other teams better and some of those relationships even continued after the games had finished. "I still talk to most of them quite a bit and I can't wait for the warm weather to come again to play again!" said junior Mitch Bruckshaw.

spread | ellie minor and kara anderson

Team One
Mitch Bruckshaw
Dalton Leslie
Brandon Carey
Spencer Macklin
Miles Marek
Tyler Neumann
Andrew Vander Zwag
Ben Gardiner
Jordan Ross

Team Two
Ben Stensrud
Nick Miller
Ryan Bower
Brandon Miller
Adam Jaschen
Matt Beary
Kyle Naig
Andrew Overton
Sam Sparland
Catherina Ochoa
Zach Vander Ploeg
Claire Nichols
Anothny Frei



Enjoying their stir fry at Hu Hot, sophomore Jenna Christensen and her father, John Christensen go out to eat for her 16th birthday. Her birthday present? A 2000 green Acura. " Me and my dad have always gotten along good. He was my soccer coach growing up too, so it's always been easy," Christensen said.
photo by kailey kerr

"The best thing about relationships know



Taking their game of "Call of Duty" very seriously, senior Derek Temple and sophomore Dillon Temple play Xbox, one of the things the brothers enjoy doing together. They also liked playing hockey, football and hanging out with each other's friends. " We go together like peanut butter and jelly," Dillon said.
photo by ellie minor





Expressing their affection on a train track, junior Kerrigan Crotts and boyfriend Troy Cromwell of Saydel smooch in the sunset. The couple started going out in the summer of 2009.
photo provided by kerrigan crotts



Fitting the pieces, juniors Paige Collison and Thomas Thatcher put together a 1,000- piece puzzle. The couple puzzled for five hours on New Year's Eve and eventually finshed. "We struggled, but eventually finshed it with pride," Collison said.
photo by katie lashier



Preparing for their next turn in a competitive game of pool, sophomores R.J. McGrew and John Timmons chalk up the end of the pool stick. The two played pool at sophomore Jon Hankins' house during the Super Bowl pregame show.
photo by ellie minor

on any level is being able to be yourself and the other isn't judging you.
-Steve Williams '10

A Step Ahead

Claire Nagel sits at the head of her dining room table in her dining room, where her mom's blue parakeet is flitting around and she cracks open her government book. Nothing seems uncommon about this except Nagel is a junior.

Starting freshmen year Nagel took AP World History, getting a year ahead in social studies. "It just worked out in my schedule that freshman year was the most logical time to take the course," Nagel said.

Claire does not feel overly challenged, although she takes classes most juniors don't. "For me, my class load this year has struck a really good balance between being challenging and achievable." Nagel said. "I don't feel like I'm in way over my head, but I also don't feel like I can get by without working hard."

Even being in classes with upperclassmen doesn't faze Claire. "Most of the upper classmen have been really friendly to me, and if they mind having me in their classes, I can't really tell," Nagel said. "They've all been pretty cool about me being younger."

Nagel's life does not revolve around school, but academics are important to her. Claire's life is fast paced but she loves life. "I get out of bed so I can be around people! Sleep is boring," Nagel said. "Dreams are cool sometimes I guess, but usually being awake is more interesting than being asleep."

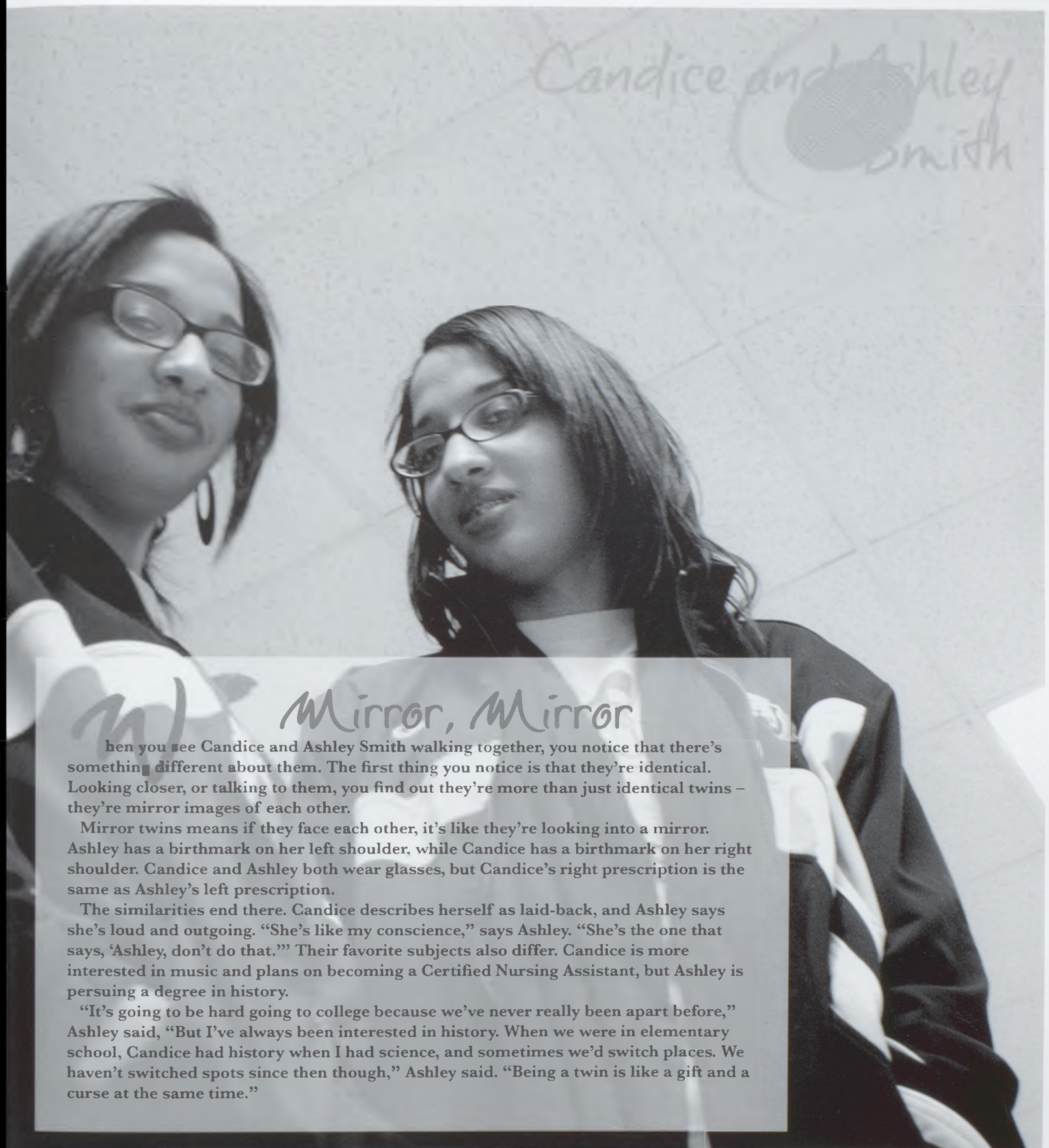








{story and photos by jordin robinson}



Mirror, Mirror

When you see Candice and Ashley Smith walking together, you notice that there's something different about them. The first thing you notice is that they're identical. Looking closer, or talking to them, you find out they're more than just identical twins – they're mirror images of each other.

Mirror twins means if they face each other, it's like they're looking into a mirror. Ashley has a birthmark on her left shoulder, while Candice has a birthmark on her right shoulder. Candice and Ashley both wear glasses, but Candice's right prescription is the same as Ashley's left prescription.

The similarities end there. Candice describes herself as laid-back, and Ashley says she's loud and outgoing. "She's like my conscience," says Ashley. "She's the one that says, 'Ashley, don't do that.'" Their favorite subjects also differ. Candice is more interested in music and plans on becoming a Certified Nursing Assistant, but Ashley is persuing a degree in history.

"It's going to be hard going to college because we've never really been apart before," Ashley said, "But I've always been interested in history. When we were in elementary school, Candice had history when I had science, and sometimes we'd switch places. We haven't switched spots since then though," Ashley said. "Being a twin is like a gift and a curse at the same time."



{story and photos by rachael meyer}



Junior Tanner Grill blows fire through a pumpkin during chemistry. Teacher Matt Jaschen had the idea to do this experiment as a Halloween "treat."
photo by jessie sandmann



Bigfoot Big Shot

Naturalist challenges student rationality with scientific evidence

By faisal alabsi and alex peichl

"What proof do you have?" Without missing a beat, the speaker holds up a cast of a supposed Sasquatch footprint.

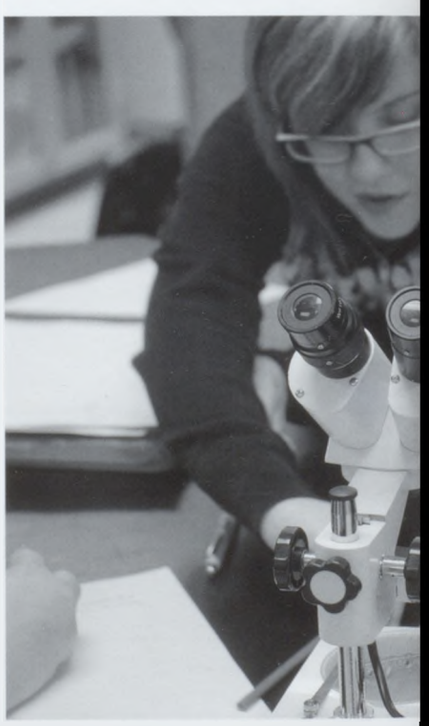
This speaker in Burns' class was Y-Camp director Mike Havlik. "[He] was just interested in Sasquatch," Burns said. "He's been asked to talk in colleges as one of the three experts on the subject." Havlik is a naturalist and has been giving lectures to schools for about five years. He has a degree in biology. Knowing that some students might not take Havlik seriously, Burns told her students to keep an open mind when she told them that they would have a speaker.

Havlik also spoke in teacher Sara Kate Howe's AP Biology class. "We had a guy come in who talked about Sasquatch for the entire period," senior Alex Erb said. "He basically told us Sasquatch was real and he provided evidence that proved that Sasquatch existed. He told us the reason that we haven't found any Sasquatch bodies is because they probably bury their dead."

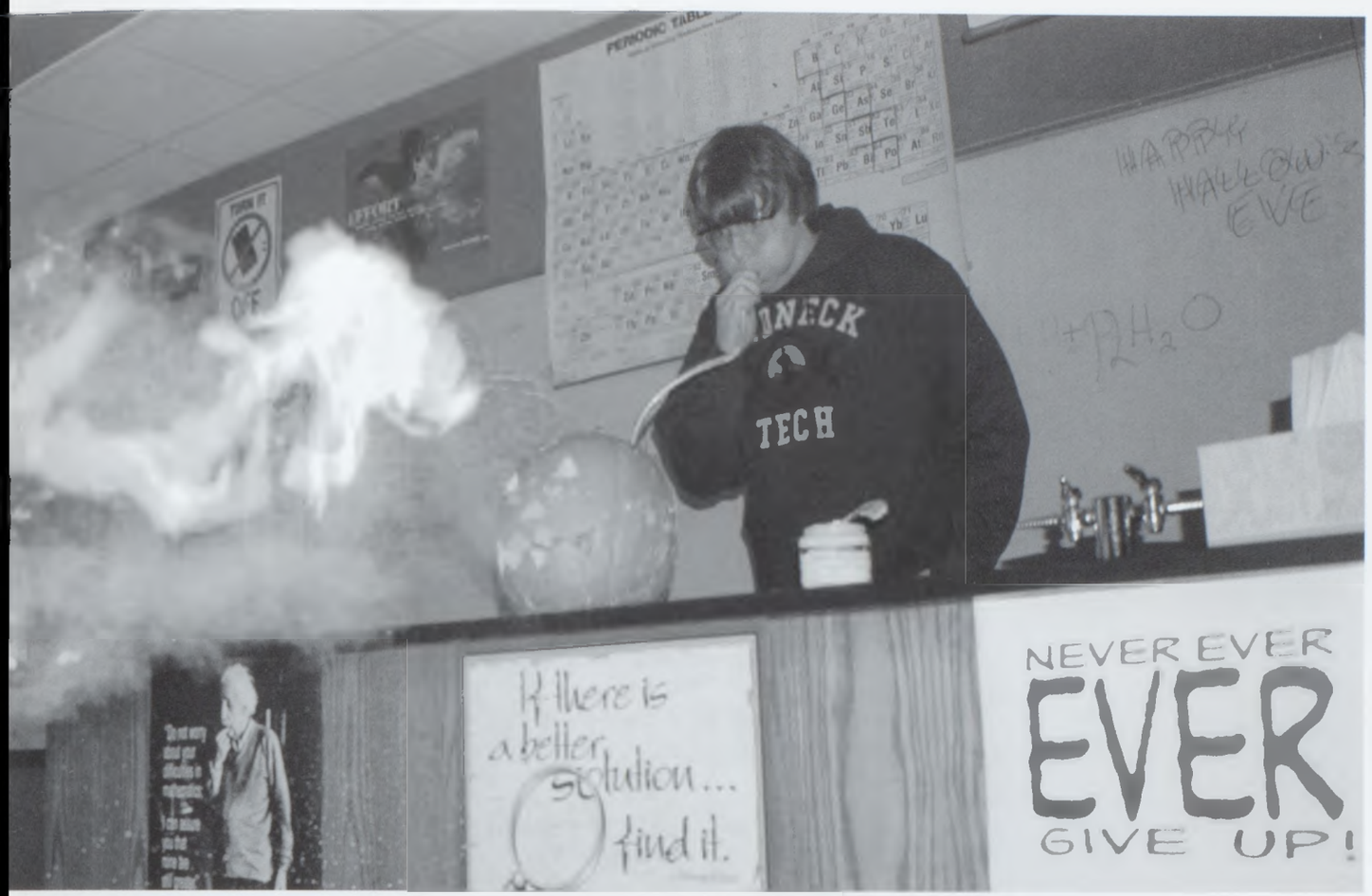
Rachel Scieszinski, a senior in Burns' class was more skeptical than Erb. "The guy was very strongly opinionated about his belief in Bigfoot," she said. "That made him interesting to listen to but I didn't buy into it. It was kind of crazy. He brought a supposedly real footprint of Bigfoot."

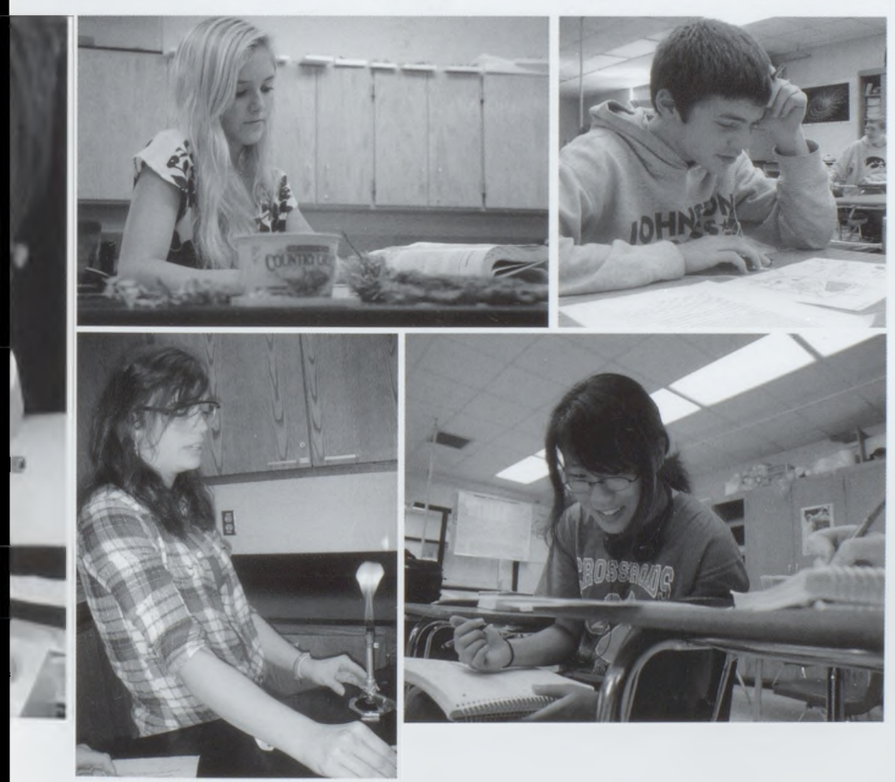
Burns' reason for bringing in Havlik wasn't to change people's minds about the existence of Sasquatch. She wanted to show students how real life science is supported by evidence. Burns said, "[In life], to take a theory, you must apply research and evidence."

Students were interested in what Havlik had to say and they learned about applying what they were learning in real life. Burns thought it was important for students keep an open mind and for students to see the presentation as a learning opportunity. It would certainly be a presentation they would never forget.









ONE Senior Ciara Schaben records her findings after looking through the microscope during Advanced Life Sciences. The class was split up into five stations and students closely looked at different organisms and their unique characteristics. *photo by jordin robinson*

TWO Senior Rachel Scieszinski looks through her book to figure out what organism she is observing during Advanced Life Sciences. "ALS is awesome because it's a really hands on science course," Scieszinski said. "You have to be willing to keep up woth all the work but it's fun." *photo by faisal alabsi*

THREE Sophomore J.J. Worley tries to identify parts of an organelle on his worksheet during work time in Biology. Students studied organelles for two weeks in the blocked course. *photo by morgan jungman*

FOUR Junior Alyx Birmingham lights her Bunsen burner during a chemistry lab. Students were turning pennies from their original copper colors to a new silvery one. *photo by katie lashier.*

FIVE Coming in after school, junior Joanna Kim works on finishing her lab assignment. Kim didn't get a chance to finish it during AP Chemistry and had to complete it on her own time. *photo by monika sehic*

"AP Physics is a challenging course, both conceptually and physically; it was right after lunch and I had trouble staying awake."

Kevin Hu '10

SECOND HALF MOMENTUM

Blocked field goal and resulting touchdown turn game around

With three minutes left in the third quarter, the ball bounced into senior Derek Temple's hands. The defensive back took off for the Ottumwa end zone. "I was getting tired toward the end, and I just kept chugging away," Temple said. His touchdown and the extra point made the score of the sub state game at Ottumwa 21-13, quite a comeback from being down 0-13 in the second quarter.

Junior James Garlock's blocked field goal led to Temple's 75-yard score. "He was there at the right place at the right time," coach Brain Woodley said. Woodley thought the play switched the momentum to Johnston. Ultimately, the Dragons won 28-13.The victory was special for two reasons: Johnston had not beaten Ottumwa in four years and the victory advanced the team in the playoffs. "To beat a team that was senior dominated and a very good football team on their home field speaks volume for our team, and the capabilities that we have," Woodley said. The Dragons played well in the second half of other games during the season.

They came from 17 points down in the first game of the season against Ames. The defense forced three turnovers, and the offense scored 21-straight points in that win. The team was glad to win its first game. "We are happy to learn with victories rather than with losses," coach Rod Weibers said.

The win against Ottumwa gave Johnston a second chance against six-ranked Ankeny in the quarterfinals of sub-state. The Hawks had won the earlier meeting 31-15. In the second meeting, Ankeny was up 7-3 at half and 10-3 at the beginning of the fourth quarter. However, two interceptions by Ankeny led to 12 points and a 22-3. "After the interception and touchdown I knew it was out of reach," senior Ben Freese said. "I just kept telling myself keep going until you can't move anymore, play your (butt) off."

The day after the final game was hard for some of the players and even surreal, Freese said, " The day after the final game I wanted to go to practice but I couldn't." The season was over.

spread by: kofi manteaw and alex piechl

"I didn't want to regret **not playing as hard as I could** *for every minute of* ***the game.***"
-Ben Freese '12



Junior Bradley Hagerla sprints after the South East Polk quarterback. Johnston beat the Rams 36-14.

photo by alex peichl



The team rushes onto the field before its final regular season game against Dowling Catholic. The game turned out to be a loss but the Dragons made it into the playoffs with a record of 5-4.

photo by alex peichl



Senior quarterback Alex Greig sets up to make a pass in a game against Sioux City East on Sept. 4. Greig started as quarterback most of the season and completed 2,165 passing yards.

photo by alex peichl

Senior Blake Skartvedt breaks up the field against South East Polk after recieving a pass from senior Alex Greig. Skartvedt made 84 receptions and earned 1,080 yards.
photo by alex peichl



Senior Blake Hartsook tears up the field as Hoover players pursue. This 52-7 victory helped achieve the winning record of 5-4.
photo by alex peichl



Junior Josh Bengston flies up a gap in the opposing team's defense in a junior varsity game. Like many juniors, Bengston played junior varsity to help prepare him for varsity. The JV team ended the season with a record of 2-2.
photo by alex peichl



Freshman Michael Kinning eludes rushers and launches a pass to sophomore, Ben Larpenter. The sophomore team ended the season with a 7-2 record.
photo by helen lagerblade





photo by alex peichl

30-17	ames
42-18	sioux city east
52-7	hoover
17-21	marshalltown
17-28	urbandale
45-21	indianola
36-14	south east polk
15-31	ankeny
0-49	dowling
28-13	ottumwa
3-22	ankeny

Junior Nathan DePenning darts up the middle on a run play against Hoover. DePenning was the team's leadining runningback with a total of 977 yards and 10 touchdowns. He helped obtain the 52-7 victory.



Junior Logan Moe, sophomore Brett McGinnis, and senior Abby Westemeyer run line drills for track four. During the line drills they worked on running starts, getting going, and jumping out quickly. They also worked on improving their agility by practicing not false stepping and bursts to beat out the competition.
photo by kristine hauser

More for Four

Track brings variety during and after school

By brianna mormann and sydney dimarco

"Who wants to call it up?" PE teacher Brian Lutter asks to end the Track Four PE class.

"Dragons on three," the class yells. "1-2-3 DRAGONS!"

Lutter tried to create a little spirit in Track Four PE, for the newfound popularity in the completely full classes. He also added activities in addition to weightlifting.

Fridays were jokingly called "Country Cardio Fridays." Students hopped on the ellipticals, bikes, or treadmills and worked out at a fairly relaxed pace for about 15 minutes. Then, they chose whether to continue to work on the machines or do a lifting workout.

The country cardio day idea came from Lutter himself. "I like to listen to music when I work out depending on my mood," Lutter said. "I knew I wanted to put a cardio day in, so one day I just thought country and cardio together, and it worked." The name stuck.

Another new aspect was a program used to personalize the main lifts students did. They used a chart that showed each person's maximum weight for each day's workout. "(The sheets) are an important part of our workout structure," Lutter said. "They are another way to track strength growth and they motivate students to really see a change and say 'wow, I am lifting 20 lbs more than I was at the beginning of the semester.'"

Senior Abby Westemeyer participated in Track Four. "I like the idea of the sheets; then you don't have to guess and you get to actually improve with more weights with more days," Westemeyer said.

Lutter also occasionally added yoga during long workout weeks. "(Yoga) was used to stretch out muscles not normally used and to change things up," he said. The department purchased foam rollers to help with stretching. This was a change that focused more on cooling down and preventing injuries or sore muscles.

Students worked on improving their speed and agility on a weekly basis. Every Wednesday the classes had workouts that tried to maximize their speed and better their lateral movement.

"I like it because it unites all the teams at Johnston into one group, uniting all the different sports teams to reach towards one goal," sophomore Richard Schraeger said.

The weight room created a new atmosphere during classes and after school. Lutter thought making the workouts feel more like a team practice would better improve the overall outcome and create a more sufficient environment.



















ONE Learning how to correctly lift weights, senior Karima Diyo uses the 10 lbs. dumbbells in Track Four P.E. Track Four consisted of improving overall physical fitness by lifting weights, practicing agility, speed training and preparing for sports.*photo by erica white*

TWO Sophomores Enya Dougherty, Casey Walsh, Elizabeth Mills, and junior Quico Ellsworth work out with Bosu Balls in Track One with P.E. teacher Deb Nicholson. "I like Track One because it seems like it is personalized for my exercising needs," Walsh said. *photo by sydney dimarco*

THREE Checking her rep chart, junior Rachel Beierschmitt works out in Track One. "I chose track One because I did it last year," she said. "Also, because I have it opposite of show chior (Synergy)."*photo by sydney dimarco*

FOUR Setting the ball back on the cone, sophomore Tyler Neumann plays cone ball in Track Three. Neumann played goalie for most of the game. The goalie's job was to protect the volleyball from being knocked off the cone. The objectives of the game were to throw the ball at the cone and knock off the volleyball. Each team scored a point when the ball was knocked off. *photo by katie lashier*

FIVE Fencing on the strip, junior Josh DeLanoit and sophomore Sam Maras face off in a bout, with the first to five points winning. They were connected to a machine that lit up when an épée touched a person's body. The machine could read within a hundreth of second who got touched first.
photo by paige plaskitt

"I see gym as a recess for high school students, a period where we do something besides sitting in a desk"
-Skyler Waddel '10

Andrew Tubbs

The Sound of Singing

As you walk to your locker or hurry to your next class, you might hear sophomore Andrew Tubbs's tenor voice singing any variety of songs. His voice helped land him a spot on the Variety Club telethon in September. Tubbs sang to help raise over $3 million for children's charities.

When Tubbs sings, he doesn't just stand and project his voice. "I'd rather listen to people sing, then go put my own spin on it and sing it," Tubbs said. He takes parts of songs and does "runs" or quickly moves from note to note. Then he adds a few of his own notes, with the end result being a song entirely his own.

Tubbs says that as he sings, "I feel like I'm not being judged and people are just listening to me."









story and photographs by rachael meyer

Corrin and Curt Larkin

Larkin Love

September 28th, you better save the date
Best Buddies Tailgating, don't be late
Five dollars at the door will get you food
Everybody will be there including Ms. Koob!

A typical intercom announcement from guidance counselor Curt Larkin, father of junior Corrin Larkin.

Corrin is used to having her father around. She has been in the same school district as he has been since kindergarten. Always looking on the bright side, Corrin is positive about the situation. "He is always close by when I need money," Corrin said.

Some would be embarrassed to have their parent work at school. Curt says the same holds true for a parent with a daughter where he works. "You haven't seen her get up and start singing yet," Curt said.

They see each other almost daily. "I think it's like cat and mouse, she tries to avoid me," Curt said.

Corrin denies the avoidance and is no longer embarrassed by the occasional raps over the intercom or her father dancing at pep rallies. "Growing up in this family, what you see is nothing," Corrin said.

story and photographs by andi holdsworth



NEW TO TRADTION

New coach brings methods to old traditions

Staring across the Principal Park baseball diamond drenched in the dusk sun, Coach Bret Posegate stares at the boys warming up for their semi-final game against Iowa City West. He knows that a year ago, on that same field, under the same lights a perfect season ended with the perfect end: the state championship title. He looks at his players piling into the dugout, and sees the concentrated furrow in their brows and nervous smiles. Those who were there remember that championship moment as well, and the fact it could be a reality again. But, the characters have changed: a new coach, a new team, and a new game. Despite, any pressure, he knew whether they won the game or not, he would remember those long summer days that brought his team to this moment.

Posegate's first season of coaching was filled with expectations. Posegate hadn't planned on applying for the job after leaving his head-coaching job at Ames. Years passed and Posegate felt he needed to get back into teaching. After accepting a job at the middle school, Posegate's old passion followed him. With support from fellow teacher and later assistant coach, Tony Kruse, Posegate was the only candidate with enough coaching experience and he accepted with the backing of his family, friends, and the community.

Expectations were an immense facet when it came to Posegate's coaching strategy. He knew that there was a high expectation coming in as the head coach. "You have to put yourself in the field of opportunity to succeed," Posegate said, "not only success as a coach, but success in the game with your players and your preparation."

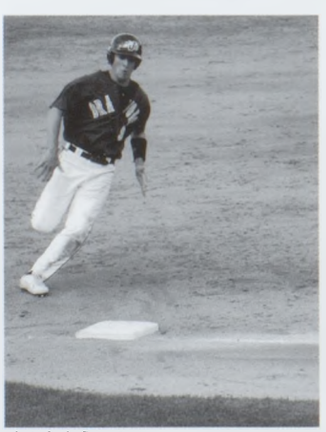
The boys who had previous baseball coach Randy Wee, were used to a different coaching style. "Posegate's coaching style is very laid back and calm which is nice because it is never a good thing to be stressed out during a baseball game," senior Blake Hartsook said. "He was very positive and motivational to keep us improving throughout the year, even when we had to regroup after a couple of losses." These losses motivated the team to move forward, new coach in tow.

> "You will never ever know how the **season is going to go. You have to be** able to push through it or it will ruin **the game.**"
> -Alec Recker '09

They played their final game of the season in the semi-finals. Principal Park was no stranger to them, and they knew what it took for them to get there. Unfortunately, the team lost against Iowa City West. "There was no shame in that game," Posegate said. " It was just that the other team was playing one of their best games of the year."

Posegate admired how the players didn't let the defeat *defeat* them. "If anything, Johnston has such an amazing tradition of class, " Posegate said. "They walked out there with their heads held high knowing that only one team can win."

spread by: monika sehic



Rounding third base, senior Justin Hoellein runs to score a run. Hoellein was the starting third baseman throughout the season and scored a total of 46 runs.

photo by kofi manteaw



Senior Greg Larpenter talks with a Channel 8 reporter after the team's win against East. Larpenter played outfield for most of the season and lead the team with a .444 batting average.

photo by kofi manteaw



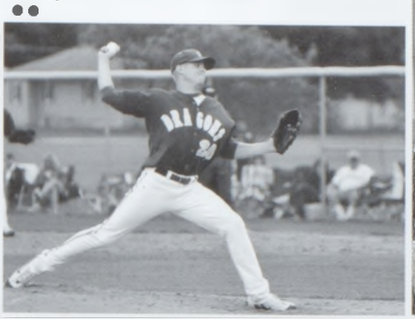
Passing second base, senior Eric Walter, runs to third while keeping an eye on the batter and the play. Walter went on to score one of his three runs of the season.

photo by monika sehic

Diving, senior Eric Walter barely makes it to second base during a game against Urbandale.Walter played first-baseman.
photo by monika sehic



Striding on the mound, senior Ryan Torgerson pitches during the game against Urbandale. Torgerson went on to become on the All State team as one of the three pitchers on the roster.
photo by monika sehic



Warming up his arm, junior Austin Finley practices his throwing with two underclassmen watching.
photo by kofi manteaw



8-9	mason city
4-8	boone
11-17	lewis central
7-6	valley
16-2	roosevelt
7-2	ankeny
6-10	east
4-0	dowling catholic
6-14	dowling catholic
5-2	urbandale
12-2	s.e. polk
6-4	fort dodge
13-7	indianola
10-0	ankeny
10-9	davenport
6-5	cedar rapids, kennedy
10-1	urbandale
6-1	marshalltown
5-1	waukee
1-4	lewis central
5-1	davenport
4-11	iowa city west
all-state	greg larpenter ryan torgensen
all-district	greg larpenter ryan torgensen shaun miller jonathan nelson

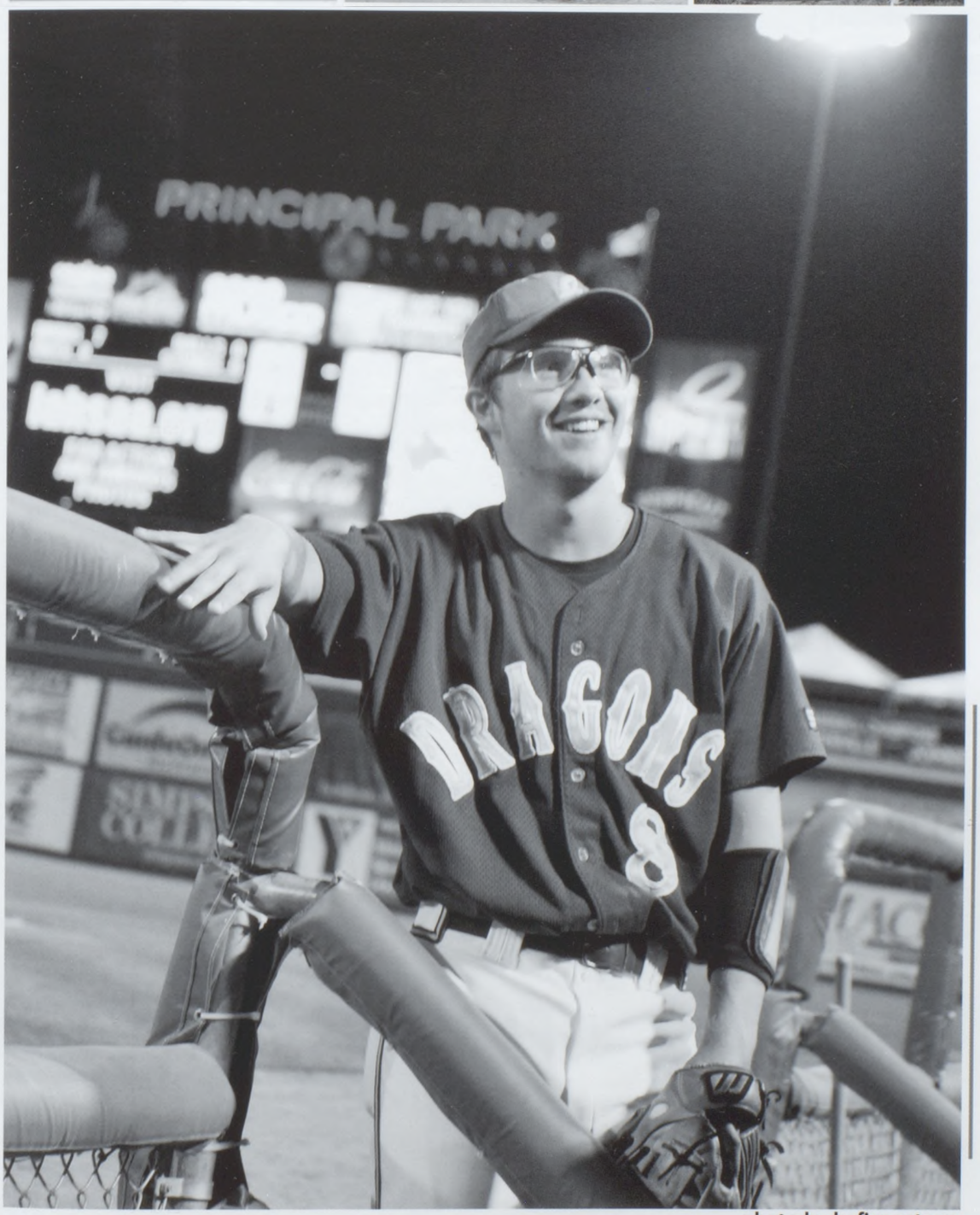


photo by kofi manteaw

Smiling at the crowd, junior Blake Hartsook walks down into the dugout. "I saw a lot of emotions during the semi-finals, but the most prevalent was supersition," Hartsook said. The boys had different superstitions like a karma cup and bringing dirt from their home field.

SCANLAN SCORES FOURTH

Sophomore slips in second round but ends up fourth in state

Sophomore Joe Scanlan heard the whistle come from behind, for the second time, and sighed to himself. He got called for stalling, again. By this point Scanlan knew that this second round match at state had been decided and he would not be coming out on top.

Scanlan had been wrestling in Johnston since the fourth grade. He began in the Kid's Club. "My parents noticed my brother and I enjoyed messing around in the living room," Scanlan said. His whole life he had been preparing for his high school career. He started varsity his freshman year.

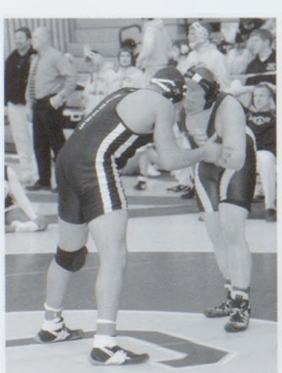
Being one of three wrestlers that made it to state, he was excited. Joining him at Wells Fargo were his fellow teammates, seniors Alex Richards and Stephen Shaffer. "We expected them to make it, but we also knew it wouldn't be easy to get them there," Coach Aaron Tecklenburg said. "We competed in a very tough district which is always a concern heading into the post season. Our guys trained hard and did the right things."

Scanlan won the first round at state at 285 lbs. When it came to his second, he prepared as normal. "I was nervous, but I was still able to calm down and get ready for it like usual," he said. Scanlan set his iPod on shuffle, stuck the earbuds in his ears, and began pacing along the wrestling mat. The match was not what he expected. His competitor was Conner Herman from Cedar Rapids-Jefferson. The referee called stalling on Scanlan twice, so those calls had him down two points. Scanlan knew he needed to try something different to get ahead. He took a chance, but was knocked down and pinned.

This setback did not stop Scanlan's success. He continued to compete in the state tournament. He moved into the consolation bracket and won the next three matches which put him in the bout for third place. In that match, he lost to Colin White from Glenwood in the first minute which put Scanlan in fourth place in the state. "We had high expectations for Joe from the very start and he accomplished many of his goals he has to start the year," Tecklenburg said.

"Perseverence is crucial to wrestling. **If you wanna be good,** you gotta practice, practice, **practice.**"
-David Miedema '11

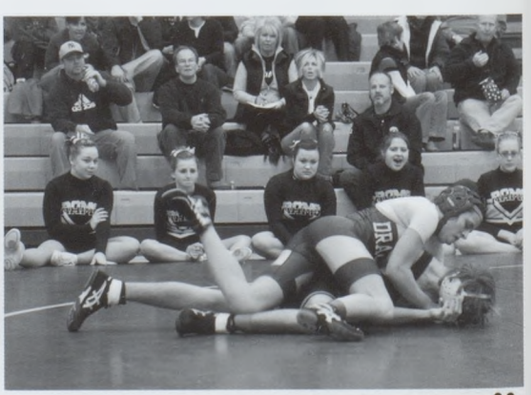
spread by: emily welch and jordin robinson



Pushing his weight onto his opponent, senior Sean Lau attempts to make his opponent fall. "We lost some close ones; having a young team kind of hurt us," Lau said. "Some guys didn't have the varsity experience."
photo by emily welch

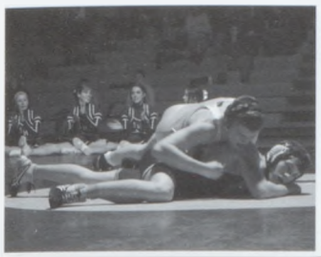


Attempting to not to be pinned, freshman Logan Walkup holds his ground. Walkup had two falls during the season, which is another name for a pin.
photo by jessie sandman



Freshman Margaret Standish constrains her opponent in a choke-hold. Standish was the first girl in the history of the school to be on the wrestling team.
photo by kyle soyer

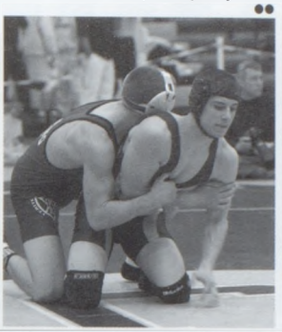
Maintaning his position Austin Schenkleburg tries to hold his position. Schenkleburg lettered one time during the season. A letter means when a player starts varsity competitions three times in a row.
photo by kyle soyer



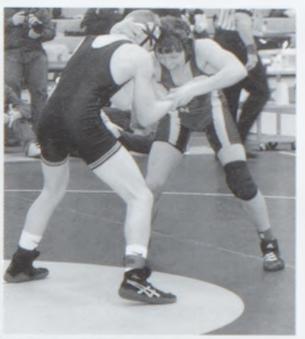
Senior Stephen Shaffer tries to keep his hold on his opponent from S.E. Polk. Shaffer qualified for state for the third time, placing sixth.
photo by emily welch



Senior Luke Bubeck starts on bottom against his Dowling Catholic competitor. Bubeck earned 27 team dual points during the season.
photo by emily welch



While keeping his balance, senior Ryan Lower attempts to pull his challenger down. Lower had 25 take downs.
photo by emily welch



18-51	d.m. north/hoover
9-57	iowa city west
36-39	newton
51-18	c.b. thomas jefferson
12-57	indianola
14-48	roosevelt
24-39	clarinda
9-66	c.r. prairie
34-37	carlisle
16-46	mason city
18-56	indianola
15-54	norwalk
30-41	ames
22-52	owatana, mn
51-29	martensdale st mary's
44-33	centerville
15-54	ankeny
14-51	marshalltown
15-51	urbandale
12-62	ballard
33-40	union
24-51	a.d.m.
42-28	knoxville
6-61	s.e. polk
17-52	dowling
26-38	ankeny

state qualifiers
alex richards
stephen shaffer
joe scanlan

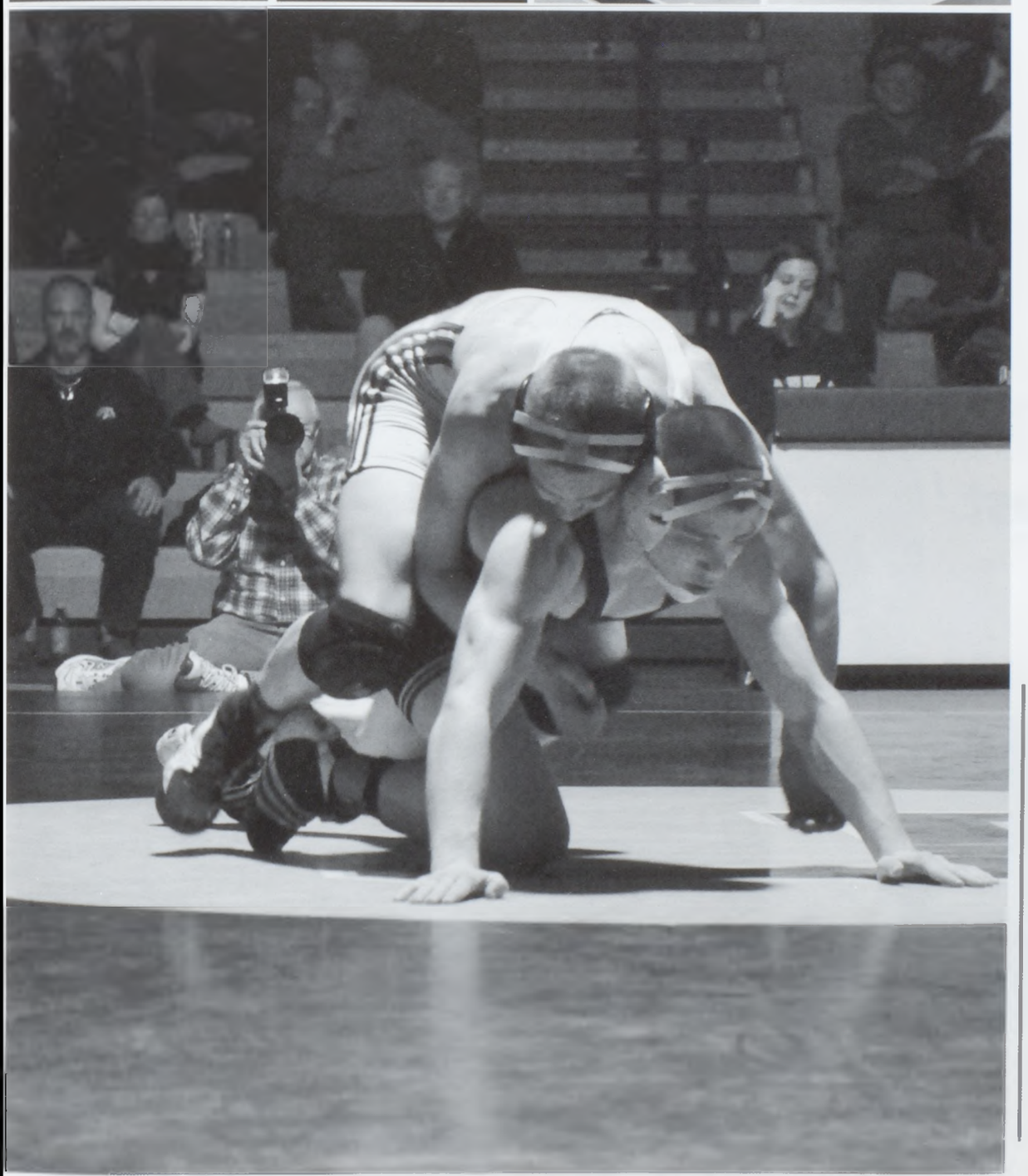


photo by kyle soyer

During senior night, senior Alex Richards tries to control his opponent by imprisoning him in a hold. For senior night, they had all senior matches in the spotlight of the gym. "I think it (the spotlight) brings a good atmosphere to our home meets," Tecklenburg said. "It creates a high energy environment and motivates wrestlers on both sides of the mat to compete. It's a great addition to our program."

INJURY, Rise, TRIUMPH

Hurting seniors open up an opportunity for stepping up and a dramatic situation

Senior year. This is it. I get through my last set of classes, decide on a college, have a great track season, and say goodbye to everyone. That sounded like an ideal plan for seniors Cassie Curtis and Ashley Quick, state-worthy runners. But something happened to both of them that they didn't see coming.

They got injured.

"I pulled my hamstring running in the 100m hurdles at the Jim Duncan meet two weeks before the Drake Relays," Curtis said. "I had already qualified for four events for that meet."

Quick was injured with a stress fracture from overusing her leg earlier in the season and towards the end. "I never took time off because I went from cross country to training in the winter to track," Quick said. Having two of the best runners unable to compete for two-thirds of the season had a huge impact on the team. Other runners, many of whom were sophomores, had to step up and fill their places during the season.

Curtis' races included hurdles, the 4x100 medley, and the shuttle race while Quick focused mostly on quicker races such as the 4x200 and the 4x400. All these races had to be filled and other runners had to step up to the occassion. One of these runners was sophomore Tayler Murray. "Taylor really came in as if she knew exactly what to do," Curtis said.

Being new to the team as a sophomore, Murray "I guess it made me feel proud that I was the next person to be chosen," Murray said. "I was happy I could fill in for them when they needed it."

But everyone as a team pulled through these injuries in many ways. "Anytime there was a race I couldn't run, someone would always step up and be positive about it," Quick said. Junior Maddie Morris and sophomores DeDe Ayers and Jenna Christensen were some of the other runners who filled the open spots.

The team eventually made it to state in a variety of events. But most exciting was focused on something else. The return of Curtis and Quick. "Everyone was so excited to see them come back for state," sophomore Ashley Enger said. "It was a perfect ending to the season.

Curtis ran in the 4x100 medley and placed 10th while Quick ran the 4x400 and placed 2nd along with seniors Krista Shoeman and Jenna Devens and junior Amber Clock. "My goal for the season was to win the 4x400," Quick said.

spread by: faisal alabsi and ellie minor

"Perserverance doesn't mean you **end the race the way you wanted.** *It means when you fall, you get right back up and finish doing* ***your best.***"

-Krista Shoeman '10



Junior Brittany Trow strides out in her 4 X 800 race at the Drake Relays. Trow ran her personal best at 2:22, beating her previous best by four seconds.

photo by jerry quick



Trying to catch the runner ahead of her, sophomore Megan Davis runs in the 4 X 800 relay. The relay team qualified for state coming in fourth at the district meet.

photo by ellie minor



Freshman Isabella Engblom adjusts her blocks for her 400 meter race. "It was a lot more of a challenge at meets, but practice was normal because we all worked as a team," Engblom said.

photo by ellie minor

3-1	pella christian
3-0	hoover
0-2	marion
0-2	prairie (cedar rapids)
2-0	north fayette
2-0	jefferson
1-2	warrior invitational
1-3	ames
0-3	valley
2-1	knoxville
0-3	ankeny
2-2	dowling catholic
3-0	urbandale
3-1	southeast polk

Sophomore Kim Thomas strives for the next hurdle at the Ankeny meet. Thomas finished third overall.
photo by jerry quick



Senior Jenna Devens takes off after receiving the baton in the 4 X 400 at the Ankeny meet. The team finished third and went on to run at the state track meet.
photo by erica white



Running through the mist, senior Ashley Quick glides ahead of the pack at the Drake relalys. Quick was a part of the 4 X 400 which finished third. Her relay team included seniors Anna Belner and Jenna Devens, and sophomore Maddie Kleve.
photo by jerry quick



Falling to the mat, sophomore Jenna Christensen completes her jump of 4' 9" to try and qualify for state at the Urbandale districts meet. Although she did not qualify in high jump, Christensen went to state as an alternate in the 4 X400.
photo by ellie minor





photo by erica white

Leaping over a hurdle, junior Alex Hawks races to the finish line at the Ankeny meet. Hawks qualified for state in the shuttle hurdle relay but was disqualified due to an illegal rolling of a team member's shorts and a false start.

Keeping their facial expressions animated, senior Ryan Bower and junior Kayla Flyckt entertain the crowd. The varsity show choir practiced in front of Urbandale Studio 2010 (Urbandale Show Choir) before attending Nationals in Nashville, Tennesse.
photo by lisa friesth



Standing at the front of the stage, junior Jocelyn Schneider performs her solo as the rest of the show choir looks on. "I love getting on stage with all the crazy hair and make up and just having fun," Schneider said.
photo by lisa friesth



Seniors Molly Schunicht and Kody McCracken, hold hands as Schunicht keeps her prop umbrella upright in the song, "The Latest Rag." Innovation changed into three different outfits throughout the show.
photo by lisa friesth



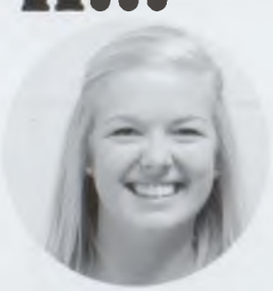
Performing a duet in harmony, junior Chris Dockum and senior Claire Ottley sing to the audience. The two performed their ballad, "Home," their second song in Innovation's show.



photo by lisa friesth

the way I see it...





"[We learned] To really work together to put something together that is phenomenal. And I know that we will carry it out and apply it to other our parts of our lives, and it will return again next year for show choir, so look out Ankeny and Urbandale."

-Dane Van Brocklin '11

"There are so many other schools around the country, some who have more than us and some that have less than us, and from that I learned our school is very lucky for what we have."

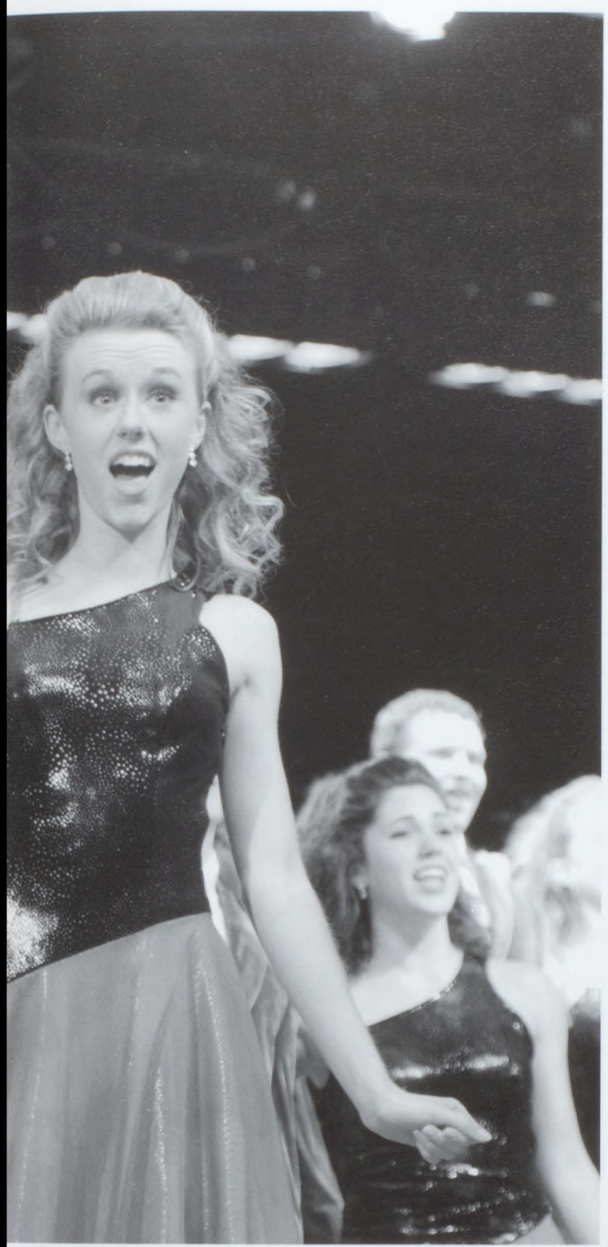
-Kendra Greenfield '10

Drawing during free time, sophomores Amanda Teel, Mariah Wellman, and Emma Henry, members of Synergy, brought coloring books for all to share. The girls colored Squidward from the popular children show Spongebob and Pippy Longstocking. They started a club within show choir called "The Coloring Club."
photo by lisa friesth



Juniors Tanner Grill and Amanda Soda slide across the stage in their Synergy performance. Synergy got first place in the junior varsity division and fourth in finals at Emmetsburg.
photo by jordin robinson





Grand Stage Shines

Students perform at world famous venue

As senior Steve Williams stands with his back to the red curtain that will soon reveal the audience, he breathes deeply to calm himself down as the crowd roars with excitement. "The crowd was ridiculously loud and that made me even more excited," Williams said. "When the band started and we turned around, I swear somebody shot adrenaline from my feet all the way up to my head."

The choir performed on the Grand Ole Opry stage in Nashville, where hundreds of famous singers had sung before them, including Dolly Parton, Keith Urban, Carrie Underwood and countless others. "I told myself this will be the only time in my life I will perform where celebrities perform on a regular basis," Williams said. "So overall, it was the best experience. For that 15 minutes I felt like the celebrity in a way."

Performing on a world famous stage where many careers were made provided a completely new experience for the singers. "You know, I just wanted to do well," junior Chris Dockum said. "It was a once-in-a-lifetime experience, and that's where the pressure came from. But, at the same time, there was no pressure because there were no guarantees. I expected nothing, and we got fifth." Along with the choir being granted fifth, seniors Claire Ottley and Marissa Broich both earned Best Vocalist, and the show band received Best Band in the day and night shows.

Dockum stood next to Ottley as she sang her award-winning solo. "For me, it was less about the country stars and more about the tradition of excellence," Dockum said. "There's a circle on the stage that has a part of the old Opry stage, and that's where Claire Ottley and I stood during our duet in the ballad. That was truly an amazing feeling."

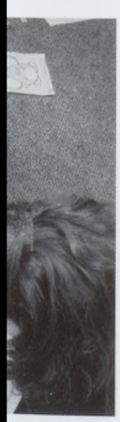
Ottley agreed. "I stood where Johnny Cash stood, where Dolly Parton stood," Ottley said. "It was really fantastic."

The Grand Ole Opry was created in 1925 and has been called the "Home of American Music." Students felt very privileged to perform in a place that had become a legend. "It wasn't as much a lot of pressure as it was an honor I suppose," Williams said. "I mean nobody else at Johnston will probably ever perform on a stage where hundreds of stars have, so that is pretty incredible."

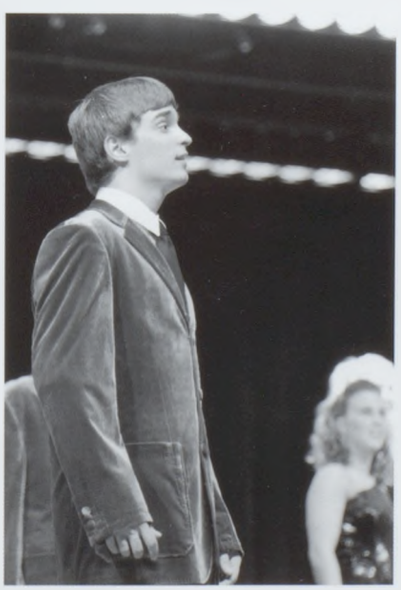
All the nerves before entertaining the crowd turned into a beautiful final product. "Before walking onto the stage, there was a giant banner that read 'Through these doors pass the most outstanding show choirs in the nation,'" Dockum said. "Being something more than Johnston Innovation, being outstanding, was awesome."

While Williams and all the other seniors performed for one of the last times on a stage more famous than the people who performed on it, they thought back on their careers. "Every extracurricular group should go on a trip like this," senior Molly Schunicht said. "It really brought us together as a choir and helped us get to know some of the people in our group better. I was so glad we had this opportunity before I graduated. It was the perfect way to end my senior year of show choir."

•spread by jordin robinson and katie lashier•







Transitioning to the ballad, junior Tim Gates sings out towards the auditorium. Innovation received the award "Grand Champion" at S.E. Polk.
photo by lisa friesth



Busting out her solo, senior Marissa Broich looks out toward the audience with Innovation members looking on from behind. "My favorite memory is singing in the Grand Ole Opry for Nationals and being awarded best female soloist for the prelims," Borich said.
photo by jordin robinson



Seniors Anne Fleming and Steve Williams stay in character while performing for the spring show audience. The spring shows took place April 10. There was two, one at 3 p.m., the other at 7 p.m., in the middle school auditorium.
photo by jordin robinson

WATCH, STOP REVIEW

Coach helps team learn how to improve its game by watching professional games

As the puck is being brought up toward Johnston Gold's goal, Waukee's junior Jacob Johnson steps in the open ice, shoots and scores. Johnston Purple's coach, Harold Howe, taped the game, edited it and sent it to his players. His Purple team would be playing Waukee in the first round of playoffs.

Howe made the video by slowing down the plays and pointed out was doing what, and what was going to happen next. He pointed how Johnson stepped in and how to avoid that in the playoffs. Howe then decided to invite the team over to his house to watch National Hockey League (NHL) games and when Canada and U.S. faced off in the 2010 Winter Olympics. "I think it helped beacuse we got better plays from it," sophomore Adam Gardner said.

The team had tried to watch tapes of their own games, but it was hard for them to hear the negative feedback. So, they started to watch the Chicago Blackhawks and Colorado Avalanche games. Howe stopped the games with his DVR, rewind, and watched the same thing over again. He would explain how to play defense at a certain point when a forward from the other team would bring the puck up. "It helped and it was also a lot of fun," senior Matt Mahanna said.

When Howe invited the team over, he supplied food. They would enjoy pizza, cookies, and Mahanna brought venison (deer meet). "Coaches's wife's chocolate chip cookies were amazing, I had at least 25," senior Alex Peichl said.

Howe would send out e-mails that had videos of the games they previously played. He wanted things to improve and not let senseless mistakes happen. "Once I sent the video out, and played the next game, I could tell they watched, and once they saw the open ice, they filled in," Howe said.

Purple ended up losing the first two games, and won third in the playoffs. Purple ended up getting seventh place overall. "Playoffs didn't go as we wanted to, but seniors won their last game of their high school career and Howe won his last game as a coach," Peichl said.

spread by: erica white and brianna mormann

"Once we started watching the NHL games, we went on a **winning streak.**"

-Adam Gardner '12



Fighting in the corner, Gold team player junior Cody Janousek and Valley's Drew Abel battle for the puck near the Valley goal. After they got it out, Purple took a shot on goal before Valley shot the puck down the ice.

photo by brianna mormann



Captain senior Kirby Singleton hustles down the ice away from Lincoln/ Roosevelt's defensive man Jacob Poortinga. The purple team kept the puck near Roosevelt's goalie pressuring their defense; at that point, Purple had the lead 1-0 in the 1st period

photo by brianna mormann



Gold's junior Jordan Ross receives a check from Urbandale's forward Keith Allen. The gold team beat Valley High School to play Urbandale in the semi-finals of their play-off season.

photo by brianna mormann

Senior Matt Rose wins the face-off after an icing call during the second round of play in the season playoffs against Urbandale. The team lost the close game, sending Urbandale to the championship game against Dowling.

photo by brianna mormann



Icing the boards, Purple's forward junior Matt Mahanna attempts to shoot the puck around Gold's defensive player junior Alex Hjelmaas in the rival game. The two teams played each other two times during the regular season and split them both.

photo by erica white



Attempting to block the pass, Gold's sophomore Derek Winchester guards Valley's Mat Pisarski. Winchester just received a check and delayed the pass long enough for his other teammates to come and help.

photo by brianna mormann



Senior Dwight Lykins prepares for the puck to drop in the first period of the Lincoln/Roosevelt game. The purple team had played them earlier in the year and both games ended in a tie.

photo by brianna mormann



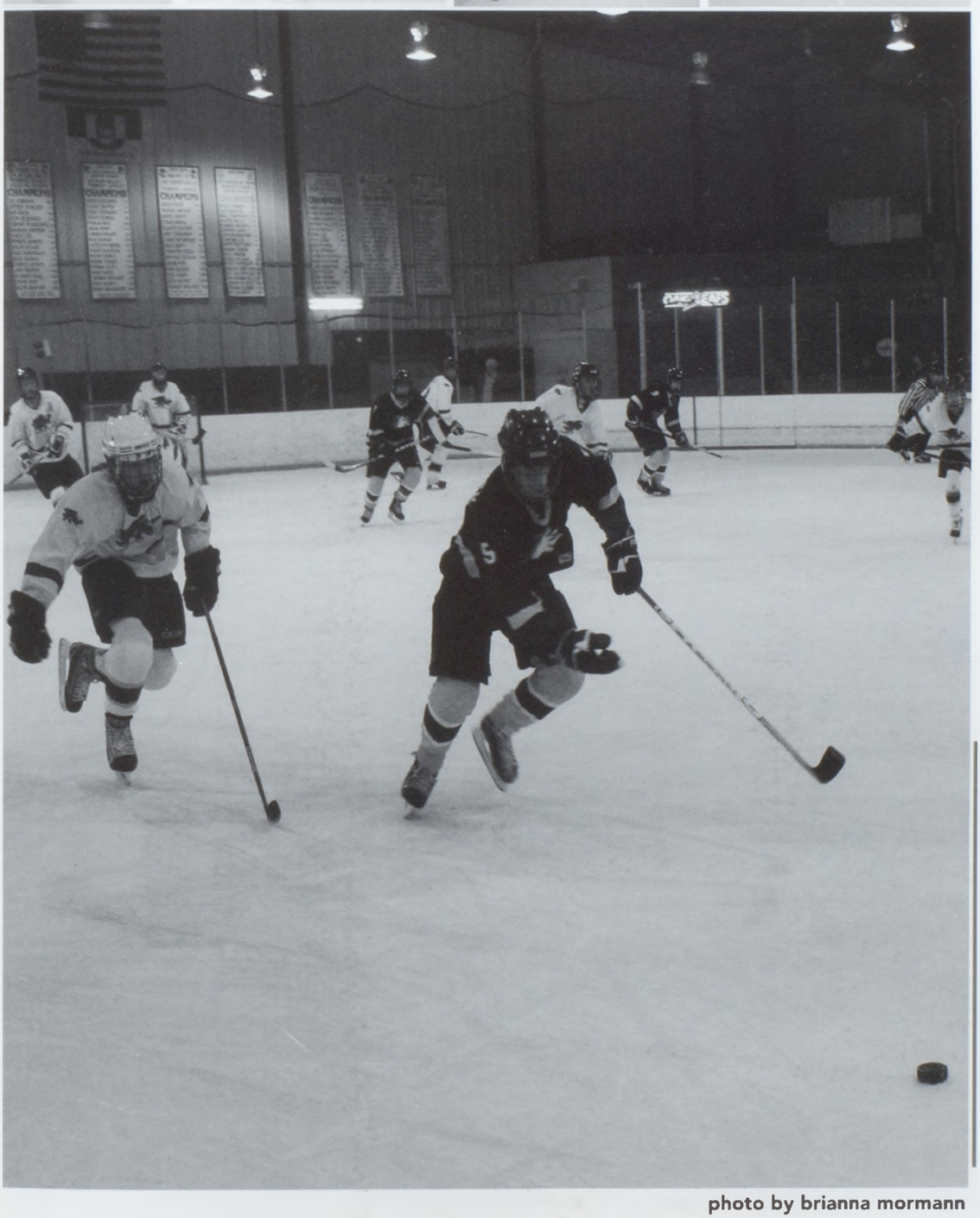


photo by brianna mormann

Racing towards the puck sophomore Adam Gardner beats out Ankeny's defensive men. Gardner, as a forward, had to get the puck to Ankeny's side of the ice and score.

Johnston Purple

3-3	waukee/norwalk
0-3	valley
3-3	lincoln/roosevelt
2-1	ankeny
5-0	johnston gold
4-6	urbandale
3-6	dowling
1-1	waukee/norwalk
3-1	valley
4-4	linclon/rooselvelt
4-3	ankeny
1-5	urbandale
1-5	johnston gold
2-4	dowling
4-7	dowling
4-3	urbandale
3-4	ankeny
	play- offs
0-3	waukee/norwalk
3-5	ankeny
5-4	valley

Johnston Gold

2-10	urbandale
1-3	linclon/roosevelt
1-5	valley
5-3	waukee/norwalk
0-5	johnston purple
5-8	dowling
5-4	ankeny
1-7	urbandale
8-1	linclon/rooselvelt
6-3	valley
5-2	waukee/norwalk
0-5	dowling
5-1	johnston purple
4-6	ankeny
2-4	waukee
4-5	lincoln/roosevelt
5-5	valley
	play- offs
4-1	valley
8-9	urbandale
3-6	waukee/norwalk

BOND FORMS ROUTINE

Team makes its way through the season by cheering, chanting and circling up

Junior Owen Cooper watches the basketball and jumps a few inches to the left as it moves. He already knows the pattern as coach Bobby Sandquist taunts the varsity boy's basketball team, moving the ball from side to side. The boys run in place and keep their eyes on Sandquist's hands. Then, the ball is thrown towards the team, past senior Nick Smith's elbow, and they dive for it. Landing in the middle of the court on their stomachs, the team keeps one arm extended, reaching for it. Only a few are touching the ball, but as they stand up and head towards the bench, Cooper grins at senior Bryce Johnson. Warm-ups were over.

Throughout the season, a routine developed for the team. And as their wins stacked up in the beginning of the season, the home games attracted more attention from students and parents until it was normal for the stands to be full.

"The crowd usually gets bigger every week, especially when there's more than one game a night," said Smith. "It's pretty cool because then when we play they're all already pumped up."

After a rest and some Gatorade, the boys form a large huddle on the court and wait as the starters' names are called. When the game begins, the team focuses on playing, and the crowd yells "air ball!" at the opposing team at every opportunity. When Smith steps up to make a free throw in the home game against Marshalltown, they wiggle their outstretched fingers towards him for good luck.

> "When we lost games **we came back to practice ready** ready to work hard until **we won.**"
> -Matt Mahanna, '11

Good luck didn't always come for the team, though. "We refocused on working as a team and making our shots," Sandquist said. "Before long we were winning again because we remembered what was important." After breaking their winning streak and losing two games in a row halfway through the season, the team came back and started winning again, only to lose the last game for state to Ankeny by seven points.

In the game against Indianola on Feb 12, when Cooper scores a two-pointer, the players high-five as the crowd cheers, chanting "who's your daddy" at the other team. "It was nice having the crowd there every game," Cooper said. "They were really supportive and cheered for everything."

Johnson's favorite routine is the circle the team makes before each game. "It's a huddle, but without any pressure," he said. "We wait for the starters to get called and cheer for each other."

The team felt that having a routine brought things to look forward to. "It made things a little more special," Sandquist said. "We had things that made us different from other high school teams."

spread by alex peichl and kristine hauser



Flying up the court, senior Mitch Fondell looks for someone to receive his pass. Fondell had 219 points during the season and averaged 10 points per game.

photo by kofi manteaw



The team sways back and forth as each starter gets anounced. This was done at each game and was one of many traditions to prepare the team for games.

photo by erica white



Junior Andrew Vanderzwaag drains a three-pointer in a regular season game against the Roosevelt Rough Riders. Vanderzwaag made 35 3-pointers for the season and was a leading 3-point scorer on the team.

photo by helen lagerblade

Junior Andrew Vanderzwaag boxes out Harrison Barnes of Ames, allowing senior Bryce Johnson to recover a rebound. Against this number-one ranked team, the Dragons only lost by eight points.
photo by jordin robinson



Junior Corey Schaefer tears up the court and around blockers in the game against Indianola. Schaefer played on varsity since his freshman year and was one of the team's points leaders with 320 points in 22 games.
photo by kristine hauser



Junior Matt McDermott prepares himself for a free throw in the second game against Ames.
photo by erica white



Guarding a player from Dowling, junior Justin Blackburn prevents a basket. Despite the team's and his effort, Dowling won the game by six points at their home court.
photo by alex peichl



79-62	north
57-26	@ lincoln
61-51	@ ankeny
53-46	@ mason city
61-49	dowling
76-49	east
55-34	@ urbandale
74-33	@ indianola
77-74	ankeny
76-52	marshalltown
55-27	@ ottumwa
51-57	@ dowling
53-55	@ s.e. polk
71-62	urbandale
53-46	@ waukee
63-47	s.e. polk
56-76	roosevelt
66-44	fort dodge
65-35	indianola
53-61	ames
68-44	@ valley
51-58	ankeny



photo by alex peichl

Soaring above his opponents, senior Nick Smith attemps a lay up in a game against Fort Dodge. "It was a great honor to be named to the McDonald's All-American High School Basketball Team," Smith said.

Openness



Looking at a collage of Casey Aschan-Cox, a group of students that knew Aschan-Cox well, reminisce over her life. In front of the school the group released balloons in remembrance, Aschan-Cox died over spring break in Cedar Rapids.

photo by monika sehic



"We are rich only through what we give, and poor only through what we refuse."

-Anne Sophie Swetchine

"Well Webster's Dictionary defines the word 'open' as 'completely free from concealment; exposed to general view or knowledge.' So yeah..."

-Junior Collin Ward

"For me it's when you can talk to someone about anything and not be concerned about them telling anyone, so simply I view openness as trust."

-Senior David Gordan

"I'm not afraid to be myself and people either like it or they don't."

-Sophomore Jenna Axtell

"Openness is not necessarily sharing everything with others, but being open to new things and ideas. Being open to others is not living to people and society's standards, but what you believe, not what others or society believes."

-Junior Ryan Smaha

"Openness to me is when you trust somebody enough that you can tell them anything."

-Sophomore Ashley Gray

Examining which stencil they will apply to their pumpkin, sophomores Erika Gebard and Sara Fincher flip through the designs in the book. Fincher and Gebard scanned the design packet which had stencils of ghosts, witches, jack-o-lanterns, and black cats, embracing the fact that it was Halloween weekend.
photo by kailey kerr



Drawing their version of a 'Super Leader' sophomore Elin Tegels and senior Paige Doherty color on a piece of paper longer than themselves. Their life-size super leader's name was Triple A Anthony.
photo by faisal alabsi



Relaxing on the last day, seniors, Alex Grieg and Allison Rawls sit outside in the little sunlight that shone that weekend. They were enjoying the warmth before they went into write their good feelings and close out the trip.
photo by katie lashier



Writing a good feeling to a friend, senior Tyler Baumgartner starts his notes early. Students immediately started writing notes to friends when the last activity was over. Many participants felt that they don't have enough time to get out all that they needed to say.

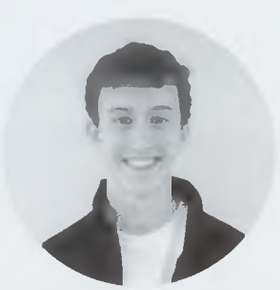


photo by katie lashier

the way I see it...



"Me and a few others goofed around a little too much during rehearsal so we messed up the final dance. Oh well, we still had a lot of fun doing it.
-Kelly Poston '11



I was two feet away from (junior) Matt Joslin when he had the brilliant idea to open a pop can with his teeth. He ended up ripping out his tooth, braces and all."
-John Timmons '12

Getting a head start on their good feelings, seniors, Courtney Sabus and Jenna Devens sit in the grass outside of Pioneer Hall. All the members of SAIL participate in creating a bag with their name on it. Then they proceeded to write compliments to friends or group members and put it in that person's bag for them to read later.
photo by katie lashier



Laughing at a joke, seniors, Olivia Diehl and Molly Schunicht talk to senior Kendra Greenfield before going into lunch on Saturday."I actually ate a lot healthier while I was there," Schunit said. "It felt great to be outdoors all day and then go in to eat a good meal."
photo by katie lashier





Tee-pee TRUMPS free-time

The absence of free time makes the experience less enjoyable for some

As junior Briana Wengert sits on a hard wooden bench in the freezing temperatures of the early morning watching the tee-pee demonstration, she begins to wonder 'when am I ever going to need to know how to build a tee-peee? I don't even like being outdoors.'

Early Saturday morning, Students Active in Leadership (SAIL) participants had to go to a demonstration where Mike, one of the employees at the Boone Y Camp, demonstrated how to build a tee-pee, showed how it worked, and why it was useful to Native Americans. This demonstration took the place of one-hour whole group time, which in many kids minds would be the equivalent to free time.

Participants who had experienced free time felt it was a necessary part of the trip. "I think having free time is crucial to the SAIL experience," Wengert said. "A lot of us don't have very long attention spans, so standing outside on the top of a mountain for three hours and doing loads of activities isn't very fun. I feel like we need to have time to hang with some of the new friends we met and bond with one another."

Instead of being able to bond with the new people they'd met, students sat huddled together, cramming four to a bench to keep warm. The tee-pee demonstration occurred early in the morning, in three rotations. The first two rotations to observe the demonstration were uncomfortably cold because the sun had not yet gotten over the trees behind them. "I think I would have liked the tee-pee demonstration more if it wasn't so cold out," junior Emma Gowey said. "I was too focused on staying warm so I couldn't really pay attention, and I thought it was boring at some points."

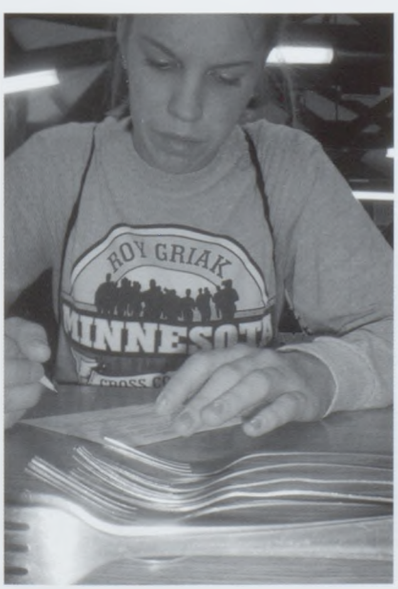
Many students complained but Alicia Rollison, head director of SAIL, stood firm to her reasoning for the lack of free time. "In past years I feel like we didn't get enough leadership in," Rollison said. "Free time takes away three hours of team building and that's three hours I didn't want to give up. The reason we picked the tee-pee demonstration was because it was still structured but it didn't take that much brain power. The kids could just sit and watch and we were using the Y Camp. We go there every year but hardly use the facilities and activities that are available to us."

The complaints thrown at Rollison didn't phase her at all. "The people that only say they didn't have enough free time, they don't need to come back next year," Rollison said. "That's not the point. The point is practicing and using leadership skills. I'd rather do a lot of fun structured things that serve the purpose of the weekend rather than free time where the kids don't branch out. Fun time vs. free time."

The absence of free time hindered the ability for some to enjoy new friends and people they met but it did not ruin the message of SAIL. "I heard from a lot of sophomores and juniors that if SAIL didn't change they wouldn't be returning, which makes me sad," senior Megan Parker said. "I don't want the legacy of SAIL to get ruined just because of one year because I think it's a great thing and something unique to Johnston. Plus, overall I did have a really good time."

•spread by katie laisher•





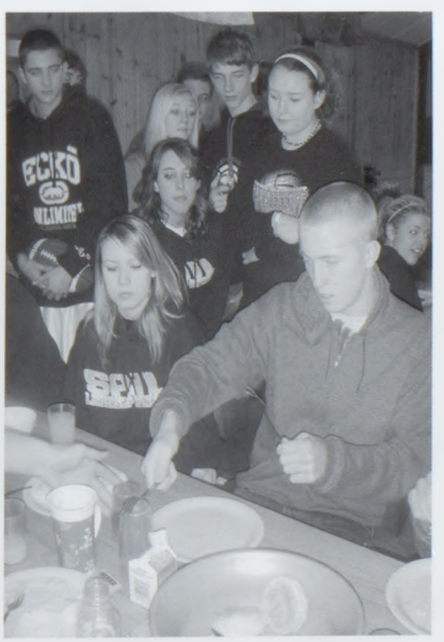
Writing an evaluation on the YMCA camp in Boone, sophomore, Abby Dusen reflects on her time at SAIL. "My cabin was kind of cold, but I had a lot of fun with the girls," Dusen said. "The only thing I'd change was the cleanliness of the girls' bathroom."

photo by katie lashier



Scooping out the seeds, sophomores, Abbey Wilmes and Lauren Skartvedt work on carving the perfect ghost design. The sophomores were assigned to carve pumpkins as their rotating activity; juniors and seniors went up on ridge to do the low ropes courses.

photo by kailey kerr



Perfoming his own version of, 'STOMP' senior Jeff Oatts uses the cafeteria utensils to form a beat at the last breakfast. Students joined in with napkin holders, spoons, and cups. Many others gathered around to watch.

photo by katie lashier

PINK MOTIVATES PURPLE

Breast Cancer rally brings two communities together through raffles and victory

"Now stand if you know someone standing who knows someone with breast cancer. Look around...and you'll see that the ones not standing are the minority." These simple words spoken by Curt Larkin made fans and players alike look at another and realize the raw truth behind them.

Dig Pink was a breast cancer awareness rally held nationally every October with over 3,000 different teams matching up against one another to help raise awareness and fight the disease with donations and proceeds. "Dig Pink represents the common effort of students, coaches, and community to work together to be one in our fight for breast cancer awareness," athletic director, Gary Ross said. "The motivation for this is knowing that you are potentially helping others."

The National Cancer Institute reported that approximately 184,000 new cases of breast cancer would be diagnosed in 2009, which made it even more important for the girls to take part in the rally. "The personal relationships for players and fans had a lot to do with it, " Larkin said. "Several players and parents know each other through many different avenues and it was a very friendly competition highlighted by a common cause."

A community effort brought Southeast Polk fans and players for the match. White and pink t-shirts designed by senior Abby Westimeyer dotted the bleachers and court. "It was great to get involved in this important cause," Westemeyer said. "More people should help and get involved in raising money and awareness for the cause." Both teams were also wearing jerseys dyed pink to commemorate the color of the breast cancer ribbon.

Donations were also collected for a raffle for three grand prizes given at the end of the match. The fans were also excited by smaller prizes donated by local businesses, which were chosen by the ticket number that had been given out when spectators bought their entrance.

Doubling as senior night, Dig Pink brought even more motivation for girls to play their very best. "People with breast cancer are constantly fighting their disease everyday to get through it," said junior Morgen Roshek. "The motivation to prepare ourselves for the game takes effort and we can apply that to helping others who need our efforts more than we do ourselves. It's just the right thing to do, we aren't a selfish team." The girls brought that dedication into victory.

Taking the Rams to four games, the girls won with a close game 3-1. "We stressed our focus to be on winning the match and continuing to improve our game," said Coach Rick Brooks

The goal amount to raise was $1,500. The game raised over $3,000. Nationally, the goal was to raise $700,000. "The statistics show that breast cancer is the largest form of cancer for women and potentially could impact any of our families or friends," Gary Ross, athletic director said. "This cause brings the community together because most of us know someone who has been impacted, and working together towards a common cause is very rewarding."

spread by: monika sehic

"You have move on after **losing a point and making a mistake.** One moment can affect the rest of **the game in such a negative way if you let it.**"

-Kristen Howe '11



Placing her gifts down from senior night, senior Sarah Stucker smiles as coach Rick Brooks comes to congratulate her. The junior players bought the seniors little individual gifts such as lotions and flowers.

photo by monika sehic



Both diving for the ball reflected off of a block, senior Cassie Curtis and junior Tory Knuth, make a play for the ball and dig it up. " I don't have a great mantra that I use," coach Rick Brooks said. " I want to put the girls in situations were they can take ownership, learn to lead, problem solve, and come together as a group."

photo by monika sehic



Setting to junior Tory Knuth, junior Corrin Larkin watches the ball leave her hands. Larkin spent hours in practice training her hands for setting.

photo by monika sehic

Blocking a hit attempt against S.E.Polk, senior Morgan Campbell and junior Tory Knuth reach over the net to push the ball down. In practice, the girls focus on "penetrating" over the net and the placement of the ball.

photo by monika sehic



Reaching to hit an outside ball, junior Kristen Howe prepares to control where the ball is going to go. The girls could hit different areas of the court to break down the defense of the other team.

photo by faisal alabsi



Positioning her body lower to the ground, senior Abbey Westemeyer waits for the Valley serve. Westemyer served as the teams libero which is a position also known as "defensive specialist."

photo by monika sehic



Senior Morgan Campbell hits a right side ball during Dig Pink. Playing the right side, Campbell had a distinct hitting style because she hit left-handed.

photo by monika sehic



3-1	pella christian
3-0	hoover
2-0	north fayette
0-2	marion
0-2	prairie (cedar rapids)
2-0	jefferson
1-2	warrior invitational
1-3	ames
0-3	valley
2-1	knoxville
0-3	ankeny
2-2	dowling
0-3	urbandale
3-1	southeast polk
3-0	indianola
3-0	lincoln
3-2	urbandale
0-3	council bluffs
all-state	tory knuth

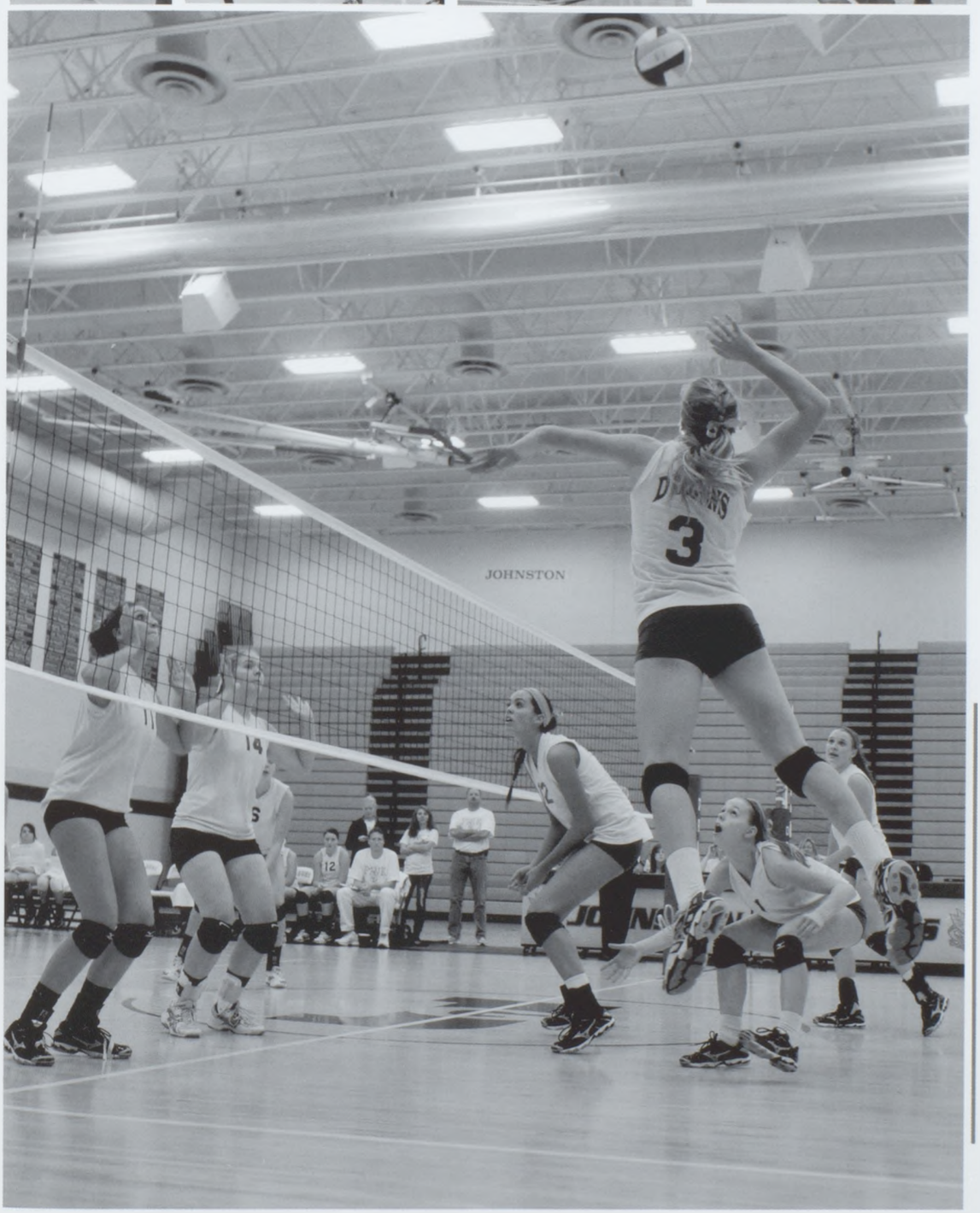


photo by monika sehic

Senior Cassie Curtis hits a kill against S.E. Polk during Dig Pink."A big part of the game is being stronger than the other team and being able to control how tired you get,"Curtis said. "If you are working just a little bit more in practice than the other team then you have what it takes."

Julia Anderson

story and photographs by monika sehic

Unfinished Art

lick. Shutter. Flash. Capturing a frozen moment in time and studying the photo's emotion within the boundaries of the photo is how senior Julia Anderson explains her devotion to photography and art. This devotion started with blank pieces of paper that needed a drawing and an eager five-year-old that evolved into life aspiration.

With four lavendar walls covered with photos, paintings, and notes, and a floor masked with projects that range from reassembled glass sculptures and tattoo drawings, Anderson revels in her world. It's a world full of new experience and solitude that continues to surprise her. "I never do finish an art piece," Anderson said. "There is always more that I could add or perfect, so to me, none of my paintings or drawings are finished."

Anderson believes that her talent and faith are connected. "God is my biggest inspiration, he is truly the artist of everything," Anderson said. "He is the one who gave me the talent and I want to use it to please Him."

Anderson knows her life will never go without a form of art. She plans on becoming an art teacher or a photographer for National Geographic. For her, it's impossible to think or act without reference to art. Her thoughts and action will always connect with this passion."Artists have their own state of mind," Anderson said. "We work in our minds before we ever physically get to work."



Scott Syroka

Outspoken

eb Syroka pulls up to the Obama field office in Ankeny. Her son, sophomore Scott Syroka needs a ride home from his busy day helping manage the Obama campaign from 2008 to 2009.

The fact that it's a school night doesn't keep Syroka from staying until 10:45 because, to him, the campaign is worth it. "People would get into arguments with me about Obama, my biggest one was when people would call him a Muslim, which he isn't," Syroka said.

Syroka likes to talk about his opinions. His speeches tend to take more time than allowed by the school's English teachers.

His opinions cover a range of topics. Censorship — "it's an awful thing, it restricts different view points of various people."

The environment — " It's where we live, our home. I want to keep it a clean, healthy place for my grandkids and everyone af ter." Universal health care — " It should be a basic human right, not a privilege." However, his first love is politics, especially Obama.









story and photographs by ellie minor

Hauling around hundreds of t-shirts, sophomore Scott Syroka collects themduring the drive. Syroka counted them during his first period service credit to Beguhn."You often hear about being "Iowa nice" and how active many Iowans are in volunteer efforts," Syroka said. "I think the Haiti disaster just provided a platform for all of that to be showcased."
photo by monika sehic





Getting on the floor, sophomore Hannah Thayer paints on a prom week poster. StuCo arranged dozens of posters around the school to keep the student body informed on what events are were going to happen.
photo by monika sehic



Squeezing a stress ball, junior Hailey Bridgewater, works on keeping her blood flow steady. The blood drive was held twice a year.
photo by faisal alabsi

Watching the rest of the game unfold, juniors Carr Terpstra, Matt McDermott, and Logan Moe sit after getting out. The three boys were on a team together during Dodging Diabetes.



photo by katie lashier

the way I see it...



"It was something so big with so much devastation that it was good to help out, all the while enjoying what we're doing and having fun.
-Carly O' Keefe '11



We worked with other schools and raised over $15,000. I didn't really think it was possible."
-Jessica Johnson '11

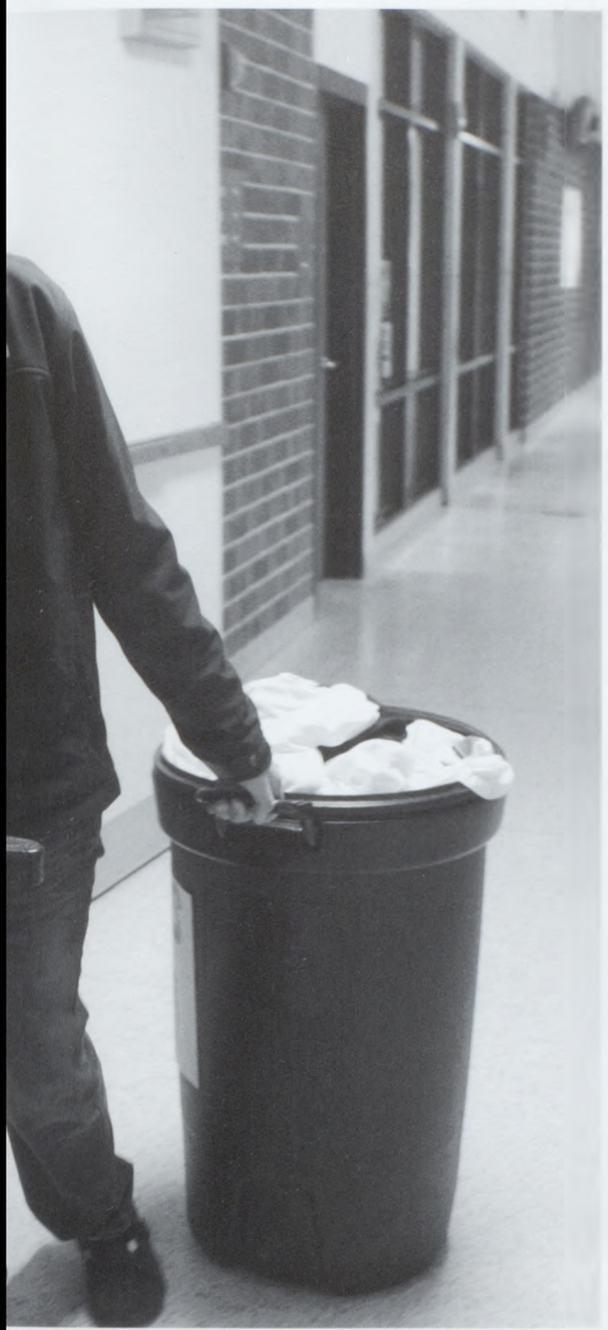
Spray-painting a flower pot, junior Andy Jensen, finishes up his float for the homecoming parade. Due to bad weather, the parade was cancelled.
photo by katie lashier



Trying to fake around his opponent, senior Elvis Dizdarevic, participates in Hoops for Haiti. "I really think our school does a good job of involving all types of students, " Dizdarevic said." "If you don't like basketball you can do the coin war or something else."



photo by monika sehic



Disaster inspires aid

Student council organizes project to help earthquake devasted country

Like many of her peers, junior Amber Solberg doesn't remember where she was when she heard about the earthquake that devasted Haiti on Jan. 12. What she does remember however, is the distress she felt. "We're all human and I think we can't help but to relate," Solberg said. "That's where empathy comes from; it doesn't matter how far away it is." Fellow student council members, junior Katie Lashier and sophomore Scott Syroka felt the same and organized efforts to involve their school in a volunteer project

Student council, commonly known as "StuCo" voted and approved the idea. "As high school students, we knew it was more feasible to help Haiti, because when 9/11 happened, we were young and didn't understand it," senior Libby Elmitt said. "At this level there is so much more understanding and motivation to help."

The council sorted out what they wanted to do and ideas were brainstormed ranging from collection jars to "I Helped Haiti" pins. The ideas were narrowed down to a basketball intramural, collection jars, and a t-shirt drive. "Each time someone helps with any project, they should feel good about helping...even if it is a small piece," advisor, Christine Beguhn said. "This 'good' feeling can motivate many people to help again and again and their volunteer experience tend to grow."

While the motivation and desire were there, a new question was brought to attention. In a country where the average temperature was 90 degrees, was a clothing drive relevant? "Scott is like superman," Lashier said. "He figured that the clothing drive wasn't going to work, so we thought making mats was going to be better. "It's so hot down there, it's not like they need to stay warm. Syroka found a Facebook page called "T-shirts for Haiti." With over 400 members and several schools in participation, the page help organize the donation, cutting, and packaging the shirts.

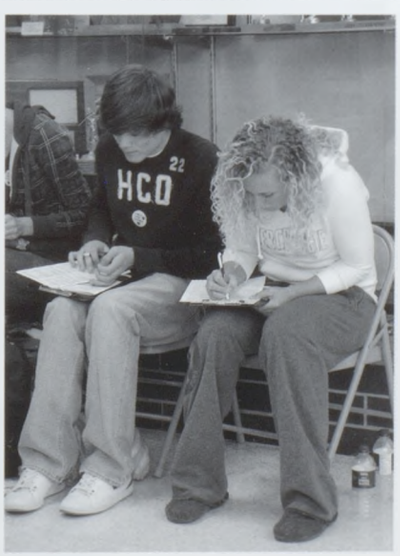
StuCo joined together with NHS in the project. After collecting and counting the shirts, NHS members stayed after school to cut the shirts. To make one mat, 70 t-shirts were needed and after collecting 2,525 shirts, roughly 36 mats were made. "Everyone has old shirts they don't wear, so it really made it easy for anyone to get involved," senior Cassie Curtis said.

Each of the events appealed to different types of student from the simple coin war to the more active intramural. " I think dedication begins to form when we are young," Solberg said. "You are taught to be motivated by something by having a deep dedication to it."

•spread by monika sehic•







Senior Madison Thompson and Karter Kunze fill out information sheets for the Blood Drive."Ahh! I love giving blood," Thomspon said. "[But] I felt really sick after and I passed out."

photo by meredith batz



Writing the results of the first round of games, student council advisor, Chris Beguhn, coordinates Hoops for Haiti. "I think with the current economy issues, more of our community members recognize that they have a lot to be thankful for, " Beguhn said.

photo by monika sehic



Being interviewed by Channel Five news, senior Preet Dhugga shares her opinion on English teacher, Sarah Wessling. A Facebook group was created by senior StuCo member Caleb Wagner to rally support for the teacher opposing a school board member.

photo by monika sehic

As they get ready for Best Buddies' prom, senior Trinity Zeiger has eyeshadow applied by junior Victoria Horstman at the Childserve Home in Johnston. "We had a blast dolling each other up," Horstman said. "It's funny that Trinity had enough trust in me to let me do her make up."
photo by paige plaskitt



In health class, sophomores Brian Cherrier and Ben Parsons tie bandanas over their eyes to stimulate a handicap. Then, they had to find their backpacks and make their way through the desks and out of the classroom. Members of Best Buddies came into the health classes on March 9 to talk about National Disability Month.
photo by paige plaskitt



At a gathering in which they played dodgeball. sophomores Austin Empey, Heather Kacmarynski and Cathleen Dutcher review pictures on Kacymarynski's camera.
photo by paige plaskitt



Selling candy to junior Teddy Strand, junior Matt Daisy teases Strand about giving him the chocolate bar. "(Selling candy) was a really fun and easy way to raise money for Best Buddies," Daisy said.

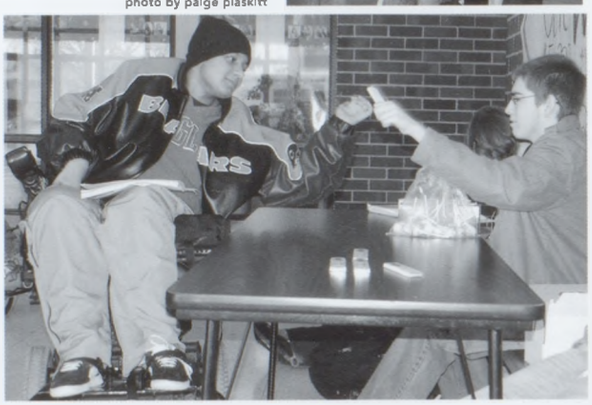


photo by paige plaskitt

the Way I see it...



"Best Buddies is a good way to make new friends that are kind of outside most people's comfort zone."
-Brandon Miller '11



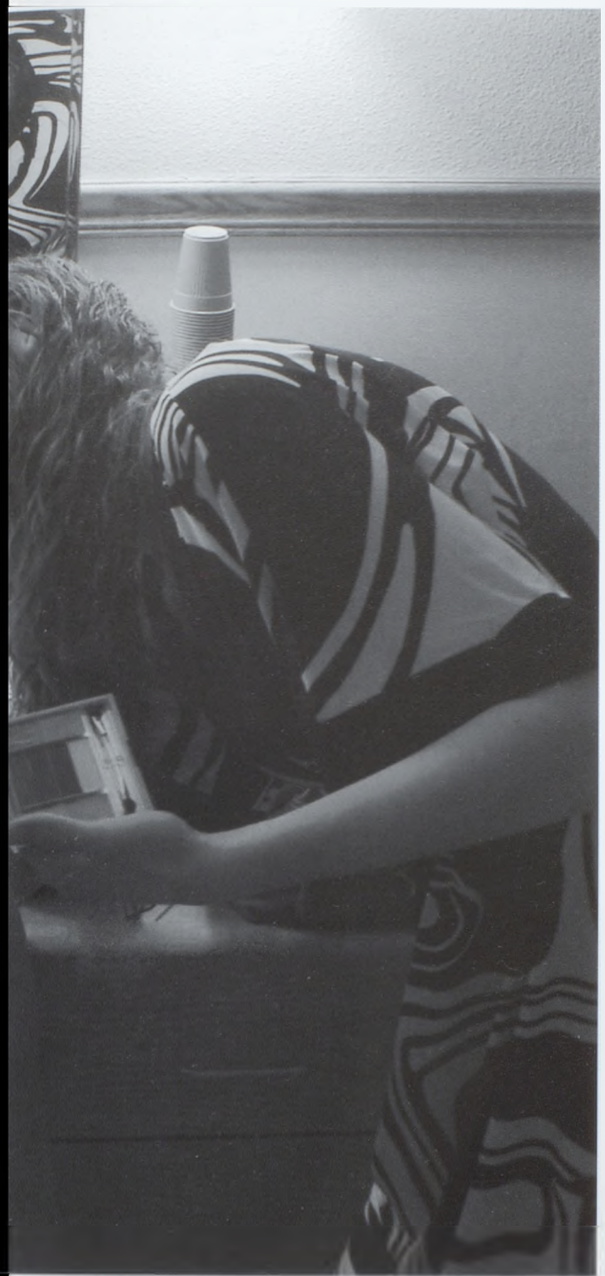
I really liked that I got to be with my best buddy Jill (at the prom) and I had fun dancing with her because it's something that I really like to do."
-Sierra Larson '12

Sophomore Brenden Redshaw makes a Valentine's Day card for buddy Austin Feinberg at the Best Buddies meeting Feb. 3 in the small gym. All of the buddies made Valentines for each other at the hangout.
photo by paige plaskitt



Senior Jill Von Fumetti and her father eat lunch at Cici's Pizza during a Best Buddies hangout Jan. 31. Buddies and their partners met up at Cici's to have lunch and discuss candy sales to support the organization.
photo by paige plaskitt





A Year of Firsts

Students all over the Des Moines area come together to celebrate their buddies' prom

Walking into Urbandale High School's cafeteria area, juniors Caitlyn Trillet and Katherine Lewis escorted their buddy senior Tim Gerzema. Following them were senior Emma Gesiriech and her buddy senior Trinity Zeiger. The cafeteria was decorated with Best Buddies streamers and posters. Donations of food and drinks were spread out all over the cafeteria. The theme of the night was "Hollywood." It allowed everyone to dress up for the first annual Best Buddies prom. The prom was held March 6 at 6 p.m. "The prom was held so the kids in Best Buddies know what it's like to go to their own prom." Gesiriech said.

Best Buddies was a friendship club that gave students an opportunity to form bonds. Students were able to expand friendships with students who were left out because of their disabilities. In Iowa there were 20 high schools and 12 colleges that had chapters.

At the Best Buddies prom, each chapter had its own king and queen determined by which students spent the most time together. One chapter represented each school. Trillet and Lewis were nominated prom queen, along with Gerzema being prom king for the Johnston chapter.

Juniors Morgan Meyer and Matt Daisy along with his buddy senior Ben Jones were featured on the front cover of the Best Buddies newsletter at the dance. "We were featured because we participated and helped at the prom." The Best Buddies newsletter featured stories on different activities in the Des Moines area and upcoming events in Iowa.

Some participants in Best Buddies had limited mobility and were in wheelchairs. At prom, junior Elissa Lowe danced with her buddy Teddy Strand. Strand was one of four buddies in the program who is in a wheelchair. "We had to improvise, but we dance like everyone else," Lowe said.

The first annual Best Buddies prom allowed students and their buddies to dress up. "My favorite thing was the fact it was so successful," Trillet said. "People were dancing and having a good time. A lot of people went."

•spread by emily welch and paige plaskitt•







Senior Emma Gesiriech dances with Ben Jones at the prom. "I feel really surprised and happy, it's a great achievement check," Gesiriech said on earning the title of President of the Year for the Iowa Best Buddies chapter.

photo by emily welch



Stuffing five full-sized marshmallows in his mouth, sophomore Andrew Stiles attempts to stimulate a speech impediment in health class March 9. Best Buddies' president, vice president and other members went into all of the health classes that day to talk to the students about National Disability Month.

photo by paige plaskitt



Juniors Caitlyn Trillet and Katherine Lewis dance with senior Tim Gerzema at the Best Buddies prom March 6. "The dance was a great way to spend some time with Tim and everyone really enjoyed it," Lewis said.

photo by emily welch

Ahmed Shaharyar

One of A Kind

The most common religions at Johnston include Christianity and Catholicism. So what if you were one of only a few people who were Islamic? "I feel accepted (at school)," junior Ahmed Shaharyar said. "Most people know my religion." Being Islamic means that you have a really strong faith. "We pray five times a day," Shaharyar said. "And we have a month of fasting." Praying five times a day seems like a lot of work, and when would you have the time to? "(We pray) once in the morning, once in the afternoon, then again at three, one at five, and one at eight," Shaharyar said.

[story and photographs by elin tegels]











Grab life by the teeth

Stay still! The faster we get this done, the less it will hurt. One, two, yank! For most kids, getting their teeth pulled out is a dreadful yet exciting experience. It's part of the process for people to acquire their stronger and permanent 32 teeth. But due to an unnamed genetic condition, some people get only about half of their permanent teeth and during teething or the emergence of the first teeth through the gums. This means that they never have to pull any teeth out but at the same time, they have an insufficient amount of teeth. One of these people is senior Laura Cross.

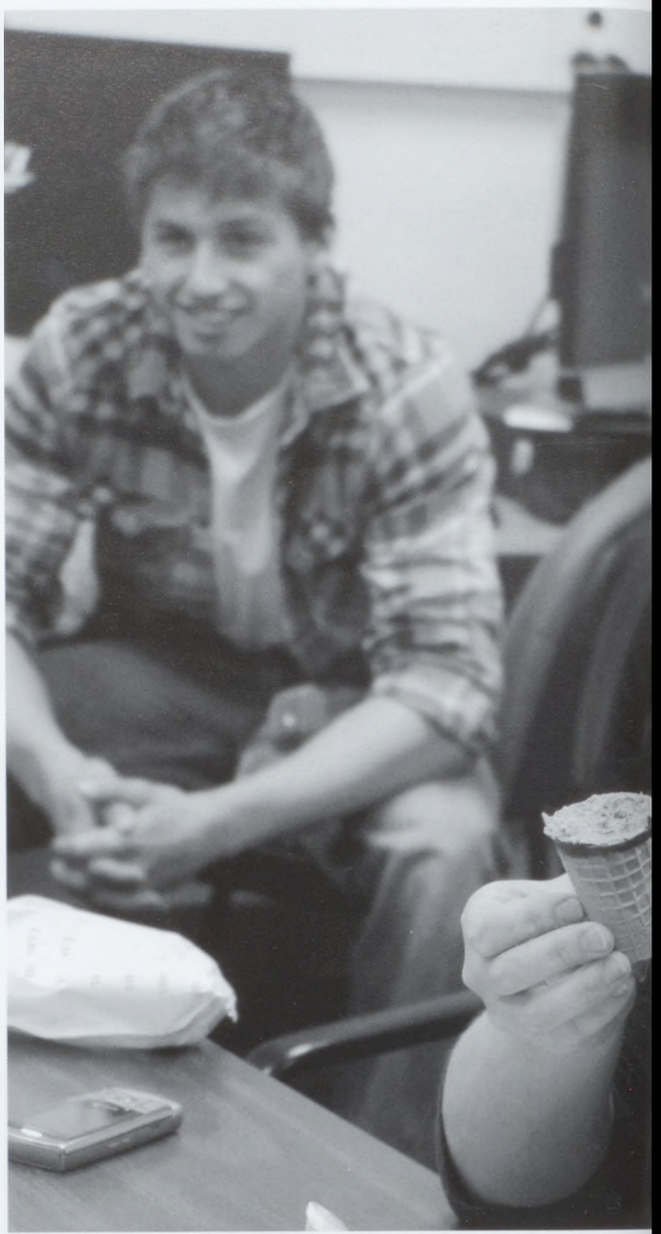
Cross found out about her condition around the age of six and she has had some different experiences than most others. "In fourth grade, everyone started calling me Goat because I chewed like one," Cross said. "I either chewed like that, or with my two front teeth because I didn't have enough."

She chose the latter for years to come until the summer before sophomore year. "A week after my birthday, I got fake teeth screwed into my gums," Cross said. "It was an addition to my freakish body." Double jointed ankles and weird-bending knees add to her "freakiness" along with the presumably impossible, licking of her elbow.

Although Cross is different in this sense, she believes it didn't really affect her much. "Aside from chewing weird and not smiling in pictures, it felt pretty normal," Cross said. She grew up just like any other child and now participates in choir, band, show choir and she excels in piano. Cross exclaims, "Life is good."

[story and photographs by faisal alabsi]

While treating herself to an ice cream cone during the last meeting, junior Claire Nagel laughs at a comment reflecting on the year. "I enjoyed being a part of GSA this year, because it was a tight-knit group that had a lot a lot fun being together, but also put a lot of thought into what it means to be tolerant." Nagel said.
photo by kaitlyn ellerman



Junior Kathryn Propstein and sophomore Phoebe Cooper eat ice cream at the last meeting for GSA of the year. "GSA has really changed my perspective on tolerance in the world and it has definitely made me a more tolerant person towards people on all levels" Cooper said.
photo by sydney dimarco



Selling two cupcakes to sophomore Aly Vukelich, sophomore Megan Martin supports GSA. "We sold delectable and delightful brownies to support the GSA foundation." Martin said.
photo by kaitlyn ellerman



Junior Kathryn Propstein and junior Claire Nagel discuss the upcoming bake sale and the theme of tolerance within the community and the school. "(GSA) is an organization working towards equal treatment of all people," Propstein said.



photo by sydney dimarco

the Way I see it...





"It's something I believe and I wanted to be a part of, because I know people who are in this situation and I feel the more support towards acceptance and equality the better.
-Hannah Soyer '13

(Bias's are) pretty significant because I know that many LGBT (lesbian gay bisexual or transgender) teens face oppression because of their sexuality, and aren't given the same treatment as "normal" people.
-Kathryn Propstein '11"

Senior Kylie Kinsey and sophomore Phoebe Cooper converse about understanding and tolerance in the school and community, in the meeting on Monday, April 19. "I think it's important for everyone to feel safe in school," Kinsey said, "regardless of race, religion, gender, or sexual orientation. GSA helps make that possible."
photo by sydney dimarco



Sophomore Megan Martin and senior Kylie Kinsey look at an application for the bake sale. "There was a lot of paper work," Kinsey said, "but it was just a formality."
photo by sydney dimarco





Popping Biases

Playing anti-prejudice game gives GSA members more than a few laughs.

Filling her last balloon with air, senior Kylie Kinsey and the other five members of the Gay Straight Alliance (GSA) get ready for their new game. Kinsey, the president, decided to give the group a more entertaining way to overcome common discriminations. The objective was that each group member got to write specific prejudices that bothered them. When the balloon popped, it symbolized the prejudice disappearing and tolerance taking its place. "Everyone did their own balloons," Kinsey said, "so it made it more personal for everyone."

The game had a lasting effect on sophomore Phoebe Cooper. "It was a different way to talk about tolerance instead of just another discussion," Cooper said " We really got to express ourselves in a different way."

Only six students played the Pop the Prejudice game, a noticeable size difference from the 23 members the previous year. Junior Claire Nagel did not think that the small size hindered the organization. "(The club) is small but mighty," Nagel said.

One of the sponsors, teacher Ed Walker, felt what the club lacked in numbers it made up for in determination. "The group this year is very energized, very concerned and very supportive," Walker said.

As the clubs meetings dwindled down to the last few, the club members reflected on everything they had done — a successful clothing drive for local shelters, a bake sale that raised money for club funding and helping to increase tolerance throughout the student body.

Other members reflect on what the game did for the group and how close the group is. Junior Kathryn Propstein said, "It was a good exercise to illustrate why we believe prejudices should be eliminated. I'd definitely like to do it again."

• spread by sydney dimarco and kaitlyn ellerman •







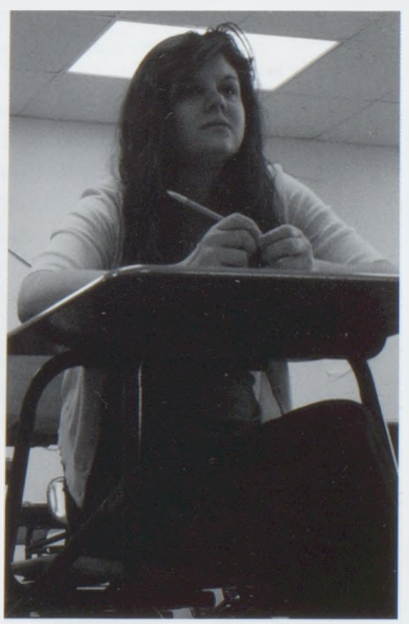
Tammy Andrews buys two chocolate chip cookies and two muffins for 25 cents each. She shared her baked goods with students who stopped by her room after school. Andrews said, "I love to eat sweet treats after school. I like to support greater understanding and acceptance among students."

photo by kaitlyn ellerman



Cutting ice cream cake at the last GSA meeting of the year, senior Kylie Kinsey gives a farewell to members. "GSA has a good environment for people to go to after school and talk about problems or just have fun! We watch movies, played Pop the Prejudice and Jeopardy, and we would have discussions," Cooper said.

photo by sydney dimarco



Listening to senior Kylie Kinsey discuss acceptance in the community, junior Claire Nagel participates in the exchange of views. "Being in an environment with others who wish to raise awareness for the struggles faced by those who are considered different impacts me the most in GSA," Propstein said.

photo by sydney dimarco



Standing on top of the cardboard replica of the Des Moines Capitol building, senior Ryan Francis, celebrates after completing the building for Reggie's Sleepout. Reggie's Sleepout was held in the Drake Stadium on October 24th.
photo by kyle soyer

Building for Benefit

Seniors aid Homeless Youth through creativity, perserverance

los toros blancos

Ryan Francois
Alex Anderson
Luke Ausenhus
Luke bubeck
Shane Christenson
Ben Cigan
Justin Coaldrake
Ben Fincher
Matt Gonner
Alex Grieve
Justin Handel
Ben Jacobson
Brad Kruse
Jake Perington
Matt Rose
Alex Schultz
Malte Schwafferts
Thomas Thatcher
Andrew Verhasselt
Ben Warrick
J.B. Williams

Have fun. Build the best box. Raise the most money. With that motto in mind, students went on a mission to help raise money for Iowa Homeless Youth. The project was not a requirement of any class, instead a desire replaced obligation.

Reggie's Sleepout was an annual fundraising event that took place every October to raise money. The team was compiled of 22 juniors and seniors who had participated in the event in previous years, but not on such a grand scale. "We figured this was going to be our last year participating in the event since we are all seniors and it would be tough to do while we are in college," senior Jake Perington said.

At the actual Sleepout at the Drake Stadium, volunteers slept in sleeping bags, cardboard boxes, or built their own structures. For their last year together, the Los Toros Blancos, decided to go out in a big way and reconstruct the Iowa State Capitol. The 40 feet by 15 feet structure included five domes, sliding doors, skylights, and bunk beds for the team to sleep in. It was just over 400 square feet. Cost for the structure was minimal. "We didn't spend too much because we got a lot of materials from sponsors and all the cardboard was free, " Perington said. Time spent, however, was equivalent to its worth in money.

The building process, which included prefabricating the walls, took place two months before the actual event. At the event, the assembly took four hours in wet weather. "[It was] absolutely miserable. It was raining and cold," senior Ben Warrick said., "both of which were not good for a cardboard fort." Enduring led to success.

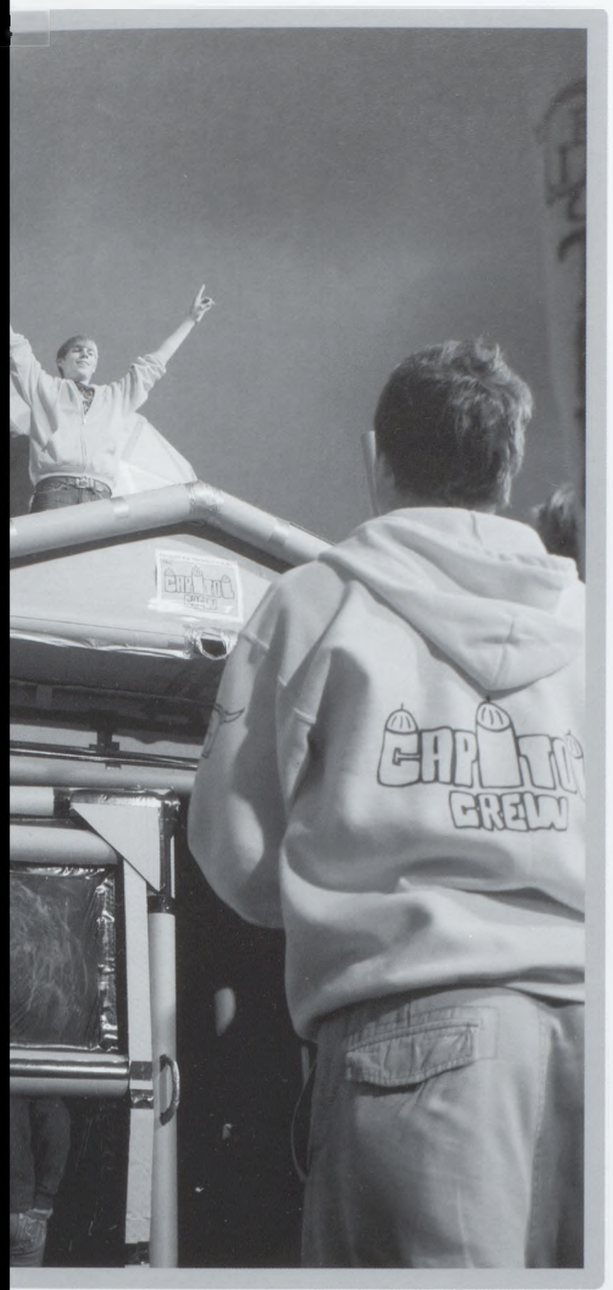
Los Toros Blancos raised over $13,018, coming in second just under the first place fundraiser, Team Hero, with $13,543. Reggie's Sleepout made over $166,000 with all total donations. "It may not seem like it when you hear about the event but once you do it, it's really a great feeling," Perington said.

spread|monika sehic



Reaching for the delivery card, junior Sam Shelton helps junior Ashlee Hulbert arrange a flower bouqet. The two volunteer at Lutheran Hospital with Mary Feng and sophomore Bhageerth Menneni.
photo by monika sehic

In volunteering, I know and reaching



Looking through t-shirts together, sophomore Kenzie Noble and Victroia Rorrnte, try to find a color that Rorrnte likes the best. The t-shirts were sold for Reggie's Sleepout and were designed by Dwight Lykins. "I took the original Reggie Sleepout design that the organization provided and tweaked it a little bit, " Lykins said.
photo by monika sehic

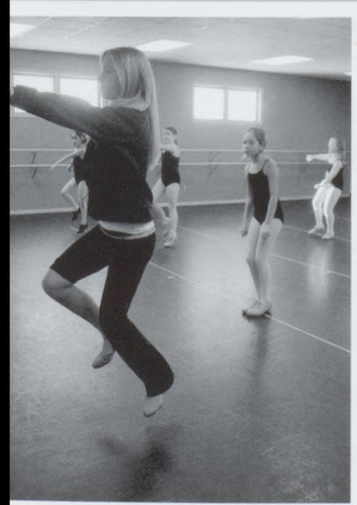




Teaching inner-city students how to tie a clove-hitch knot, senior Brandon Harken, volunteers at Children and Family Urban Ministries (CFUM). Harken began volunteering for an SLP project, but continued volunteering even after the project was done.
photo by kyle soyer

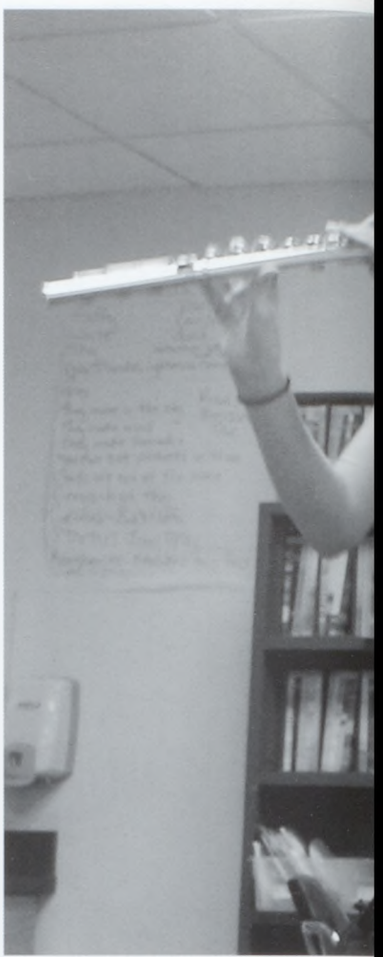


Sealing meal bags, junior Erica White, participates in Meals for the Heartland. Over 4,019,904 meals were packaged in 2009.
photo by katie lashier



Sophomore Chelsea Elming, reviews steps with her Level 3 Tap class with girls ranging in ages from seven to nine. " I love teaching the class because the girls are so cute and adorable, " Elming said.
photo by monika sehic

I'm making a difference people beyond my community.
-Kiera Morrill, '10



Sophomore Brandy Pohlman holds up sheet music for Elaine Kramme as she plays her flute for a group of second grade students at Wallace Elementary School. Kramme demonstrated how responsibility goes into all aspects of her life. The Integrated Language Arts class gave their first speeches of the year on the Character Counts Pillars. A few students got to miss their regular English class period to walk over to Wallace Elementary to preform their speeches.

...In with the new

Changes to sophomore English course raises mixed emotions

By brianna mormann and paige plaskitt

If you took a look into a sophomore English class in previous years, you would see students in literature circles, reading nonfiction books, writing papers and giving book talks. Then, peep into a speech class, and you would see, well—speeches. Speeches being prepared, given, and analyzed. But this year, neither class exists. They morphed into Integrated Language Arts, or ILA.

The English teachers decided to integrate reading, writing, speaking, viewing and listening into ILA.

The course was not invented over night. "Those discussions took place over a period of years," English teacher Mark Schillerstrom said. "We have to change the way we think about teaching the course and that takes time. It wasn't a 'wake up one morning' decision."

ILA teacher Tamara Andrews enjoys the new class because she finds it to be more effective. "Language instruction should be integrated," she said. "You shouldn't teach skills in isolation because they are naturally integrated."

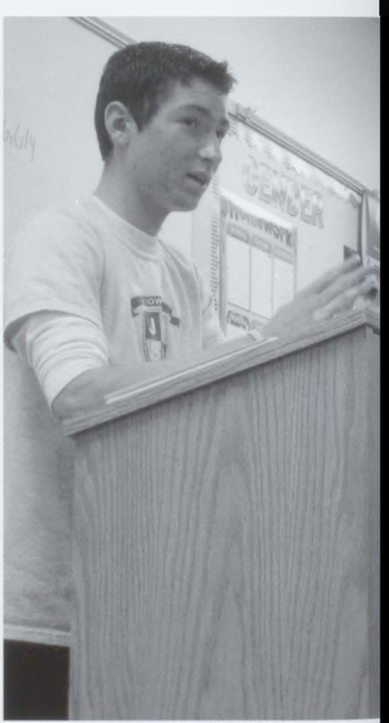
The topic raises mixed feelings among students. Senior Sherri Chyi said, "I think it's a good idea on some level, but I think it's better for the speech part to be separate since some teachers are better qualified to teach it than others, but having English year long is good."

Junior Brandon Miller felt the courses being individual was best. "I liked it separate," Miller said. "It worked better for me to just focus on one thing a semester."

Sophomore Austin Empey isn't the biggest fan of giving speeches, so he likes it that ILA was put into action this year, starting with his class. "I think I prefer it this way because I don't like speech, and it's easier for people that don't speak well in front of others."

While some students prefer the course to be taught individually, sophomore Taylor O'Bryan enjoyed the course as is. "I think I like it this way better," O'Bryan said. "You can give speeches on what you've been working on for the other part of the class."

Not all students think the best of the change, but they'll get used to it with time. The English department has worked very hard on putting this plan into action, and it has been sucessful so far.



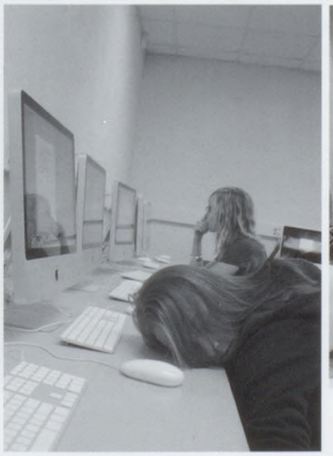


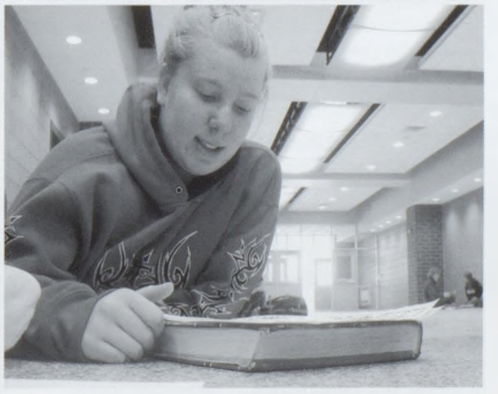














ONE While being recorded, sophomore Chase Wallace confidently presents his speech on responsibility, a Character Counts pillar. The ILA class was videotaped giving speeches on what they had learned about pillars of character as they got older. Students then had to watch themselves give the speeches and revise it for a grade.

TWO Listening to their opponents debate, seniors Kari Ross and Chelsea Van Vark write down the information for their debate project. Ross and Van Vark took notes on how they could attack an argument.

THREE Junior Connor Wagner and sophomore Alyssa Becker act out the final scene in their literature circle book "Speak". In the fifth and final scene Becker's character, Melinda, resolved her problems by talking to Mr. Freedman, an art teacher played by Wagner.

FOUR After researching for her Advanced Speech debate topic senior Molly Schunicht catches up on some lost sleep. Schunicht chose her topic on why the U.S. should interfere in all foreign policy issues when physically able. Some other topics debated on were current controversial topics such as: creation vs evolution, year long school, capital punishment, and DNA. Schunicht argued against junior Monika Sehic and came out with a victory.

FIVE Forming into six literature circle groups sophomore Ashely Lee discusses with her group about their book "The Curious Case of the Dog in the Nighttime." The groups got to choose from six different books including; Speak, Whirligig, and The Life of Pi. After finishing their books groups wrote scripts for the main events and preformed the entire books journey for the class.

"'The Bean Trees' was not as bad as I thought it'd be. The presenting was a bit nerve racking."
-Chase Fiedler '12



Making breakfast for dinner, mother Rhonda Berry, step-father Steve, sophomore Blake Heikes and step-brother Drake bond while making pancakes. "It's not always easy to make a family dinner every night, with Blake's basketball practice taking up part of the evening," Rhonda said. But with the end of the season near, she's looking forward to the arising opportunity.
photo by paige plaskitt

Lights Camera Action

A sophomore's journey in front of the camera

Click, click, clack, clack, and with the press of a finger tip, a train track of events were about to to fall upon the Berrys.

Browsing through the Oprah site, Rhonda Berry, sophomore Blake Heikes' mom, found a link that caught her attention. The link led her to "Peter Walsh's Strip Down Family Challenge." Walsh, Oprah's organization expert, de-cluttered families lives.

"It was one of those things that I was actually wanting to submit something for a friend of mine, saw the link on Peter Walsh, clicked on it, wrote a two-minute e-mail, clicked 'send', and never thought of it again!" Berry said.

About ten hours later the Berrys were contacted on Oct. 30 about going on the Oprah show. "The first thing out of my mouth after a long pause was, 'are you kidding me?'" Berry said. "'Nobody was supposed to call!'"

On Nov. 5 the Berrys headed to Chicago on a plane. "I got to meet Ellen (DeGenres) and Oprah at the same time," Heikes said. "It was crazy! I was pacing a lot back stage."

Being on the Oprah show was nerveracking for Heikes. After hours of waiting it was finally showtime. "I went on stage thinking everyone was there behind me," Heikes said. "But turns out no one was on stage with me, because they were getting my brother. So I just sat alone on stage facing all of the audience. It was very awkward."

When the interview was done the Berrys flew back home on Nov. 6 and faced a week of filming. "I woke up in the morning with a camera in my face," Heikes said.

There was also a sign in the Berrys' yard with rules, set by Walsh. These rules included making family meals, eating together, no electronics, healthy food and chores. The rules had to be strictly followed and to the Berry's family, that was a challenge.

"We ate fast food, because we just got out of the airport, but then we got in trouble with the producers because we broke the rules," Heikes said.

The Berrys did try to find ways around the rules. "My parents love drinking Monsters," Heikes said. "So we stopped at Casey's on the way home to get some Monsters, because we knew we wouldn't be able to get to have them at home."

Heikes claimed that the camera men dramatized their family's relationship and staged some of the filming. "They made our family relationship look a lot worse than it actually was," Heikes said. "They staged a lot of the things."

The crew had Heikes text nonstop, even though that wasn't actually the case. They had Heikes text first thing in the morning and showed that he already had 50 texts.

"When I saw that I thought, 'I wonder why!" Heikes said. "You told me to!'"

Thinking back Heikes couldn't believe what had taken place. "I think back on it now and I think, 'wow, did that really happen?'" Heikes said. "'Was that just a dream?' But then when I saw it on TV, it kind of just sealed the deal."

spread by jihaui huang and paige plaskitt



Sophomore Julian Holder and junior Jamerris Holder participate in the Teen Advisory Board meeting at the Johnston Public Library. At the meetings, students from surrounding schools come to give input on the library's activities and what materials that should be ordered. At the last meeting, it was decided that the library would provide video games.
photo by paige plaskitt

"There's a lot of nuts in
but that's how



Learning a chord from her cousin, junior Lauren McNeal spends a weekend in Illinois. McNeal had never played guitar before but managed to learn an E chord.
photo by jordin robinson





Senior Scott Monroe trails his brother, freshman Wes Monroe, and his brother's friend, freshman Kris Queck, as they head for the high school. Scott drove them to school each morning for Journalism. On Friday, Feb. 5, the Monroes were in an accident coming out of Walgreen's Pharmacy after school. Although the glass shattered over the front left turning signal, and there was a small hole in the structure, "I don't know if I'm even gonna fix it. It's not that bad," Scott said.
photo by paige plaskitt



Sixth grader Megan Crotts and junior Kerrigan Crotts play cards at home. "It doesn't make sense how much you can love a little sister and want to strangle her at the same time," Crotts said.
photo by monika sehic



Senior Madison Thompson and seventh grade sister Payton Thompson pray before dinner with their famliy. Family dinner is a tradition for Thompson family. "Family dinners give us all time to talk to each other and relax for a little while in the middle of our busy schedules," Thompson said. "It's a great time, especially when no one will eat their vegetables.
photo by ellie minor

this family tree everyone likes it.
-Alex Greig, '10

Matt Jaschen

Farming Values

When the cows need to be milked, they need to be milked. Just ask science teacher Matt Jaschen. He grew up on his family's 250-acre dairy farm near Tripoli, IA. "I'd get up about 5:30 and then milk cows," he said. "It takes about three hours at a time."

Growing up on a dairy farm, Jaschen had to work. "You learn what hard work is," he said. "It not only teaches appreciation for hard work but also for land. You learn that you can have fun but need to work to have fun." Jaschen tries to teach this to his students." There's not much homework but what is done in class needs to be done to the best."

Jaschen learned work ethic by doing such chores as, "lifting 100 pound hay bales and then stacking them five to six high," he said. The job could be dangerous such as the time he and his brother, Jonathan, were loading hay onto a hay rack attached to an elevator to take it up to the hay mow (two-story storage place). The two put too much hay on the elevator and it snapped throwing the hay backward. "We went flying with the hay and we ended up under the hay," he said. "But no one was hurt, luckily."

Living on a farm and being outdoors all the time sparked his fascination in science. "When you're outdoors you are always working with science," he said. "From the land, animals, and weather it's all science." This led him to Iowa State University with intentions of becoming a large animal veterinarian. He ended up getting a masters in science education. "I decided I didn't want to work on sick cows all day," Jaschen said. "And working with kids you have a chance to impact more people."









story by helen lagerblade and photographs provided by jaschen

Ben Vander Ploeg

Faith is Family

For senior Ben Vander Ploeg, a crowd is never a new thing for him. He has six brothers and sisters and plenty of stories from over the years. The family ranges from the eldest, Laura Beth, 23, to the youngest, Olivia, 11. His family is as large as the they are a part in his life.

With such an ample family, there are many conflicting schedules, but Ben claims it is pretty organized. "I'm not big on worrying so nothing really ever stresses me out but sometimes things get confusing," Vander Ploeg said. "Especially because not everyone can drive but for the most part things tend to work out." Ben enjoys telling stories about things that seemed like a tragedy at the time but are now funny, with his family.

One of Ben's favorite stories involves his older brother, Jacob, 19, and him. "When we were a lot younger Jacob and I were told to clean our room and we didn't want to, so we shoved everything out the window...from toy cars to our mattresses," Vander Ploeg said. "We were on the second story in the front of the house so everything landed in the front yard for the neighbors to see." Ben is certain they were punished, but he did not remember the gritty details of the humorous story.

Ben's faith has played a huge part in his life. "My relationship with God has always been a huge part of my life and how I view things," Vander Ploeg said. "My parents have used their wisdom and experience to help me understand or give me ideas of how to approach different situations I've come across."

story by jordin robinson, dominant photo by helen lagerblade, photos provided by vander ploeg










Peeling potatoes, junior Jordan Colvin prepares them for the cream and cheese potato soup students made in Culinary 1. "The soup turned out great and mine turned out the best, making it is only part of the fun," Colvin said.
photo by faisal alabsi

Culinary hits the campus

Students head to DMACC to get a jump start on college credits

By kaitlyn ellerman and andi holdsworth

Sitting in the Des Moines Area Community College culinary lab, senior Sarah Hurm wonders what they will be cooking today. Every day it is something different. From chicken to cream puffs all the way to duck. Today it is made-from-scratch rolls. With only two hours each morning to create food dishes, the preparation can get hectic. Chaos can produce surprising results, however. "The rolls were my favorite because they were so good, I don't even know why," Hurm said. "They were just normal rolls."

DMACC offered high school students chances to take courses for college credit. In Hurm's case she was trying to get a head start on the classes she needed to become a chef. Taking DMACC's culinary courses for high school students had its advantages. "When students graduate from high school and they look into what they plan to do, sometimes they are put on a long waiting list," Ruth Hamilton, culinary teacher, said. "But, with this program, it puts them at the top of the list."

While Hurm was self-motivated into signing up for DMACC classes, Hamilton had other ways to grab potential students' attention. On the first day of school Hamilton wrote about the courses at DMACC on a white board in the front of the class that usually has the week's events. "At the beginning of the year we told all the students about the classes offered," Hamilton said "and then I put out some pictures of a culinary class I took, to show the kids what it's like," Hamilton said.

Hamilton thought taking college classes while still in high school was not something to worry about. "The classes offered here are all about preparation for places like DMACC," Hamilton said. "We actually get lists of things to teach from DMACC."

Hurm agreed. "Yeah, there is a difference, but there wasn't anything that high school didn't prepare you for," she said.



















ONE In Culinary 3, junior Meghan Cambpell chops her bananas to make punch for the holiday party. "It took a long time, but the punch turned out good in the end," Cambpell said. photo by emily welch

TWO Placing homemade chocolate cookies on the cooking tray, sophomore Jordan DeFelice prepares to bake them in Culinary 1. "Cooking isn't really a guy thing, but I really enjoyed this class," he said. photo by paige plaskitt

THREE Junior Meghan Randolph simmers taco meat in Culinary 3. "Everyone made different things for our conferences, but our taco soup smelled the best!" Randolph said. The soup was used to feed dinner to the teachers during their breaks during conferences. photo by jordin robinson

FOUR Junior Alexa Probst sews roses together Clothing Seminar. "This project took me all quarter so I was proud of myself when it was finally done," She said. "The best part was when I tried it on and it didn't need any adjustments, it was perfect." photo by morgan jungman.

FIVE Enjoying her handmade caramels, sophomore, Renata Kovacevic eats multiple treats during her Culinary 1 class. "They were very good and I wanted to go home and make more!" Kovacevic said.
photo by faisal alabsi

Interior Design: "I really like this class because we analyze things we see every day in ways we don't think about."
-Sarah Warren, '10



Tearing apart the H2O wristbands , sophomores Megan Vaughn and Jenna Heil and junior Chris Dockum particpate in their youth group project. Students handed out the wristbands at their church and school.
photo by breanna mormann

Drinking *in* Charity

Rise up; this matter is in your hands. We will support you, so take courage and do it. Ezra 10

Over one billion people worldwide lack clean water. The St. Mary of Nazareth Catholic Church youth group decided to do something about it. For two weeks, the group donated the money that they otherwise would have spent pop and just drank water. Called the H2O project, the money went to countries that lacked the precious resource. "It's a pretty easy way to raise money for a worthy cause, and it's not about helping one person, but a whole village," junior Mitch Sparks said.

Youth Minister John Hanna purchased blue wrist bands to remind students to drink water instead of luxury drinks. Senior Marissa Broich ordered 200 wristbands to try to encourage others to get involved. The project mostly started in their youth group but they made a decision to expand it to the church and school.

The money not spent on buying their drinks everyday is saved in a jar. With this money, the church purchases water wells for countries that don't have the convenience of drinking or bathing in clean water. Last year they saved up to $680 and they hope to exceed that amount. "If we raise enough money we buy the well and it will have our church name on it and if we don't raise enough money to buy a well, we still partially bought the well," Sparks said.

The church community loves spreading their activities out to others for many causes that help others who are less fortunate. "It's easy to get involved, you wear a wristband and people ask me about it and seem interested," senior Catherine Caracci said.

For students they agree that raising money this way is fast and basic way to help a cause. "We're not giving them water, were telling them how to get water," John Hanna, St. Mary's youth group leader, said.

spread | kailey kerr & erica white



At Johnston Evangelical Free Church, sophomores Terra Boston, Elli Grapp and Katie Swanson of Ankeny, are deciphering biblical stories. They were at a session on training for a missions trip that will take place in June at Indian Reservation in South Dakota.
photo by Kailey Kerr

Were not giving them hou



Senior Ben VanderPloeg plays the guitar while Meridith Erickson, senior at Urbandale, sings. Together they had been practicing for youth group, that took place on Wednesdays at Westchester Evangelical Free Church.
photo by helen lagerblade

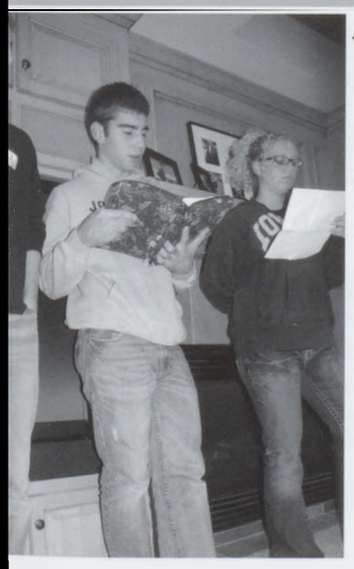




Sophomore Amila Sadikovic sits at her kitchen table with her mother, Mediha. They had dinner after going to the mosque. It was traditional for one family to host a feast for close relatives during a major Muslim holiday like Bajram.
photo by monika sehic



Indulging themselves in a game of Super Smash Brothers, juniors Andrew Vander Zwaag and Miles Marek, hang out at Overtime. An average of 55 students attended the event that took place at Johnston Evangelical Free Church after home football games.
photo by katie lashier



Fellowship of Christian Athlete leaders, Cody Walkup, Nick Evans, and Madison Thompson, seniors, stand together making announcements and reading Bible verses to a group of students. These gatherings took place at different students' houses. This particular gathering took place at sophomore Eric Bass' house.
photo by katie lashier

them water, we're telling to get water.

-John Hanna, group leader



War veteran speaker Dave Grant holds his uniform jacket that he wore in Vietnam. Grant spent one year in Vietnam and was a corporal. Along with three other guest speakers, each vet told personal experiences while in the war.
photo by meredith batz

War Tales Retold

Vietnam veterans visit to share stories with students.

By meredith batz and jiahui huang

Filling in her notes, junior Gaby Brass listens to the stories of Vietnam veterans. Brass and other U.S. History students got the chance to hear the personal stories of war vets along with learning about Vietnam in class. "I hope the students understand a little more about Vietnam, because it wasn't depicted as a video game," Vietnam veteran and presenter Richard Griffin said. Griffin was asked to come and talk about his experience by his son Tom Griffin, history teacher.

Griffin and three others shared their personal experiences and how the war affected them. While sharing his ordeal, veteran Dave Grant revealed, "I probably won't sleep for weeks because I've brought up all of this. I never talk about this." Students looked around and murmuring could be heard. They started to realize the harsh realities these soldiers went through.

Grant told other stories that had impact like only being able to shower three times in one year. "I want the students to appreciate what they got," Grant said.

Travis Holden, another veteran, explained real people died in Vietnam. "Vietnam is not all what it's depicted like in movies," he said.

The overall goal was accomplished. "I think the veterans coming was good because instead of relying on what your teachers tell you, you got to hear first-hand from someone who was actually there," junior Emily Mentzer said.

Stories had impacted students like junior Rachel Beierschmitt said, "When I listened to the veterans I really felt for them. We got a better picture of what actually went on in Vietnam, like all the hardships that had to go through." Others found the experiences helpful and interesting. "Listening to their stories I understood what it was like to be a soldier in the war, more like the after things they went through," junior Anid Nezirevic said.

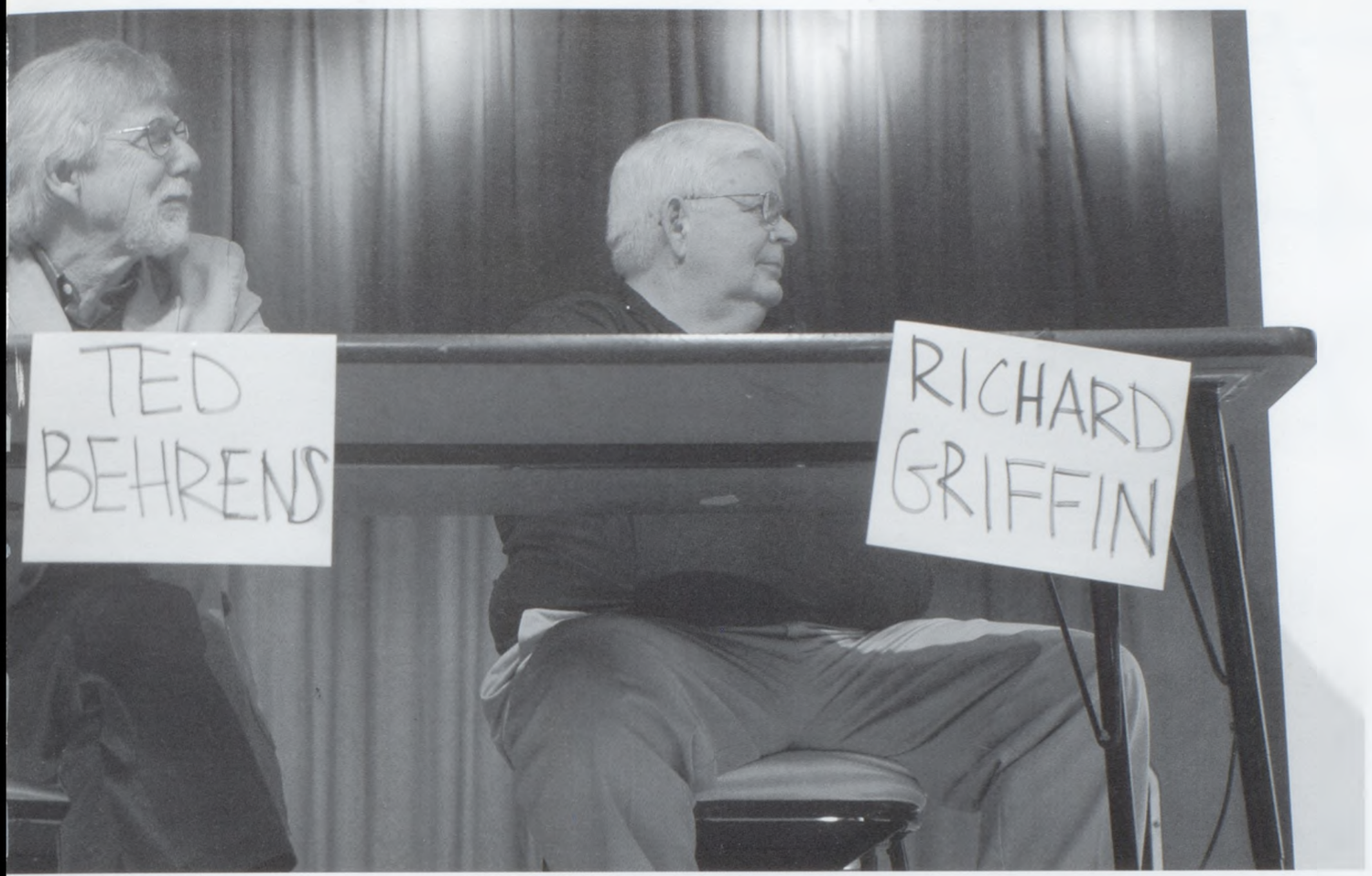
You learn life lessons through the hardships in life. "I've learned to be stronger, becoming stronger by facing your fears and problems," Vietnam veteran, presenter Ted Behrens said.

In the long run, the students got a better understanding of what the war was like first hand and got the chance to hear some more personal stories, going beyond the text books.

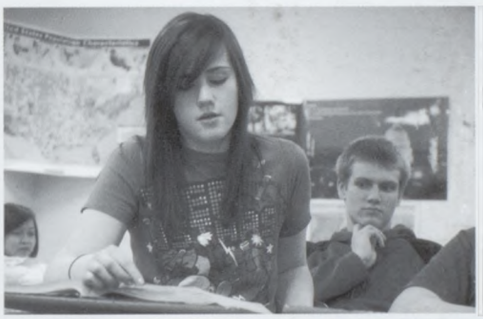
"Vietnam isn't like a video game, when you die you don't get to start over with a new life," Griffin said. "What happened over there was real.



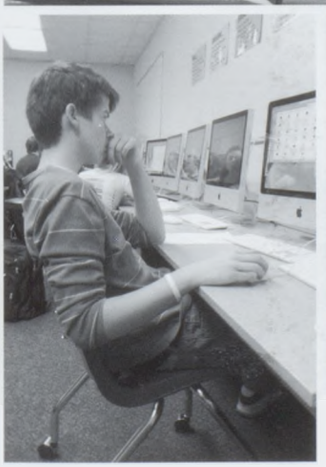
















ONE Aiming for the target junior Matt Joslin stands above the crowd to shoot junior Katie Cashman as junior Trang Ngo observes. Griffin's US History class reenacted the John F. Kennedy assassination. Joslin acted as Lee Harvey Oswald, the assassinator and Cashman was acting as John F. Kennedy right before Kennedy was shot in the back with a 6.5 Caliber bullet.
photo by meredith batz

TWO Junior Elizabeth Lowe flips through her US History book in search of an answer to a question concerning the John F. Kennedy assassination as junior Brendan Elliot listens on. The class just finished reenacting the assassination for the second time on March 8.
photo by jiahui huang

THREE Intensively writing in her notebook, sophomore Megan Seibert jots down information in World Studies taught by Jason Jauron. "We take a lot of notes in his class, but they are very helpful because most of the notes we take appear on the tests. But we don't just take notes, Mr. Jauron incorporates our learning like World War I into games such as survivor, so we actually have fun in his class," Seibert said.
photo by kofi manteaw

FOUR Sophmore Bryce Plew works on his World Studies project for the first day in the lab. His class used World War I era film footage, propaganda posters and music to create an iMovie. Plew decided on doing his project on poison gas because it seemed easier and more interesting than the other choices.
photo by jiahui huang

FIVE Junior Katie Lashier, Matt Darland, and Cameron Pearson gaze up at the bright screen in US History class. On March 8 they watched an episode from "Eyes on the Prize," which covered the murder of Emett Till and The Montogomery Buss Boycott. "The video really showed everyone's emotions to what was happening back then," Darland said.
photo by jiahui huang

"World Studies is a pretty fun class. Mr.(Jesse) Dowell varies his teachings from debates and open class disscussion with good presentations that we can really relate to." **- Manda Clark '12**

Individual



Getting the best out of a fall afternoon, juniors Spencer Vasey and Emily Mentzer enjoy a leaf fight after raking leaves. Vasey and Mentzer spent three days a week helping elderly residents maintain their lawns.
photo by meredith batz



"Society exists only as a mental concept; in the real world there are only individuals."

-Oscar Wilde

"To be an individual you just have to do your own thing and can't rely on other people to tell you how to act or what is cool."

-Junior Rebecca Campbell

"To me it's just about always having my own personal reasons for why I'm going to do something."

-Senior Troy Wayne Gordan

"It's not following others and not expecting them to follow you, I'm an individual because I don't feel the need to follow social rules, or partake in ritual activities."

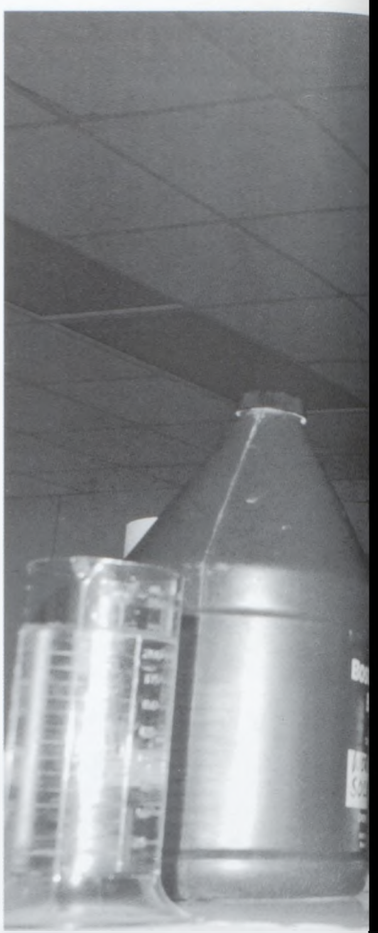
-Junior Haris Kastaz-ovic

"Being an individual is all about loving who you are, knowing what you stand for, and celebrating the things that make you different. I do love who I am and most of the time I know what I stand for, and I always celebrate the things that make me different from everyone else!"

-Senior Claire Ottley

"It's having the courage to stand up for your ideals and beliefs, because they help define who you are. I'm an individual because I stand for what I believe."

-Junior Rosemarie Freymark



Junior Nia Wilder uses the chemical D-76 to help develop the film for her Photo Art project before going into the dark room. The project was for a unit teacher Dan Weiss has developed, and was chosen by each student.
photo by jessie sandmann

students create subjects

Artists make art with self-made units

By kristine hauser and jessie sandmann

Ignoring the cramping in her legs and brushing her light brown hair out of her face, sophomore Anna Hathaway tries to catch the emotion in her carefully constructed splashes of water through her camera. Standing up from her crouch, she tries a new angle to see if the water is clearer or has better lighting. Because Hathaway's new collection of pictures for Photo Art I will be all about emotion, she has to perfectly capture the patterns she's made in the water, which mimic and represent her abstract feelings.

Choosing a subject when she could use whatever medium she wanted was difficult for Hathaway, but she was eventually inspired by her fascination with the casual beauty and expressiveness of water. "I used the water to express how I feel," Hathaway said. "I presented the three main emotions I feel on a day-to-day basis: anger, happiness and tranquility."

Usually in photo art classes, the object of a photo is something the student finds, sees in nature or arranges out of existing items. They use those things to represent a point, or just spontaneity. But teacher Daniel Weiss created a new project where the students choose their own unit and subject, creating a piece of art to photograph or using art to change photographs.

Sophomore Haley Theil went in the opposite order of other photo art projects, using art to capture the emotion in a picture she'd already taken. She did this by painting a more impressionist interpretation of the photo on a piece of glass she'd placed over it. This gave her more freedom in her project, manipulating the photograph how she wanted to.

Other students made more three-dimensional art, like building a tower out of random objects and then photographing it, or using globs of wet paint to capture the light. They used paper, paint, glass, odds-and-ends, and their cameras.

"I really liked the project," Hathaway said. "It turned out beautifully and was just what I was looking for. I feel like I learned about myself and how I communicate."



















ONE Getting her hands dirty, sophomore Brandi Wilkins wedges her clay. Art teacher Dan Weiss taught wedging as a way to prepare the clay for sculpting or the pottery wheel. Students wedged by building their clay into a large mountain, and then driving the bottom of their palms into it to get rid of lumps. *photo by kristine hauser*

TWO In order to get a better angle for his drawing, junior Mason Elis climbs up and sits down on a table in the art room. His project for class was a horror Vacuii architectual drawing that took up the entire piece of paper. *photo by jessie sandmann*

THREE With a smile on her face, sophomore Kristen Riley molds a coil for her traditional coil pot. After pressing the the stacked coils together until they were flat, the pot went into the kiln, a large oven-like machine, to dry out. *photo by kofi manteaw*

FOUR For his first period Photo Art sudents, art teacher Dan Weiss pours the chemical D-76 into a cylinder. Instead of using the usual digital camera, Weiss's students used classic film and developed it in the dark room in the art studio. *photo by emily welch*

FIVE Sophomore Savanna Polen and junior Tawny Walker-King work with shadows in Drawing I. Polen used charcoal to show the shades of light and shadow on Walker-King's face; then the girls switched positions. *photo by jessie sandmann*

"It really opened my mind about how to analyze photos in more ways than just looking at it."

-Kasey McDowell '11

SOLITARY AT THE NET

Lack of a partner makes singles lonely

In a singles match, senior Megan Ackerman could feel a tension building up in her. She would get nervous and it would take her a while to unwind and relax. "Everything is on my shoulders, " Ackerman said. Ackerman can relate to what hundreds of other single players feel: loneliness on the court.

Tennis is the only sport in the world where there aren't regular time-outs or a constant communication with the coach. " [As a single's player,] you don't have anyone else to rely on," Ackerman said. In double's, a player has one other person that she can communicate with and help cover the court. Though the court size changes depending on the size of the team, the game changes as well because the type of a bond a pair can make.

Playing doubles impacted how junior Paige Collison and her partner, freshman Peyton Kintz interact. Though they have only been playing together for the season, their bond was strong. "Since we're close, our chemistry and communication on the court is really good," Collison said. There were some partnerships, however, that had been developing for years.

Fellow teammate junior Lindsey Curiel and senior Alicia Deal had played together since Curiel was a freshman. "We play similarly," Curiel said. "It helps us not get confused on who's going to hit what." Though Ackerman saw singles as a chance to not worry about disappointing her teammates, Curiel saw it as another way. "You don't have anyone else to help you out," she said. "It does seem a lot harder."

Though the numbers of players varied, the girls focused on the same things, ranging from aiming and controlling the ball to working on their volleys. Each girl also had individual things she wanted to work on. "When I play better teams in singles I have to really think about my form and I had to work on it," Ackerman said.

That focus paid off. Collison and Kintz placed eighth out of 48 at the state tournament. "There were a lot of tough teams, [but] we played well and it showed," Collison said.

Though the game might be lonely, the game itself is what Ackerman loved. "I like the one player up at the net and the other player back," she said. "But I defiantly like singles better."

spread by: monika sehic and jordin robinson

" [It's] a game where you have to **to focus on [yourself]. [It's] a very** individual and mental **game."**
-Haley Beaver '11



Junior Lindsey Curiel stretches for a lob hit by her Ankeny opponent. Curiel and her partner senior Alicia Deal won the match .

photo by monika sehic



Handing her opponent extra balls, junior Paige Collison prepares to switch the score cards. Collison and her freshman doubles partner, Peyton Kintz, placed eighth at state. "I thought it was a great accomplishment for us to place because we both have never experienced anything close to it."

photo by erica white



Extending to hit her toss, freshman Peyton Kintz serves. Kintz started her high school career at the #1 singles and doubles positions, a rare feat in tennis.

photo by kyle soyer

Reaching up on her tip toes, freshman Peyton Kintz carries out her serve on the ball. Kintz placed in eighth place overall in the state, in singles.
photo by kyle soyer



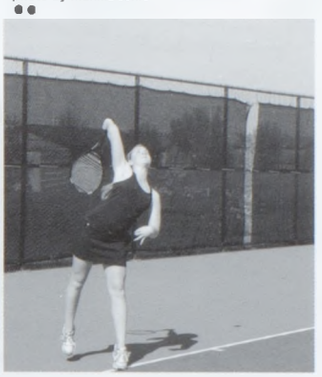
Moving forward to snap the ball in return, sophomore Katie Holcomb competes at the Urbandale meet. Holcomb participated in the junior varsity team the whole year.
photo by erica white



Diving to retrieve the ball, sophomore Martha Carroll smacks the ball to her opponent from Urbandale. Carroll competed on the varsity team all season.
photo by kyle soyer



Sophomore Jenna Heil prepares to smack her serve over the net. Heil competed against Ankeny and was ranked number four on varsity.
photo by monika sehic



win	johnston invite
11-0	mason city
3-8	ames
11-0	east
5-6	ottumwa
5-6	ankeny
6-5	dowling catholic
5-6	urbandale
7-4	s.e. polk
8-3	indianola
win	marshalltown invite
	district individual regional doubles- runner-ups' Peyton Kintz and Paige Collison
8th	state doubles Peyton Kintz and Paige Collison



photo by erica white

Senior Megan Ackerman prepares to smack her forehand against Urbandale. Ackerman, along with senior Morgan Foldes, were the only two seniors in the top six. They usually played #5 and #6.

TIME AROUSES BONDING

Hours together causes teammates of different schools to become brothers

Beep, beep, beep, snooze...beep, beep, beep, snooze...crap! Practice starts in 15 minutes! Vigilantly dressing and putting his books in his backpack, sophomore Evan Culbert tries to get to his 5:30 a.m. practice on time. Barely arriving at Summit Middle School without delay, he gets ready for the one-and-a-half hour practice to come. After that comes the team breakfast, school, and then, yet again, practice. "The team spends so much time together, it is ridiculous," Culbert said. "But I guess that's why we're so tight."

On an average day, the team spends around four hours together in practice and breakfast. But most of that time is spent in the water and there is not time for the 80-person team to talk. "If you want to talk, you have to do it outside of practice," coach Shari Walling said. And because the team consists of swimmers from Johnston, Urbandale, Waukee, and other small schools they need to find time outside of school to get to know each other."I know they play a lot of video games together," Walling said, "mostly that box stuff."

Throughout the three-month season, there were five snow days, but that did not stop the swim team. "We're usually already at practice when school gets cancelled or delayed," Walling said. "Might as well keep swimming."

In the end, the team had one practice cancelled due to weather out of the four snow days. "Me and some of the guys played Mario Kart, ping pong, and watched the 'Office,'" junior Dirk Opland said. But many agreed the best time the team had together was on the day of districts. "That is when we had the most epic game of basketball ever. It was just a bunch of swimmers playing five on five full court basketball."

Even outside of the season, the team got together just to hang out. "There are way too many times to count where we just got together," Waukee senior Byron Smith said. "We even had a few bonfires in the summer." This season was also the last season Waukee was part of the Johnston swim team, as they were making their own team next year.

Walling recognized and respected the bond the guys had and it helped them succeed. "Since all of them know how hard it is to do what we do, they respect each other and they push each other," Walling said. The team had a total of nine swimmers compete at state to finish in 11th place as a team. "No matter what, we're still a big, happy family."

spread by faisal alabsi

"Swimming tends to be **more individualistic as you try** to beat your personal **records"**
-Dirk Opland '11



Freshman Jared Ingerbrand gets ready to swim his leg of the 200m medley relay after Waukee sophomore Garrette Roe. The medley relay consisted of swimming 50 meters of each stroke: butterfly, backstroke, breaststroke, and freestyle.

photo by faisal alabsi



Junior Connor McCool swims the butterfly at a dual meet against Dowling Catholic at Summit Middle School. "I like the 100 yard butterfly because it is more individualistic and there is more distance to prove yourself," McCool said. "Plus, girls go for the flyers."

photo by faisal alabsi



Stretching out his arms, junior Erik Anderson gets ready to swim the 200 yard free, his favorite event. "Stretching is one of the things swimmers can do to focus and block out distractions," Anderson said.

photo by faisal alabsi

Urbandale senior Matt Rippentrop swims the 100 yard backstroke at Summit Middle School. Rippentrop participated in the 200 yard medley relay which received All American consideration.
photo by helen lagerblade



Urbandale freshman Tyler Cracraft reaches for the end of his backstroke leg of the JV 400 yard medley relay. Cracraft was voted the most improved freshman on the varsity team.
photo by faisal alabsi



Taking a breath, Urbandale senior Jordan Means takes part in the 400 yard medley relay, swimming the breast stroke leg. Means holds the record of 1:02.05 in the 100 Breastroke.
photo by helen lagerblade



1st	118-52	lincoln
2nd	150.5	ames invitational
2nd	108-62	east
1st	72-97	ames
1st	248	mercer invitaional
1st	332	johnston invitaional
1st	119-51	ft. dodge
2nd	116-54	indianola
1st	72-98	dowling
1st	108-62	s.e. polk
1st	91-79	ankeny
1st	336.5	conference
1st	279	districts
5th	41.5	state

brian ross
200 yard medley relay, 7th
50 yard freestyle, 11th
100 yard freestyle, 20th
200 yard free relay, 9th

brad waldorf
200 yard medley relay, 7th
100 yard freestyle, 13th
100 yard backstroke, 8th
200 yard free relay, 9th

matt rippentrop
200 yard medley relay, 7th
50 yard freestyle, 19th
100 yard butterfly, 5th
400 yard free relay, 22nd

jordan means
200 yard medley relay, 7th
100 yard breaststroke, 10th

adam reick
400 yard free relay, 22nd

mj phillips
400 yard free relay, 22nd
200 yard free relay, 9th

ryan kitchen
400 yard free relay, 22nd

jordan reinard
100 yard breaststroke, 22nd

greg monson
200 yard free relay, 9th



Jumping off the diving block, senior Greg Monson swims the 100 yard free at a dual meet against S.E. Polk. "As a senior, it's exciting to be done with swimming," said Monson. "But I will definitely miss it."

photo by helen lagerblade

FEW AT DISTRICTS PLACE HIGH

Despite five golfers qualifying for districts, they place fourth in the top meet

Competition can be good, but it can get to be too much when it's between players on the same team. "Well, we have some really good golfers on our team and there was a lot of internal competitiveness with guys always trying to beat each other out instead of the other teams and about who was the best," junior Eric Welter said.

Golf is an individual sport, but ultimately it is up to the whole team to beat out the other teams. When four members had trouble cooperating as a team, they found even their golf games started to suffer.

"We would always compare ourselves to how the other players were doing and we'd argue about what seemed like everything," junior Alex Wendell said. "It was just constantly tense which made playing not as fun."

However, once they realized that they needed each other to get through the season and make state, they sat down and discussed what could be done to ensure there would be no more of the internal team competitiveness. "We just saw that at the end of the day we have to play for each other and not against each other," Wendell said.

They decided that that their main point of the season other than making state and being the best that they could be, was to be the closest-knit group of boys that they could. Throughout the seasons, especially after big meets where they did well such as placing third in the Ankeny Invitational, they would go for pizza as a way to reconnect and of course have a little fun. "During when we got pizza it was always funny because that's when we had a lot of our funny moments and inside jokes that we would joke about for the whole season," junior Collin Bisenous said.

When they were able to relax around each other was when some of their best jokes or inside moments came out. They developed nicknames for each other around the times that they felt tension building so instead of taking it out on each other they could crack a joke and make each other laugh instead.

"Nick was called Olaus because Nickolaus minus Nick gets that," junior Kyle Skinner said. "Collin Bisenus was wither Bizness or Cbiz. Alex Wendell used to call himself the White Tiger, but we call him Allllix. Eric Welter was either E-welt or Chewie because he always made a sound like Chewbacca when he got mad"

They placed fourth at districts being 63-27, 18 hole over 312, finishing top 10 in the state.

spread by: faisal alabsi

> "I didn't mind going for **the team, but I just like playing** with them and getting to play **the sport.**"
> -Kyle Fiala '11



Holding his final position, junior Alex Wendell looks into the sun to spot his ball after starting the hole at Blank Golf Course in Des Moines. Wendell has been on the varsity team since his freshman year and made the state all-conference team this year.

provided by steve smith



Watching his shot as it hits the green, junior Kyle Fiala starts another hole at the Shady Oaks Golf Course in Indianola. "I missed a couple days of school at away meets," Fiala said. "I didn't mind going for the team. I like playing with them and getting to play the sport."

provided by steve smith



Junior Kyle Skinner lines up his putt during practice. The team met daily during the summer and after school to hone their skills by playing through the holes at Jester and helping each other improve.

provided by steve smith

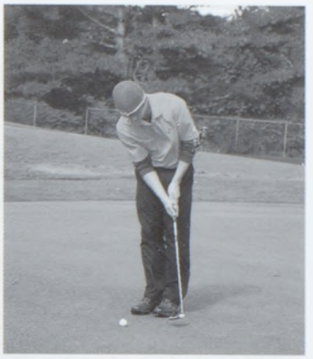
During the junior varsity team's practice, freshman Cory Ericson prepares to drive the ball down the course at Jester. The JV team had the same meets as the varsity golfers, playing a half hour behind them on the same course.
provided by steve smith



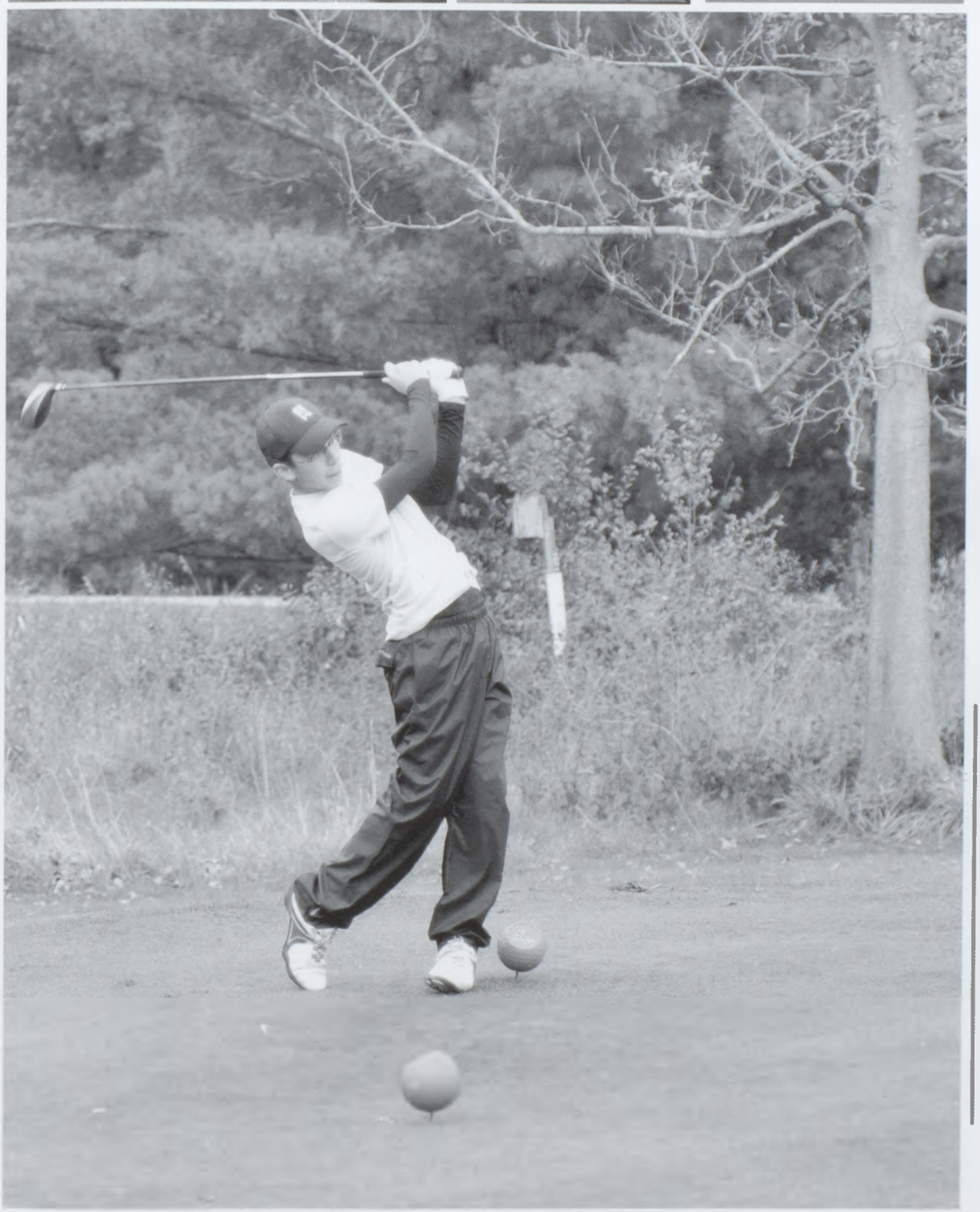
Watching another golfer get into place, junior Mitch Sparks waits for his turn in the September meet against Dowling Catholic. Johnston won the meet, which was held at the team's home course, Jester Park.
photo by kristine hauser



Junior Eric Welter takes a practice swing before he makes his putt at Districts in October. The final meet was attended by several schools, all playing Blank Golf Course in violent winds for the chance to attend state.
photo by kristine hauser



324	@ dowling
300	@ urbandale
154	s.e. polk
4 of 15	ciml
154	ankeny
4 of 11	@ ankeny inv
3 of 15	@ lincoln inv
7 of 14	@ valley inv
3 of 10	johnston inv
4 of 11	ames inv
154	indianola
3 of 6	ciml
4 of 13	districts @ des moines



Junior Collin Bisenius watches his ball fly down the fareway after his starting stroke at the team's annual end of the season competition. Every year coaches Steve Smith and Brad Jacobson divide up the team and play a last meet against each other.

photo by helen lagerblade

Taylor Tube

Taylor, did you look at that video I sent you?" sophomore, Janie Norris asked.

"No, I was doing my homework," sophomore, Taylor Kavaya said.

"Taylor, you would," Norris said. Kavaya's normal schedule consists of going to school, cheering, and doing her homework.

"She never not does her homework." Norris said. Kavaya always tries her best when in class. "She is shy and quiet and doesn't really speak out often unless it is school related," sophomore Abby Dusen said. But, many do not know Kavaya outside of class, except for the YouTube world.

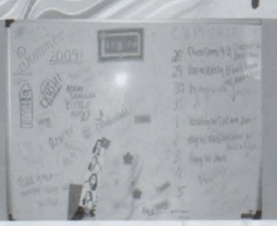
It all started in the summer of 2008. Kavaya and a sophomore friend from Dowling Catholic, Madison McGee, were watching multiple videos on an extremely popular video site called YouTube. The videos are similar to the ones that they shoot now. "We got inspiration to do that because we thought it was really fun to watch and it would be cool if we would do those type of videos too," Kavaya said.

During her full action videos she mainly dances or talks mainly. In her videos she will dance to a song, but it's not choreographed. "The videos just really mean who I am as a person. Outgoing, funny, creative and not really afraid to be myself and a little different," Kavaya said. Then after she dances and records, she edits the videos and finally it's ready. "It's free, it's fun and inspirational, so I will continue to do them throughout high school," Kavaya said.

Taylor Kavaya

story and photographs by morrigan jungman





Kristen Waite and Eric Bergstrom

Rivalry Love

Feb. 10, 2010 will mark the two years that juniors Kristen Waite and Eric Bergstrom have been together. Little do some people know that there is one huge boulder standing in the way of their otherwise wonderful relationship: the Iowa and Iowa State rivalry. "The first time I entered Kristen's house and saw Hawkeye stuff everywhere, it almost made me sick to my stomach." Both of their houses are equipped with their team's logos, making it obviously clear what team they're for. Waite's house is full from mugs to posters to autographed basketballs and footballs while Bergstrom's is complete with a basketball court branded with Iowa State in his basement.

To take the rivalry to the next level, Waite's dad, Steve Waite used to be an all-star baskeball player for Iowa and Bergstrom's dad, Craig Bergstrom, was the mascot for Iowa State. Although the rivalry remains, Waite says, "It all ends up being kind of fun though. We're constantly making bets on games and giving each other crap when they lose."



story and photographs by kara anderson

FOUR move FORWARD

Fierce teammates accomplish a first-time feat

On any level, sports programs always try to do their best. As they grow, year by year, these programs' goals, hopefully, exceed the year's before. But every once in a while, barriers are broken, barriers that take these programs from a start-up to a powerhouse. In 1994, the boys' tennis program was started under coach Leslie Shipp. After 16 years under that same person, the program achieved a feat that can only meant good things to come. For the first time, two different doubles went to the state tournament. Although senior Ben Warrick, junior Collin Schares, sophomore R.J. McGrew, and freshman A.J. Naanep made it to the tournament, it was not an easy road.

At the beginning of the season, everyone knew what the goal was: to get these four players to state. "Since the beginning, I knew all of us (Warrick, Schares, McGrew, and Naanep) had a shot to get there," Warrick said. "We just had to work to get there." But Warrick had his own personal goal in mind. "My goal was to reach the second day of state. It's never been done before in Johnston."

When districts came around, Warrick and Schares were feeling the pressure. As doubles partners, the two made it to the semi-final game with semi-ease. They received a bye first round and the second round was taken care of with no problems. But the next game was nothing but easy. If the two could pull off the win, they would make it to state. "I got really nervous towards the end of the first set and I got really tight," Warrick said.

In a tie-breaker in the first set, Schares had some nice hits down the line that boosted the duo's confidence. After a few other ones, their match was theirs. "They were really lucky they won. They were really stiff and they weren't even high-fiving each other," Shipp said. All that mattered in their minds was they made it to state, but they still had another match, a match against McGrew and Naanep, their own teammates.

The team was ecstatic when they realized what they had done. They had exceeded their goals and expectations, as well as those of their teammates. The four state qualifiers had to just finish the final game at districts. "We were just playing tennis and we didn't have to worry about qualifying anymore," Warrick said. Both duos lost their first two matches at state.

spread by: faisal alabsi, erica white

"Although tennis is considered **an individual sport, I've never thought** of it that way. The team is really **tight-knit."**
-Ryan Francois '10



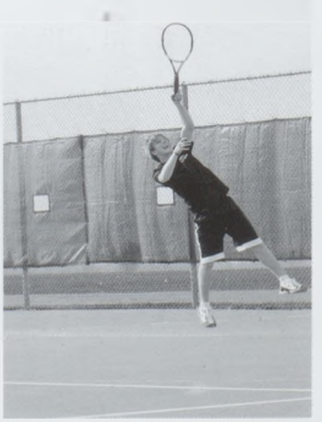
Using his topspin forehand, senior Ben Warrick plays Dowling Catholic's Elliot Baker, who placed second at state last year. "Most fun match of the season; I played with a legit player. I ended up taking him to four deuces," Warrick said.

photo by erica white



Smacking his forehand, sophomore Duncan Sinclair plays in a JV doubles match against Dowling Catholic. He and his partner, senior Ryan Francois, won 8-4.

photo by erica white



With thoughts of getting to the net, junior Blaine Schlawin serves in a double match against East. "I decided to take up tennis to try a new sport," Schlawin said.

photo by erica white

Serving to his East opponent, senior Fred Shen spins the shot in. Playing the #3 singles position, he won 6-2, 6-1.
photo by erica white



Sophomore R.J. McGrew fires an approach shot to his Dowling Catholic opponent. He won the match against Marc Wampler 6-1, 6-3. In the latter part of the season, he went 5-0 in singles.
photo by erica white



Warming up for his match, junior Ahmed Shaharyar practices his overheads. Players were supposed to only have ten minute warm-ups but some took much longer if coaches didn't pay attention.
photo by erica white



Attempting to keep Ankeny's Matt Peterson from going to the net, senior Matt Knoedel tries to guide his forehand low over the net. Knoedel lost 1-6, 1-6.
photo by erica white



0-11	ames
3rd	johnston invitational
11-0	east
8-3	ottumwa
4th	ankeny invitational
4-7	ankeny
8-3	dowling catholic
3rd	marshalltown invitational
4-7	urbandale
11-0	southeast polk
11-0	indianola
1st	districts
	ankeny, substate
	state qualifiers
	doubles
	Ben Warrick and Collin Schares
	R.J. McGrew and A.J. Naanepi



Junior Collin Schares focuses on his two handed backhand. Unlike most players, he also wielded a two-handed forehand. Schares practiced year-round at Aspen Athletic Club.

photo by erica white

CONSISTENCY among the STRUGGLE

Stability in player creates success in the end

Early in the season Winget had her doubts about making it to state as a team. "We were close last year, and our top three this year were juniors last year so we had no idea of what the lower part of the team could do," senior Brennan Winget said.

Beating Ankeny on April 20 boosted the confidence within their team. "I thought 'Wow, we might be pretty good, we haven't beat them in a few years and that to us is a pretty big deal," Winget said.

Winget and seniors Meridith Freese, and Emily Kane were the top three players on the team. "I have called them my 'Three Musketeers' since they were freshmen," coach Vickie Borich said.

Winget's stability in her scores on the course made her stand out in comparison with her struggling team. "My season was really consistent, that's why Borich put me at the top," Winget said.

The team was placed in a very competitive region, "the top two teams advance to state with the top five individuals advancing," Borich said. "The top two teams (at our regional) finished one and two in the state."

The team placed fourth in their region, missing the mark to advance to state. However, Winget placed fourth, allowing her to move on as an individual. "We have the toughest district," Winget said, "At state, two of the top three teams were in our district." Ames, Waukee and Dowling were the top three teams, all finishing within a 14-point range of each other. Ames and Dowling were both in their region.

With the doubts about state, Winget went into the meet without much playing time on the course. "I expected the competition," Winget said. "I went and watched (graduate Kate Dickey) play and I knew that they were all shooting what I shot."

Borich was happy with Winget's mental toughness on the course. "It allowed her to be able to play her own game without regards to others that she was paired with," Borich said. "She was able to handle the pressure of playing against other #1 golfers from other schools without losing focus with her game."

spread by: helen lagerblade and brianna mormann

"Being an individual, is **doing things your own way,** *and being different."*

-Cory Upton '12



Totaling up the score from the the Urbandale meet, junior Kristen Howe compares and discusses her score with her Urbandale opponent. Howe had been a member of the varsity team for two years with her best score being 45 this season.

photo by helen lagerblade



Watching her ball roll towards the hole at the Hyperion Golf Course, junior Kristen Waite plays against Urbandale. Waite placed 16th at the conference meet that took place at Jester Park.

photo by helen lagerblade



Sophomore Cory Upton practices her stroke before swinging at her ball. Upton played on the junior varsity team all season.

photo by helen lagerblade

Junior Brittany Borup putts at hole one at Jester Park Golf Course at the meet against S. E. Polk. Borup helped the varsity team score 190 at this meet.
photo by helen lagerblade



Putting on the green, senior Emily Kane tries to sink the ball in the hole. Kane used the technique for her putting of "low and slow."
photo by helen lagerblade



Junior Danielle Christenson squats to read the green. Coach Vickie Borich had the team practice a putting routine before each putt for the most accurate shot.
photo by helen lagerblade



Starting off the Urbandale meet on a high note, junior Jordin Robinson tees off at hole one at Hyperion Field Club. "It was hot and there was too many hills, but it has a pretty view and didn't stop me from doing my best," Robinson said.
photo by helen lagerblade



3rd	urbandale invite
8th	wdm valley invite
164-180	ankeny
4th	ames invite
184-174	dowling catholic
3rd	johnston invite
190-208	southeast polk
4th	newton invite
3rd	southeast polk invite
203-222	urbandale
179-183	indianola
4th	conference
	brennan winget-8th meridith freese-11th emily kane-12th kristen waite-16th
	regionals
	brennan winget-4th
6th	state
	brennan winget



photo by helen lagerblade

Whacking the ball in the middle of the fareway at hole six at Hyperion Field Club, senior Brennan Winget takes her second shot toward the green. Winget was the only member of the varsity team to qualify for the state meet.

Thomas Winkleman

First Car Obsession

Getting your first car is one of those milestones we all remember, whether it is a piece of crap or brand spanking new. It definitely was for junior Thomas Winkleman. For almost a whole year after getting his license Winkleman looked on Craig's List and eBay. Then he found it. A real beauty, a 1989 Camaro RS with a 2.8 V6 engine with rear wheel drive. It beat out the Subaru SUV his father wanted him to get and the two other cars that made the final list: a Toyota Camry, and a 1996 Ford F150.

For $1,800, instead of the original $2,200 asked, Winkleman got his car in working condition, he didn't even have to pay extra for the two sets of tires, two sets of rims, a paint warranty on the front bumper, or the new radio that came with.

Winkleman wanted to take care of it and keep it in that dream-car state. Unlike many teenagers, he did. "During the summer I probably washed it once a week," Winkleman said. He even waxes it everytime and cleans out the inside, though not as often as he washes it. Winkleman is known for obsessing over his car by many and even admits it to himself. He loves his car, because it is unique and his parents trusted him enough to have it. "I will keep it for the rest of my life."

story and photographs by jessie sandmann



Alicia Rollison

Five Years Later...

Walking down the hall Jerry Stratton comes up to you and hands you a piece of paper. What is it? It was an assignment from five years ago. Alicia Rollison, history teacher, wrote a letter to herself for an assignment in government class her senior year. "It was a little like deja vu, but more so that I had come full circle. It is a weird feeling to graduate from high school and then be standing in that high school as a teacher just four and a half years later," Rollison said. She had to write where she thought she's be in the next five years. Turns out, she was spot on.

In the letter Rollison thought she was going to go to Iowa State University and play soccer for them. She also said she would be a history teacher. "I became a teacher because of that moment when you are responsible for 'turning the light bulb on.' The moment when you are explaining something to someone and you can tell by their expression that they get it!" She knew that she was going to be a teacher, but she wanted something more than just teaching. "I was pretty set on wanting to be a teacher, and if I was going to be a teacher, I wanted to coach a sport. I wanted to coach soccer." Rollison said. She was right on target.

Her love for soccer got her to manage the sport. Rollison said, "I had helped/coached at clinics and camps since I was 19, and then took licensing to coach soccer when I was out of college. I have a National 'C' Coaching license issued through the USSF (United States Soccer Federation)." Rollison decided to teach history, because she always excelled in that class. "I love History, because it is just about telling a story! It has so many possibilities of the different people, places and events that have happened throughout History. I just find it interesting about how the different events unfold, and how patterns are repeated and relate to today."

story and photographs by sydney dimarco



TURF TO LANES

Two varsity football players join the bowling team their senior year

Give it all I got! You have to put everything you got on the line even if you're tired. That's what was running through senior Blake Hartsook's head during the last play of a football game but this differs greatly from the last frame during a bowling meet. *Don't mess up! You want those three chances!*

Hartsook joined the bowling team his senior year along with Alex Greig. Both enjoyed bowling as a hobby and did not know that there was a school-sponsored team. "We decided we had to go out for it," Greig said. They had planned on doing a sport together after the first football game and bowling presented itself to them. Both Hartsook and Greig made the JV team, something new and different to them since they were both on the varsity football team for two years. "Practices are a lot easier," Greig said. "It's a practice you actually want to go to. I don't want to bash football though."

Even though he enjoyed bowling, "bowling is more of a hobby," Hartsook said. "Football and baseball are more of a lifestyle."

Surprisingly enough, football and bowling have some in common. "You can't give up in one play, every ball counts," Hartsook said. "You have to focus on every ball like you do every play."

Hartsook and Greig played a part in the JV team's 9-2 record. The girls' JV went 2-9. Both varsity teams placed at state after winning their regions and broke their season records. The boys' varsity team bowled a perfect game, getting twelve strikes during their baker game at the tournament, a game in which each member of the team takes turns bowling. "The 300 game by the boys is a memory they won't soon forget," coach Vickie Borich said.

Even though Hartsook and Greig didn't make it to state, "JV bowling was just about having fun," Greig said and, they accomplished that.

spread by: helen lagerblade and kofi manteaw

"*To me, being an individual means* **expressing how you feel, and being** comfortable with yourself for who you are. **I think just doing bowling expresses who I am.**"

-Amanda Teel '12



Freshman Ashley Norris holds her ball as she waits anxiously for her turn. The Merle Hay Lanes brought some unique challenges to the JV team. "The bowling tournament at Merle Hay was definitely different just because the lanes are drier," Norris said. This affected how the ball curved down the lane.

photo by kofi manteaw



Junior Luke Bormann begins to bowl during a meet against Urbandale. Although Bormann helped the varsity team score points, the team lost to Urbandale by 128 points.

photo by kofi manteaw



Preparing to throw the ball down the lane senior Eric Eittreim practices for an upcoming meet. "It was exciting bowling anchor for the 300 game during state," Eittreim said about his experience at state.

photo by alex peichl

Senior Jocelyn Kleinschmidt records scores at a JV meet at Merle Hay lanes. As a senior, she needed to know how to score as well as how to bowl.
photo by kofi manteaw



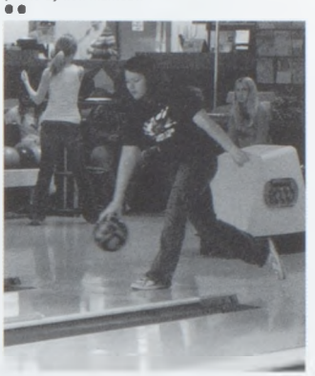
Finishing her stroke, sophomore Barb Bryant practices at Plaza Lanes. Bryant was a part of the JV team and finished off the season with a score of 166.
photo by kofi manteaw



Senior Bailey Knapp prepares for the upcoming meet. She routinely practiced picking up spares so this ability became more refined.
photo by kofi manteaw



Senior Clara Sandoval gets ready to release the ball down the lane. "The fact that I got to join the team when it had all of our players at the top of our game makes our win at regionals and journey to state all the better," Sandoval said.
photo by kofi manteaw



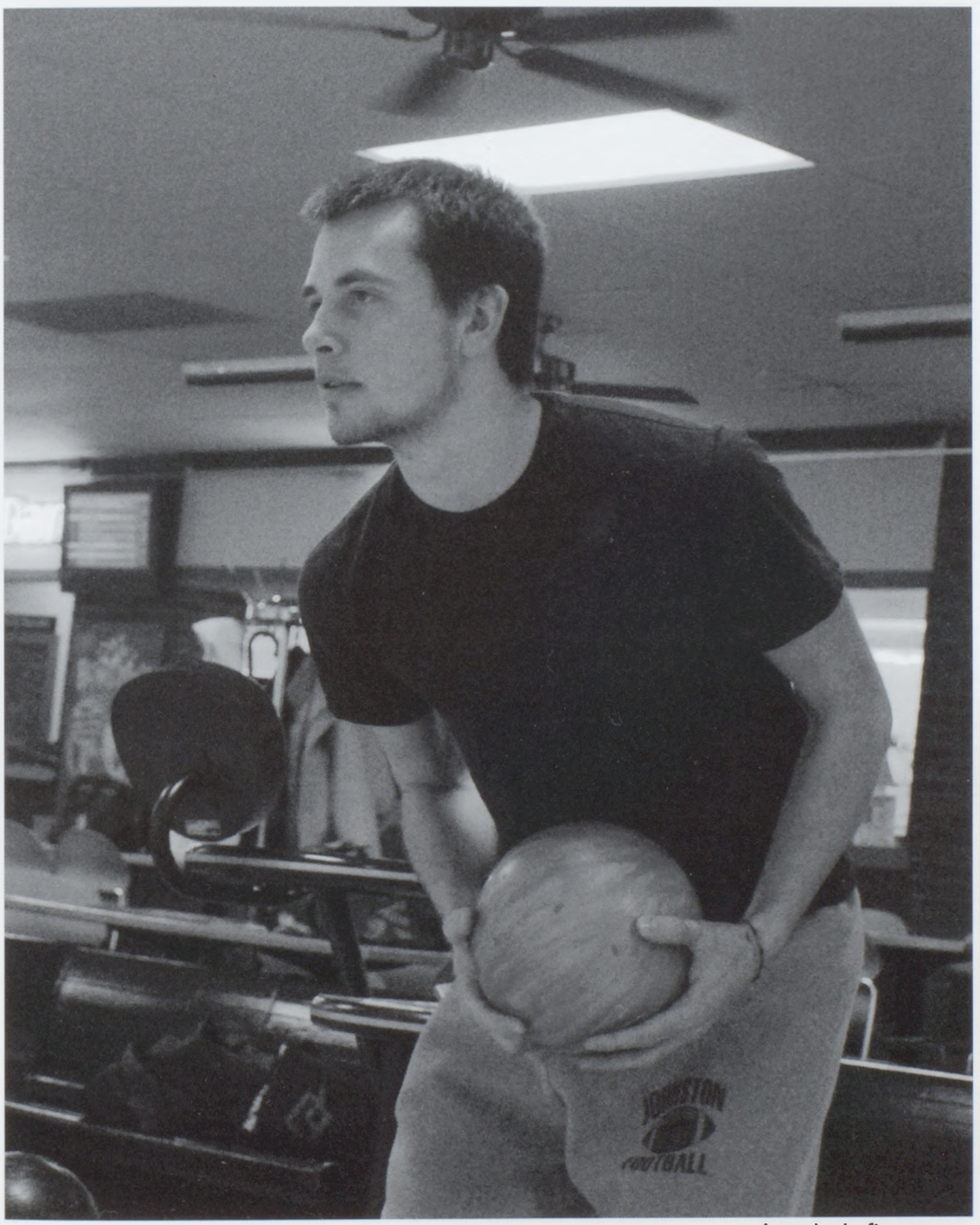


photo by kofi manteaw

Senior Alex Greig gets ready to chuck the ball down the lane during a Thursday practice. He was excited for the first competition because it was something he had never done before. Having been a former football player, bowling was a nice change of pace.

	Boys Varisty	
1st	2448-2298	waukee
1st	2984-2645	mason city
2nd	2784-2239	ankeny
1st	2574-2378	dowling catholic
2nd	2878-3103	s.e. polk
2nd	2823-2951	urbandale
1st	2913-2351	ankeny
1st	2989-2398	dowling catholic
2nd	3214-3408	s.e. polk
1st	2776-2689	urbandale
2nd	2763-3192	marshalltown
2nd	2715	conference
1st	3068	regionals
6th	3235	state

luke borman
tim blank
anthony denny
cody erickson
eric eittreim
jordan thompson

	Girls Varsity	
2nd	2142-2249	waukee
1st	2503-2394	mason city
2nd	2182-2345	ankeny
1st	2279-2134	dowling catholic
2nd	2456-2556	s.e. polk
1st	2237-2042	urbandale
2nd	2039-2341	ankeny
1st	2468-2421	dowling catholic
2nd	2302-2598	s.e. polk
1st	2299-2185	urbandale
1st	2549-2234	marshalltown
2nd	2336	conference
1st	2511	regionals
7th	2695	state

amy bowers
andrea juergens
ashley norris
britta pohlman
clara sandoval
amanda teel



Pouring coffee into the customer's cup senior Sanida Tabakovic focuses on not spilling. Tabakovic worked at Starbucks and enjoyed her customers. "It's fun and you meet a lot of new people, and when you get regulars you know their drink and they start to invite you to events," Tabakovic said.
photo by monika sehic

Working *behind* the wheel

Students valet parking for Civic Center events

Senior Dylan Boston slides into the seat of a 2010 Camaro SS and puts it into drive. He pulls into the street with extreme caution knowing this car is not his property.

Other high school students worked at fast food restaraunts, day cares and grocery stores, while a group of seniors worked a unique job. Boston and seniors Eric Oatts and Greg Monson were employed by Keck Parking where they worked as valets in downtown Des Moines. "We get hired on networking," Boston said. "Josiah South (former student) brought me on my first night of valet two years ago and I've been doing it ever since."

The seniors drove various cars from Audi's to Mercedes to beat up cars from the previous century. Sometimes the cars didn't fit the seniors, literally. "I had to drive a '70 Honda Civic and it was tiny," Boston said. "I was gnawing on my knees the whole time."

The seniors got the chance of driving top quality cars, but in some instances it was a let down. "It felt like I was driving a go-kart," Oatts said about driving a BMW Z4.

Sometimes the valets got cars that could even be potentially dangerous. "The scary ones are the cars with bad brakes or just junky," Monson said

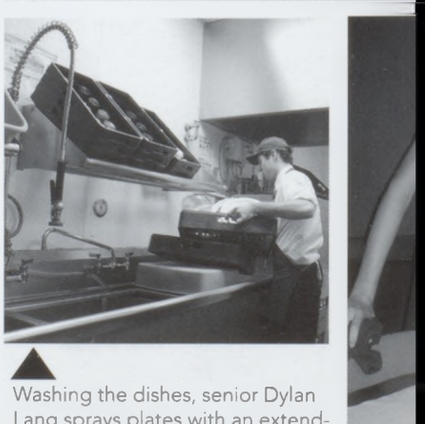
They parked for the Civic Center when it hosted plays and other events. When the shows got started around 5 p.m., the job died down and the boys had little to do. Oatts and '09 graduate Josh Wenndt would go out to dinner. "We'd go to Tasty Tacos when we had down time," Oatts said. "I always ordered flour nachos and tacos." After finishing their meal Oatts and Wenndt would longboard on the streets of downtown to kill time.

Boston had other methods of killing time. "We usually just hung out, did homework, grabbed a bite to eat, took a nap, or played solitaire on my iPod,"Boston said. "One time though, Matt Joslin (junior) and I went to eat at Spaghetti Works. We sat in the 'couples cage' and everyone was staring at us and our matching jackets. Best part: we were on the clock the whole time this was happening."

After a few hours of free time and relaxation, the shows let out and the job was back on in full swing. "It's a really big rush," Boston said. "Everyone wants their car right away and they pay good money to get it. We have to sprint the 150 to 200 yards back to the garage. After the fifth car it gets a little rough."

Breathing heavily after his cold run Boston fits himself back into the seat of the 2010 Camaro SS and puts it into reverse quickly, to return it to its owner, and finishes the job.

spread by erica white and katie lashier



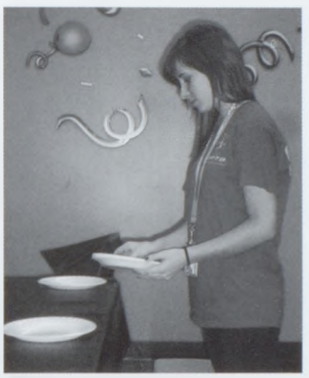
Washing the dishes, senior Dylan Lang sprays plates with an extendable hose. Lang worked at Dahls on 86th Street.
photo by paige plaskitt

"I drove a porsche

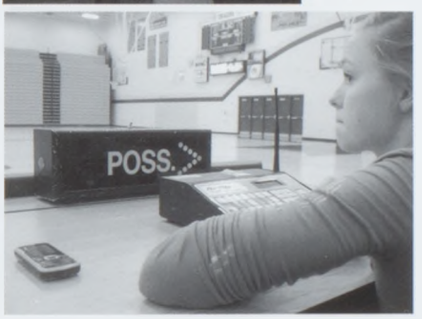


Putting yellow onions on wheat bread, junior Geneva Mongar assembles a sandwich at Quizno's Subs on 86th. "I like money," Mongar said. "I work to pay for gas and insurance."
photo by katie lashier





Laying down plates, junior Kristin Bunting sets up for a birthday party at Pump it Up. "I love working here. It's easy and, I love playing with the kids," Bunting said.
photo by erica white



Scoring the JV boys' basketball game, senior Morgan Campbell looks on as the Dragons swiftly beat Ankeny. The boys played in the big gym on Monday or Thursday nights throughout the season.
photo by brianna mormann



Cleaning off a table, senior Eric Oatts works a shift at Ruby Tuesday. Oatts worked at Ruby Tuesday for over a year and was recently moved up to a waiter's position upon turning 18.
photo by katie lashier

last night. No big deal"
Dylan Boston '10

Achievement



Superfans gather at the homecoming game versus Urbandale. Superfans were dedicated fans who attended every game no matter the conditions.
photo by alex piechl



"I claim to be an average man of less than average ability. I have not the shadow of a doubt that any man or woman can achieve what I have, if he or she would make the same effort and cultivate the same hope and faith."

-Mahatma Gandhi

"I get to the point [of achievement] through hard work and dedication."

-Sophomore Andre McKay

"To me, achievement is an internal feeling. Only you know if you did your best or if you could have done better."

-Senior Azra Feriz

"If you can set goals and achieve them, then you are more likely to do well in life."

-Sophomore Braydon Kirstein

"Trying to do something difficult can get very frustrating; when you finally get it done, it makes it worth all the while."

-Junior Julia North

"I can over come any obstacles that come my way."

-Junior Joe Kraber

"Once all is said and done and you look back on all the things you have done, if you are satisfied with your work, you are the man."

-Junior Faisal Alabsi



Senior Michael Carlson takes notes and makes corrections to his credit reports that they worked on with partners in class. The activity reflected their personal lives, hobbies, and their interests and how that affects their credit scores. "It really helped me gain other personal information about credit and how you can use it to improve your credit score," Carlson said.

Project Cashes In

Students seek help from adults experienced in budgeting

By kara anderson and andi holdsowrth

"No" was a common answer when junior Jessica Mozga struggled with her parents to give their financial information that she needed specifically for her business project. "It was so frustrating they didn't like to give out information so I would have to sit there and pry and pry so what could have been a thirty minute thing turned into two hours," Mozga said.

During a segment in Money Management taught by Kayla Bousum, students completed a project that required them to work with an adult to make adult decisions about finances. The student worked as a financial advisor for making decisions with things such as debt/credit cards, retirement planning, buying a car and buying a house. All of these decisions were supposed to help make them see how to manage their money without going into debt.

"This is an opportunity for the students to get a feel at how it is to be an adult and have to actually make these decisions when they get older but when they are on their own," Bousum said. "I have had kids come back and thank me for doing this project because it prepared them so much more for what is to come financially."

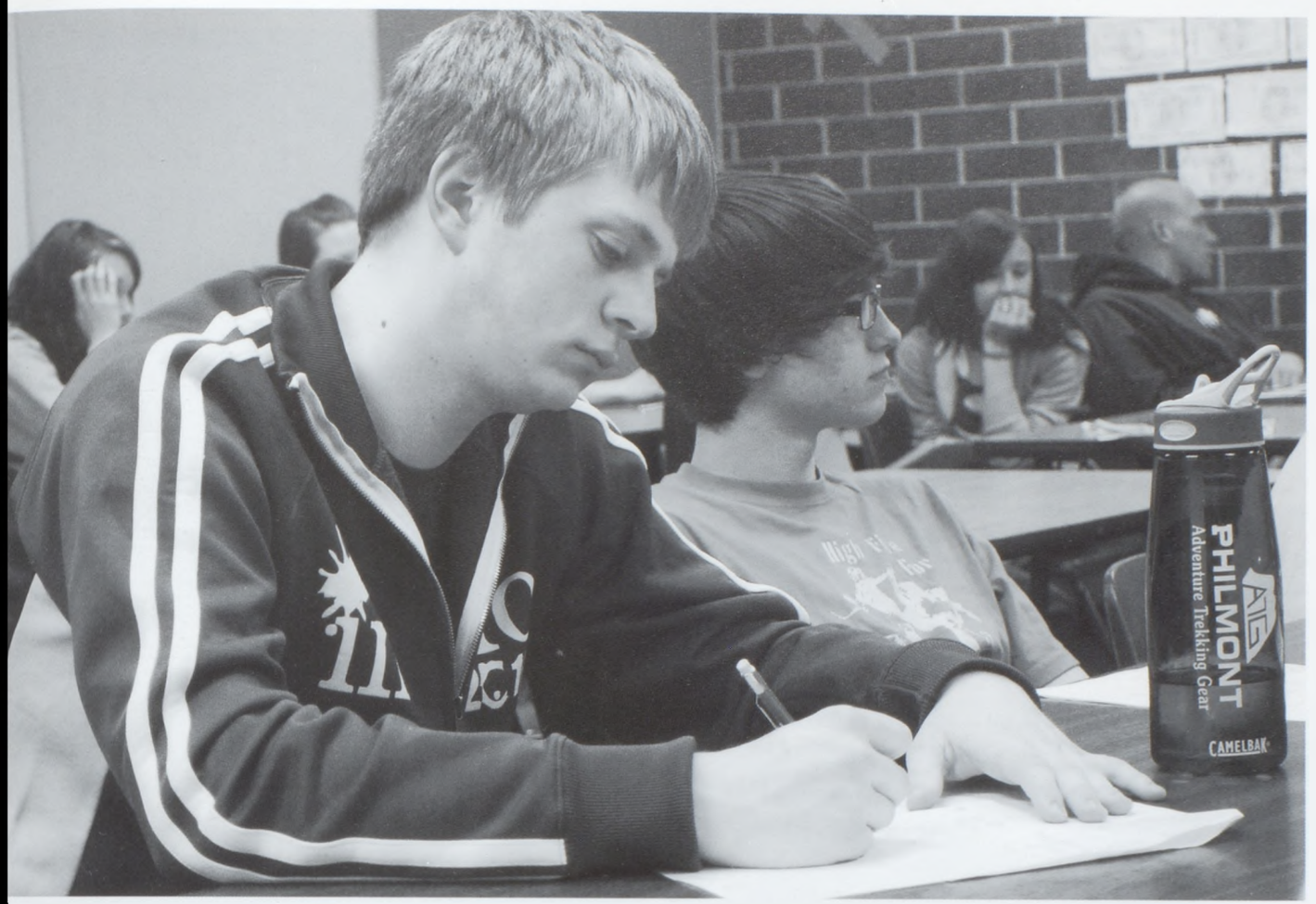
This project was done primarily all out of school on the students own terms that also gave them another feel at how to manage their time and be responsible for themselves.

"This was actually a project in school that I enjoyed because it let us be on our own for a lot of it and be independent and it wasn't done all in school at desks," junior Josh Bengston said.

Although it gave the students a chance to have some fun while being independent they did have to endure some struggles as well. "It was sometimes frustrating because my parents didn't want to give out the information so I had to pry it out of them," said junior Jessica Mozga. "The retirement section was especially hard because not only had my parents not gone through that yet ,they didn't even want to think about having to make decisions in that area so they were no help!"





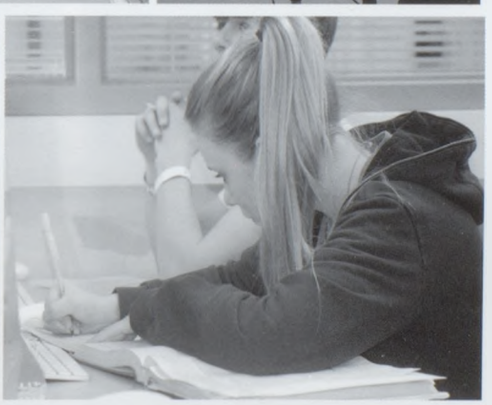














ONE While focusing hard in Money Management, sophomore Kim Thomas completes the finishing touches on her project. " I feel like this class will benefit me more than a lot of my other classes. It's really preparing us for our future and it really makes you think about how it will be when you are on your own after high school," Thomas said. photo by kailey kerr

TWO Reviewing for tests out loud with Brickley, seniors Dwight Lykins and Emily Kane discuss the review worksheet for their upcoming test. "Brick (Tim Brickley, business teacher) always finds cool stuff to show us and I never lose interest, I always want to do my homework and know I will learn something new from him," Dwight Lykins said in his Advertising and Sales class. photo by andi holdsworth

THREE Showing the class his Accounting 1 booklet, junior Jimmy Siebert fixes his incorrect answers. "Accounting is a class that everyone should take, it improved my math computation, when I was with my friends it was fun, and Rod Weibers is sweet," said Jimmy. photo by andi holdsworth

FOUR Working on a worksheet, sophomores Josh Dicken and Cody Jacobson, and juniors Owen Cooper and Mitch Bruckshaw look up information in their books. "This class teaches me how to be successful in the business world and selling! The best thing is the videos about the different companies and the best was the Coca-Cola video," said Bruckshaw about his Advertising and Sales class. photo by andi holdsworth

FIVE Senior Emma Gesiriech finishes up a worksheet in her Accounting 1 class. "There is nothing really great about Accounting but I will admit that I learned a lot in the class that I wouldn't probably know if I didn't take it," said Gesiriech. photo by andi holdsworth

"I've learned a lot and feel more finacially prepared with going off to college and being on my own, so im really glad I decided to take Money Management my senior year."

-Gabrielle Lilijdahl `10

Organizing artificial greenery, senior Justin Coaldrake volunteers at Goodwill in Urbandale to fulfill three of his service hours. As a member of NHS, Coaldrake folllowed the four components: scholarship, leadership, service, and character.
photo by faisal alabsi



Junior Reed Clabaugh listens to adviser Jessica Webb with sophomores Connor Yocum and Evan Culbert at the new members' meeting. Webb instructed them on the procedures of the induction ceremony and informed them of the expectiations of being a member.
photo by lisa friesth



Tossing a pair of socks into a box, senior Ryan Francois volunteers at Goodwill. Francois was elected by fellow members to be the Vice President of Membership of the society.
photo by faisal alabsi



Juniors Corey Schaefer and Morgen Roshek sign the pledge to become members. "I was excited that I got a letter in the mail and so surprised that I actually got accepted," Roshek said. "The induction was such a proud moment for us because we were being recognized for all our hard work over the years."
photo by lisa friesth



the Way I see it...



"As far as two grades being able to join I think it is a good idea because it makes the process more rigourous and actually honorable to be a member.
-Tanner Gardiner '10



I think it's great that more people are getting involved. It just means we can make a bigger impact with our community service outreach."
-Courtney Sabus '10

Before speaking about scholarship senior Joe Payne lights a candle at the induction ceremony. Each candle represents one of the components of NHS. Each officer lit a candle representing the topic of their speech. Payne lit the candle representing scholarship.
photo by morgan riessen



Lifting a garbage bag full of clothing, senior Ryan Bower completes his last few hours of volunteering. "Volunteereing is not work at all," Bower said. "It is connecting with people on a humane level, a level where we become a part of a collective effort known as a human kindness."
photo by faisal alabsi





Accepting NEW Candidates

Current sophomores gained the opportunity of applying to National Honor Society

Sixty-four juniors gathered in room 404 for the National Honor Society's new members meeting. But something was different about this crowd. Not only was it a smaller crowd, twelve sophomores were included in the group, learning about what was to come for the next year.

NHS advisers Jessica Webb and Sarah Moore made the choice with help from administration to include students from the current sophomore class. "We were having to 'retrain' all of our officers and explain the operating procedures to each new class that came in," Webb said. "Our thought with including a small number of sophomores was that they would already have a working knowledge of how NHS works, especially on the executive end."

Giving sophomores the chance to apply for membership in NHS their junior year caused some changes to occur within the chapter size. In the past, over 100 seniors were inducted, but now 76 total members were accepted. Webb said, "We decided that we needed to scale back the size of the organization in order to maintain the integrity and high standards of the organization, rather than inducting everyone who applies, as not everyone has the same qualifications."

Sophomore Elizabeth Mills was one of the 12 sophomores accepted into NHS. "I think we will give a voice to our class and be able to share our unique ideas when we hold NHS fundraisers and events," Mills said. "We will also have experience in NHS going into our senior year, so we can help our fellow classmates who will also be involved."

Believing her and the other sophomores' acceptance would affect NHS in a good way, sophomore Kristen Gifford was proud to be accepted. "I think that it would definitely be a positive change because it gets the juniors involved with the NHS activities as well as the seniors," Gifford said. "It is always good to mix things up a little bit."

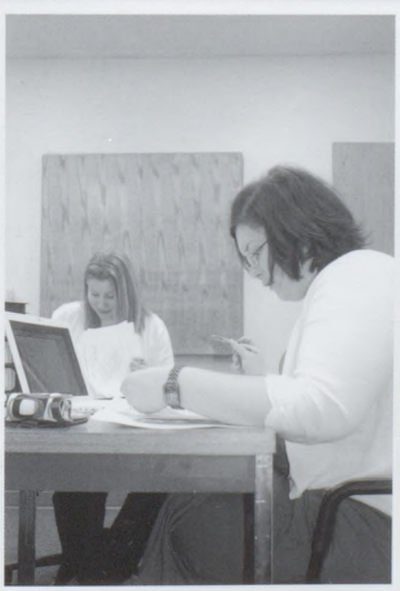
Overall, this change developed a positive reaction from current NHS members. "I think it will improve inter-class relationships and strengthen NHS leadership," senior Morgan Campbell, NHS secretary said. "My only disappointment was that I would not be around to experience NHS in its new form."

Senior Michael Carlson also believed the changes would affect NHS in a positive manner. "I was originally jealous, but over the year I understood the choice. I think that it will make it easier for the succeeding years to keep up the leadership, and so that NHS is an all year round organization," Carlson said. "The sophomores will know what to do the year after and keep the NHS to its core."

• spread by lisa friesth and morgan riessen •







Advisers Sarah Moore and Jessica Webb examine applications from students hopeful to be in the program as juniors or seniors. In order for students to apply they needed to have at least a 3.5 GPA, fill out a four-page packet, have two references, and write a 150-word essay.

photo by jordin robinson



Iowa and National Teacher of the year, Sarah Brown Wessling speaks to the new members of NHS at the Induction Ceremony on May 19. Wessling was the guest speaker of the evening and encouraged the members to think about the question, "What would you do if you were not afraid?"

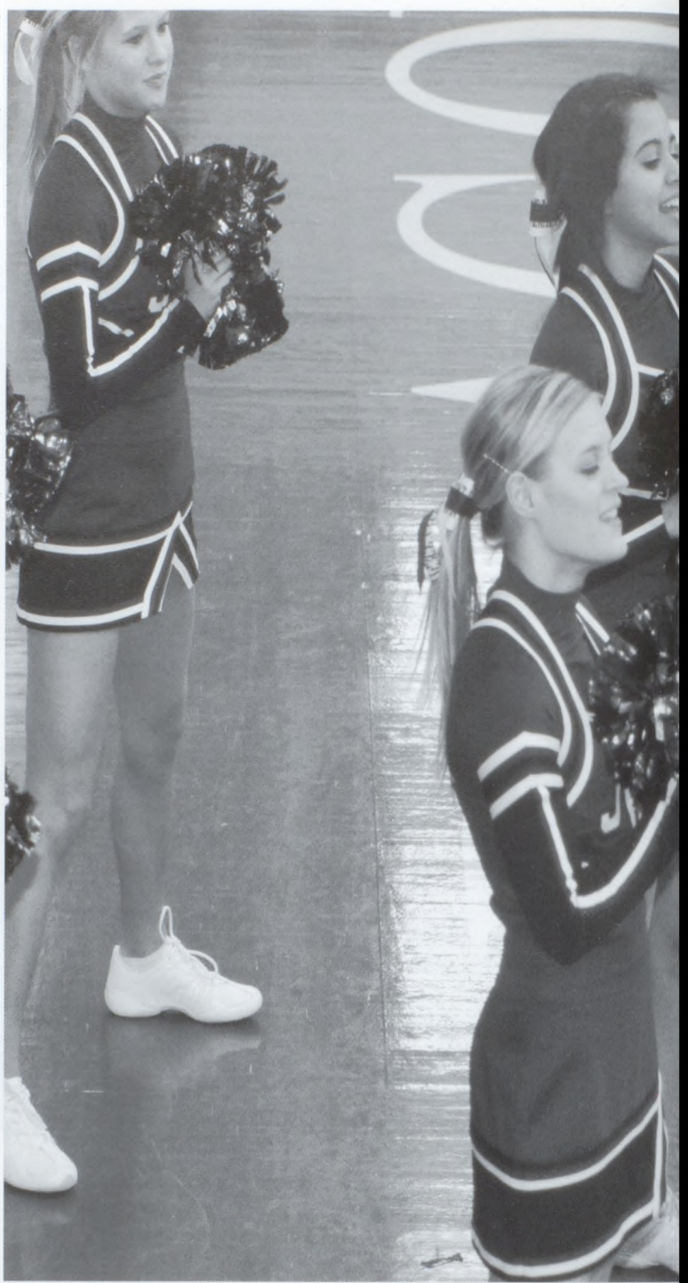
photo by lisa friesth



Senior Abby Burch picks out carnations to take to every first hour teacher. Members sold the flowers during homecoming week and Valentine's Day. "It was a lot of work putting them together, but I think the people really appreciated getting them," Burch said.

photo by lisa friesth

Senior Kari Ross, junior Kennady Loffredo, and seniors Taylor Erwine and Jessica Johnson cheer at the Fort Dodge game. The game ended in a win with the score of 66-44.
photo by jordin robinson



Cheering at the football game against Fort Dodge sophomores Brooke Vidmar, Emma Van Houten, Jordyn Berry, and Kass Bast attempt to pump up the fans.
photo by morgan riessen



Junior Brianna Wengert supports the football team at the homecoming game against Indianola. The squad went on to state but were unfortunately disqualified for the use of belly button rings and going over the time limit.
photo by helen lagerblade



The varsity wrestling squad cheers for one of the wrestlers during the S.E. Polk meet. The squad was made up of five sophomores and one senior.

photo by emily welch



the way I see it...





"We took time and determination to present ourselves as a great varsity cheer squad. Our job is to cheer on the wrestlers and I'd like to think that we accomplish that everytime they go on the mat.
-Ashley Enger'12

Towards the end of the season we really had to pull it together as a team and prove to each other that we could make everything hit. We did it not only for ourselves but for our team as well.
-Patricia Miller '10"

Pumping the crowd up during halftime against Urbandale juniors Catherine Lewis, Amanda Soda, Lindsey Curiel, Caitlyn Trillet, Elissa Wiley, and Brittany Trow perform the famous cheer "And We're Marching." The game ended in victory with the score of 71-62
photo by kristine hauser



Sophomores Taylor Kavaya, Janie Norris, and Monica DeCarlo discuss what cheer to do next at the Johnston Invitational Wrestling Tournament. "I really like being with all my friends in one place and having a fun time and goofing around," Kavaya said.
photo by emily welch





Cheers Get Caged

Cheerleaders cheer from behind the bleachers at the district game in Ottumwa

As the varsity football cheerleaders stepped off the bus at the Ottumwa High School stadium, they were shocked to hear where they would be cheering from. Behind all of the fans. Parents who sat in a small section of bleachers behind the cheerleaders were the only ones able to see them. "We were very surprised; we could tell the girls were upset so we told them to make the best of it," coach Kim Lane said.

A thin, yellow rope corralled the area behind the main stands. "When we got there, we all thought it was for something else," senior Molly Schunicht said. "When we were told to cheer in the fenced-in area we were super confused and a little upset that the crowd would be sitting in front of us, not being able to cheer along with us."



With the concession stand a few yards away, fans walked in front and behind them during the game. Consequently, they had to line up differently. Some parents sitting in the back rows of the main bleachers turned around to watch them at various points during the game. "Our front line faced the front and our back row faced the back so everyone could see us," Schunicht said.

The cheerleaders made the best of the situaton. "They made a lot of jokes about being roped in or caged off," Lane said. "They did a really good job and we were proud of them."

Ottumwa staff said the rope was there for the girls' safety but they did not feel they were in any danger. "We tried to move the rope but we couldn't (because of the Ottumwa staff)," sophomore Brandi Jansen said. "We wanted to put up a sign that said, 'Don't feed the cheerleaders.'"

•spread by morgan riessen and helen lagerblade•







Getting ready to stunt, junior Geena Pilcher gets some support from junior Amanda Soda, senior Taylor Smith, and sophomore Brandi Jansen. "My favorite part of cheerleading is getting the crowd involved in cheering the team on," Pilcher said. "It's fun cheering the team on but even better when the crowd is involved."

photo by alex peichl



Supporting the sophomore girls' basket- ball team against Urbandale, sophomores Kass Bast, Catherine Erb, Andi Holdsworth and Jenna Axtell perform, " One We are the Dragon, Two." Bast, Erb, and Holdsworth also cheered on the sophomore football squad.

photo by helen lagerblade



Flying in the air, sophomore Taylor Murray comes down into the arms of sophomores Catherine Erb, Ashley Enger, and Kelsie Ferin. Murray has been a flyer for two years.

photo by morgan riessen

EXCEEDING ALL EXPECTATIONS

Girls take rough road to reach unexpected places

Coming into the season, the girls' team was not meant to go anywhere. A total of five seniors and three juniors tried out causing an unusual shortage of players. Everything seemed as if it would go wrong except for one little detail — pressure. This group of girls had none of it, and they loved it. All they could do is work hard and do their best with no great expectations. "Coming into the season, we really did not have any expectations," senior Jennifer Ross said. "There was no pressure on us whatsoever." But still, all the girls shared a common goal of reaching state.

As the season went on, the team started to find its chemistry. Although there were a few bad losses, the players clicked and the wins started to happen. " I knew we could beat the teams we needed to get (to state), whether it was North, Dowling (Catholic), Urbandale, or Roosevelt," junior Emily Parker said. The team rolled on to reach the regional quarterfinals game against North and beat them. "We were expected to win that game, so afterwards we immediately focused on Dowling."

The team was two wins away from exceeding expectation. Two teams stood in their way; Dowling and Roosevelt. They already met both teams winning against Roosevelt in their only game but losing against Dowling Catholic in both of their games. Although coach Rich Gradoville had advocated hard work all year, the team had extra motivation to win the next game. Their goal was virtually in their reach and they knew it. "Every point we scored, and every defensive stop we got, called for some cheering and screaming and even more adrenaline," Parker said. "It was so intense! When that final buzzer went off, I ran up to give Thomo (senior Madison Thompson) a hug and lifted her right off the ground."

They went on to dominate Roosevelt, winning by 23 points and their goal was reached. In the state tournament, they had to play Linn-Mar, the highest ranked team in the state with the help of the third-ranked ranked player, Kiah Stokes. Parker was set to match up against her and although many would be intimidated, Parker was not. "I've played against her before and we were evenly matched," she said. "I wasn't scared, I was excited for the challenge."

> *"Although we were* **short players,** *we still found a way to reach* ***our goal!"***
> *-Erica White '11*

Her teammates agreed. "We knew Parker would be able to handle her just fine and she did," Thompson said. "We just knew they were a very talented team through all five positions." It turned out to be that the strongest opposition in that game would not be Stokes but DJ Norman. Scoring 14 points with one assist and one steal, Norman controlled the ball and came through when Stokes could not.

"It seemed like Madison (Thompson) had a hand in her face every time she shot," Ross said. "We were just hoping that she would have an off-shooting day and that obviously did not happen." Linn-Mar went on to win that game and eventually the championship game but the team wasn't upset. "I thought we played our hearts out," Ross said.

The team came a long way from a shorthanded team with unfamiliar faces to a team that reached a place where no one thought they would, a place for whicj they worked hard every day in the gym and a place they knew they could reach. "I thought the team made tremendous strides of improvement from the beginning of the season to the end," Ross said. "Plus, we achieved our ultimate goal of getting another blue banner to hang up in the gym."

spread by: faisal alabsi



Getting into position during a free throw, sophomore Sara Reed looks to get a rebound off a miss. In the 20 games she played in, Reed collected a total of 32 rebounds.

photo by faisal alabsi



Spraining her ankle by attempting to get a rebound, senior Madison Thompson gets checked out by Mel Mason, the trainer. Thompson had 82 assists during the season, the highest on the team.

photo by faisal alabsi



Getting introduced before the first round state match, senior Rachel Chapman chest bumps senior Andi Cameron as part of their handshake.

photo by faisal alabsi

Junior Emily Parker attempts a free throw at home against S.E. Polk. Parker made a total of 54 free throws during the season to lead the team and also had a 67.5% average.
photo by faisal alabsi



Trying to get past senior Kayla Klopfenstein of Linn-Mar, sophomore Sammie Hildreth gets ready to do a spin move. Hildreth was one of six sophomores on the team although she was the only starter.
photo by faisal alabsi



Senior Jordan Sandquist finishes taping up a poster on Rich Gradoville's garage. The girls decided to celebrate his birthday by making him a poster of inside jokes.
photo by erica white



Sophomore Ellie Minor crouches down into position to defend during a JV game against Urbandale. "Beating Urbandale felt pretty good. It went into double overtime which made it even sweeter when we finally won," Minor said.
photo by faisal alabsi





photo by faisal alabsi

Senior Jennifer Ross crosses over Urbandale junior McKenna Zimmerman as she tries to get into the front court. "One of our team goals was to get another blue banner to hang in the gym," Ross said. "And we did just that."

39-47	valley
32-45	xavier
65-33	north
58-49	lincoln
19-46	ankeny
37-52	dowling catholic
56-41	mason city
36-38	east
55-43	ames
49-32	urbandale
35-55	ankeny
50-37	marshalltown
49-43	indianola
28-36	dowling catholic
46-35	s.e.polk
40-46	urbandale
29-60	waukee
48-40	s.e.polk
59-46	roosevelt
52-39	fort dodge
36-29	indianola
66-17	north
33-28	dowling catholic
55-32	roosevelt
38-60	linn-mar

SHUTTLED out of RACE

Shuttle hurdle relay team is disquailified from Drake Relays

The time of 57.76 set a new school record in the shuttle hurdle relay. Junior Erik Bergstrom and seniors Austin Polson, Tommy Larson and Tyler Patten thought the time had earned them third place at the Drake Relays. On their way to the podium, officials told them they had been disqualified. "The officials said that I left too early and that we would not receive any medals," Larson said. This would have been the third, but not final time the team broke the record.

For a short time the coaches argued about the disqualification. Later that weekend the boys went to flotrack.org and looked at a video of the race. "Erik found two different videos," Larson said. "One was from behind but it was hard to tell. Then Erik found the second video and it was a side view so we could see it." These videos showed the boys that Larson really did leave before Polson had crossed the line.

The incident motivated the team for the following week's meet at Waukee. The Waukee team, who had finshed second at Drake, showed up to the meet wearing their second place Drake medals. This helped the boys to focus and be ready for their upcoming race. "We were all pretty bummed about what had happened but on that following Tuesday we ran at Waukee and beat Waukee," Bergstrom said. They again broke the school record and earned their best time of 58.12 seconds. "Waukee showed up at the meet with their medals on and it felt good to beat them and prove that we really were the better team," Larson said.

Another way the boys were able to get over the disqualification was by making t-shirts. The t-shirts were yellow and had the shuttle hurdle relay team on it. A quote that Bergstrom found read, "Adversity causes some to break others to break records." A yellow flag (that goes up when a team is disqualified) was also on the shirts.

They attributed a lot of their success to their new coach Mike Dana. "He is structured when he needs to be and keeps us in line," Bergstrom said.

Dana had much knowledge about track because he ran at Grand View. "This is a really good group of boys, who are willing to work hard and perserve through their trials," Dana said.

Although the boys were disqualified at the relays they still made it a triumphant year. They broke the shuttle hurdle relay record for the fifth time at districts. Larson sincerely enjoyed this year of track "This so far has been my favorite year of track," Larson said. "Everybody gets along really well and all the guys are fun to be with."

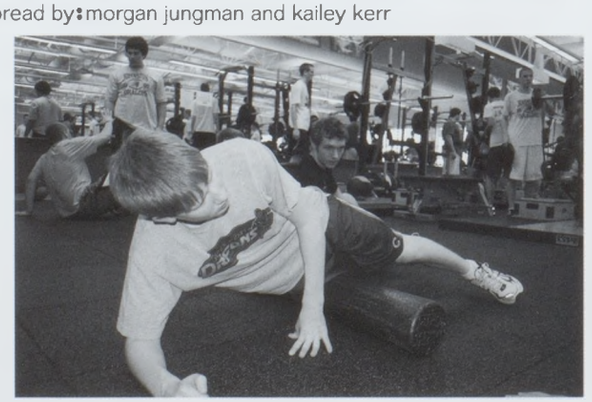
spread by: morgan jungman and kailey kerr

"Achievement to me is to reach a goal and then ***surpass it.*** *"*
-Ryan Kitchen '11



Senior Tommy Larson bends over backwards to nail the perfect landing at the high jump. Larson not only participated in high jump, but also competed in the shuttle hurdle relay at state.

photo by ellie minor



Junior Alex Kramer eases out tension and lactic acid within his muscles after an indoor workout during pre-season. Kramer used a foam roller to perform this exercise alongside others before outdoor season began.

photo by morgan jungman



Keeping his form, junior Drew Jackson paces himself in the open 3200. "To keep me going throughout this race I remind myself to stay with the leading pack and forget about the previous lap and run the next one hard," Jackson said.

photo by erica white

Striding out on his last lap of the 4 by 800, sophomore Alex Hershey brings his relay team home.
photo by morgan jungman



Senior Tyler Patten gets ready to jump over the hurdle in the shuttle hurdle relay. Patten competed with junior Erik Bergstrom and seniors Tommy Larson and Austin Polson in the race.
photo by morgan jungman



Leaping over the hurdles, junior Logan Moe races to his other team member during the shuttle hurdle relay. Not only did Moe compete in shuttle hurdle relay, he also competed in the long jump, 4 by 100, and 4 by 400.
photo by morgan jungman



Breaking away from his opponents, junior James Garlock strides out during the 100 meter dash at the conference meet at Urbandale High School.
photo by morgan jungman



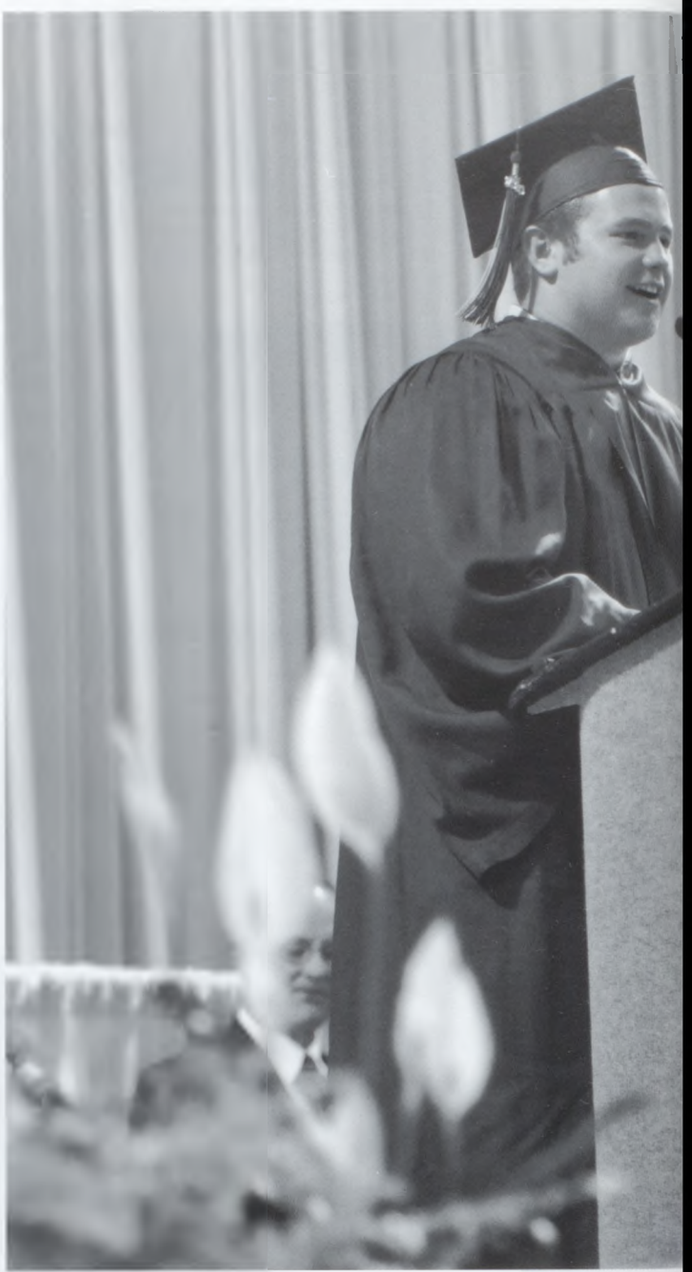
no team score	wartburg
no team score	johnston
3rd	marshalltown
4th	valley
4th	hoover
4th	urbandale
no team score	jim duncan at drake
4th	roosevelt at north
5th	urbandale
no team score	drake relays
no team score	drake relays
5th	ankeny
1st	boone
6th	CIML conference
6th	districts



photo by erica white

Junior T.J Schultz leaps into the sand pit. Schultz received third place at the Ankeny meet. "The indoor training earlier this winter helped me improve my long jump on the track outdoors," Schultz said.

Speaking out to his classmates senior Ben Freese cracks up the audience with lines from the movie "The Hangover." "Hello...how about that ride in?" Freese recited, then threw his own twist on it. "I guess that's why they call it Johnston."
photo by Helen Lagerblade



Walking to a chorus of applause Carol Ritchie, Casey Aschan-Cox's grandfather, receives her diploma in her memory. Casey passed away on Thursday March 18th, but was the first in her class to receive a high school diploma.
photo by helen lagerblade



Shaking Clay Guthmiller's hand, senior Trinity Zeiger recieves her diploma. 410 seniors graduated in the class of 2010.
photo by helen lagerblade



Striding onto the stage senior Alex Peichl receives Tech Challenge scholarship from South Dakota School of Mines and Technology. Over a hundred students received scholarships at Class Day.



photo by helen lagerblade

the Way I see it...





"The whole time I was sitting there I was worried I was going to pit out. I had to wait for quite a while and it was really toasty."
-Steven Williams '12

"I really enjoyed Ben's speech. It kept everything light so graduation wasn't a sad thing, but happy."
-Nicole Postel '12

Listening to their fellow classmates, the seniors with last names that start with A sit in the first row. "I was pretty nervous at first because I was the 4th one to walk out of 410," Lindsay Adams said. "I was pretty excited to graduate high school in general though."
photo by helen lagerblade



Receiving her diploma senior Maddie Mandsager walks towards Principal Bruce Hukee for a congratulatory handshake. "I met my best friends and amazing teachers at JHS," Mandsager said. "It has prepared me for the next chapter in my life."
photo by sydney dimarco





Speaking

Senior shows new side through graduation speech

Sitting in Mrs. Borich's homeroom class senior Ben Freese hears her talking about the graduation ceremony. She explains how any senior can be the speaker at graduation, as long as they are voted by their classmates. "I just thought I'd throw my name in the mix, I knew it'd be a long shot," Freese said. Now, standing in front of the class of 2010 Freese is happy that he took his chances.

Freese is known around the school as a goof ball, a competitor, and a guy who turned heads . So it was no surprise that his graduation speech started with lines from the popular comedy "The Hangover." As the audience erupted into laughter Freese was relieved, he knew the hard part was over. "I honestly thought kids wouldn't laugh at my Hangover references which was one of my biggest worries with the speech," Freese said.

The rest of his speech took his classmates by surprise. Senior Riley Johnson plays football alongside Freese. "It was kind of a surprise to see Ben so serious at graduation," Johnson said. "The only other times he's serious is when he's competing; the rest of the time he's just a funny kid. It was cool to see that side of him."

After his humorous beginning Freese turned serious by starting with a row of thank yous. First, he encouraged all of his classmates to thank the people that helped them along their journey. Then, following his own advice he thanked his mother and apologized for embarrassing her in front of so many people. Next he went on to thank his twin sister Meridith. "I didn't know he was going to thank me; when he had practiced his speech in front of me he left that part out," Meridith said. "I got emotional because he is my twin brother and one of my best friends."

Meridith also assisted Freese the most with his speech. "The biggest contributor to my speech, as in my entire life, was my sister Meridith," Freese said. "It would not have been half as good without her help. She offered suggestions and told me to go with my gut for the majority of it."

The class of 2010 voted Freese as their senior speaker along with senior Libby Elmitt. Elmitt, after an encouraging word from Freese, stood up to give the first student speech. When the applause subsided she sat back down to listen to Freese. "I thought Ben did great, I was so proud of him," Elmitt said. "I knew he could do it. We got to see the true Ben, and what he is like when he wants to be his serious self."

Freese spoke of Mark Twain, the past, how this was the beginning and not the end for his fellow classmates. He was very serious and very heartfelt, unlike his usual persona. "I thought that it was appropriate for the speech to have aspects of humor to it, but also I felt I owed my class a speech that I had put a great deal of thought and energy into," Freese said.

At the end of the graduation ceremony 410 graduating seniors threw their caps into the air and celebrated their accomplishment. Freese, a joker now seen in a different light, was among them.

•spread by katie lashier•







Tossing her hat in celebration, senior Abby Burch gets a head start on her surrounding classmates. Once the final student, Lin Zhang, walked across the stage the celebrations began.

photo by helen lagerblade



Waiting for the rest of their class to file in senior Rushimisha Byiringiro and foreign exchange student Helen Calvo-Castamo sit patiently. Johnston graduated five foreign exchange students this year.

photo by helen lagerblade



Presenting her fellow senior members of the Junior Senior Board, senior Kayla Ross speaks at Class Day. Class Day was held on May 28th in the big gym.

photo by emily welch

GIFT BRINGS LUCK

Good luck charm helps bond team and win critical game

On the bus to the Urbandale soccer fields, amidst the loud voices, duffel bags, and team spirit, a small yellow object was passed around. Each team member squeezed the stress banana, and passed it along. They went on to beat their opponents, winning their second sub-state game, and moving on to State.

"It really was random," senior Carly O'Keefe said, "Everyone randomly squeezed it before the Urbandale game, and since we won, it became lucky. Now we are going to [use it] before every game." It was a critical game for the team, because it would determine if they went on to State. If they won, it would be the seniors' fourth, and final, year at state. Team rivalry also had a small part. "We really didn't want to lose to Urbandale. It was a bummer because we took away their opportunity to make it to State and they are a good team," O'Keefe said.

The girls defeated Cedar Rapids Kennedy, the defending state champions, in the quarterfinals at the state tournament with a score of 2-1. But, they suffered a 4-0 loss in the next round to Valley, who went on to become the state champions.

The team's "lucky banana" started out as a gift to O'Keefe on Senior Night. "We gave the banana to [Carly] because out of everyone combined on our team. Carly gets stressed out the most. So when she starts getting stressed out she is supposed to squeeze the banana," junior Megan Randolph said. Seniors also got visors of their school colors and names, their favorite candy, and other college things.

The end of the season will play a role in what the team does with the banana, but "I'll probably keep it with me so I can have a lucky banana in college," O'Keefe said.

Lots of sports players and teams have superstitions they follow, but they aren't always true. The fun memories act more as a bonding activity than as something that actually helps them win. O'Keefe said, "I think we still would've won, because that was one of the best games we've ever played and we just had so much intensity. But I think the banana bonded us as a whole team. Everyone became a part of the lucky banana and it was something fun to do."

spread by: meredith batz and rachael meyer

"Give in, give up, or give it your all. **At the end of the day, I want to be able** *to look back at the season and know that as a team we* ***gave it our all!"***

-Nicole Pirie '11



Senior Maddie Mandsager gets ready to receive the ball from her teammate, freshman Bailey Eppard. The Dragons later on won making the score 4-0 against Indianola.

photo by meredith batz



Racing for the ball, sophomore Lauren Skartvedt sprints for the ball and then passed to her teammate for a goal. "It's the best feeling when you beat a player one on one and try to get a goal out of it," Skartvedt said.

photo by meredith batz



Boosting up to head butt the ball, freshman Mollie Tompkins keeps the ball away from the opposing team. Tompkins mainly played mid fielder through out the season.

photo by meredith batz

Sliding past her opponent, senior Jennifer Ross makes a quick turn in order to get away from her Ankeny. Ross played varsity freshman to senior year.

photo by meredith batz



Waiting on the sideline, sophomore Kerigan Thompson watches and gets ready to jump in to assist. This was Thompson's second year dressing varsity.

photo by meredith batz



Senior Madison Thompson gets ready to make a steal from competitor from Sioux City North. "I have to tell myself that every time an opponent near me has the ball it is my responsibility to stop them," Thompson said.

photo by alex peichl



8-0	norwalk
2-3	dallas-center grimes
0-2	valley
10-0	north
2-3	dowling catholic
6-0	lincoln
1-0	urbandale
2-0	urbandale tournament (council bluffs-thomas jefferson)
1-0	marshalltown
1-0	s.e. polk
4-0	indianola
1-3	ankeny
4-0	invitational (sioux city north)
0-1	invitational (cedar rapids)
4-0	hoover
1-0	ames



photo by alex peichl

Fighting to get a hold of the ball, senior Carly O'Keefe manages to make a steal from her Sioux City North opponent and pass down the field to an open teammate. "Every time I step on the field I know I'm playing with the best team," O'Keefe said. "I will really miss all the girls I had the pleasure of playing with. It makes me sad to think about my final season ending but I'll continue to come watch my team play."

OUTDISTANCED BY THREE

Team comes up short to qualify for state meet

For the first time in the past six years, the girls' cross country team would not experience the state meet environment. Placing fourth at the 4A district meet, held in Indianola, caused the team to miss the qualifying mark by one place.

"I couldn't believe it. None of us could," junior Alyssa Eaves said. "We were all in shock and disappointed, but not in each other. We put our hearts into that race."

Placing fourth was a surprise. "As a team we just expected to go to state: it was really never a question or even a goal because it was just something that was going to happen," senior Jordan Sandquist said. "When it didn't, no one really knew what to do or say because we had never been put in that position."

This was especially disappointing for Sandquist and senior Anna Belner who competed at state for the three previous years. "Once you have been to and experienced the state atmosphere, it makes it that much harder to not be going back because you know what you are missing out on," Sandquist said.

Most of the team had faced difficulties throughout the season, such as injuries and sickness, as they attempted to meet the raised expectations of the coaches. "I think that we were all hoping to get in the top three at state, and also to have fun and work hard to get there," sophomore Madi Buckley said. "We had also hoped to stay healthy and to have fewer injuries this season; but I think that there were just as many as last year, if not more."

At the district meet, members of the varsity team did not seem to be at full strength. "I do believe that we gave it our all in that race: things just didn't go our way, and everything seemed to be going against us," Sandquist said. "Anna [Belner] had bronchitis, Amber [Clock] had a stomach problem, and the rest of us were all battling injuries."

As a result of these complications, team members had slower running times. "I think we just expected them to get faster towards the end of the season and they never did," Sandquist said. "Our opponents stepped up and we didn't."

Even though the team's expectations were raised, the competitor's expectations were raised too. "Other schools are getting stronger and the races are a lot more competitive, especially at districts," Eaves said. "The top three teams in each district qualify and there were four strong teams in ours. Even on the day of districts, I know we all still believed we would qualify."

Coach Patrick Hennes was prepared for either of the outcomes. "As a coach, I know that no matter how bad you want it or how hard you work, things are not always going to go your way, so my most immediate concern was for the emotional and physical well being of our team members," Hennes said.

As a spectator for the district meet, Buckley said, "Just like every other sport, once in a while you have a bad day. I felt like one of our only bad days happened to be at districts."

Although Sandquist was disappointed, she was able to put it in her past. Sandquist said, "Things don't always turn out how we want them to, so we just accept it and move on."

spread by: jordin robinson and lisa friesth

// Working hard means pushing past the point of ***exhaustion.*** *//*
-Anna Belner '10



Concentrating on her strides, junior Alex Hawks competes in the conference meet at Indianola. Hawks participated on the junior varsity team "I started out the season with 19:30 and it dropped down to like 17:30," she said.
photo by andi holdsworth



Relaxing on a hill, junior Brittany Trow sits near the team camp and ices her ankle. "I sprained my ankle by tripping on a walnut," Trow said. "I thought I broke it at first, but I ended up running the race 15 minutes later."
photo by andi holdsworth



Stepping on the edge of the trail, freshman Bailey Eppard rounds a corner of the course. Eppard finished third at the Johnston meet.
photo by emily welch

Leading a pack of runners, senior Amanda Philiph starts pulling out of the woods at Walnut Ridge. Walnut Ridge was the Johnston home meet.
photo by emily welch



Pacing herself, junior Ashlee Hulbert moves along the trees at Walnut Ridge. The varsity team placed first at its home invitational.
photo by andi holdsworth



The gun sounds off and the whole junior varsity team starts the Roosevelt Invite in Pella Sept. 19. The team battled many injuries during the season but still managed to pull out a successful season.
photo by andi holdsworth



Fellow teammates, seniors Libby Elmitt and Christina Andeweg race down a small hill during the conference meet. The JV team placed fourth overall.
photo by emily welch



1st	S.E. Polk Invitational
1st	Dutch Invitational
1st	Johnston Invitational
5th	Roosevelt Invitational
24th	Roy Griak Invitational
4th	Ames Meet
2nd	CIML Central Conference Meet
4th	District meet



photo by andi holdsworth

Seniors Julia Binnie and Ashley Quick stride out to finish the last 100 meters of the Johnston Invitational. "When finishing, I feel relieved and accomplished," Binnie said. "I like that feeling of knowing I just have a bus ride home after a work out."

Jessica Pray

Pray for Fame

Every little girl sits in her bedroom and dreams of being an actress or pop star. As they get older, many realize their dreams will require too much work or are out of their reach. But every once in a while, one little girl is different. The little girl inside senior Jessica Pray kept committed.

Pray wanted to be a singer since she could talk. "I always just walked around the house and sang whatever," she said.

She was active in her church chorus and when the opportunity was given, school chorus and show choir. As many others have done, Pray posted some videos of her singing on YouTube. She received endless numbers of positive comments but one of them was special. Simon Cowell's rival in music production, producer Mel Bush discovered Pray and had her join a pop and classical-indie group. The group was intended to shine.

Hana Huljic from Croatia and Lucy Ely from London accompanied Pray and their manager Bush and started producing songs in the summer. "Croatia and London were so beautiful," Pray said. "And the girls are so sweet."

The recording time and the group's photo shoots caused Pray to keep going back and forth between Iowa and Europe although Pray is not sure if all of this will work out. "If this doesn't (work out), then I have some amazing experiences to share," Pray said. "If it does, then the adventure just keeps going!"








story by faisal alabsi and photographs provided by jessica pray

Blake Schlawin

Music as a Lifestyle

"I'm gonna show you a C chord," junior Blake Schlawin said to his new guitar student, junior Geena Pilcher.

"Blake, I've taken piano for 12 years," Pilcher said.

"Woah. Really? This totally makes my job so much easier," Schlawin said.

As a singer, songwriter, guitarist, pianist and percussionist, Schlawin is always busy. "I give guitar lessons (at my house) every Monday, Tuesday and Thursday, about two hours a day," Schlawin said. One lesson is 30 minutes long, and cost $10. He has a total of 16 students, three of which are at Clear Lake, where he spends his summers.

"I've been having to turn people away or put them on a waiting list (for guitar lessons), which makes me feel bad but oh wells!" Schlawin said.

Schlawin's done everything with music, from earning the title of "Best Drumline" at the Waukee Marching Invitational in October to playing his own piano composition for former Governor of Iowa, Tom Vilsack, when he was in middle school.

Schlawin also plays guitar in show band, for Innovation. As for actually being in show choir, dancing and singing, Schlawin said, "Oh gosh, no. I could never see myself jumping up and down, flailing my arms and singing."

He's so busy with music he doesn't have time for a girlfriend. "Oh there's the girls but I don't want any of them," Schlawin said. "It's kinda nice being single cause I can go home and play guitar all night and not worry about talking to a girlfriend."



story and photographs by paige plaskitt



Outside groundskeeper Shane Coenen snowplows the tennis courts on March 9. Fourteen days before the start of tennis season, three feet of snow still remained on the courts. So he used the snowblower, which has never been used before to remove snow from the courts.
photo by faisal alabsi

Snow halts School

With a record amount of snow days, school was held on in-service days

Putting on his Under Armour, t-shirt, sweatshirt, snow pants, shorts, sweatpants, long socks, gloves, a hat, muffler, ski boots, a coat, and ski googles, sophomore Lucas Wittman prepared to ski the slopes at Afton Alps on Feb. 19.

Feb. 19 and April 12 were scheduled in-service days until school was cancelled five times during the months of December and January. The school board decided to use them as make-up days. On Feb. 19, over 200 students were absent and around 30 teachers were at meetings. "I was surprised by the numbers we had gone," Principal Bruce Hukee said. "I knew some kids had college visits, families had three-day weekends planned , but I was still surprised."

Senior Kiera Morrill visited a college over the three-day weekend. "I went to UNI to make my mom happy," Morrill said. She wanted to avoid UNI because so many Johnston students attend the school. The Morrills decided to forego school for the college visit because the weekend was already planned.

Unlike most seniors, Morrill was expecting to make up these snow days. "It still hasn't sunk in that I'm a senior. I just assumed I'd make them up. I've had senioritis all along," she said.

Wittman attended the ski resort with his church group. He was slightly afraid that he would not be able to attend the trip because of the make-up day. "At first I was worried (about missing school) but then I knew I could just go and get my homework," Wittman said. "It was definitely worth it, skiing with all of my friends and people I would like to know better."

While Wittman skied at the Minnesota ski resort, junior Hank Mandsager attended school. Most people were upset that school was in session, but Mandsager was fine with it. "I liked it because I don't like school in June," Mandsager said. "Any day not in June is good for me."

spread | lisa friesth and morgan riessen

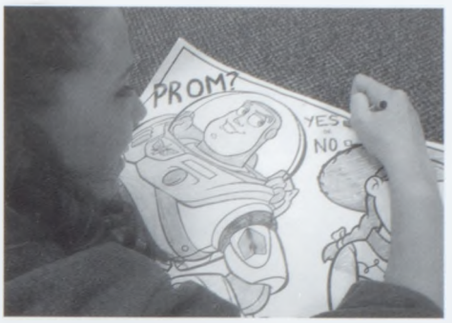


Seniors Riley Johnson, Alec Recker, Travis Merritt, and Derek Temple sign their letters to their respective schools for football. Merritt, Recker, and Temple signed with Drake University, while Johnson signed with Southwest Minnesota State University.
photo by julia manning

"Doing something for the first time is like that funny feeling in your stomach



Checking the "yes" box, sophomore Taylor Mithelman agrees to go to prom for the first time with junior Ethan Kumbera. Kumbera asked Mithelman at a show choir competition while they were relaxing and coloring pictures.
photo by lisa friesth





Walking her new dog Toby, junior Brittany Borup learns how to handle her first pet. Borup received Toby, a shitzu maltese mix, in mid-November.
photo by rachael meyer



History teachers Jessica Webb and Jesse Dowell compare lesson plans for their World Studies classes. Dowell proposed to Webb in February. "He proposed while I was in the kitchen washing dishes," Webb said. "It was kind of embarrassing."
photo by morgan riessen



Backing out of her garage, sophomore Emma Henry drives her first, brand-new 2010 Honda Civic. "I drive LaFonda the Honda to school everyday," Henry said. "All of my friends think her horn is hilarious so they make me honk it whenever they are in the car."
photo by lisa friesth

eating a bad tuna salad. You get for awhile, but you'll remember it forever.
-Nick Miller '11

INJURIES OPEN OPPORTUNITIES

Injuries throughout the team allowed chances of others to improve.

Junior Drew Jackson sprinted down the orange-and-white-striped line for the final stretch at the Johnston Invitational, ignoring the pain in his leg. He crossed the finish line struggling to stand. Teammates that had already crossed the finish were waiting for him and the rest of the team. After finishing, Jackson couldn't walk any further and he was carried back to the camp by his teammates. Whenever a runner is injured, it impacts the entire team and it definitely impacted the cross-country team.

"There were a few key injuries that may have held us back this year," junior Thomas Thatcher said. Jackson's stress fracture was one as he was one of the team's captains, along with Jake Perington and Ben Jacobson, both senior runners.

"Even though I was out I still tried to stay with the team before practice. I also tried to talk to them at meets," Jackson said.

Having injuries was a hard thing for the team overall but it may have opened up opportunities for other people to run and improve themselves. Because Jackson couldn't run at a few meets, teammates such as junior Lincoln Eppard took his place. "I still had my '12 brothers' to run with. We still pushed each other, but we felt as if a piece of our team was missing," Eppard said.

The year was not as successful as the runners had hoped, but junior LJ Lipscomb did make state. " I think as a team we did a great job and there were a lot of people that improved mentally and physically," Lipscomb said. "We had harder runs so that we were able to do this year what we wouldn't have been able to do last year, and we got stronger."

When the runners weight-lifted, they came back as a team, the injured and the healthy. "I was very excited that (Lipscomb) got the opportunity to run at state," Jackson said. "It was fun to be watching the race but I wished that I could have run it."

"Achievement is completing a goal **or finishing something successfully** *and having the feeling of* **accomplishment** *"*

-Jake Perrington '10

spread by: morgan riessen and brianna mormann



Sophomores Jake Davis and J.J. Worley both battle to finish the last leg of the Johnston Invitational. Worley outran Davis by a second with a time of 18:06.

photo by emily welch



Sprinting out of the start box, the team is led by junior LJ Lipscomb, senior Jake Perington, and junior Jacob Foutch at the Johnston Invite. The varsity team won the meet against Waukee, Hoover, Newton, and Lincoln by 31 points and the JV team won by 15 points.

photo by emily welch



Senior Ben Fincher leads a pack of JV runners across the bridge during the Johnston Invitational at Walnut Ridge. JV had six runners place in the top ten at its Invite.

photo by emily welch

Finishing hard on the straight away, junior Lincoln Eppard sprints toward the finish line. Eppard placed 21st in the varsity race at Johnston.
photo by emily welch



Nearing the end of the Indianola Invite, junior Chris Coble fights to keep up with an Indianola runner. Coble was the fourth runner from Johnston to finish the course.
photo by emily welch



Keeping his form, sophomore Bryce Plew runs as junior Frankie Sanchez gains on him. Plew finished in 27:07 while Sanchez came in 29 seconds later.
photo by brianna mormann



Junior LJ Lipscomb passes a Valley runner during districts at Indianola. Lipscomb placed fifth with a time of 17:14 for the 5K race. Lipscomb was the only Johnston runner to qualify for state.
photo by lisa friesth



4th	ames invitational
1st	johnston invitational
3rd	tom karpen invitational
14th	dsm roosevelt invitational
9th	indianola invitational
6th	conference
5th	districts
45th	state
state qualifier	lj lipscomb



Darting towards the finish line, junior Drew Jackson finishes in second during the Johnston Invitational. "LJ (Lipscomb, a junior) pushed me and kept me going that whole race," Jackson said. "Competition like that is what makes a team better."

photo by emily welch

Mechanics of Life

Logging onto eBay, junior Blake Davidson sees that BigOldTruckGuy27 wants to buy his boat. "I sold the boat because the guys helping me in shop class drilled through the rivets and then accidentally drilled through the bottom of the boat," Davidson said. "So when I took it out on the water, the engine ran perfectly, but the boat was now taking on water. So, I gave it a quick fix and sold it."

BigOldTruckGuy 27 rolled up in an old Ford to pick up the boat. "He knew that the holes were only a temporary fix," Davidson said. "He was fine with that."

Davidson bought the boat on August 16, 2006. The boat needed a motor, but Davidson couldn't afford a new one. He found an old motor that needed work and he impulsively bought the old motor, thinking that he could just fix it by trial and error. "I really taught myself," Davidson said. "I took them apart asked my neighbor and the guys at NAPA Auto Parts. My main goal was just to make and save money by fixing it myself."

The old motor led Davidson to a new hobby that pays. "I enjoy the problem solving aspects along with taking apart engines," Davidson said. "I mostly work on boat motors and find that they are like cars. Each one is just enough different that you have to think about it differently."

Davidson worked on the boat tirelessly; it took him just over six months. When he was finished with the engine, he sold it and it was good as new. "I won't say I didn't make money," Davidson said.

Blake Davidson



story and photographs by katie lashier

Geeking IT

Computers- one of the most complicated things in our lives. Some people get them and some just like them because of Facebook or Myspace. Sophomore Alex Peterson is one of those people who gets them.

He enjoys working on computers, mostly software. Peterson started looking at computers a couple years ago; he looked at new software and researched computer hardware. But before downloading all the software, he had to learn a programming language.

Once he had started doing that, he learned it was easy to research anything about computers, along with fixing his own computer when it breaks. Peterson is now working on doing an independent study of making games. The study consists of making characters and assembling the game.

Peterson uses a free tool set from Microsoft that creates the game. Even though Peterson is doing it for a semester credit, after the game is done, he could sell it on XBOX Live. Creating the game is hard because it requires being an artist when it comes to the characters. Peterson doesn't have a favorite character, partly beacause it's a stick figure without a name. "I'm just focusing on the basics of the gameplay and physics right now, and I'll worry about the artistic side of it once it's closer to getting done," he says.

Alex Peterson



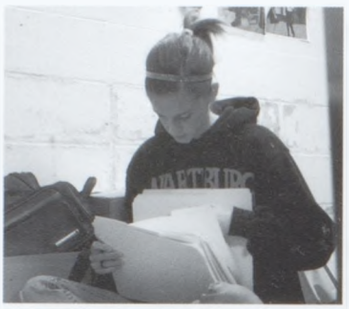





story by erica white and photographs by jessie sandmann



Sophomore Andi Holdsworth highlights changes on the mug shot proofs. Holdsworth went through and highlighted misspelled names and people identified incorrectly, which took place over a two-day period.
photo by kofi manteaw



Sophomore Lisa Friesth tries to organize senior ad photos and texts. "Senior ads are probably the hardest and easiest things to do for the yearbook because they take an immense amount of organization," junior Monika Sehic said.
photo by kofi manteaw



Discussing various designs in the 2009 yearbook juniors Faisal Alabsi and Meredith Batz take a look at past books. "We were trying to see what was good and what needed improvement from last year ," Alabsi said.
photo by kofi manteaw



Sophomore Kaitlyn Ellerman helps to distribute 2009 yearbooks by checking off names on the master list as she handed them out to appropriate juniors or seniors. There were actually several lists that had to be referenced– one for recipients of nameplates and ones without.
photo by monika sehic

the way I see it...



"I think its hilarious when Faisal sings during class. At first its unexpected and can sometimes be distracting but you can tell he's having a good time."
-Alex Peichl '10



"When I have a bad day, I come into the j-Lab and sing. It makes the rest of the day better. The class lets you unwind."
-Morgan Jungman '12



Sophomore Paige Plaskitt tries to fix her computer because it was unresponsive. It was thought that maybe something just came loose."My computer was being moody so I was turning around the computer to unplug it and switch it with another computer's keyboard."
photo by kofi manteaw



Staff writer Emily Welch tries to figure out the best angle shoot a penny in the foreground and the lockers in the back for the cover. This took several tries and eventually the idea was tabled for the day.
photo by kristine hauser



Songbird Serenades Staff

Editor vocalizies Taylor Swift love songs to stressed peers

"It's a love story, baby, just say yes," could be heard wafting out the yearbook lab door. The tune junior Faisal Alabsi sang was not smooth, a little off key even. "His pitch is like scrapping on a chalkboard, but we all get used to it," junior Monika Sehic said. "Faisal's signing is always random and unexpected and adds something new to each day and what's best is that he doesn't get embarrassed"

Alabsi obsessed over singer Taylor Swift. He constantly sang her songs in the journalism lab. "She is a flower that has yet to be blossomed," he said.

The unsuspected new yearbook staff members were not quite sure how to handle his singing in the classroom. "It was really surprising the first day, all I could really think was, is he really actually singing?" sophomore Andi Holdsworth said. "I didn't really know what was going on in here but I knew from that day it was going to a crazy place."

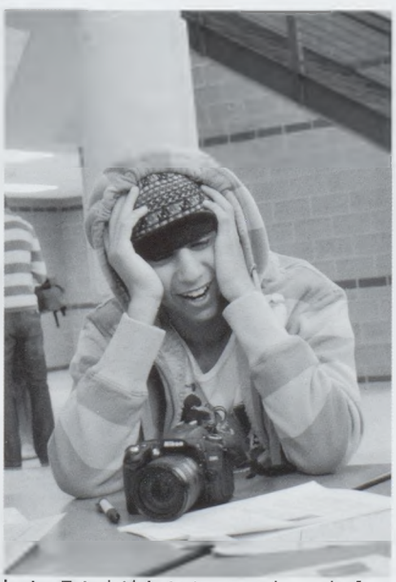
Even students who aren't in yearbook have experienced Alabsi's singing. Newspaper students have also had to deal and sit through his singing as they try to work. "People that don't know him just think that he's really werid," senior Brennan Winget said. "People in newspaper just kind of ignore him now because were used to it."

Alabsi felt singing helped relieve some of the stress revising and deadlines caused. "I see all these sad faces in the journalism lab and I have to do sometimes to turn it around, so I just start singing!" he said.

He also sang popular Disney songs. Songs from the movies "Mulan," "Lion King," "Aladdian," and "The Little Mermaid" were some of Alabsi's favorites. "I love singing Disney songs because number one: they're happy," Alabsi said. "Number two they remind me of good times."

Reguardless of whatever was going wrong in the journalism lab on any given day Alabsi never let it affect his singing. "I mean I think its usually just pretty funny." senior Alex Piechl said. "All in all he's just a really happy kid."

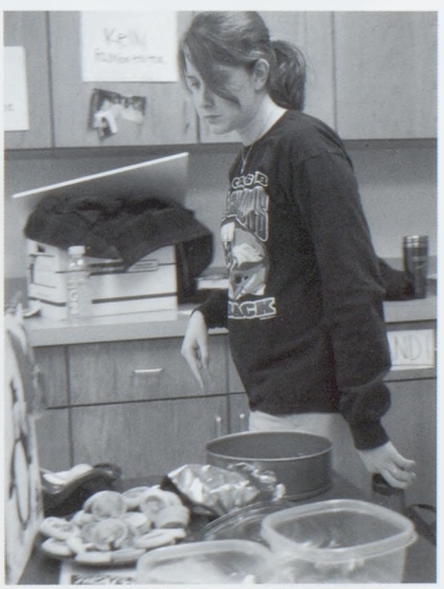
•spread by kara anderson and kofi manteaw•



Junior Faisal Alabsi tries to wake up before entering a photography contest at the state journalism convention. Alabsi was the third consecutive Johnston student to take first place.
photo by kofi manteaw



Junior Erica White prepares an article she was writing for her second deadline. Because of four snow days during first semester the staff got behind. "It was pretty easy (to catchup) because there were only a couple of things that needed to be changed," said White
photo by kofi manteaw



Partaking in a J-lab festive celebration, Helen Lagerblade grabs some snacks before getting ready to work. Each staff memeber signed up to bring snacks for the celebration, which took place before holiday break.
photo by kofi manteaw

Getting questioned, seniors Lauren Gehrke and Dwight Lykins intently listen as reporter Todd Erzen interviews them for the "Johnston Register." The article highlighted "The Black and White's" online paper.
photo by kristina hayes



Cutting up the delicious scotcharoos with a plastic knife, senior Brennan Winget sits with other J-lab members and sells baked goodies. The bake sale raised money for cancer awareness in part of Cancer Week.
photo by helen lagerblade



Typing his questions, senior Michael Carlson prepares for an interview during seventh period class. "Online is fun becasue you can write about pretty much whatever you want to." Carlson said.
photo by monika sehic



Senior Julia Manning looks over newspaper content on the computer, like stories and layouts. As editor-in-chief, Manning was responsible of reviewing rough drafts of other staff writers and editors.



photo by monika sehic

the way I see it...

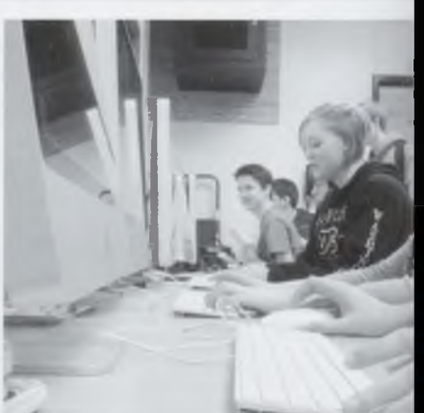


"It's making it easier to publish stuff right away. If something, happens [we] don't have to wait a month before printing it."
-Evan Culbert '12



"If we put the time and effort into it, it's a great way to get timely news out."
-Kelsey Kruse '11

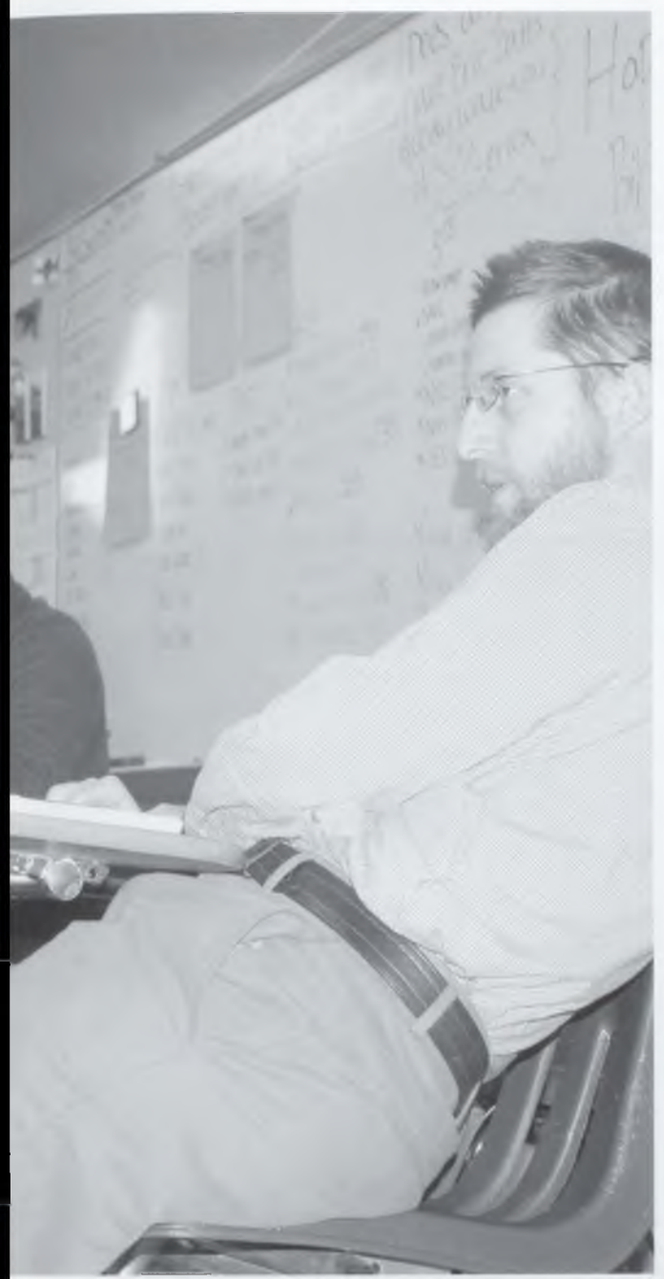
Junior Michael Knoedel and sophomores Kristine Hayes and Cathleen Dutcher begin the period by talking about concepts with one another. Writers were encouraged to look at magazine, other newspaper, and online layouts to get inspiration for their own pages.
photo by scott monroe



During a free period, seniors Matt Knoedel and Andy Halterman go through and preview their photos for the December issue. "It's a lot of extra work outside of class, but if you're willing to put the work in, then it really shows," Knoedel.



photo by jordin robinson



Newspaper Gets Networked

Staff learns that going online proves easier said than done

Senior Dwight Lykins sat in a convention room at the downtown St. Louis Marriott in the fall of 2008. The convention was the semi-annual JEA/NSPA National Convention. One of the courses offered was a speaker who talked about creating Web sites for high school newspapers. Lykins' mind wandered, an image of what the "Black and White's" site could look like captivated him. "After I went to a couple classes I decided it would be rad to do that for our school," he said.

One-by-one, Lykins convinced people of the online idea. First, the editors, seniors Julia Manning, Lauren Gerhke and Kallen Kramer. Next, adviser Leslie Shipp. Then, the district administration. It seemed the hard part was done.

Eager to get started, Lykins created the first version of the site from templates. They did not offer the flexibility he wanted, so he resorted to hand coding his own. "I took the two or three ones I really liked and mashed them up to make our Web site," he said. His goal was a minimalist approach, to keep it simple. In November, he revamped the design.

With the site now up and going, it seemed the troubles with getting there were behind them. Soon though, posting stories and photos within hours of when they occurred proved frustrating. The transition from two to three weeks to write stories to two or three days overwhelmed the staff. "It is a new thing for us to have to update once or twice a day," Manning said. The staff was confused by the new endeavor. "The ideal time to getting the story online would probably be a day after the event, so making sure you have everything done right away and having it done well was a little challenging." sophomore staff writer Lauren Coffey said.

Along with the problems of posting, getting people to read the posts created yet another challenge. The student body seemed unaware of the site. From a session at the 2009 JEA/NSPA National Convention in Washington, D.C., Lykins learned how to track the number of visitors to the site. Lykins didn't have many to track. This led to the staff preferring to write for the paper edition. "I think writing for print means more because when it goes out you know more people are going to read it. People would like their work to be seen more than it is online." sophomore staff writer Ethan Meng said.

Adviser Leslie Shipp's suggestion to shut down the site at the beginning of second semester if they did not market it proved motivating. After Lykins posted information about [illegible] the weekend of Jan. 30-31.

spread by jordin robinson and kallen kramer







Retrieving a stack of papers from her car, junior Kelly McGowan unbinds the new February issue. McGowan took the papers to the Johnston Public Library. Staff was required to distribute the papers to different places in the community.

photo by jordin robinson



Critiquing their fashion page, sophomores Chis Caracci and Ethan Meng go over the corrections made by their editor. One of the many new additions to "The Black and White" was a new page, the fashion page. Each month readers could gain insight on the latest trends and fads.

photo by scott monroe



Flipping through her photos, senior Kiera Morrill stands in front of the War World II Memorial in Washington D.C. The journalism department traveled to the National Journalism Conference in D.C. in November. At the insistance of adviser Leslie Shipp, the group experienced eating at Ben's Chili Bowl.

photo by paige plaskit

STATE FAMILY FEUD

Pitcher faces mother at the state final game

Okay, I have three outs and we win this thing.

Composed on the mound, freshman Abbey Wilmes focused on her task to come, step by step. The first Waukee batter stepped up to the plate and Wilmes forced a pop out right to her.

One down.

The next batter came up and hit the ball high into the air and right into the glove of Wilmes.

Two.

Wilmes thought of the next batter like any other she had faced this season. A double was induced.

Okay, it's alright, just get this one.

Wilmes threw the next pitch and contact was made right to the shortstop, senior Abby Sonner. Sonner scooped it up and threw it to the first baseman, junior Cassie Curtis, for the out.

We did it.

The whole team rushed on to the field and embraces went all around. Wilmes became really emotional. She started to savor the moment and looked all around her to make sure this was real. Her gaze went to Waukee's dugout and there she was. "Mom was bawling her eyes out because she was disappointed in losing but also because she was proud of me," said Wilmes.

The unranked softball team came in with a great attitude, but many had doubts. The team was expected to lose in their first match-up with third-ranked Cedar Rapids Jefferson, but the girls had some other feelings. "Coming in as the underdogs took all pressure off our team," junior Madison Thompson said. " We were able to just focus on our game and go out and play with nothing to lose."

> "We never stopped believing and we all knew **deep down** we were gonna win."
> -Jayde Cherkas '10

With that attitude, not only did the girls beat Cedar Rapids, but they went on to beat Sioux City East. The team was to meet their 35-8 opponent, Waukee, in the state tournament finals.

Throughout the tournament, senior Tara McCulley and freshman Abbey Wilmes were the two alternating pitchers. Wilmes got the call for the final game against one of the strongest opponents she knows: her mom.

Andrea Wilmes was the coach of the Waukee softball team and the mother of Abbey and 8th grader Bailey Wilmes of Johnston team. Abbey and Andrea texted each other the night before the championship game to talk about how they felt. "(Andrea) was really nervous about the game because she wanted her girls to win but at the same time she wanted her team to win," junior Kayla Ross said.

Although her mom was in her thoughts the night before, Abbey focused on her task to come at the final game. She pitched a complete game and the team came out as the state champions. "When I got on the mound, I didn't even think about my mom," said Abbey. "I just wanted to win."

spread by: faisal alabsi



Junior Jordan Sandquist creams the ball into the outfield for a single. "We focused on batting this year since we were so good at defense," Sandquist said.

photo by faisal alabsi



Junior Jayde Cherkas slides back to first base as the catcher tries to pick her off. "Coach always said to be aggressive," Cherkas said. "But you have to be smart."

photo by faisal alabsi



Senior Alexa Guessford catches a pop fly by second base in the fifth inning of the semi-final game. Guessford was one of the senior dominated infield.

photo by faisal alabsi



After catching a fly ball, sophomore Alex Hawks throws it to the cut off. "I like the outfield because I'm in my own little world out there," Hawks said. "It's a blast!"

photo by faisal alabsi



Senior Tara McCulley pitches during her last game of high school softball. Sophomore Abbey Wilmes got the call for the state championship game which ended up being a complete game.

photo by faisal alabsi



During their celebration, senior Tara McCulley and sophomore Abbey Wilmes hug each other after the semifinal win. As the two pitchers, they switched off throughout the state tournament.

photo by faisal alabsi



Junior Madison Thompson warms up by playing catch. Thompson started in left field which needed a strong arm that is limber.

photo by jordin robinson



photo by faisal alabsi

Junior Kayla Ross, seniors Tara McCulley, Annie Gray, Abby Sonner, and junior Cassie Curtis embrace each other after their unprecedented semifinal win against Sioux City East. "I was so excited to win that game because it meant a chance for the championship and the perfect end to a great year," Curtis said.

10-0	mason city
10-0	mason city
2-0	east
1-2	waukee
7-9	winterset
6-3	lincoln
1-2	fort dodge
8-2	ankeny
1-3	ankeny
4-0	dowling catholic
0-1	dowling catholic
2-1	bettendorf
8-1	urbandale
2-0	urbandale
1-0	s.e. polk
4-2	s.e. polk
14-3	solon
6-3	linn-mar
7-2	xavier
12-0	indianola
10-4	indianola
1-4	ankeny
2-3	ankeny
2-7	waukee
3-4	waukee
7-4	ogden
5-3	boone
3-8	dowling catholic
3-2	dowling catholic
0-1	valley
10-0	urbandale
6-0	urbandale
1-3	s.e. polk
1-2	s.e. polk
4-3	indianola
9-8	indianola
6-0	roosevelt
2-1	ankeny
3-2	east
4-1	jefferson
5-1	sioux city east
5-0	waukee
all-state	abby sonner
	cassie curtis

The dance team assembles into a pose at the end of their routine at a half-time show. The group created a heart with their pompoms to celebrate Valentine's Day.
photo by kristine hauser



Freshman Spencer Vines warms up at practice by doing ab raises on the floor as part of a circuit. The team started practice with a jog, then moved to circuits, followed by stretches and jumping.
photo by jordin robinson



The dance team twirls on one foot in the middle of the song, synchronizing together. Varsity practiced at the school on Sundays, Wednesdays, and Thursdays for two hours.
photo by alex peichl



Freshman Katelyn Lunders stretches out her legs during practice, touching her toes. "I've been dancing since I was like 4, and it's just something I've always enjoyed doing," Lunders said. "It's cool to get to do it for my school."



photo by rachael meyer

the way I see it...



"We placed Division I at state, which was amazing because we'd been working so hard on everything we could think to fix."
-Brittany Faley '11



When you dance, you have to put everything into it. Body, mind, and soul. It teaches you that you need to work for what you want."
-Oliva Hurm '10

In the middle of a turn, senior Allie Lindsey uses her leg to keep herself in motion. "We practice for two hours, three times a week," Lindsey said. "We really focus on technique during practice so that we can maintain a strong team."
photo by kristine hauser



The varsity team flashes a smile to the crowd in the middle of a spin. During halftime of basketball games, both varsity and junior varsity performed. There were nine girls on JV, three sophomores, and six freshmen.



photo by kristine hauser



Passion GROWS

Increasing interest brings more dancers into the world

During dance team practice, junior Brittany Faley stretches out her legs alongside the thirty girls that now make up the dance team. Looking around at the huge group, Faley can remember participating in dance when there were fewer teams and members. Despite the growth the team has seen, Faley knows all of the 35 dancers by name, even the eighth graders that are trying dance for the first time.

"We focus a lot on team bonding the first part of the year," coach Meredith Coakley said. "We try to keep things fun for the team, and bonding games and friendly competitions are a big hit."

Since the creation of an eighth grade team two years ago, the team has grown from just about 20 dancers, with more girls auditioning than the program can hold. "We have combined practices, and those practices are getting bigger, but we still all know each other," junior Taylor Coakley said. "We (made a new team) because a lot of people wanted to join the team."

The team has benefited by having dancers with experience before they join junior varsity. "The dancers were in a much better place because of their experience on the eighth grade team or from outside practice," coach Jacque Karns said. "Some of our JV dancers are in their second year of dance training, and without their year on the eighth grade team, they would be that much further behind this year."

The eighth grade team was even given a chance to perform with the varsity team on Jan. 29 in a combined performance with all the teams. They worked on the routine as a large group and performed to a medley of songs about dance.

"It let us showcase our program as it continues to grow," Karns said. "We were thrilled with the performance and look forward to doing it again."

Before creating fun routines for games, however, the team focuses on state competition, which happened in November. Performing to popular song "Tik Tok," the varsity team placed highly.

"We placed as Division I in all three of our routines at state," Taylor Coakley said. "We also tried a kick routine for the first time and were very pleased with how that went."

After the focus of the team returned to entertaining, they created a new dance for every week.

The team also grew through natural means. Forming the eighth grade team was only a place to put them. Coakley was optimistic about the numbers and talent coming in to the sport. "They get more practice now," Coakley said. "But that's usually just tweaking the talent they already have. Dance is becoming more popular, and more interesting."

•spread by rachael meyer and kristine hauser•



Throwing her body into the air, junior Taylor Coakley leaps during the Feb. 12 basketball half-time show. The rountine included moves like spins, jumps, and kicks.

photo by kristine hauser



The team members settle into their starting position before the music begins, looking down at the floor before popping up to the music. They performed to a remix of "Tik Tok" by Kesha for this dance.

photo by rachael meyer



Forming a large kick line, the combined dance team performs at the basketball game on Jan 29. The team got to perform with all of its members and show off their growing numbers.

photo by kristine hauser

Mugshots



Listening intently to the photographer, junior Elise Kretzinger adjust her pose during picture day. "I was just thrilled I had my braces off in the picture," Kretzinger said. "Otherwise I didn't dress up too much."
photo by monika sehic



"I like to smile, smiling is my favorite."

-Buddy, the elf

"I feel like I'm not photogenic, but I guess it's okay if I take a good picture!"

-Sophomore Blake Heikes

"I love getting my picture taken! It lets me express my emotions in a really permanent way!"

-Sophomore Amelia Sadikovic

"Some people might say it's an invasion of privacy, but you know what you look like...so why should it matter if it's captured?"

-Sophomore Claire Nicholas

"I used to hate it because I sucked [at getting my picture taken], but now I don't mind so much because I'm confident."

-Senior Alex Erb

"I don't really like getting my picture taken, especially at soccer tournaments, prom, and homecoming because parents take like 500."

-Junior Hunter LaFollette

Senior Class of 2010


Megan Ackerman


Garrett Acuna


Ashley Adams


Lindsay Adams


Anastasia Addington


Haden Allison


Joshua Amick


Alex Anderson


Chelsa Anderson


Julia Anderson


Christina Andeweg


Gabriella Angeloni


Casey Aschan-Cox


Ethan Augustine


Luke Ausenhus


Nicole Baedke


Lyssa Bailey


Jacob Baird

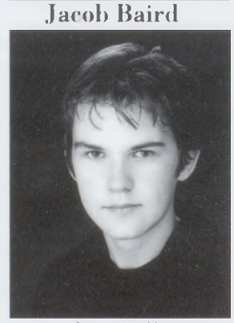

Sean Barnard


Meghan Batterson


Tyler Baumgartner


Jarod Beaman


Meredith Belding


Jordan Belknap

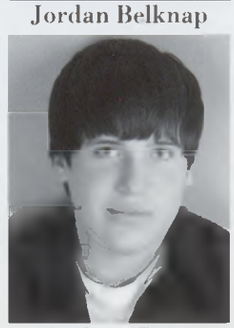

Anna Belner


Daniel Berry


Ryan Betters


Julia Binnie


Timothy Blank


Andrew Borst


Dylan Boston


Ryan Bower


Amy Bowers


Tyler Bradley


Marissa Broich


Michael Brom


Michelle Brooker


Thomas Brown


James Browning


Luke Bubeck


Derek Buchholz


Abigail Burch


Sandi Burnic


Helene Calvo-Castano


Andrea Cameron


Morgan Campbell


Catherine Caracci


Michael Carlson


Rachel Casciato


Rachel Chapman


Colin Christensen


Sydney Christensen


Shane Christenson


Sherri Chyi


Benjamin Cigan


Austin Clements


Justin Coaldrake


Jonathan Coen


Aubrey Conrad


Austin Cooper


Michael Corron


Jordan Costello


Angelo Cresta


Laura Cross


Lisa Cunningham


Cassandra Curtis

Senior class of 2010


Marija Dagyte


Hannah Dankbar


Kantapol Dan-Aroonkiet


Alicia Deal


Jenna Devens


Preet Dhugga

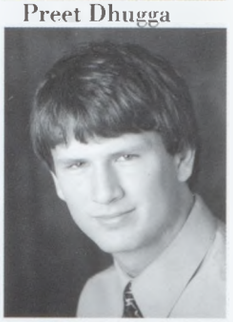

Hunter Dickinson


Olivia Diehl


Elvis Dizdarevic


Olivera Djuric


Paige Doherty


Marcus Dolan


Thomas Dooley


Lucas Dunshee


Charlotte Dutcher


Emily Eikenberry


Eric Eittreim


Kathleen Elliott

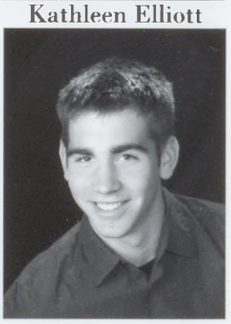

Mason Ellis


Elizabeth Elmitt


Christopher Emehiser


Alexander Erb


Taylor Erwine


Nicholas Evans


Azra Feriz


Kelsey Fiala


Benjamin Fincher


Austin Finley


Travis Fish


Anne Fleming


Morgan Foldes


Mitchell Fondell


Kamiren Ford


Katherine Fox


Ryan Francois


Benjamin Freese


Meredith Freese


Amy Gansemer


Tanner Gardiner


Lauren Gehrke


Brianna Gerke


Timothy Gerzema


Emma Gesiriech


Kyler Gifford


Jared Gilbert


Walter Githens


Averi Giudicessi


Alexander Giusto


Mathew Gonner


Kristen Good


David Gorden


Troy Gordon


Kelsie Gould


Madison Graham


Alexander Grapp


Kendra Greenfield


Alex Grieg


Alex Grieve


Alexander Grill


Connor Gyles


Chelsie Halbur


Andrew Halterman


Justin Handel


Jena Hansen


Brandon Harken


Ashley Harris


Blake Hartsook


Ella Heinicke


Amber Heller


Shelby Helmer


Keith Hernandez


Kara Highfill

Senior class of 2010


Kathryn Hinkle


Nicholas Hoobin


Bethany Hoogenakker


Anthony Hoyt


Sarah Hurm


Griffin Idleman


Kirsten Ingersoll


Ross Ingersoll


Niki Iser


Alex Jacobsen


Benjamin Jacobson


Dayna Jansen


Ryan Johanson


Blake Johnson


Bryce Johnson


Emalie Johnson


Jessica Johnson


Karaline Johnson


Kevin Johnson


Riley Johnson


Sara Johnson


Spencer Jones


Nathan Jorgenson


Andrea Juergens


Sarah Jungman


Leah Kacere


Thomas Kacmarynski


Emily Kane


Jonathan Kelling


Megan Kellogg


Courtney Kimble


Kylin Kinsey


Jocelyn Kleinschmidt


Jacob Klopfenstein


Bailey Knapp


Alex Knee


Tyler Knepper


Matthew Knoedel


Allysa Koethe


Amanda Korkow


Kallen Kramer


Courtney Kreinbring


Brad Kruse


Alana Krzyzak


Monisha Kumar



Karter Kunze


Kristy Kunze


Dylan Lang


Courtney Lappin


Caleb Larkin


Thomas Larson


Sean Lau


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Kirstie Lindsey


Ryan Lower


Evan Lundstrom-Yurdin


Dwight Lykins


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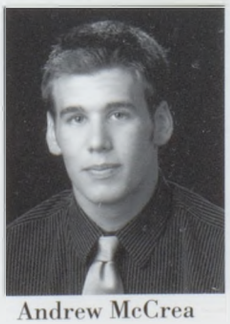

Madison Mandsager


Julia Manning


Sasha Markland


Kaitlin Mason


Kody McCracken


Andrew McCrea


William McDowell


Sean McGowan


Alexandra McKeighan


Andrew Meek


Dylan Melroy

Senior class of 2010


Matthew Merrick


Bailey Merritt


Travis Merritt


Patricia Miller


Shay Miller


Charles Monroe


Gregory Monson


Kiera Morrill


Kayla Morris


Philip Mortens


James Neely


Jared Nelson


Matthew Nelson


Guy Newberry


Jackson Nielsen


Kristina Nixson


Reanna Noel


Carlyn O'Keefe


Christian Oatts


Eric Oatts


Jefferson Oatts


Shawn Olsasky


Nathaniel Ostiguy


Olivia Pace


Anthony Palmer


Hannah Palmer


Megan Parker


Briana Partridge


Joseph Payne


Alexander Peichl


Jacob Perington


Dylan Perkins


Bailey Petersma


Kala Pfundheller


Amanda Philiph


Britta Pohlman


Austin Polson


Nicole Postel


Henry Prager


Nathan Prager


Jessica Pray


Robert Propstein


Blake Pruitt


Yiming Qin


Ryan Quesnell


Ashley Quick


Lindsey Rasmussen


Kenneth Ratekin


Riley Rath


Allison Rawls


Robert Rebouche


Alec Recker


Loryn Reed


Samuel Reed


Alex Richards


Khael Rosburg


Matthew Rose


Jennifer Ross


Kari Ross


Kayla Ross


Megan Roth


Braden Rupp


Brianna Ryan


Courtney Sabus


Lauren Samson


Jordan Sandquist


Ciara Schaben


Leah Schmidt


Victoria Schnittker


Alexander Schultz


Molly Schunicht


Kayla Schuster

Senior class of 2010


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Chanel Scott


Samatha Sellers


James Sevenich


Stephen Shaffer


Derek Shaver


Fred Shen


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Isaac Shryock


Kirby Singleton

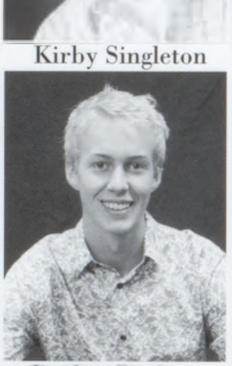

Blake Skartvedt


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Hanna Souhrada


Kyle Soyer


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Jennifer Spaulding


Danielle Stansbery


Jacob Sterk


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Emily Strom


Brittany Strub


Sara Stucker


Alexandra Swift


Sanida Tabakovic


Margaret Taylor


Derek Temple


John Temple


Cole Thomas-Richards


Jordan Thompson


Madison Thompson


James Tran


Anna Tucker


Erica Tucker


Nicholas Tucker


Joseph Twickler


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Christos Vardaxis

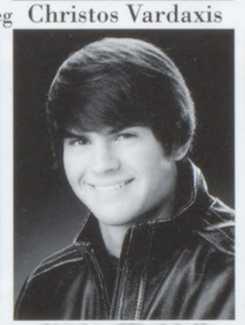

Yelena Varley


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Chris Villegas


Jill Von Fumetti


Emily Vos


Skyler Waddell


Caleb Wagner


Ben Waldschmitt


Cody Walkup


Grace Wandro


Kayla Ward


Sarah Warren


Benjamin Warrick


Chad Weirich


Abigail Westemeyer


Taylor Westercamp


Chanlea Wilkes


Bradley Wilkinson


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Steven Williams


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Ali Willis


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Jacob Wood


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Lin Zhang

Junior Class...

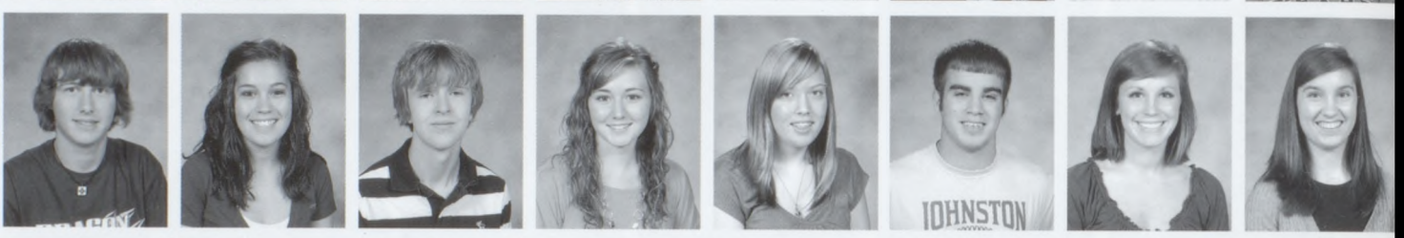
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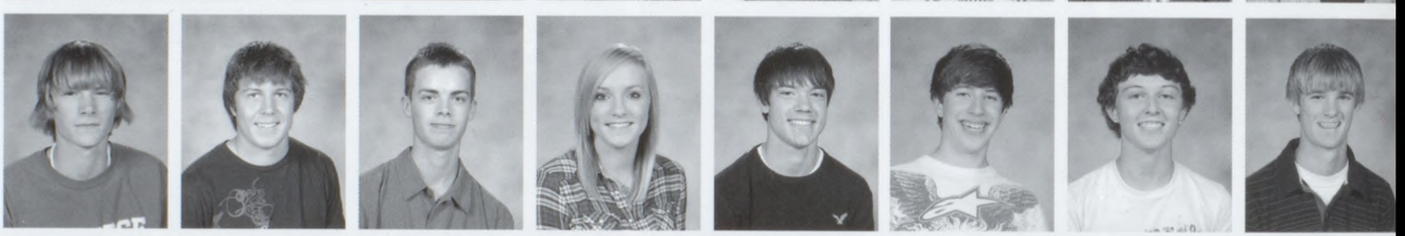
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Owen Ballard
Nick Barney



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Haley Beaver
Tyrsa Beck
Justin Becvar
Rachel Beierschmitt
Anna Belknap



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Erik Bergstrom
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Trevor Biley
Cameron Biondi



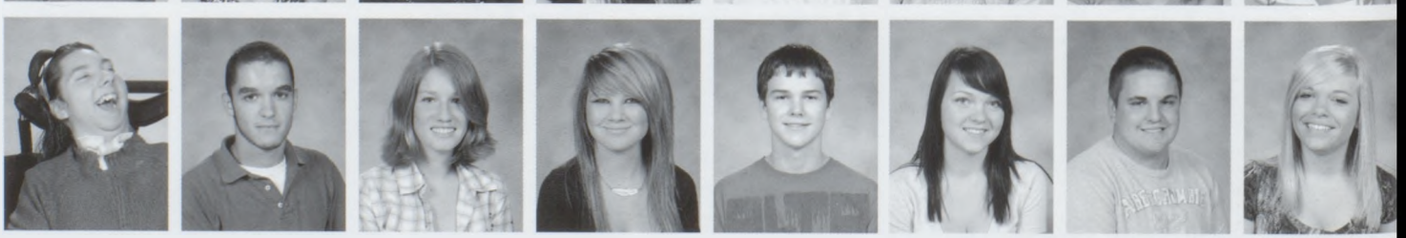
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Luke Bormann
Brittany Borup



Leah Bowman
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Gaby Brass
Hailey Bridgewater
Margaret Brimeyer
Mitch Bruckshaw
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Kristin Bunting



Lauren Burkhardt
Cliff Burleson
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Meghan Campbell
Mitch Campbell
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Aly Carlisle





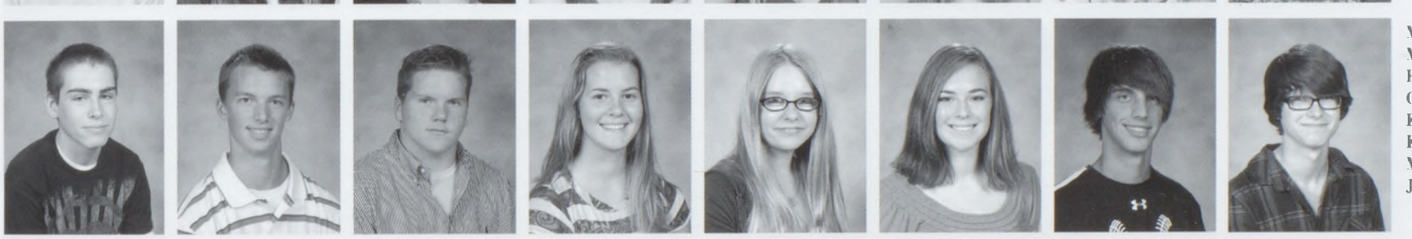
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Reed Clabaugh
Hallie Clancy
Christine Clark



Sarah Cleveland
Amber Clock
Taylor Coakley
Chris Coble
Paige Collison
Jordan Colvin
Owen Cooper
Arnesa Cosic



Ryan Coulson
Dellanie Couture
Emily Coy
Allison Crist
Kerrigan Crotts
Lindsey Curiel
Megan Curtis
Alyssa Czapla



Matt Daisy
Matt Darland
Blake Davidson
Christina Davis
Katie Davis
Katy Davis
Matt Defrancisco
Josh Delanoit



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Djordje Djuric

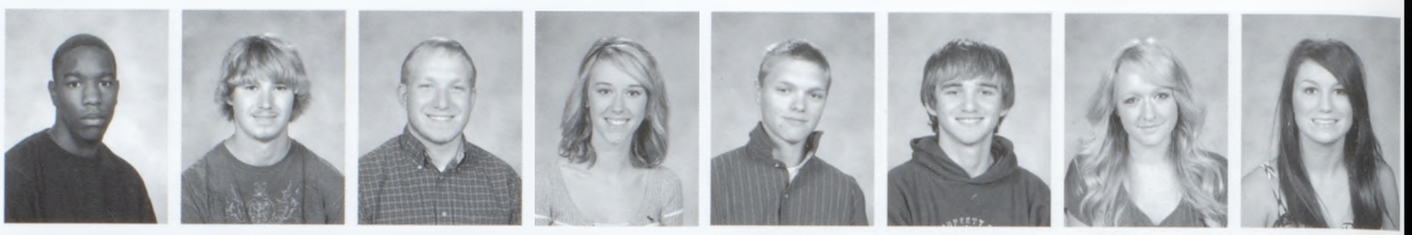


Chris Dockum
Selma Dolic
Jordan Doswell
Brooklyn Drake
Judith Duenas
Travis Early
Alyssa Eaves
Brendan Elliott



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Adam Farrell
Mary Feng

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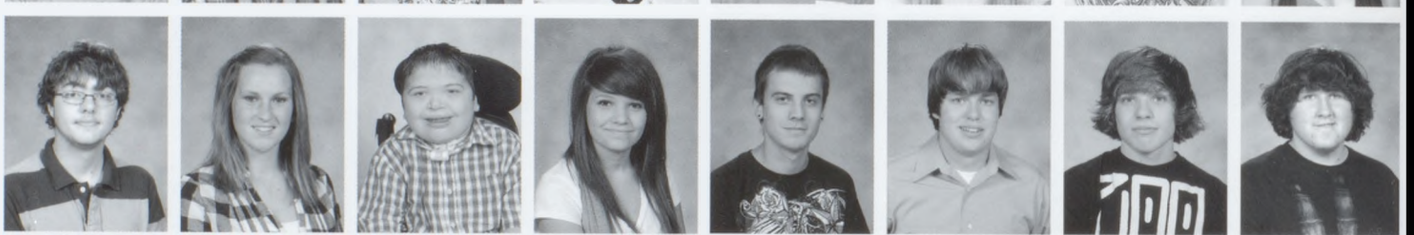
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Rosemarie Freymark
Katelyn Fritcher



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Janelle Galang
Lauren Gallatin
Ben Gardiner
James Garlock
Brian Gates
Labria Gates
Tim Gates



Macklin Gavin
Zachary Gedden
Alexus Golden
Angelica Gonzalez
Kevin Good
Lauren Goodale
John Goranson
Dahlia Gordon



Nick Goss
Emma Gowey
Brandon Gray
Lorena Grbavac
Lucijan Grbavac
Tanner Grill
Scott Grimes
Robert Grimit



Matthew Gulleen
Cody Hager
Brad Hagerla
Kevin Han
Jessica Hansen
Jacob Hanson
Dylan Haugland
Kristine Hauser



Alex Hawks
Trevor Heglin
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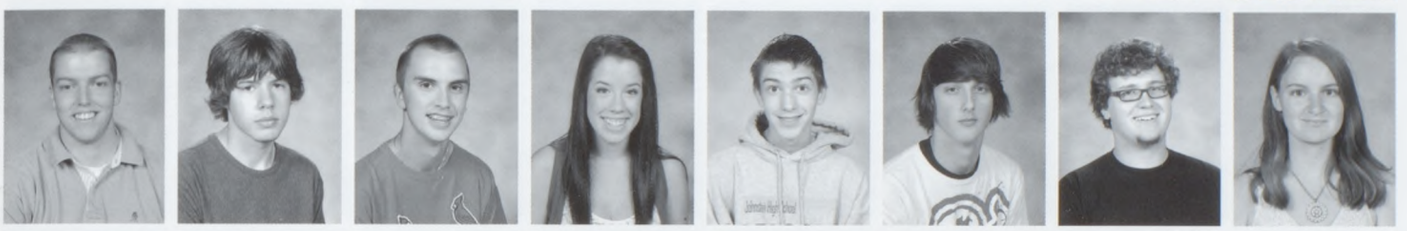
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Jamerris Holder
Casey Holt
Joseph Honold
Victoria Horstman



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Betsy Hourigan
Kristen Howe
Ashlee Hulbert
Michelle Hummel
Jacob Hunsberger
Skyler Hyde
Spencer Hyde



Drew Jackson
Zach Jacob
Derek Jacobson
Cody Janousek
Talon Jendro
Andy Jensen
Megan Jensen
Dustin Johnson



Gunnar Johnson
Mason Johnson
Matt Joslin
Chloe Judas
Erik Jurgensen
Anes Kajtazovic
Haris Kajtazovic
Katie Kanauss



Jason Kane
Garret Kanwischer
Jack Karasek
Sydney Kennebeck
Zach Kightlinger
Joanna Kim
Jeremiah Kimbrough
Austin Kinsey



Braydon Kirstein
Ryan Kitchen
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Michael Knoedel
Tory Knuth
Anita Kovacevic
Joseph Kraber
Alex Kramer



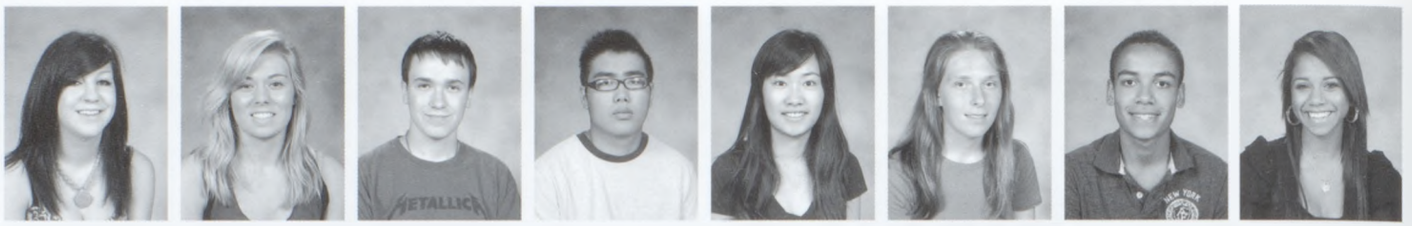
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Hunter Lafollette
Mitch Langos



Corrin Larkin
Ryan Larsen
Katie Lashier
Spencer Lee
Shalyn Lenaghan
Andrew Leslie
Dalton Leslie
Katherine Lewis

Junior Class...

Alex Ligouri
Noelle Liljedahl
Joseph Lilly
Jia X Lin
Ling Jing Lin
Emily Linscheid
LJ Lipscomb
Kennady Loffredo



Justin Long
Andy Lovejoy
Elissa Lowe
Miriam Luna
Todd Lunceford
Isaura Luong
Spencer Macklin
Nick Maher



Nicole Malli
Hank Mandsager
Kofi Manteaw
Miles Marek
Adam Margolin
Ted Marsh
Makayla Mawhinney
Meghan May



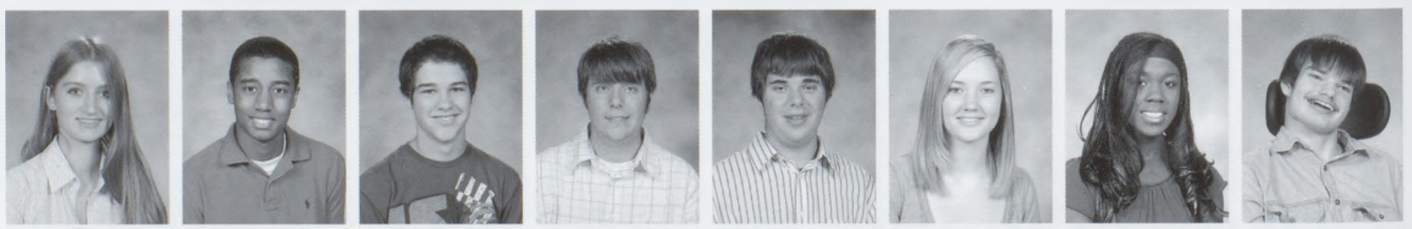
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Mckenzie McClure
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Conner McCool
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Matt McDermott
Kasey McDowell



Michael McFarland
Kelly McGowan
Lauren McNeal
Emily Mentzer
Jennifer Merrill
Michael Metzler
Daniel Meyer
Morgan Meyer



Rachael Meyer
Jalen Mickey
David Miedema
Brandon Miller
Nick Miller
Karley Mills
Leaanndra Minick
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Logan Moc
Brett Moffitt
Geneva Mongar
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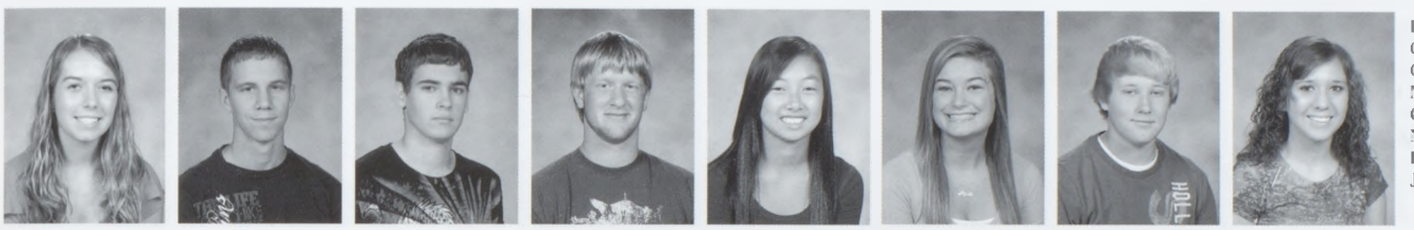




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Moleste Niyonkuru



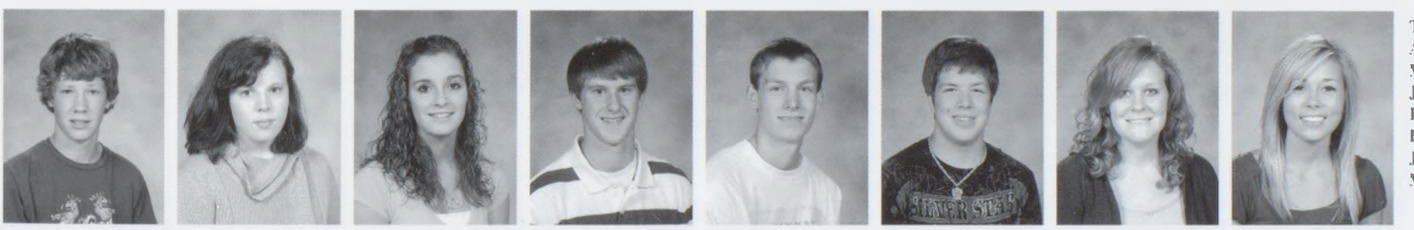
Julia North
Seungtek Oh
Melonie Olin
Dirk Opland
Victoria Orrante
Alisa Pajser
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Emily Parker



Katelyn Parsons
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Chris Pielak
Nic Pierotti
Geena Pilcher
Nicole Pirie
Konnor Plagge
Jessica Portel



Kelly Poston
Alexa Probst
Matt Probst
Kathryn Propstein
Emily Ramsey
Alexis Randle
Megan Randolph
Alexandra Reicks



Taylor Retherford
Ashley Ribordy
Megan Rice
Joey Ridenour
Robbie Rissman
Hayden Robinson
Jordin Robinson
Morgen Roshek



Jordan Ross
Rachael Ruggieri
Carly Ryan
Carlee Sabus
Frankie Sanchez
Corey Schaefer
Collin Schares
Elizabeth Schiefelbein



Blaine Schlawin
Blake Schlawin
Sarah Schleisman
Jeff Schmidt
Jocelyn Schneider
Zach Schneider
Connor Scholl
Sarah Schulte

Junior Class...

Greg Schultz
Matt Schultz
T.J. Schultz
Tommy Schwaderer
Lauren Scott
Monika Sehic
Ian Selinger
Chad Sexton



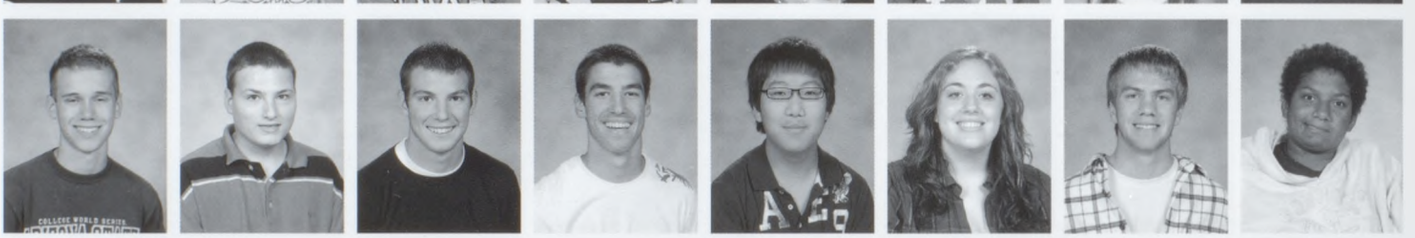
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Mark Sharp
Sam Shelton
Mike Shi
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Reed Siems
Madalyn Simbro
Kyle Skinner



Ryan Smaha
Adnana Smajlovic
Bridgett Smith
Emma Smith
Amanda Soda
Amber Solberg
Rachael Sorci
Mitchell Sparks



Robbie Spearman
Devon Spurgeon
Cory Stapes
Ryan Stapes
Ben Stensrud
Tressa Steuber
Zach Stitz
Teddy Strand



Mikhala Stutzman
Jake Sullivan
Max Suvalsky
Rachel Swanson
Jacob Swesey
DJ Swift
Brandon Taylor
Carr Terpstra



Thomas Thatcher
Jake Thies
Stephanie Thimmesch
Alex Thomas
Vickilee Thomas
Ryan Tiller
Josh Tindall
Sebrina Toepfer



Renata Topic
Austin Trainer
Caitlyn Trillet
Natalia Trimnell
Brittany Trow
Makayla Tuon
Dane Van Brocklin
Andrew Vander Zwaag












Spencer Vasey
AJ Venteicher
Nick Verhuel
Nick Vogel
Taylor Von Rentzell
Zach Waddell
Alex Wagner
Kristen Waite










Tawny Walker-King
Elizabeth Waller
Ryan Walton
Chelsea Waltz
Fei Wang
Scott Wanninger
Collin Ward
Farad Ward










Molly Ward
Connor Wegner
Emily Welch
Eric Welter
Alex Wendell
Briana Wengert
Erica White
Nia Wilder










Adam Wiley
Elissa Wiley
Chanice Williams
Earl Williams
Garrette Williams
Matt Williamson
Thomas Winkelman
James Winterbottom










Panalie Wiratsorn
Brittany Witmer
Thomas Wittman
Alex Wolfe
Connor Woody
Skylar Wright
Cindy Xu
Joe Zahn

Jordan Zenor

Sophomores

Shane Abbott
Ena Ajdimovski
Kaitlyn Aldrich
Austin Aldridge
Eric Aldridge
Ally Allison
Taylor Anderson
Kyle Arnold

Sophomore Class



Jenna Axtell
D'autre Ayers
Lauren Babcock
Jordan Bailey
Kayla Baird
Jennifer Barber
Emily Barnes
Eric Bass



Kassidy Bast
Alyssa Becker
Taylor Beebe
Taylor Beguhn
Wesley Belknap
Evan Bergman
Courtney Berkley
Jordan Berry



Mirza Besic
Brandon Biere
Carter Biondi
Jasna Blazevic
Zach Boals
Brandi Bolken
Clayton Bormann
Terra Boston



Amy Bourne
Austin Bowen
Brianna Bradley
Erin Brandsgard
Cody Brenner
Eric Bridgewater
Adam Britton
Cameron Brose



Daniel Brown
Julia Brown
Barbara Bryant
Joe Buckley
Madi Buckley
Anna Buising
Jetmir Bungu
Taylor Burkhead



Myra Cabrera
Alissa Campbell
Chris Caracci
Martha Carroll
Jessie Ceraso
Shane Chafa
Brian Cherrier
Jenna Christensen



Frankie Chyi
Manda Clark
Matthew Clingan
Lauren Coffey
Dany Cole
Alec Comstock
Cody Conley
Brayden Conrad



Pheobe Cooper
Alex Cordes
Austin Coulter
Caiya Couture
Shaylinn Crone
Josh Cronin
Cody Cubit
Evan Culbert



Ryan Danielson
Jacob Davis
Megan Davis
Monica Decarlo
Jordan Defelice
Tessa DeLaria
Jill Deskin
Andrew Dickelman



Josh Dicken
Anne Dieseth
Sydney Dimarco
Abigail Dolan
Amber Dorrian
Enya Dougherty
Zhu Duan
Ian Dunshee



Abby Dusen
Cathleen Dutcher
Adam Earles
Sam Easter
Conner Eisentrager
Kaitlyn Ellerman
Logan Elliott
Jacey Elmer



Chelsea Elming
Austin Empey
Ashley Enger
Catherine Erb
Ashlee Erickson
Joe Farrell
Austin Feinberg
Kelsie Ferin



Charles Fiedler III
Sara Fincher
Ricky Floyd
Dragana Forcan
Alice Foss
Jenna Francois
Lisa Friesth
Matt Fritz



Conor Fuller
Adam Gardner
Alicia Garside
Erika Gebard
Krista Gerke
Nicole Gibbons
Keaton Gifford
Kristen Gifford

Sophomore Class

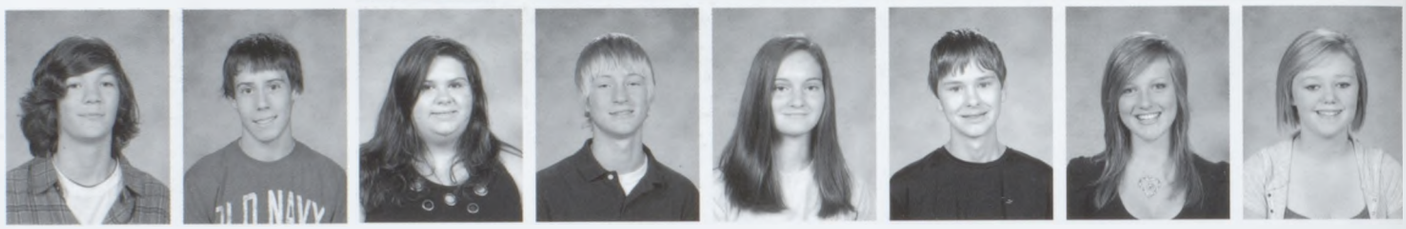
Emilie Githens
Cole Giudicessi
Cindy Gonzales-Ortiz
Brad Gott
Elli Grapp
Whitney Graves
Ashley Gray
Danielle Greig



Cal Gruening
Skyler Guyer
Matias Haas
Patsy Hadley
Benton Haggett
Charlie Haggett
Sarah Hainline
Bakir Hajdarevic



Andrew Haler
Evan Hammer
Lexie Handy
Jon Hankins
Catherine Hardy
Nathan Hasstedt
Anna Hathaway
Kristine Hayes



Mykayla Hayes
Blake Heikes
Jenna Heil
Jacob Henderson
Emma Henry
Keshia Henry
Alexander Hershey
Sammie Hildreth



Karim Hodzic
Nicole Hoffman
Katie Holcomb
Jullian Holder
Andi Holdsworth
Nick Holland
Chelsea Hove
Michael Huff



Bradley Hughes
Olivia Hurm
Maggie Ingham
Jose Iregui
Nikki Irvin
Preston IVerson
Cody Jacobson
Brandi Jansen



Kyle Jarnagin
Adam Jaschen
Kendra Jensen
Nathan Joens
Aaron Johnson
Anna Johnson
Bryan Johnson
Kylee Johnson

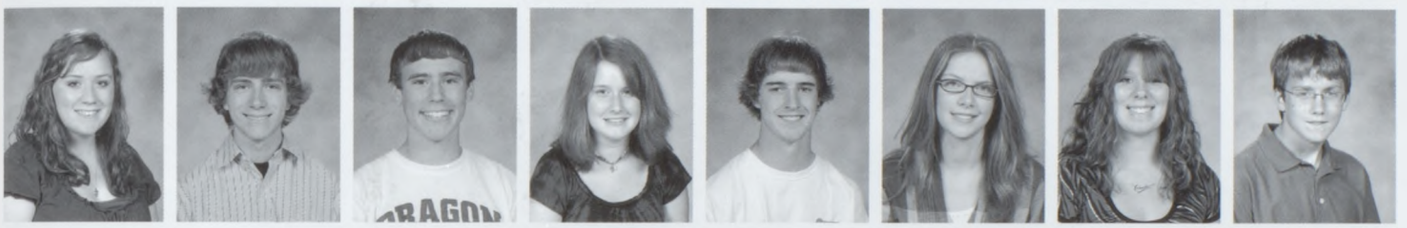




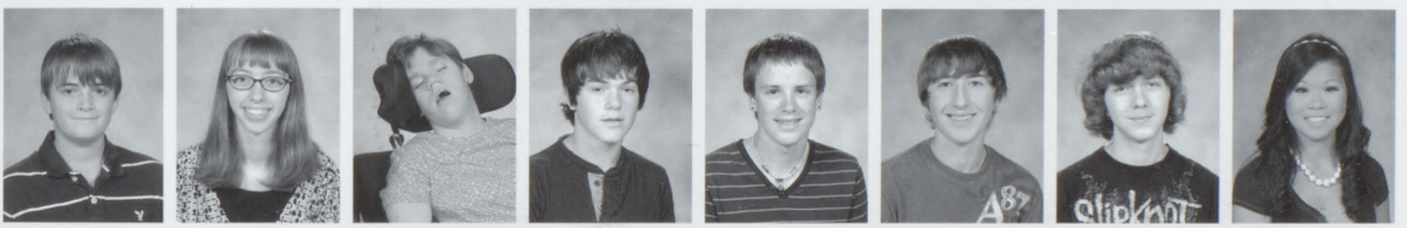
Amber Jones
Morgan Jungman
Heather Kacmarynski
Jonathan Katz
Taylor Kavaya
Kent Keil
Jordan Kelling
Kailey Kerr



Daniel Kim
Madison Kleve
Jacob Knopf
Tyler Koonce
Brandon Korkow
Renata Kovacevic
Elaine Kramme
Maddie Kreamer



Jerin Kreinbring
Jeff Krueger
Isaac Laffey
Helen Lagerblade
Ben Larpenter
Sierra Larson
Ashlee Lee
Gerrit Lee



Mason Lee
Cori Leffler
Katie Leffler
Will Legrand
Perry Leysens
Haris Lilic
Ashton Lindsey
Teresa Liu



Adam Lovell
Ryan Lowder
Danh Luu
Samuel Maras
Stuart Markland
Megan Martin
Nolan Martz
Ryan Marx



Tyler McCormick
Grant McDonald
Emily McDowell
Sam McGinn
Brett McGinnis
RJ McGrew
Andre McKay
Marcus McKay



Katie McMillen
Dakota Meadows
Amelia Medici
Ethan Meng
Bhageerath Menneni
Emily Merritt
Emma Meyer
Malia Meyer

Sophomore Class

Luke Miles
Elizabeth Mills
Rielly Mills
Ellie Minor
Rachel Minter
Taylor Mithelman
Sydney Monahan
Maren Monson



Casey Morales
Jordan Moriarty
Tyler Moriarty
Brianna Mormann
Rachel Morris
Tyler Morrissey
Rory Mull
Yvonne Munanira



Christopher Munter
Tayler Murray
Ben Neal
Brianna Nelson
Cathleen Nelson
Jordon Nelson
Tyler Neumann
Katie Newbury



Nick Newton
Claire Nichols
Justin Nicolet
Lyndsey Niebuhr
Kensie Noble
Janie Norris
Taylor O'Bryan
Catherina Ochoa



Lauren Olsen
Megan Olson
Dino Omerhodzic
Dylan Ostwald
Amy Overton
Andrew Overton
Cara Pace
Matt Pargulski



Cheyanne Parish
Ben Parsons
Jeffrey Pavelka
Nick Payne
Haley Pennington
Nate Perkins
Randall Perkins
Olivia Pessolano

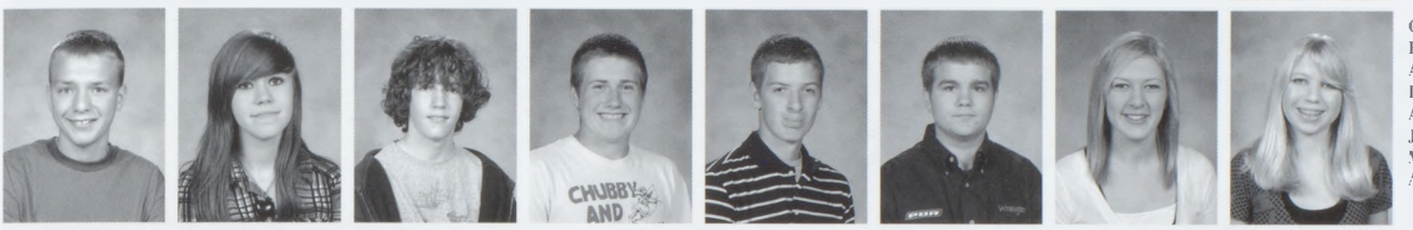


Alex Peterson
Donna Petry
Sam Philiph
Anna Pierce
Tyler Pierce
Josh Pietan
Paige Plaskitt
Bryce Plew





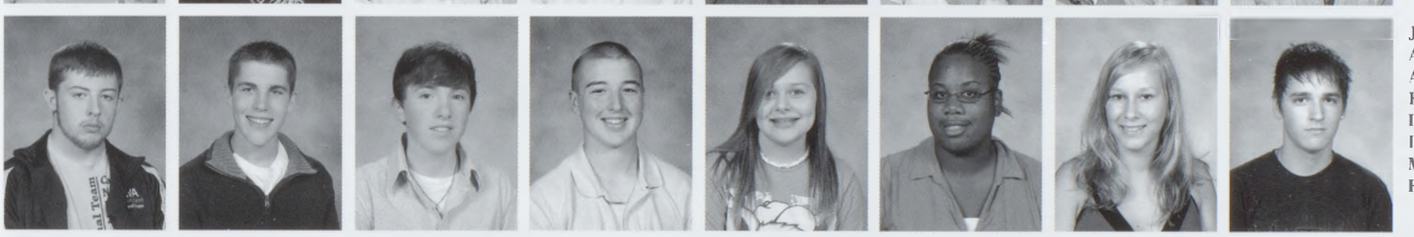
Brandy Pohlman
Savanna Polen
Maci Prazak
Megan Rahm
Paige Ramsey
Victoria Rasavanh
Brenden Redshaw
Sara Reed



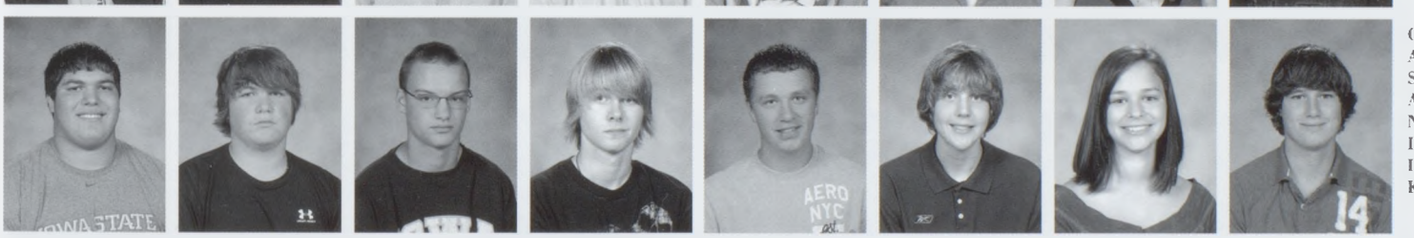
Gabe Renken
Becca Rhodes
Adam Ribordy
Deavon Richards
Adam Rieck
Jesse Ried
Morgan Riessen
Ashleigh Riley



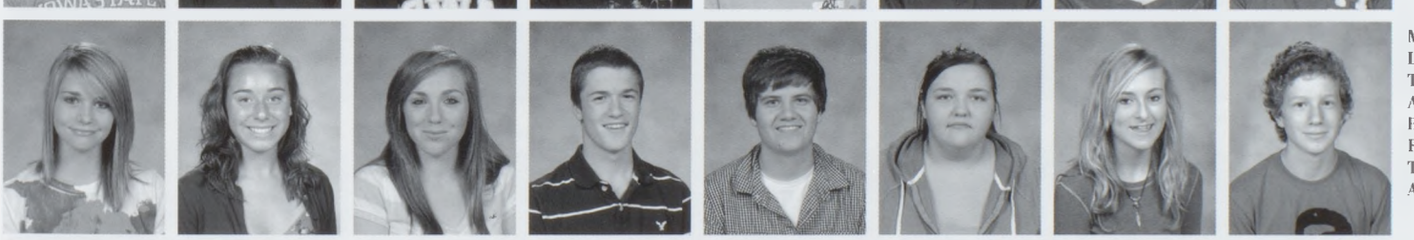
Kristin Riley
Patrick Rogers
Brian Ross
Matthew Ruebbelke
Mason Rumpf
Amila Sadikovic
Jessie Sandmann
Clara Sandoval-Cooper



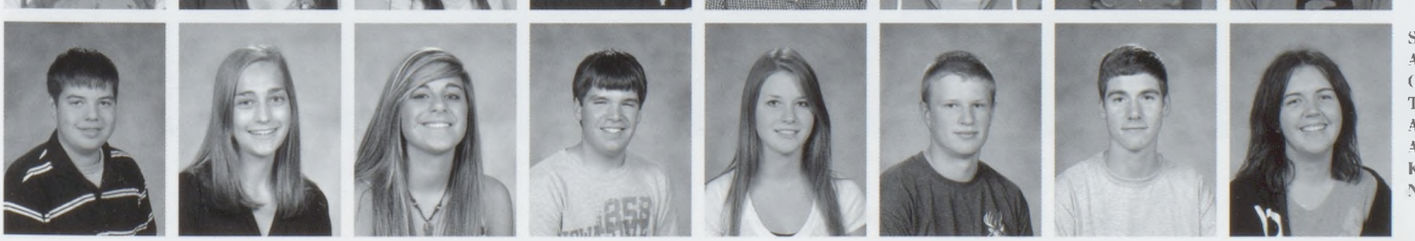
Jon Scanlan
Austin Schenkelberg
Andrew Schneider
Richard Schraeger
Lexis Schumaker
D'sharri Scott
Megan Seibert
Belmin Serdarevic



Chris Sexton
Adam Shaver
Sam Shaver
Alex Shore
Nick Siddens
Duncan Sinclair
Lilie Sindlinger
Kale Singleton



Makenzie Skarphol
Lauren Skartvedt
Taylor Smidt
Andy Smith
Benjamin Smith
Rikki Smith
Taylor Smith
Austin Smoldt-Saenz



Sam Sparland
Alayna Spiece
Carolyn Spring
Tyler Stahr
Adency Start
Andrew Stiles
Kyle Stoutenberg
Nicole Straavaldson

Sophomore Class

Edmond Streli
Christine Stromgren
Alexander Swafford
Cassie Sweeney
Scott Syroka
Ally Tack
Amanda Teel
Elin Tegels



Dillon Temple
Gabriel Terronez
Hannah Thayer
Brandon Theisen
Haley Thiel
Bryon Thomas
Kim Thomas
Dustin Thompson



Kerigan Thompson
Molly Thuente
Hunter Tibbetts
John Timmons
Samantha Trail
Andrew Tubbs
Issac Tuon
Brian Turner



Cory Tyler
Corrin Upton
Trevor Utley
Ana Karen Valencia
Emma Van Houten
Lisa Van Wiel
Kali Van Zee
Zach Vander Ploeg



Seth Vandygriff
Megan Vaughan
Jared Verhasselt
Maddie Vestal
Brooke Vidmar
Alexander Vlach
Alyssa Vukelich
Cody Wade



Mason Waetke
Stephanie Waite
Michael Walker-King
Chase Wallace
Thomas Walling
Casey Walsh
Mariah Wellman
Sam Wendell



Claire Westemeyer
Mikayla Whitney
Riley Whittaker
Allison Wignall
Rylan Wignall
Brandi Wilkins
Jared Willson
Abbey Wilmes



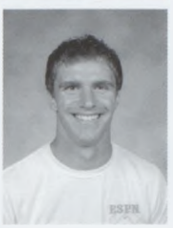









Mitch Wilson
Derek Winchester
Ross Winget
Zach Winjum
Lucas Wittman
John Worley
Zach Wray
Kuantin Wu


Meghan Wymore
Connor Yocum
Matt Zinselmeier

Faculty



Wendy Arch
English



Tonia Backous
Special Ed Assoc.



Sue Baker
Guidance



Jodi Beaderstadt
Special Ed Assoc.



Jane Behrens
Media Specialist



Audrey Bell
Guidance



Jodi Bjurstrom
Campus Moniter



Jeri Blanchard
Special Ed Assoc.



Vikie Borich
Math



Ted Brimeyer
Vocal Music



Rick Brooks
Math



Megan Chambers
S.P. Nurse Assoc.



Teri Christensen
Special Ed Assoc.



Sue Cline
E.L.P./Psych



Kelly Coleman
Social Studies



Dale D'Janico
Special Ed Assoc.



Jesse Dowelll
Social Studies



Mitch Eagles
Industrial Tech



Mary Gipp
Special Education



Rich Gradoville
Math



Tom Griffin
Social Studies



Stephanie Guthrie
Counselor



Kathy Hammans
Associate Secretary



Dick Hansen
Studyhall Associate



Patt Hennes
Social Studies



Gerald Hollingsworth
Foreign Language



Sara Kate Howe
Science



Brad Hurst
Science



Bradley Jacobson
Science

Matt Jaschen
Science

Jason Jauron
Social Studies

Marie Johnson
Special Ed Assoc.

Faculty...


Mary Ann Johnson
Special Ed Assoc.


Pat Kearney
Instrumental Music


Jerry Kinder
Social Studies


Ben Knight
Social Studies


Angela Koob
Foreign Language


Susan Krebs
Nurse


Curt Larkin
Counselor


Kate Lechtenberg
English


Dustin Mead
Science


KT Menke
Special Ed Assoc.


Mary Moermond
Foreign Language


Sarah Moore
English


Rachel Mullen
English


Diane Nelson
Special Ed Assoc.


Deb Nicholson
Physical Ed


Mariette Nikolai
Special Education


Emily Nymeyer
ELL


Norah Olguin
Foreign Language


Nilam Parekh
Special Education


Heath Pattschull
Vocational Coord.


Adam Paulson
Math


Danielle Pippert
Math


Julie Probst
Math


Adam Retzlaft
Math


Jennifer Rollings
Science


Alicia Rollison
Social Studies


Amanda Rynning
Special Ed Assoc.


Mark Schillerstrom
English


Chris Siewert
Science


Jennifer Smith
FCS


Shannon Smith
Guidance


Steve Smith
Math


Rhys South
Industrial Tech


Michelle Stoker
Special Education


Chanhom Tharrignton
Special Ed Assoc.


Sarah Van Waardhuizen
Vocal Music


Jill Versteeg
Special Education


Sharon Vonhagen
Bookkeeper


Roz Weaver
Special Education


Jessica Webb
Social Studies

Sarah Wessling
English

Melissa White
English

Jeremy Yenger
Social Studies

Class of 2011

Colors Purple & Black

Flower Orchid

"To accomplish great things we must not only act, but also dream, not only plan, but also believe."

-Anatole France



lindsay adams

lindsay lou-

We are so proud of you. It has been fun for us to watch you grow up into the young lady that you are today. We could not be more proud of you. We love you and believe in you and we will always be here to support you.

love always,
mom, joe, stefan, spencer, and baylee jo



meghan batterson

meghan-

You were always the drama queen, animated and full of life! You have taken on the challenges of life with hard work, your big smile and of course the occasional loud scream. It has been a joy to watch you become the responsible, smart and beautiful young woman you are. Remember to honor God in all you do and the rest will fall into place. We love you!"Above all else, guard your heart, for it is the wellspring of life." (Proverbs 4:23)

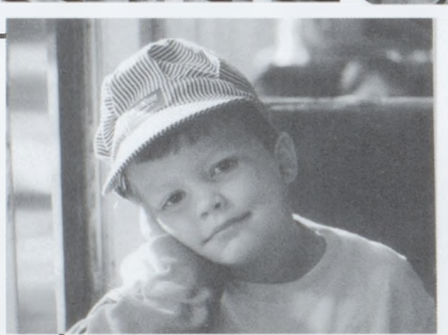




alex anderson

I love you, Alex, and I am so proud of your accomplishment of graduation. I only wish I could find a certificate that celebrates the rest of your laudable accomplishments and gifts: empathy and kindness of heart; a cracking wit and charisma; your wisdom and appreciation of matters of the world. I love you, my son, and what an unexpected blessing that very, very much! I am humbled by your ability to forgive and adapt. I am moved by your connection with your baby sister. I am forever grateful that when our family needed you, you stepped into the shoes of a man. You will always have my love, my friendship, my support, and my respect.

-mom









amy bowers

We're so proud of you – not only for your many accomplishments, but also for your ability to take on life's challenges and make the most of them! You have such a bright future ahead and your determination and independent spirit will take you far. Dream big, believe in yourself, work hard and the sky is the limit! Keep smiling, have fun and remember we will always be here for you. We love you!

-mom, dad, and krista



Chelsa anderson

chelsa grace-

It's so hard to believe you are graduating. The years have flown by but with every passing year we got to watch you grow from a sweet little girl to an awesome young lady. We love you so much and are so PROUD of you. Chelsa, we know you can do anything, so reach for the "stars" literally.

all our love,
mom, dad, and rachel



dear gabbi-

You are our intelligent, ambitious and beautiful daughter! We wish you the best of luck and all the joys in life.
Carpe diem!

Love,
mom, dad, and cesca

gabbi angeloni

andi cameron

andi-
It seems like just yesterday was your first day of school. Well, young lady look at you now! We are so proud of you. Keep following your dreams. We are behind you all the way.
love,
daddy, mom, michael, kelli, steph and justin



benjamin cigan

dear benjamin-
Congratulations son! We have watched you grow from a tiny person into a wonderfully gifted, insightful young man, achieving much more than we ever imagined. Use your gifts as you continue to challenge yourself and write your life's story as they will serve you well. We want you to know we are very proud to call you our son and will continue to be your biggest fans. ALL OUR LOVE,
mom and dad



Luke bubeck

Lots of happy memories! Boundary Waters trips were the best! We love you! Stay close to God.
love,
dad and mom





marissa broich

We are blessed to have you. Your broad acceptance and appreciation of diversity in others has made you the special person that you are today. It has been a great trip so far watching you grow in your passion for singing and your involvement in youth group. As you continue on your journey in life, be true to yourself and follow your dreams. Your family will always be here to support you! love,
mom, dad, rachel and joseph







rachel chapman

rachel-
You have become a very special young lady and we are so proud of you. Continue your strong faith in Jesus and He will continue to bless you.
lots of love!
mom, dad, daniel, and pepper



abby burch

abby-
You are our special daughter and sister. We have watched you grow into a mature young woman. We are so proud of you and all your accomplishments. As you start the next phase of your life at college, we pray you will continue to walk by faith. Let God guide your path. He will bless you and give you strength, love, and peace. Look to Him first and always.
With all our love,
dad, mom, and matthew



eric eittreim

eric-

It is hard to imagine our "Little Buddy" has grown into such an amazing young man. We are so proud of the person you have become. Remember that life is a journey. Don't be afraid to climb that hill to the summit of your goals… you have already proven your ability to climb high. Always believe in yourself, make a difference, love God and follow your dreams. We can't wait to follow the next chapter in your life.

love, mom, dad, and mike





amy gansemer





amy-

We are so proud of you! We have enjoyed watching you grow up into the wonderful, caring, beautiful person that you are today. Stay strong, believe in yourself, and know that we are always here to support you in all that you do. Remember to trust in God – you will never be alone. May all of your dreams come true!

We love you so much!
mom, dad, and kyle

brianna gerke

brianna-

May you always have a song on your lips and joy in your heart. We are so very proud of our grown-up girl! We love you!

love,
mom and dad





alexander giusto

alex-

From the moment you came into our lives you have brought us so much joy. Remember to use the talents you have been blessed with and know we will always be here for you.

We love you,
mom, dad, bill, anne, and adam



nick-

Just as your strong faith and character will bring you success in life, your sense of humor will make the rough roads much smoother. You often seem to have wisdom and judgement well beyond your years. Stay true to who you are and what you believe. Seek God in all you do. You are a great blessing to us and we're thankful…. and so proud.

love,
mom and dad



nick evans





lisa-

We've been blessed with your love and laughter as you've grown into a beautiful young lady. Your life is just beginning with many opportunities ahead. We'll always be there for you as you spread your wings and fly. We are so proud of you and all you have accomplished.

love,
mom and dad

lisa cunningham

blake hartsook

We're so proud that you've grown into such a confident, ambitious, and intelligent young man. The wisdom you've demonstrated to make good decisions and to keep your composure in competition and in life has been admirable. Those traits will serve you well in your future. You've given us so much joy – It's been a blast watching you and your friends over the years. Continue to live your dreams and know that your family will always be "in the stands" cheering you on in life!

love,
mom and gary
dad and austin





nicholas hoobin

nicholas-
We are so very proud of you! Your hard work has paid off! We know you will be successful in anything you do. Thanks for being such a great son and a great brother.

love,
mom, dad, jeffery and purida



andy halterman

Congratulations!
We are very proud of you Andy!
It has been a joy watching you grow from a young boy into a young man.
Good luck in college!
You can accomplish anything that you want as long as you work hard and don't give up. Figure out what it is you want to accomplish and then set a goal to accomplish it.
Dream BIG! Start NOW!

love,
mom and dad







katie hinkle

congratulations little one-
We are so proud of you! We have watched you transform before our eyes from a shy, soft spoken little girl into a beautiful, confident, caring young woman. You have so many gifts – your empathetic insightful manner, creative thinking, hard work ethic and determination will take you far. Remember to follow your heart and dream big. You are a special blessing!

love always,
mom, dad, and nick





jena hansen

jena-
You have grown into such a special young woman. We are proud of all you have accomplished, all you have become. Most importantly we are proud of what you will achieve for yourself. Your future is bright because you have the ability and desire to make your life wonderful. You are your own person and will follow your own path. We are so excited for you.

love,
mom, dad, brett, and derek







matt gonner

matt-
You have been surprising us since the day you were born. Ever since then whenever you were told you couldn't or wouldn't be able to do something because you were too young or too small you would get a little twinkle in your eye and say, "WATCH ME!" We look forward to "watching you" as you continue to pursue your dreams. Congratulations!

love you,
mom, dad, and nate

bryce johnson

bryce-

Words can not describe how proud we are of you! Continue being true to Him as well as yourself. Remember "Sometimes you catch em' and sometimes you don't." You have already learned to enjoy BOTH days. Good luck in Ames. Go State!

all our love,
mom, dad, kellen, and mryn





jessica johnson



jess-

We are so proud of you. We know this is just the beginning of many great things!

love,
mom and dad



ben jacobson

ben-

We have enjoyed watching you grow into a wonderful young man. You have such an exciting and promising future in front of you. We look forward to cheering your accomplishments and sharing you happiness!

love,
mom, dad, and grant







emalie johnson

We are so very blessed and honored to have such a wonderful daughter. You're everything we've dreamed of and more. You're beautiful, funny, intelligent, responsible, and more importantly, a very loving person. You hold your future in the palm of your hand. We know you will succeed in whatever you choose to do in your life. We will always be there cheering you on. We are your biggest fans. You have made us so proud.

WE LOVE YOU,
dad and mom



ryan johanson

ryan-

Congratulations on your graduation! You have grown into a remarkable young man that we are very proud of. Follow your dreams and good things will happen. Live each and every day to the fullest. We wish you the best on your next journey in life. Always know that we are behind you and love you more than you can imagine.

we love you,
dad, mom, and adam





blake johnson

Eighteen years ago God blessed us with a special son! We were so thankful then and have been continually proud of you ever since. Our lives have truly been blessed because of you. We love you, and pray God's richest blessings and guidance throughout your life. Congratulations!

love,
mom, dad, brian, kelly, aaron, and anna marie

kataline johnson



Yesterday, today, and always, we see your brilliance, your enthusiasm, and the person you have become. You have many unique talents and gifts to make a great difference in this world. We are so very proud of you! We love you for always, love you forever. As long as we're living our Baby you'll be….. mom and dad







bailey knapp

bailey-

You are truly a "JOY" in all of our lives!! Always keep your beautiful smile.

-your family

dwight lykins



Congratulations, Dwight! We are so proud of you!

love,

dad and mom



julia-

What a privilege we've had watching our willful, witty, beautiful, amazing, confident, and determined daughter unfold before our eyes. We are so thankful for you and excited for your future. We know you will be an enormous success with whatever comes next.

we love you,

mom and dad





julia manning



ryan lower

ryan-

We love you more than you'll ever know. As a child you were funny, sweet, kind, too smart by half, and completely unconcerned with rules or authority - good to know nothing much has changed! We are proud of your independence and individuality. Remember: love, loyalty, and friendship trump success, wealth, and position; nothing is more beautiful than the sun on your face, the wind at your back, and the open road ahead; and God always hears you, no matter how quiet the prayer.

love you,

mom, dad, and manda



matt mahanna

Others told us to expect it, but it seems impossible that you are graduating from high school and getting ready to venture forth to college. We are very proud of all your hard work and constant and genuine concern for the needs of others. You have been a great son and brother and we know that great accomplishments and blessings await you in the future.



love you,

mom, dad, mike, and allex

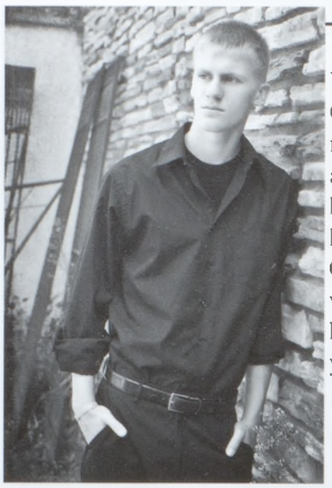
carlyn o'keefe



If you are going to do something you might as well do it great and that is exactly what you did. Your three years at JHS have been awesome! You represented God, yourself, your family, and your school in the best ways possible. You gave 110% and we are very proud of you! Good Luck at Grandview and go Vikings. love and blessings,
mom, dad, emily, craig, and louie



scott monroe



When your mom was in college, your Grandpa Mudge sent her a special message, which she memorized and remembers to this day. He told her to follow her dreams no matter how many obstacles get in the way. Grandpa Mudge said it better than we ever could. If he was here today he'd tell you to never stop seeking your goals…follow your dreams!

love,
mom, dad, and wes

kayla morris





You are our miracle baby. God waited to give us the perfect child. You are so precious to us. We are all very very proud of you and know you will succeed in life. I can't believe you are growing up so fast.

lots of love!
mom, dad, rachel, and tara





megan parker



The years pass so fast. You have turned into a beautiful young woman. We are extremely proud of who you are and how hard you have worked. Always remember who you are, and where you came from. Enjoy this time in your life, it is one of the best! We know you are capable of achieving great things in life. Keep the spirit.

love always,
mom, dad, natalie,
alec, meredith, and chloe

tony palmer

We're so proud of you. Now is the time to soar like the eagle that you have become.

love,
dad and mom





alex mckeighan

Words cannot express how much we love you. Time has gone by so fast and we are so proud of the woman you've become. Never lose sight of your dreams and always believe in yourself. Laugh loudly and often – it will get you through the worst of times and it will make the rest even better. Love deeply. Keep God in your heart and rely on Him.

all our love,
mom and dad

alex peichl

alex-

After all those PB&Js you ate
It's finally time to graduate.
Schoolwork, sports and Irwin's you've balanced,
Showing good character, humor and myriad talents.
You have all my love and best wishes for success, happiness and bikes galore!

love,
mom







kala pfundheller



congratulations kala!

We are so proud of you, you have always been a hard worker and never gave up even when you had a lot going against you. You always keep a positive attitude with a big smile on your face. You are always willing to help others too. We wish you happiness and success as you venture into the excitement of your college years and beyond. Don't forget we are always there for you.

love,
mom, dad, and jacob

blake pruitt



The first time I held you, you brought joy to my life. The first time I heard you laugh, you made me laugh too. Your laughter and compassionate spirit still bring me joy; I thank God for you! It is now time for you to graduate and the time has flown by! You have grown up so quickly and are a wonderful young man with a huge heart! I am proud of you and pray that you will continue to follow God and receive all the many blessings He has for you in your life. ~ Seek his will in all you do, and he will direct your paths. – Proverbs 3:6

Congratulations on your accomplishments and graduation! You will always be "my little sweetheart"!

love you,
mom



allison rawls



You always have been and continue to be an amazing blessing and source of joy for us and many. The little girl dancing through life has grown into an awesome young lady…still dancing. As we have watched you grow, we have known that God has a special plan for you.

we love you,
mom and dad



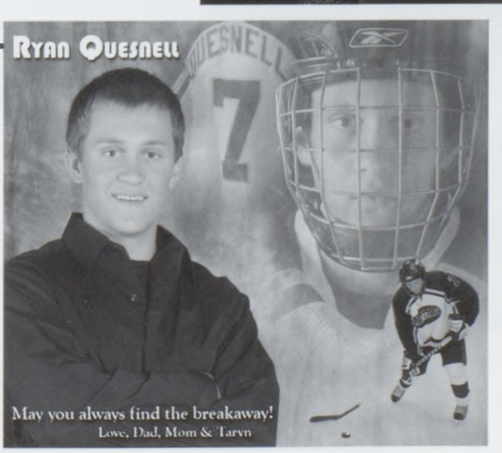


I can't believe it is already time for you to graduate! We are so proud of you – you have so many awesome qualities. Your adorable smile and genuine soul will take you far! I love you with all of my heart! You are going to have a bright and successful life! Keep being true to who you are!

all my love,
mom



ryan quesnell



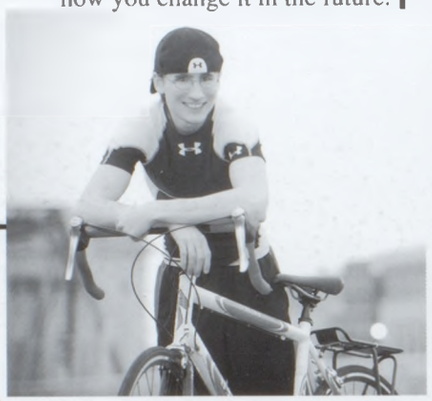
austin polson

robert rebouche

robert-
Although graduation is a big milestone, it is just one step of many in your long life ahead. We have beamed with pride as we have watched you take each step of your journey. It has been great to see you grow into such a wonderful, caring person. We cannot imagine this world without you and we cannot wait to see how you change it in the future.

love,
mom and dad





jordan sandquist





caring *beautiful* giving
courageous *artistic* competitive
HAPPY *sweet* smart
Words we think about when we think of you! love mom, dad & bowen

loryn reed

loryn-
As your parents, we are extremely proud of you. It has been enjoyable to watch your high school experience and see the contribution you have left on the school and entire community. You have been blessed with special gifts and talents and we know that you are going to not only accomplish great things but touch many people's lives in your college & professional career. We love you and respect you!
-mom and dad









tori schnittker

Seems like just yesterday when you started investigating this big world around you. I couldn't imagine just who you might become. I know that whatever you imagine is possible! I'm so proud of you, who you are today, and who you will become. Make every moment count. Be happy!
Love you forever, like you for always –
-mom and max

LIVE, LOVE AND LAUGH. WE ARE SO VERY PROUD OF YOU!
love,
dad and cindy

sam reed



sam-
As the youngest of three brothers, we worried that you would not develop an identity that is separate and unique to you, but you have certainly eased those concerns. The path your feet have taken you, from learning to tie your own shoes leading to the time you tie your cleats for your last soccer game, has been a good straight path. Continue to make those courageous choices that will lead to a triumphant life.
love, mom and dad



molly schunicht

From this beautiful baby to be a beautiful young woman. How quickly the time has gone! Now you're off on new adventures and we couldn't be more proud of you. See you on stage!
love,
mom, dad, and annie

rachel scieszinski

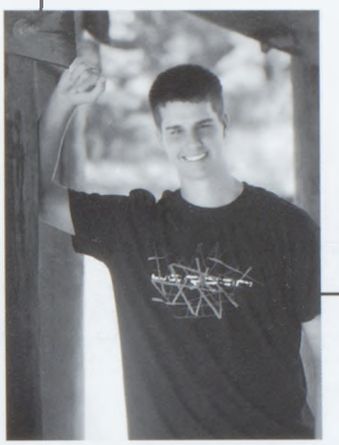
rachel-
You have had a mind of your own and the strong will to stand by your decisions since day one. Your hard work both in and out of school has shown us that you can and will succeed in anything you do! We are very proud of you and look forward to your wonderful future. We will always support you as you move forward in life. Believe in your dreams!
love,
mom, dad, ben, and laura





nick smith

Nick,
Be strong, be confident follow your heart. We believe in you! "I can do all things through Christ who strengthens me." Philippians 4:13
love,
mom, dad, and grant





chanel scott

Congratulations! You have grown into a beautiful young woman and we are so very proud of you. Just remember to believe in yourself, work hard at everything you do, and never give up. You can accomplish anything you put your mind to. It has been a real pleasure to watch you grow and we are excited for what's to come.
love,
mom and evy!



michael stoeker

Congratulations, Michael!
We are so proud of you and look forward to seeing God's plans for your future. You are a huge blessing in our lives, and we love you so very much!
love,
dad, mom, laura, and rebecca, and jasen, rose, and halle





derek shaver

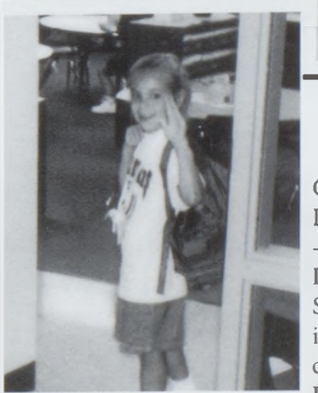
Since the day you were born you've amazed us. You have proven you can overcome so much and you continue every day to prove that. Continue to push yourself and you'll be amazed at what you can accomplish. Your sense of responsibility, and hardworking attitude are going to take you far. Share your smile with everyone and don't forget your family loves you and will always be home when you need us.
"It's hard to beat a person who never gives up" – Babe Ruth
Thank you for making us sooo proud,
-your loving family
(Thank you God for blessing us with Dereck)





brianna ryan

Go confidently in the direction of your dreams. Live the life you have imagined.
-Henry David Thoreau
Dear Brianna,
Seems like just yesterday when you started investigating this big world around you. I couldn't imagine just who you might become. I know that whatever you imagine is possible! I'm so proud of you, who you are today, and who you will become. Make every moment count. Be happy!
love,
mom (and pepperoni too)





kjirsten vanpelt

CONGRADULATIONS, KJIRSTEN!
It is amazing to see what a genuine, sweet and loving person you have grown into. Always keep your head high, love yourself, and know that the world can be yours if you choose. I am so very proud of you and cannot wait to see what the future holds for you.
I love you,
mom



leslie ulm



to our leslie-
You are at the beginning of a new yellow brick road. Keep using your compassion, determination, and independence in your journey and know we will always love you just the way you are. Close your eyes and let music set you free.
with all our love,
mom, dad, lauren, loyal, and kitties

chanlea wilkes

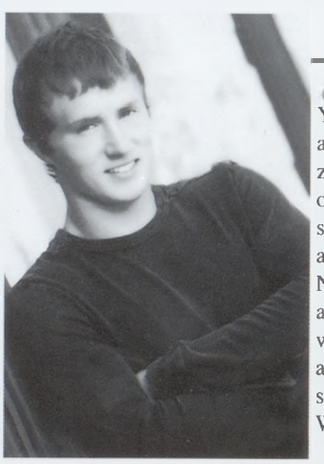
You are such a blessing to me, your friends, and your family. God has an awesome plan for you. Continue to follow Him. You will do well at culinary college!! Follow your dream!! I am so proud of you. Never forget how " The Kissing Hand" book got you through those "tough days."
love,
mom



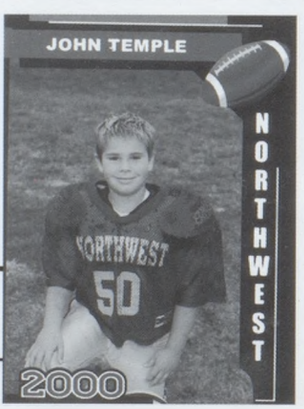


derek temple

derek-
Your hard work and accomplishments just amaze us! You are an inspiration. Your zest for life is awesome! You have kept our home very exciting with your love of sports, from hockey, football, go-cart racing and water skiing! It has been so much fun! Now it is time for you to spread your wings and continue your determination to succeed with such passion! You have grown up to be a wonderful young man. You have made us so proud!
We love you!
love, Mom, Dad, and Dillon



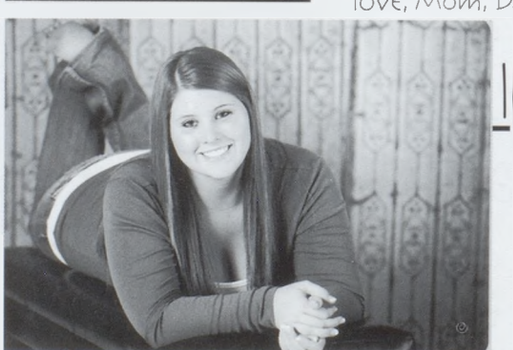
john temple





You have made it through 13 years of school. Now you can go out into the world using all you have learned. The hours spent watching How I Met Your Mother, The Office, and Seinfield should come in handy too! We are proud of you!
love,
mom, dad, grandma, gracie, fred, jazzy, kitten, and cowlick

lexi willim



Lexi... We are so proud of you and love you very much! You have matured into a beautiful young woman! Keep your priorities straight and make good choices and the world is yours!
love,
dad and tonya
mom and rich



kayla ward

The Lord gave us a precious gift when you were born. With you, every day is more enjoyable. From wading pools to leaf piles to snow angels, every season has been brighter with you. Your smile, your energy, your love makes all of us better. You have grown to become a lovely, young lady. We are so proud of you!

Fonzo says 4EverRed!

all our love,
lauren, dad, and mom





joe twickler

joe-

From sweet little boy to fine young man. We are so proud of the person you have become. May all your dreams come true.

we love you,
mom, dad, anna, and amy





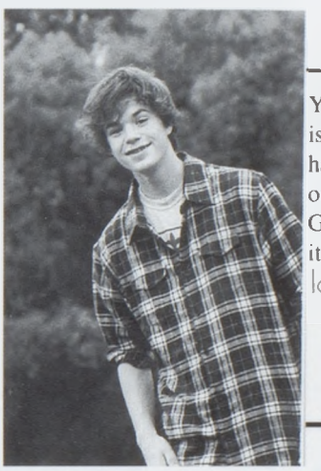
jordan thompson

Eighteen years has passed so quickly! You've grown so much in your high school years. You possess a variety of talents and we're proud to have witnessed all you have achieved. Your willingness to follow through, even during your toughest challenges, proves you can accomplish whatever you want when you really try. Dream big, set goals, work hard to attain them & you will achieve future success. Always remember we're here whenever you need us. We love you!

dad, mom, jason, brandon, and max



ben waldschmitt



Your smile still melts our hearts. Your laugh is still music to our ears. May the joy you have blessed us with continue as you leave our home and make your place in this world. God has wonderful plans for your future and it's going to be great.

love always,
mom and dad



chelsea vanvark

chelsea-

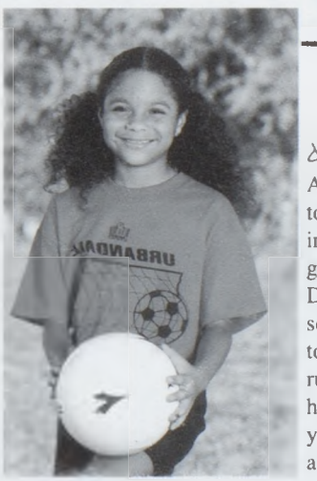
You are so full of love and a zest for life. Your heart is filled with kindness and love for others. These gifts are a true blessing – just as you have always been a blessing to us. Embrace each day and live fully as you continue on your journey. Find something that you are passionate about and pursue it. Push your limits, never stop learning and have fun along the way.

We are very proud of you and love you very much!
mom and dad





ashley wright



ashely-

Always remember there's an angel watching over you to keep you safe and always light your way. Believe in yourself and never, ever give up. Don't forget to glance up and see how blue the sky is now and then. Don't forget to put away your cell phone and spend some time alone with God and family. Don't forget to seek the sound of silence and let the daily traffic rush by. Remember that the secret of success is how happily you climb and not how high. Our prayer for you is to know that you will fight for what is right and fair, you will take risks for that which matters and you will give help to those who are in need. Success is not a gift; it's a challenge to use what you've achieved. Success finds you; it is generally because you were looking for it. Do what you love and it will make your soul rich. Your family loves you very much.

mom, dad, and trey

Academic Decathalon



Samantha Sellers, Gabbi Angeloni, Chelsie Halbur, Joanna Kim, Elizabeth Mills, Clara Sandoval, Joy Tan, Melinda Busch, Victoria Rasavanh. **R2**: Kevin Han, Bhageerath Menneni, Alex Grapp, Josh Boeschen, Ben Stensrud, Mike Shi, Philip Mortens, J.B. Williams, Preet Dhugga, Lexie Swift, Joseph Payne. **R3**: Alissa Campbell, Evan Lundstrom-Yurdin, Emily Parker, Kylie Kinsey, Reed Iverson, Kaitlyn Aldrich, Adam Jaschen, Caleb Larkin.

Baseball- Varsity



Jordan Ross, Garrett Acuna, Blake Skartvedt, Jarod Beaman, Cody Brenner, Blake Hartsook, Kirby Singleton, AJ Grill. **R2:** Jacob Sterk, Austin Finley, Alex Jacobsen, Kevin Johnson, Alec Recker, JJ Amick, Eric Eittreim, Riley Johnson, Travis Merritt, Ryan Bole. **R3:** Coach Tony Kruse, Jonathan Nelson, Justin Hoellein, Ryan Torgerson, Keaton Schuck, Greg Larpenter, Shaun Miller, Eric Walter, Chris Soroka, coach Bret Posegate.

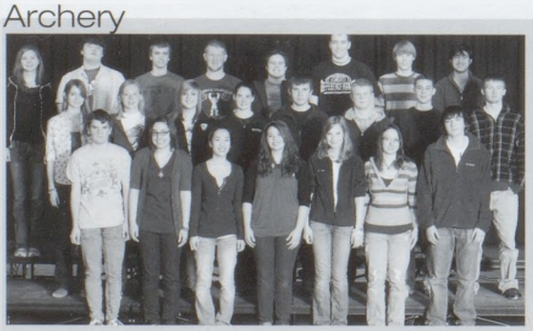
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Archery



Dylan Perkins, Lauren McNeal, Emily Eikenberry, Sydney Christensen, Amy Bowers, Kelsey Fiala, Matt Ruebbelke **R2:** Rachael Meyer, Katie Hinkle, Carlee Sabus, Leslie Ulm, Joe Kraber, Andrew Stiles, Ethan Meng, Jared Verhasselt. **R3:** Margaret Taylor, Alyssa Becker, Adam Farrell, Ryan Coulson, Nick Pierotti, Ben Freese, Gunnar Johnson, Ryan Francois, Ahmed Shaharyar.

Baseball-Sophomore



Joe Zahn, Erik Bergstrom, Mitch Bruckshaw, Ryan Stapes, DJ Swift, Charlie Engblom, Alex Kramer. **R2:** Spencer Hyde, Max Suvalsky, Cameron Biondi, Matt DeFrancisco, Matt Joslin, Brian Aldrich, Tyler Muscovitz. **R3:** Coach Craig Krueger, Nick Barney, Konnor Plagge, Cory Stapes, Andy Lovejoy, Matt Dippold, James Garlock, Ethan Kumbera, Jordan Ross.

Basketball- Varsity



Jordan Ross, Garrett Acuna, Blake Skartvedt, Jarod Beaman, Cody Brenner, Blake Hartsook, Kirby Singleton, AJ Grill. **R2:** Jacob Sterk, Austin Finley, Alex Jacobsen, Kevin Johnson, Alec Recker, JJ Amick, Eric Eittreim, Riley Johnson, Travis Merritt, Ryan Bole. **R3:** Coach Tony Kruse, Jonathan Nelson, Justin Hoellein, Ryan Torgerson, Keaton Schuck, Greg Larpenter, Shaun Miller, Eric Walter, Chris Soroka, coach Bret Posegate.

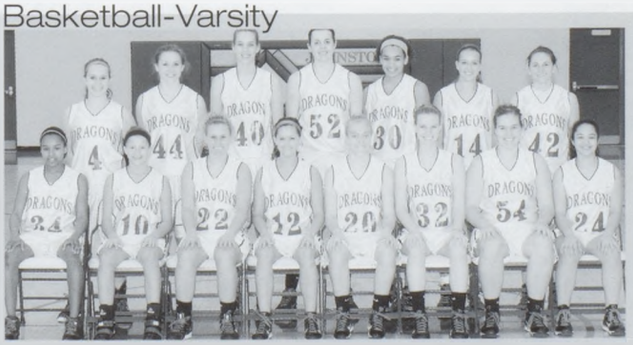
Basketball- Sophomore



Nathan Joens, Ryan Danielson, Eric Bass, Jon Hankins, Tyler Neumann, Blake Heikes **R2:** coach Randy Barrick, manager Dany Cole, Clayton Bormann, Taylor Burkhead, John Timmons, Bryon Thomas, Austin Bowen, Josh Pietan, manager Olivia Pessolano, coach Steve Smith.

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Basketball-Varsity



DeDe Ayers, Bailey Wilmes, Madison Thompson, Jordan Sandquist, Jennifer Ross, Andi Cameron, Rachel Chapman, Kim Thomas **R2**: Erica White, Sammie Hildreth, Sara Reed, Emily Parker, Shaylinn Crone, Alex Hawks, Kristin Riley.

Best Buddies



Brandon Miller, Teddy Strand, Trinity Zeiger, Sierra Larson, Heather Kacmarynski, Victoria Horstman, Austin Feinberg, Jill Von Fumetti. **R2**: Elissa Lowe, Emma Gesiriech, Matt Daisy, Cathleen Dutcher, Katherine Lewis, Tim Gerzema, Caitlyn Trillet, Hannah Thayer, Morgan Meyer, Brenden Redshaw, Abby Dolan.

Bowling- JV



Alex Peichl, Matt Mahanna, Shane Christenson, Jake Klopfenstein, Mitch Bruckshaw. **R2:** Erin Selinger, Jocelyn Klienschmidt, Bailey Knapp, Makinzie Sauer, Hadeel Said.

Bowling- Varsity



Anthony Denny, Brandon McBride, Jordan Thompson, Eric Eittreim, Tim Blank. **R2:** Cody Erickson, Clara Sandoval, Amanda Teel, Andrea Juergens, Ashley Norris, Britta Pohlman, Amy Bowers, Luke Bormann.

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onfession from Holloway killer

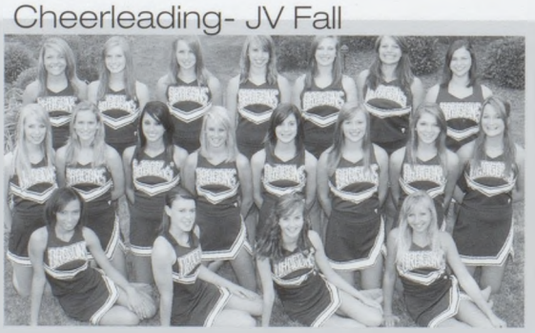
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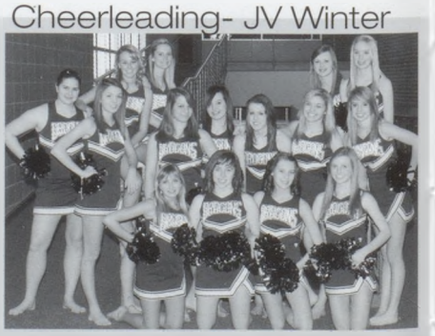
Matt Beary, Sarah Mayer, Nick Miller, Marissa Broich, Dane Van Brocklin, Courtney Sabus, Andrew Tubbs. **R2:** Nick Evans, Laura Cross, Tanner Gardiner, Kendra Greenfield, Philip Mortens, Rachel Swanson, Ryan Bower, Alyssa Becker. **R3**: Ryan Smaha, Bailey Petersma, Alex Hjelmaas, Claire Anderson, Chris Dockum, Katy Davis, John Temple **R4:** Riley Johnson, Molly Schunicht, Eric Eittreim, Claire Otley, Chris Oatts, Leah Bowman, Tim Gates.

Cheerleading- JV Fall



Brianna Bradley, Lyndsey Niebuhr, Monica DeCarlo, Brooke Vidmar. **R2:** Jordan Berry, Emma VanHouten, Taylor Kavaya, Allyson Tack, Kelsie Ferin, Kristen Gifford, Andi Holdsworth, Emilie Githens. **R3**: Maddie Kreamer, Tayler Murray, Janie Norris, Kass Bast, Ashley Enger, Catherine Erb, Lilly Sindlinger.

Cheerleading- JV Winter



Brooke Vidmar, Jenna Axtell, Brandi Bolken, Tayler Murray. **R2**: Abigail Dolan, Andi Holdsworth, Catherine Erb, Cathleen Nelson, Lyndsey Niebuhr, Maddie Kreamer, Kass Bast. **R3:** Allyson Tack, Emma Van Houten, Kristen Gifford, Jordan Berry.

Cheerleading- Varsity Fall



Elissa Wiley, Geena Pilcher, Jocelyn Schneider, Molly Schunicht, Makenzie Skarphol, Taylor Smith. **R2:** Brandi Jansen, Kennady Loffredo, Chrissy Clark, Christina Davis, Patricia Miller, Kirsten Ingersoll, Noelle Liljedahl, Casey Holt. **R3:** Bethany Hoogenakker, Allison Rawls, Courtney Kimble, Alexa Probst, Briana Wengert, Megan Parker, Lexis Schumaker.

Cheerleading- Gold Winter



Jessica Johnson, Brandi Jansen, Taylor Erwine, Emilie Githens, Kari Ross, Libby Elmitt, Hanna Souhrada, Kennady Loffredo.

Cheerleading- Purple Winter



Carly Ryan, Elissa Wiley, Katherine Lewis, Brittany Trow, Caitlyn Trillett. **R2:** Amanda Soda, Lindsey Curiel.

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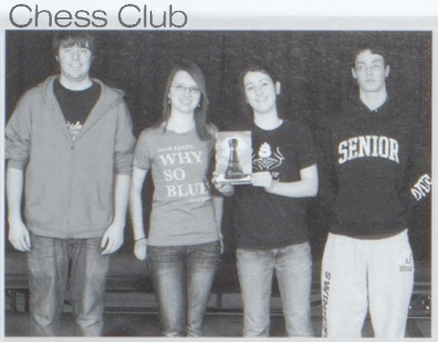
Joel Wittman, Jocelyn Schneider, Evan Culbert, Cindy Xu, Elissa Wiley, Kyle Naig, Dahlia Gordon, Andrew Schneider, Kiera Morrill, Blake Davidson. **R2:** Jacob Hjelmaas, Olivia Diehl, Nate Jorgenson, Abby Burch, Thomas Winkelman, Brandon Miller, Claire Nagel, Spencer Vasey, Jamerris Holder, Courtney Kreinbring, Ethan Kumbera, Emma Gowey, Brian Gates. **R3:** Andrew McCrea, Julia Henning, Mitch Sparks, Samantha Sellers, Michael Carlson, Amanda Soda, Jake Hunsberger, Bethany Hoogenakker, Steve Williams, Rachel Beierschmitt, Sam Sparland, Anna Belknap, Eric Bridgewater. **R4:** Leah Kacere, Collin Schares, Anne Fleming, Nick Vogel, Bailey Knapp, Tanner Grill, Chelsea Waltz, Cody McCracken, Emily Mentzer, Andrew Meek, Erik Anderson, Molly Ward, Caleb Wagner.

Concert Choir-Womens'



Allyson Tack, Alayna Spiece, Kristine Hauser, Joy Tan, Kaitlyn Aldrich, Claire Nichols, Elizabeth Mills, Anna Johnson, Brandi Jansen. **R2:** Abby Dusen, Chelsea Elming, Emma Henry, Monica DeCarlo, Molly Thuente, Taylor Mithelman, Kristen Gifford, Morgan Jungman. **R3:** Tayler Murray, Mariah Wellman, Teresa Liu, Catherina Ochoa, Erika Gebard, Sara Fincher, Morgan Riessen, Aly Vukelich, Megan Seibert. **R4:** Madeline Kramer, Nicole Hoffman, Lisa Friesth, Amanda Teel, Manda Clark, Alissa Campbell, Lisa Van Wiel, Allie Wignall, Anne Dieseth.

Chess Club



Brandon Miller, Paige Plaskitt, Taylor O'Bryan, Robert Propstein.

Concert Band-Brass, Percussion



Andrew Tubbs, Erik Jurgenson, Taylor O'Bryan, Aly Vukelich, Allie Wignall, Trinity Zeiger, Claire Nagel, Sam Maras, Matt Probst, Owen Ballard, Dane Van Brocklin **R2:** Alex Swafford, Evan Hammer, Anthony Frei, Brandy Pohlman, Jacob Bennett, Ian Selinger, Reed Iverson, Tommy Schwaderer, Adam Jaschen, Alex Peterson, Duncan Sinclair, RJ McGrew, Jordan Belknap **R3**: Adam Rieck, Logan Elliott, Nate Jorgensen, Kylie Kinsey, Richard Schraeger, Nate Perkins, Jacob Hjelmaas, Evan Lundstrom-Yurdin, Sam Sparland, Nick Vogel, Ian Dunshee.

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Erica White, Morgan Meyer, Kendra Jensen, Megan Seibert, Katie Kanauss, Mackenzie Ellis, Britta Pohlman, Megan Olson, Victoria Rasavanh, Anne Dieseth, Elizabeth Mills, Cathleen Dutcher, Cory Upton, Clara Sandoval-Cooper **R2**: Jerin Kreinbring, Daniel Ratekin, Cindy Xu, Margaret Brimeyer, Jenna Heil, Ashley Enger, Malia Meyer, James Sevenich, Katilyn Aldrich, Amber Heller, Mike Shi, Anna Belknap, Andy Jensen, Enya Dougherty **R3**: Alex Hjelmaas, Ervin Deumic, Margaret Taylor, Jacey Elmer, Matt Dippold, Brenden Redshaw, Issac Laffey, Reed Clabaugh, Connor Yocum, Josh Tindall, Catherina Ochoa, Nick Kuehn

Colorguard



Mackenzie Ellis, Erica White, Anne Dieseth, Cathleen Dutcher. **R2:** Lyssa Bailey, Kaitlyn Aldrich, Kylie Kinsey, Margaret Taylor, Alyssa Becker, Claire Nagel.

Cross Country- Boys'



Ethan DeGroot, Sam Altier, Chris Coble, Chase Wallace, Seth Daughhetee, Collin Urquhart, Sam Perington, Logan Dean, Jon Houp, Casey Halder, A.J. Keech, Andrew Schneider, J.J. Worley, Alex Hershey. **R2:** Ryan Johanson,Nathan Ostiguy, Lucas Dunshee, Philip Mortens, Fred Shen, Matt Knoedel, Benjamin Fincher, Justin Handel, Ryan Francois, Jake Perington, Justin Coaldrake, Ben Jacobson,Tyler Bradley, Stephen Shaffer. **R3**: Ben Parsons, Jake Davis, Lucas Wittman, Malte Schwafferts, Jacob Foutch, Dalton Handel, Joseph Farrell, Cameron Pearson, IJ Lipscomb, Drew Jackson, Lincoln Eppard, Christopher Caracci, Alex Swafford. **R4:** Patrick Mattingley, Adam Rieck, Bryce Plew, Thomas Thatcher, Taylor Burkhead, Austin Schenkelberg, Christopher Munter, Hank Mandsager, Michael Knoedel, Collin Schares, Josh Boeschen, Alex Peterson, Jack Karasek, Dakota Weeter, Dave Beason.

Dance- JV



Lizzy Giesselmann, Kaitlin Stitz, Kara Ganzer, Megan Seibert **R2:** Marissa Holloway, Alex Cordes, Alejandra Escoto, Marina Klaric, Olivia Hurm.

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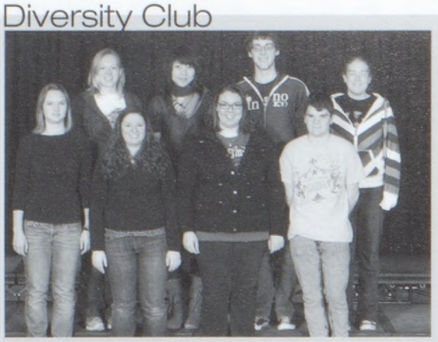
Bailey Eppard, Nicole Ackerman, Kelsey Kruse, Monica DeCarlo, Andrea Renner, Mattie Kipp, Claire Sevenich, Madi Buckley, Jenna Christensen, Taylor Mithelman. **R2:** Catherine Hardy, Amanda Philiph, Emily Kane, Jordan Sandquist, Kari Ross, Ashley Quick, Libby Elmitt, Megan Ackerman, Anna Belner, Kayla Schuster, Jocelyn Kleinschmidt. **R3:** Emily Bisenius, Kailey Kerr, Kara Anderson, Amber Clock, Abby Dusen, Alex Hawks, Lauren Skartvedt, Alyssa Eaves, Sammie Hildreth, Lisa Friesth. **R4:** Pat Hennes, Melinda Busch, Ashlee Hulbert, Megan Davis, Hannah Thayer, Victoria Horstman, Emily Linscheid, Kelly McGowan, Jessica Tindall, Megan Faley, Chris Siewert.

Dance- Varsity



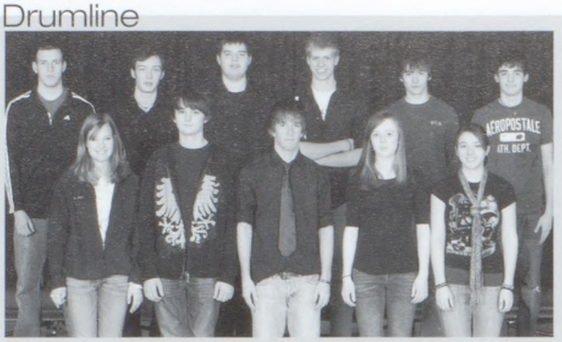
Katelyn Lunders, Sarah Hurm, Allie Lindsey, Nicole Hoffman. **R2:** Amelia Medici, Katherine Bischof Gillette, Olivia Hurm, Spencer Vines. **R3:** Stephanie Phillips, Brittany Faley, Taylor Coakley, Katie Hermanson.

Diversity Club



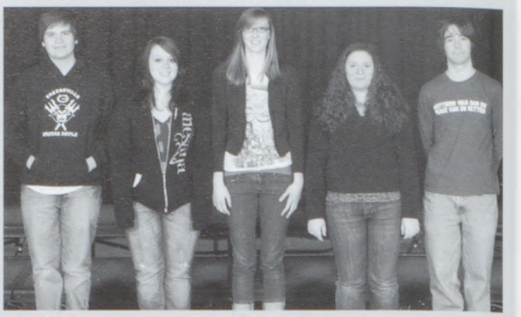
Aubrey Conrad, Gabbi Angeloni, Brianna Ryan, Dylan Perkins. **R2**: Katie Hinkle, Yiming Qin, Nate Jorgensen, Amber Heller.

Drumline



Amy Bowers, Reed Iverson, Blake Schlawin, Bailey Petersma, Rachel Casciato. **R2**: Nick Vogel, Ian Dunshee, Sam Sparland, Kody McCracken, Mason Waetke, Brad Gott.

French Club



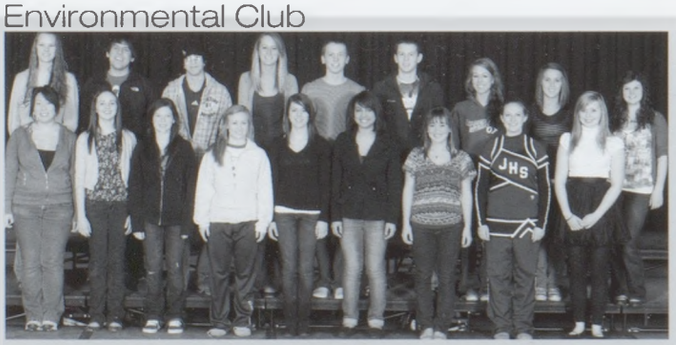
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Megan Olson, Elizabeth Mills, Jessica Johnson, Brianna Nelson, Sarah Mayer, Preet Dhugga, Dahlia Gordon, Ashley Enger, Phoebe Cooper. **R2**: Victoria Horstman, Scott Syroka, Faisal Alabsi, Kristine Williams, Andy Jensen, Caleb Wagner, Gabrielle Liljedahl, Bethany Hoogenakker, Claire Nagel.

Film Club



Alex McKeighan, Kylie Kinsey.

Golf-Girls'



Vicky Lee Thomas, Kayla Flyckt, Danielle Christensen, Liz Giesselmann, Ashlee Erickson, Courtney Norelius, Taylor O'Bryan, Morgan Bridges. **R2**: Maggie Ingham Tressa Stubert, Cory Upton, Nicole Mali, Margaret Brimeyer, Brittany Borup, Melinda Busch, Chelsea Hove. **R3**: McKenzie Mitchell, Aubrey Conrad, Brennan Winget, Meridith Freese, Emily Kane, Christina Andeweg, Kristen Howe. **R4:** Jordin Robinson, Brenna Robinson, Courtney Nyberg, Kali Van Zee, Kristen Waite, Jessie Sandmann, Jenna Francois.

Football-Varsity



Justin Long, Zach Stitz, Jacob Wood, Travis Merritt, IV Githens, Mitchel McCarl, Andrew McCrea, Sean Lau, Derek Temple, Kirby Singleton. **R2:** Alex Greig, Blake Hartsook, Spencer Lee, Tyler Patten, Alec Recker, James Garlock, James Tran, Troy Gordon, Chad Weirich, James Winterbottom. **R3:** James McDermott, Owen Cooper, Brian Aldrich, Joseph Zahn, Spencer Hyde, Charlie Engblom, Erik Bergstrom, Alex Kramer, Andy Lovejoy, Joey Ridenour. **R4:** Tommy Morrissey, Marcus Dolan, Bradly Hagerla, Brandon McBride, Riley Johnson, Ben Freese, Anthony Hoyt, Jon Coen, Garrett Acuna, Zachary Waddell. **R5:** Jake Klopfenstein, Zachary Schneider, James Sevenich, Alex Hjelmaas, John Temple, Michael Stoeker, Gunnar Johnson, Nik Tucker, Nic Pierotti. **R6:** Michael Kacmarynski, Blake Skartvedt, Carr Terpstra, Logan Moe, Jake Hemanson, Petrer Vardaxis, Justin Beevar, Blake Davidson. **R7:** Earl Williams, Jordan Thompson, Josh Amick, Matthew McDermott, Jacob Hjelmaas, Garrette Williams, Ryan Larsen, Alex Knee. **R8:** Kofi Manteaw, Kayla Dings, Jessie Ceraso, Emily Stoen, Josh Bengston, Nathan DePenning, Matt Darland, Nick Kuehn, Ben Stensrud, Casey Coughlon. **R9:** coach Marc Beltrame, coach Tony Kruse, coach Brian Vaughan, coach Brian Lutter, coach Brent Kziazek, coach Rod Wiebers, coach Zac Christensen, coach Mike McCune, coach Mark Tegels, coach Brian Woodley.

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Michael Kinning, Shane Chafa, Richard Schraeger, Joshua Dicken, Dillon Temple, Kale Singleton, Wilson LeGrand, Ben Larpenter. **R2:** Josh Cronin, Mitch Wilson, Kyle Arnold, Matt Zinselmeier, Bryan Johnson, Eric Bass, Connor Yocum. **R3:** Zachary Boals, Andre McKay, Sam Shaver, Marcus McKay, Tyler Koonce, Eric Bridgewater, Zach Winjum, Tyler McCormick. **R4:** Nick Newton, Sam Wendell, Jordon Nelson, Tyler Morrissey, Christopher Sexton, Adam Shaver, Deavon Richards. **R5:** Joe Scanlan, Nate Perkins, Nick Holland, Shane Abbott, Isaac Laffey, Jacob Knopf, Taylor Beguhn, Michael Hull. **R6:** Tony Kruse, Jeffrey Pavelka, Clayton Bormann, Joe Buckley, Marc Beltrame.

Golf-Boys'



Kyle Skinner, Matthew Probst, Evan Bergman, Timothy Blank, Matt Ruebbelke, Jared Willson, Andrew Dickelman, Jimmy Siebert, Collin Bisenius, Colin Christenson. **R2:** Cody Walkup, Corey Schaefer, Sam McGinn, Charlie Haggett, Eric Welter, Alex Wendell, Kyle Fiala, Nick Smith, Sean McGowan, Alex Jacobson, Gregory Monson, Mitchell Sparks, Grant Smith, Guy Newberry, Ethan Kumbera.

Gay-Straight Alliance



Ashley Loggins, Gabbi Angeloni, Brandon Miller, Kylie Kinsey, Claire Nagel, Phoebe Cooper.

Hockey-Gold



Jacob Kellow **R2**: Alex Hjelmaas, Jordan Costello, Dylan Long, Matt Rose, Jack Nielsen, Jacob Hjelmaas, Phillips **R3:** coach John Burns, Reagon Sanford, Dereck Winchester, Charlie Engblom, Cody Janousek, Jake Thies, coach Billy Rose.

Hockey-Purple



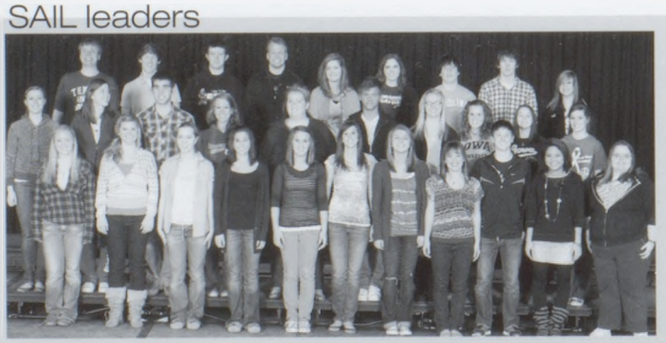
John Alexander. R2: Matt Mahanna, Kiby Singleton, Alex Peichl, Dwight Lykins, Brenden Elliott, Kohl Dusenberry. **R3**: coach Zack Fleming, coach Harold Howe, Trevor Biley, Kale Singleton, Dylan Betters, Hayden Allison, coach Rick Strawn. **R4:** Adam Gardner, Nate Howe.

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SAIL leaders



Katie Lashier, Kallen Kramer, Averi Giudicessi, Megan Kellogg, Bethany Hoogenaker, Chelsea Waltz, Olivia Diehl, Dahlia Gordon, Sam Reed, Ashley Wright, Katie Fox. **R2:** Courtney Sabus, Anne Fleming, Nick Evans, Gabrielle Liljedahl, Ali Willis, Steve Williams, Kendra Greenfield, Emma Gowey, Molly Ward, Chanlea Wilkes. **R3**: Chris Oatts, Eric Eittriem, Mitch Sparks, Riley Johnson, Libby Elmitt, Lauren Reed, Andrew Borst, Bryce Johnson, Carlee Sabus

Innovation



Kody McCracken, Caleb Wagner, Anne Fleming, Kendra Greenfield, Claire Ottley, Bailey Petersma, Kiera Morrill, Beth Hoogenakker, Ryan Bower, Tanner Gardiner **R2**: Andrew Meek, Laura Cross, Andrew McCrea, Marissa Broich , Nate Jorgensen, Molly Schunicht, Riley Johnson, Olivia Diehl, Nick Evans, Eric Eittreim **R3:** Elissa Wiley, Philip Mortens, Claire Anderson, John Temple, Abby Burch, Michael Carlson, Courtney Sabus, Steve Williams, Leah Kacere **R4**: Cindy Xu, Ryan Smaha , Dane Van Brocklin, Claire Nagel, Jocelyn Schneider, Tim Gates, Kayla Flyckt, Matt Beary, Erik Anderson, Dahlia Gordon **R5:** Julia Henning, Alex Hjelmaas, Collin Schares, Leah Bowman, Mitch Sparks, Chelsea Waltz, Jake Hunsberger, Chris Dockum, Sarah Mayer.

Jazz Band-Lab



Andrew Tubbs, Victoria Rasavanh, Taylor O'Bryan, Erik Jurgensen, Catherine Erb, Daniel Kim, Amy Bowers, Claire Nagel, Alyssa Becker **R2:** Sam Maras, Evan Hammer, Jacob Bennett, Ian Selinger, Elaine Kramme, Chris Dockum, Brenden Redshaw, Connor Yocum, Nick Kuehn. **R3:** Josh Tindall, Duncan Sinclair, Brandy Pohlman, Sam Sparland, Ben Parsons, Ian Dunshee, Reed Iverson, Mason Waetke, Nick Vogel, Jacob Hjelmaas.

Jazz Syndicate



RJ McGrew, Kyle Naig, Ben Warrick, Chris Oatts, Leah Bowman, Bailey Petersma, Katie Upton, Blake Schlawin, Kyle Soyer. **R2:** Daniel Ratekin, Ben Cigan, Ryan Francois, Jeff Oatts, Tanner Gardiner, Brian Cherrier, Alex Hjelmaas, Emma Smith, Julia Henning.

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IT Adventures



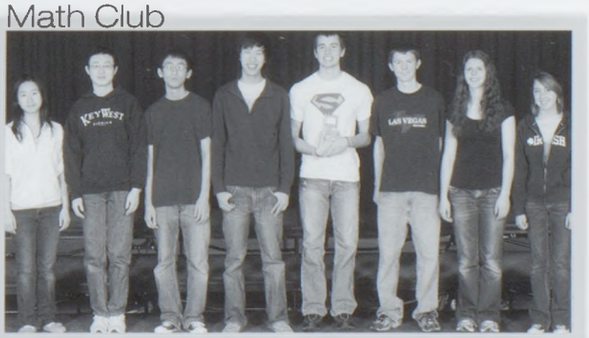
Dan Ratekin, Ben Adams, Matt Beary, Taylor O'Bryan, Victoria Rasavanh, Kevin Han **R2**: Jacob Aswegan, Ethan Augustine, Keith Hernandez, Nicholas Hoobin, Henry Pager, Nick Gross, Tommy Schwaderer **R3**: Marcus Dolan, Griffin Idleman, Alex Knee, Petros Vardaxis, Nathan Prager, Evan Lundstrom-Yurdin, BlakeBarrett.

Junior-Senior Board



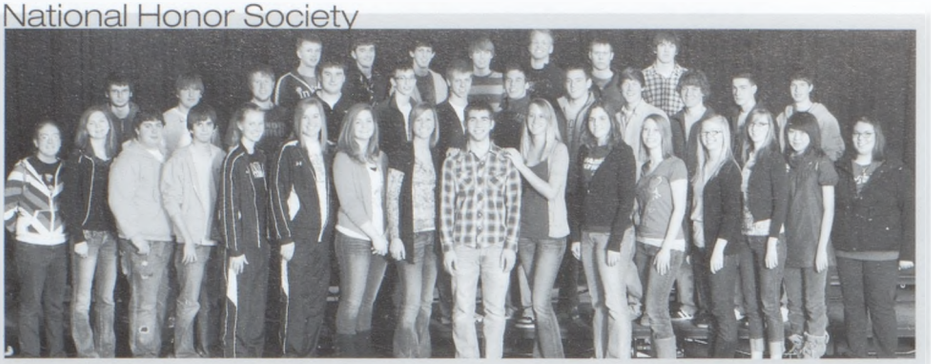
Paige Collison, Megan Curtis, Noelle Liljedahl, Kari Ross, Carly O'Keefe, Chanlea, Kierra Morrill **R2**: Amanda Soda, Michael Carlson, Jordan Adams, Alex Hjelmaas, Rachel Chapman, Andi Cameron, Chris Dockum.

Math Club



Joy Tan, Kevin Han, Mike Shi, Fred Shen, Alex Greig, Andrew Verhasselt, Kaitlyn Aldrich, Catherine Caracci.

National Honor Society



Amber Heller, Margaret Taylor, J.B. Williams, Justin Coaldrake, Andi Cameron, Rachel Chapman, Libby Elmitt, Danya Jansen, Nick Evans, Kristine Williams, Loryn Reed, Kayla Schuster, Kendra Greenfield, Kylie Kinsey, Yiming Qin, Brianna Ryan. **R2:** Nicholas Hoobin, Jake Klopfenstein, Alexander Peichl, Alex Knee, Andrew Meek, Cody McCracken, Andrew McCrea, Travis Merritt, Eric Eittreim, Alex Grieve, Elvis Dizdarevic, Ben Jhouacobson. **R3:** Michael Carlson, Tanner Gardiner, Jake Perington, Ryan Francois, Riley Johnson, Jacob Sterk, Bryce Johnson.

Drama Club



James McDermott, Sam Sellers, Caleb Larkin, Meghan Batterson, Kristine Hauser, Tina Wu, Ashley Ribordy, Casey Ashan-Cox, Shay Miller, Kristine Hayes, Rachel Minter, Dane Van Brocklin. **R2:** Brian Turner, Connor McCool, Jamerris Holder, Trevor Fisch, Andrew Overton, Alex Grapp, Jerin Kreinbring, Anna Hathaway, Nate Jorgenson, Ben Smith.

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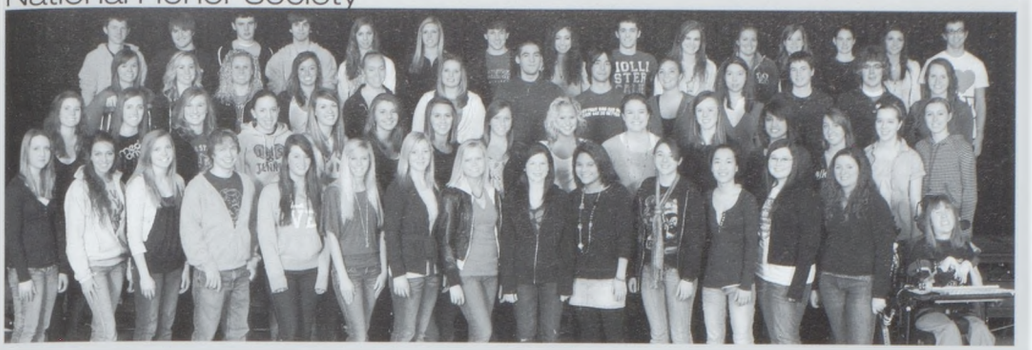
Amy Bourne, Emily Barnes, Jenna Axtell, Brandi Bolken, Katie Fox, Kaitlyn Mason, Clara Sandoval, Caiya Couture, Ashley Erickson, Victoria Rasavanh **R2:** Sierra Larson, Monica Novelo, Tessa DeLaria, Britta Pohlman, Rachel Minter, Jerin Kreinbring, D'Sharri Scott, Helen Lagerblade, Megan Davis, Lyndsey Niebuhr, **R3:** Lauren Babcock, Katie Holcomb, Madison Morris, Alex Cordes, Brianna Mormann, Danyelle Cole, Danielle Greig, Jenna Francois, Brandy Pohlman. **R4:** Kali Van Zee, Kayla Shoeman, Amila Sadikovic, Jacey Elmer, Shaylinn Crone, Dragana Forcan.

Mixed Choir-Men



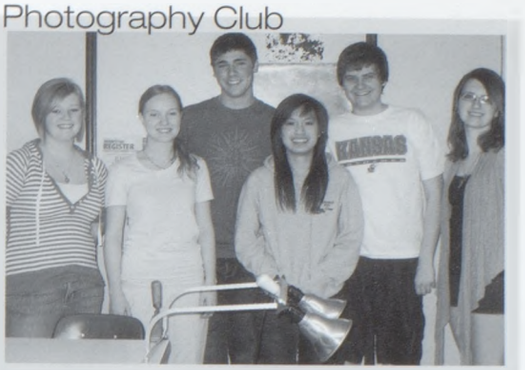
Faisal Alabsi, Cole Giudicessi, Timmy Gerzema, Joey, Iregui, Justin Nicolet, Andrew Overton, Tyler Knepper, Adam Jaschen, Joe Duan. **R2:** Richard Schraeger, Henry Prager, Tyler Stahr, Chris Carraci, Scott Syroka, Lucas Wittman, Matt Dippold, Jake Baird, James Sevenich **R3:** Andy Smith, Nolan Martz, Brandon Korkow, Brenden Redshaw, Connor Fuller, Charlie Haggett, Bryce Plew, Nathan Prager, Chase Fiedler.

National Honor Society



Alex Van Langen, Alicia Deal, Krista Schuman, Ben Warrick, Sarah Stocker, Taylor Smith, Amanda Korkow, Abby Burch, Jessica Johnson, Ashley Wright, Rachael Casciato, Emily Eikenberry, Katie Upton, Gabbi Angeloni, Jill Von Fumetti. **R2:** Anna Tucker, Erica Tucker, Morgan Foldes, Megan Ackerman, Nicole Postel, Olivia Diehl, Beth Hoogenakker, Chelsea Van Vark, Kari Ross, Julia Manning, Bailey Petersma, Preet Dhugga, Catherine Caracci, Averi Giudicessi, Courtney Sabus. **R3:** Morgan Campbell, Amanda Philip, Madison Thompson, Carly O'Keefe, Jennifer Ross, Jenny Spalding, Alex Grapp, Kyle Soyer, Laura Cross, Charlotte Dutcher, Matt Knoedel, Philip Mortans, Kristina Andeweg. **R4:** Andy Verhassel, Jack Nielson, Shane Christenson, Justin Coaldrake, Hannah Dankbar, Cassie Curtis, Kyler Gifford, Jessica Pray, Ryan Bower, Jenna Devens, Bailey Knapp, Amy Bowers, Leslie Ulm, Olivera Djuric, Joseph Payne.

Photography Club



Kristine Hayes, Shay Lenaghan, Tina Wu. **R2:** Nate Ostiguy, Ben Smith, Paige Plaskitt.

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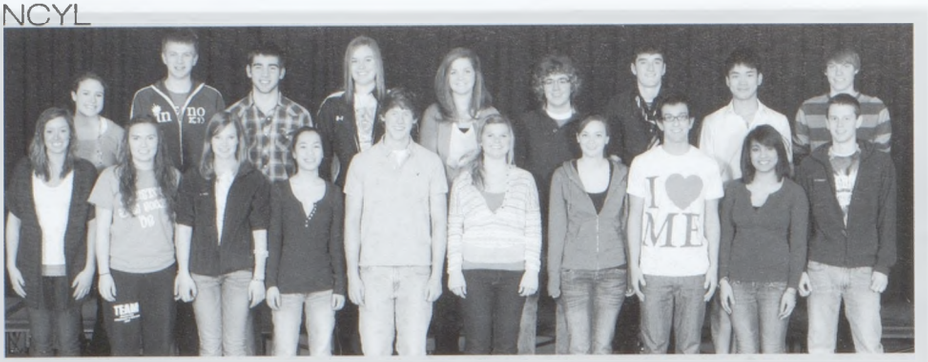
Breanna Williams, Jiahui Huang, Sarah Lewis, Katie Giles, Courtney Norelius, Hannah Wiles **R2:** Ethan DeGroot, Kyle Ganzmer, Jeff Carely, Carly Crist, Alexa Anderson, Ashley Shay, Shianne Thomas, Sydney Rissler.

Mock Trial



Mikhala Stutzman, Anna Pierce, Helen Lagerblade, Chase Wallace, Joy Tan, Cindy Xu, Kayla Flyckt, Sarah Mayer, Claire Nagel, Bailey Petersma Rachel Casciato, Elizabeth Mills, Andrew Tubbs. **R2:** Amber Solberg, Molly Ward, Julia North, Claire Nichols, Taylor Mithelmen, Catherine Caracci, Matt Knoedel, Nick Holland, Joe Payne, Alex Anderson, Leah Bowman, Mike Shi. **R3:** Hank Mandsager, Spencer Vasey, Clifford Burleson, Emily McDowell, Erika Gebard, Manda Clark, Joe Duan, Bagrirth Mennie, Adam Jaschen, Jessica Pray, Kyle Skinner, Alex Grapp, Rosemary Freymark, Kaitlyn Aldrich. **R4:** Grant McDonald, Jonny Katz, Issac Laffey, Alissa Cambell, Matthew Beary, Alex Knee, Chris Dockum, Ryan Smaha, Alex Hjelmaas, Sam Sparland, Ian Dunshee, Alex Peterson, Phillip Mortens.

NCYL



Carly O'Keefe, Maddie Mandsager, Amy Bowers, Emily Eikenberry, Eric Eittreim, Kallen Kramer, Laura Cross, Joe Payne, Preet Dhugga, Caleb Wagner. **R2:** Julia Manning, Michael Carlson, Nick Eavans, Rachel Chapman, Libby Elmitt, Philip Mortens, Tanner Gardiner, Kevin Hu, Ryan Francois.

Play



James McDermott, Sam Sellers, Caleb Larkin, Meghan Batterson, Kristine Hauser, Tina Wu, Ashley Ribordy, Casey Ashan-Cox, Shay Miller, Kristine Hayes, Rachel Minter, Dane Van Brocklin. **R2:** Brian Turner, Connor McCool, Jamerris Holder, Trevor Fisch, Andrew Overton, Alex Grapp, Jerin Kreimbring, Anna Hathaway, Nate Jorgenson, Ben Smith.

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Soccer-Boys' Varsity



Malte Schwafferts, Ryan Harlow, Nick Payne, Josh Dicken, Sam Reed, Cody Jacobson **R2:** Troy Gordon, Elvis Dizdarevic, Jared Nelson, Eric Bass, Jake Perington, Cody Walkup, Jon Hankins, Ryan Larsen, Andy Smith **R3:** Coach Dustin Mead, Justin Handel, Matt Gonner, Ben Fincher, Scott Wanninger, Hunter Lafollette, Tyler Neumann, Coach Heath Weeks.

Soccer-Boys' JV



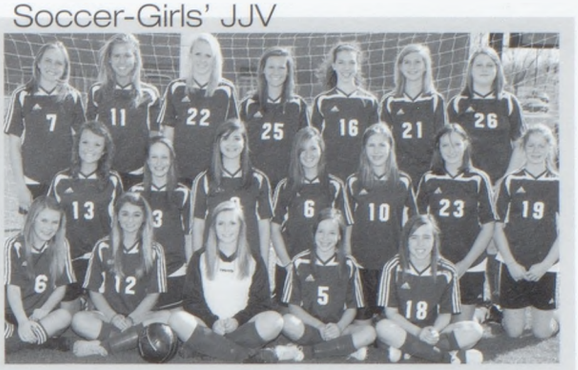
Faisal Alabsi, Bakir Hajdarevic, Tyler Koonce, Cameron Brose, Zach Boals, Tommy Morrissey, Mirza Besic **R2:** Connor Yocum, Dalton Leslie, Shane Abbott, Josh Tindall, Reed Siems, John Timmons, Dirk Opland, Deavon Richards, Adam Reick, Haris Lilic **R3:** Coach Russ Fortune, Austin Kinsey, Zach Wray, Clayton Bormann, Ryan Tiller, Zach Vanderploeg, Lucas Wittman, Dino Omerhodzic, Collin Bisenius, Anid Nesderivic.

Newspaper



Lauren Gehrke, Kelsey Kruse, Catherine Caracci, Kyle Soyer, Kallen Kramer, Julia Manning, Kelly McGowan, Evan Culbert, Kierra Morrill, Liz Waller, Monisha Kumar **R2:** Alyssa Czapla, Matt Knoedel, Andrew Halterman, Mike Shi, Blake Schlawin, Chris Caracci, Ethan Meng, Dwight Lykins, Philip Mortens, Spencer Vasey, Kristine Hayes **R3:** Eric Oatts, Kevin Hu, Zach Winjum, Ian Dunshee, Scott Monroe, Michael Carlson, Ryan Smaha, Lauren Coffey.

Soccer-Girls' JJV



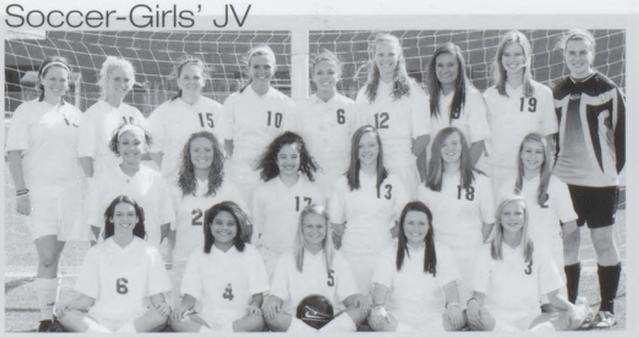
Lindsey Clothier, Brooklyn Mazza, Makenzie Johnson, Nicole Ackerman, Jenna Axtell **R2:** Kaelee Jones, Reid Lefler, Bailey Comgeys, Lauren Kimball, Alexa Anderson, Delanie Idleman, Hannah White **R3:** Kelsey Larsen, Grace Harcharik, Sanna Rasmussen, Anna Twickler, Jessie Tindall, Ali Perman, Kelly Ridenour.

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Sarah Wessling is National Teacher of the Year

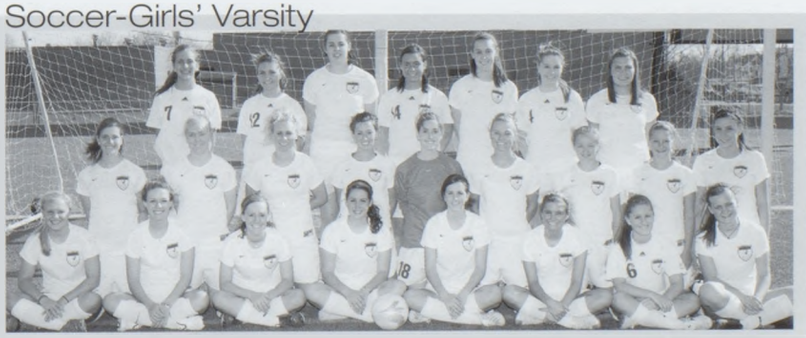
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Soccer-Girls' JV



Paige Doherty, Ashley Wright, Morgan Jungman, Mollie Tompkins, Haley Morris **R2:** Victoria Orrante, Kayla Ward, Kim Thomas, Erin Yocum, Madi Buckley, Sarah Gunnus **R3:** Maddie Vestal, Emma Van Houten, Kristin Riley, Kailey Kerr, Andi Holdsworth, Victoria Horstman, Allison Veitch, Andi Cameron, Terra Boston.

Soccer-Girls' Varsity



Katie Lashier, Nicole Postel, Megan Randolph, Kara Anderson, Chelsea Waltz, Nicole Pirie, Lexie Willie, Alissa Schultz **R2:** Anna Tucker, Jennifer Ross, Madison Thompson, Carly O'Keefe, Erica Tucker, Kerigan Thomspon, Bailey Eppard, Bailey Wilmes, Michelle Hummel. **R3:** Maren Monson, Emily Scott, Emily Parker, Lauren Skartvedt, Megan Faley, Rachel Janousek, Maddie Mandsager.

Student Council



Janelle Galang, Katie Lashier, Kelsey Kruse, Abby Burch, Jessica Johnson, Cathleen Dutcher, Kayla Flyckt, Carly O'Keefe, Julia Manning **R2:** Ethan Meng, Alyssa Becker, Faisal Alabsi, Jordan Adams, Jessica Pray, Andy Jensen, Hannah Thayer, Margaret Brimeyer, Amber Solberg **R3:** Connor Yocum, Charlie Haggett, Dirk Opland, Owen Ballard, Libby Elmitt, Scott Syroka, Kensie Noble, Lincoln Eppard.

Spanish Club



Emily Orna, Ariel Needham, Katherine Crowley, Courtney Norelius, Jiahui Huang, Abby Dolan, Alison Clark, Nine Flattery, Raven Wells, D'sharri Scott, Anna Piene.

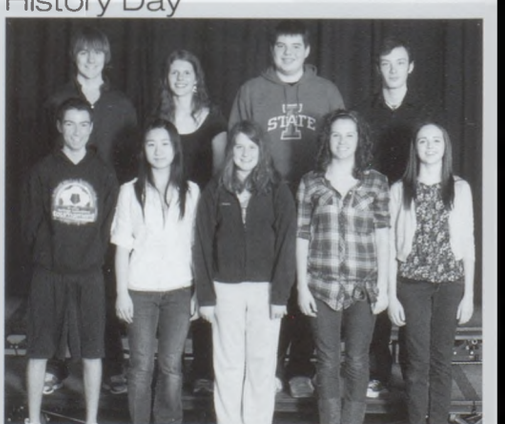
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Girls' Swimming



Taylor Erwine, Kelsey Staub, Julia Manning, Rachel Oyibo, Kylie Kinsey, Alex Gustafson, Elise Hill, Olivia Pace, Hannah Dankbar, Lizzy Gerdis. **R2:** Dahlia Gordon, Sara Beeler, Eliza Kelly, Lindsay Trovick, Lindsey Winders, Cassie Sweeney, Emily Lammers, Laura Kottke, Emma Meyer, Janelle Galang, Maren Monson, Molly Thuente, Caylee Shank. **R3:** Dani Davis, Emma Billerbeck,Cecilia Shutt, Megan Martin, Jessica Short, Emily Barnes, Martha Carroll, Ashley Gillette, Phoebe Cooper, Anna Johnson, Amre Gaskins, Meghan Dillon, Emily Merritt, Emily Rothfus, Limay Vong. **R4:** Janie Norris, Sarah McEntee, Malia Meyer, Brittany Borup, Carter Bell, Kaitlyn Tippin, Tori Haag, Jensen Means, Ari Dalamaggas, Maddie Bouslog, Erin Selinger, Lydia Krzyzak, Abby Aller. **R5:** Victoria Trost, Michaela Kinter, Joscey Miner, Mariah Wellman, Morgan Stanley, Sydney Monahan, Paige Dixson, Haley Morris.

History Day



Chace Wallace, Joy Tan, Helen Lagerblade, Taylor Mithelman, Elizabeth Mills. **R2:** Grant McDonald, Kaitlyn Aldrich, Sam Sparland, Ian Dunshee.

Volleyball-Sophomore



Claire Westemeyer, Brianna Nelson, Sara Fincher, Maddie Kleve, Kayla Baird, Elizabeth Mills, Morgan Jungman, Jenna Heil **R2:** Manda Clark, Caroline Pace, Erika Gebard, Sam Philiph, Taylor Anderson, Taylor Smith, Nicole Gibbons, Dragana Forcan **R3:** Abbey Wilmes, Kensie Noble, Kaitlyn Aldrich, Emily McDowell, Ashley Gray, Ellie Minor, Megan Vaughn, Elli Grapp, Brianna Mormann.

Volleyball-Varsity



Jessica Mozga, Morgan Campbell, Sarah Stucker, Corrin Larkin, Abbey Westemeyer. **R2:** Kerrigan Crotts, Cassie Curtis, Tory Knuth, Sarah Cleveland, Andi Cameron, Monika Sehic. **R3:** Lacey Corcoran, Morgen Roshek, Elizabeth Schiefelbein, Morgan Foldes, Kristen Howe, Lauren Scott, coach Rick Brooks.

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Boys' Swimming



Matt Rippentrop, Luke Crane, Patrick Albright, Chris Lee, Blake Johnson, Tyler Bradley, Jordon Means, Byron Smith, Brad Waldorf, Caleb Wagner, Greg Monson, MJ Phillips, Alex Grapp, Robert Propstein. **R2:** Andrew Schneider, Dylan Johnson, Alex Hershey, Ryan Kitchen, Perry Lysens, Justin Nicolet, John Trible, Brandt Swallow, Evan Culbert, Connor Ward, Erik Rasmussen, Jordan VanScoy. **R3:** Jordan Reinard, Kyle Timmerman, Erik Anderson, Michael Foreman, Jake Oberman, Evan Hammer, John Linde, Andrew Schwaderer, Nick Maher, Connor McCool. Alex Swafford, Michael Schwaderer **R4:** Hank Mandsager, Hayden Woods, Sam Zach Crane, Mitch Corbin, Dirk Opland, Brandon Biere, Joe Farrell, Andy Jensen, Jeff Carley, Teig Loge, Cody Carlson, Brian Ross, Adam Rieck no s. **R5:** Sam Gruba, Sam Applegate,Henry Lee, Scott Wallace, Alex Petersen, Jake Davis, Connor Mackey, Lance Kopacek, Dalton Handel, Ian Murphy, Jared Staton. **R6:** Ethan De Groot, Ian Selinger, Lincoln Eppard, Blake Davidson, Charlie Haggett, Collin Foster, Ross Winget, Joe Buising, Jarid Ingebrand, Tyler Neameyer, Garrett Rowe, Conner Schurr.

Boys' Tennis-JV



Alex Swafford, Mitch Langos, Thomas Thatcher, Charlie Haggett, Chris Caracci, Ervin Deumic, Ahmed Shahrayar, Mitch Sparks R2: Taner Burns, Justin Atterberg, Daniel Kim, Jacob Bennett, Nick Kuehn, Petros Vardaxis , Reed Clabaugh, Sam Wendell, Brandon Korkow.

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Girls' Track



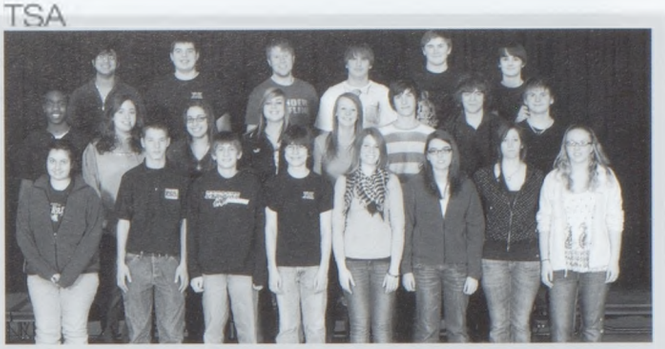
Ellen Scott, Anissah Kuyateh, Champagne Dings, Emma Gesiriech, Andrea Renner, Brittany Trow, Anna Belner, Megan Seibert, Catherine Erb, Bailey Eppard, Ivy Wu, Makayla Ruchti, Margaret Standish, Ashley Enger, Tayler Murray, Monica DeCarlo, Katherine Newbury **R2:** coach Lacey Corcoran, D'Sharri Scott, Alaina Despenas, Paige Boyer, Amanda Philiph, Ashley Quick, Jenna Devens, Maddie Morris, Emily Vos, Ashley Gray, Victoria Hortsman, Loryn Reed, Christina Davis, Victoria Trost, Katharine Selberg, Joscelyn Miner, Kimberly Hughes, Stephanie Wilkinson **R3:** Rachel DeCarlo, Katie McMillen, Isabella Engblom, Paige Dixson, Haley Souhrada, Kensie Noble, Kara Anderson, Corrin Larkin, Krista Shoeman, Alyssa Eaves, Morgan Meyer, Kendra Jensen, Claire Sevenich, Mattie Kipp, Amber Clock, Jenna Christensen **R4:** coach Jerry Quick, coach Dave Beason, LeaAnndra Minick, Rosemary Lawrence, Megan Davis, Alex Ligouri, Madisen Quick, Emma Monthei, Madison Kleve, Sara Fincher, Nina Flattery, Hailey Kromminga, Marissa Hagerla, Cassidy Farnsworth, Dany Cole, Rachael Meyer, Abby Dusen, coach Patrick Hennes, coach Chris Siewert.

Boys' Tennis-Varsity



Ryan Francois, Matt Knoedel, Mike Knoedel, Ben Warrick, Fred Shen, RJ McGrew, Duncan Sinclair **R2:** AJ Naanep, Blaine Schlawin, Collin Schares, Kevin Hu, Andy Verhasselt, Tyler Bradley, Alex Schultz.

TSA



Nicole Malli, Mike McFarlin, Matt Gibbons, Jose Iregui, Melinda Busch, Vickilee Thomas, Catherina Ochoa, Jessie Sandmann **R2:** Kofi Manteaw, Tressa Steuber, Lauren McNeal, Carlee Sabus, Taylor Von Rusell, Mirza Besic, Ben Parsons, Adam Jaschen **R3:** Ahmed Shaharyar, Sam Sparland, Alex Peichl, Jake Klopfenstein, Chace Fiedler, Reed Iverson.

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Boys' Track



Jon Houp, James Tran, Austin Bowen, Erik Bergstrom, Drew Jackson, Justin Long, LJ Lipscomb, Owen Cooper, Tommy Larson, Tyler Patten, JJ Worley, Andre McKay, Ben Jacobsen, Ben Freese, Jake Davis, TJ Schultz, Jacob Foutch, Austin Polson **R2:** Riley Johnson, Logan Towers, Kyle Timmerman, Brandon Thrane, Josh Boeschen, Conner McCool, Alex Hershey, Sam Altier, Lucas Dunshee, Nik Tucker, Ryan Kitchen, Skylar Wright, Ben Garlock, Spencer Clock, Dane VanBrocklin, Jason Kane, Marcus Montgomery **R3:** Matt Darland, Ryan Tigges, Will Hyde, Alex Peterson, Adam Shaver, Chris Sexton, Marcus McKay, Carr Terrpstra, Logan Moe, Alex Kramer, Chase Wallace, Seth Daughtee, Chris Coble, Cullen Maahs **R4:** Brad Hagerla, Ben Gardiner, Dustin Smith, Troy Barnes, Jullian Holder, Taylor Burkhead, Tyler McCormick, Tyler Morrissey, Zach Schiender, James Sevenich, Marcus Dolan, Nathan Christianson, Ben Adams, Dan Meyer, Nick Pierotti **R5:** Gunnar Johnson, Justin Becvar, Spencer Hyde, Cameron Pearson, Josh Cronin, Garret Kanwischer, Josh Bengtson, James Garlock, Bryce Plew, Tre Onder, Brian Christionson, Chad Weirich, Ryan Johanson, Brandon McBride **R6:** coach Brian Woodley, coach Randy Barrick, coach Pat Mattingly, coach Pat Honkomp, Coach Dana

Synergy



Chase Wallace, Allison Wignall, Andrew Overton, Amanda Teel, Jose Iregui, Anne Dieseth, Evan Culbert, Morgan Jungman, Andrew Schneider, Taylor Mithelman, Ben stensrud, Elizabeth Mills, Zach Vander Ploeg **R2:** Andrew Tubbs, Rachel Swanson, Thomas Winkelman, Maddie Kramer, Lucas Wittman, Anna Belknap, Katy Davis, Matt Zinselmeier, Emma Henry, Joel Wittman, Nicole Hoffman, Justin Nicolet **R3:** Sam Sparland, Andy Smith, Claire Nichols, Chris Caracci, Abby Dusen, Rachel Beierschmitt, Chelsea Elming, Eric Bridgewater, Catherina Ochoa, Richard Schraeger, Jake Swesey **R4:** Nick Miller, Emily Mentzer, Nolan Martz, Molly Ward, Mariah Wellman, Amanda Soda, Lindsey Curiel, Brandon Miller, Allissa Campbell, Tanner Grill **R5:** Jameris Holder, Emma Gowey, Morgan Riessen, Alayna Spiece, Blake Davidson, Lisa Friesth, Erika Gebard, Jacob Hjelmaas.

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Zealous Chinese man stabs eight children in eastern China

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Speech Club



Joy Tan, Kristine Hayes, Claira Sandova, Samantha Sellers, Megan Batterson, Joanna Kim, Frankie Chi **R2:** Jamerris Holder, Anthony Frei, Travis Fish, Nate Jorgensen, Conner McCool, Alex Grapp, Caleb Wagner.

Softball



Sammie Hildreth, Erica White, Lauren Goodale, Bailey Wilmes, Abbey Wilmes, Morgen Roshek **R2:** Kari Ross, Tara McCulley, Steph Trail, Annie Gray, Abby Sonner, Aleca Guessford, Leah Peterson, Kayla Ross **R3:** Loryn Reed, Corrin Larkin, Jordan Sandquist, Cassie Curtis, Sarah Cleveland, Madison Thompson, Jayde Cherkas, Alex Hawks, Janelle Galang, Spencer Lang.

Wind Symphony



Gabbi Brass, Sherri Chyi, Leslie Ulm, Kevin Han, Emily Linscheid, Kyle Soyer, Anna Tucker, Emily Eikenberry, Kayla Ward, Bailey Petersma. **R2:** Catherine Erb, Ben Warrick, JB Williams, Sarah Meyer, Kayla Flyckt. Katie Upton, Cassie Hardy, Joanna Kim, Elaine Kramme, Frankie Chyi, Rachel Casciato, Amy Bowers. **R3:** Jeff Oatts Alyssa Becker, Elaine Couture, Tim Gates, Leah Bowman, Jenna Francois, Erica Tucker, Julia Henning, Kyle Naig, Blake Schlawin, Brad Gott, Emma Smith. **R4:** Alex, Erb, Ben Cigan, Chris Dockum, Jeff Oatts, Daniel Ratekin, Ryan Francois, Brian Cherier, Tanner Gardiner, Michael Carlson, Ben Parson, Mason Waetke.

Tennis- Varsity



Morgan Foldes, Megan Ackerman, Jenna Heil, Haley Beaver, Lindsey Curiel **R2:** Amanda Korkow, Paige Collison, Martha Carol, Peyton Kintz, Alicia Deal.

Tennis- JV



Olivia Gunns, Sarah Gail, Amber Selberg, Katie Holcomb, Taylor Anderson, Natalia Trinnell, Mikayla Stuzman, Makayla Tuon, Jessica Portel, Catherine Caracci **R2:** Krista Gerke,Clara Sandoval-Cooper, Maddie Kreamer, Cindy Xu, Kylie Poulson, Melia, Kelsey Kruse, Geena Pilcher, Helen Calvo-Castano, Karly Palmer.

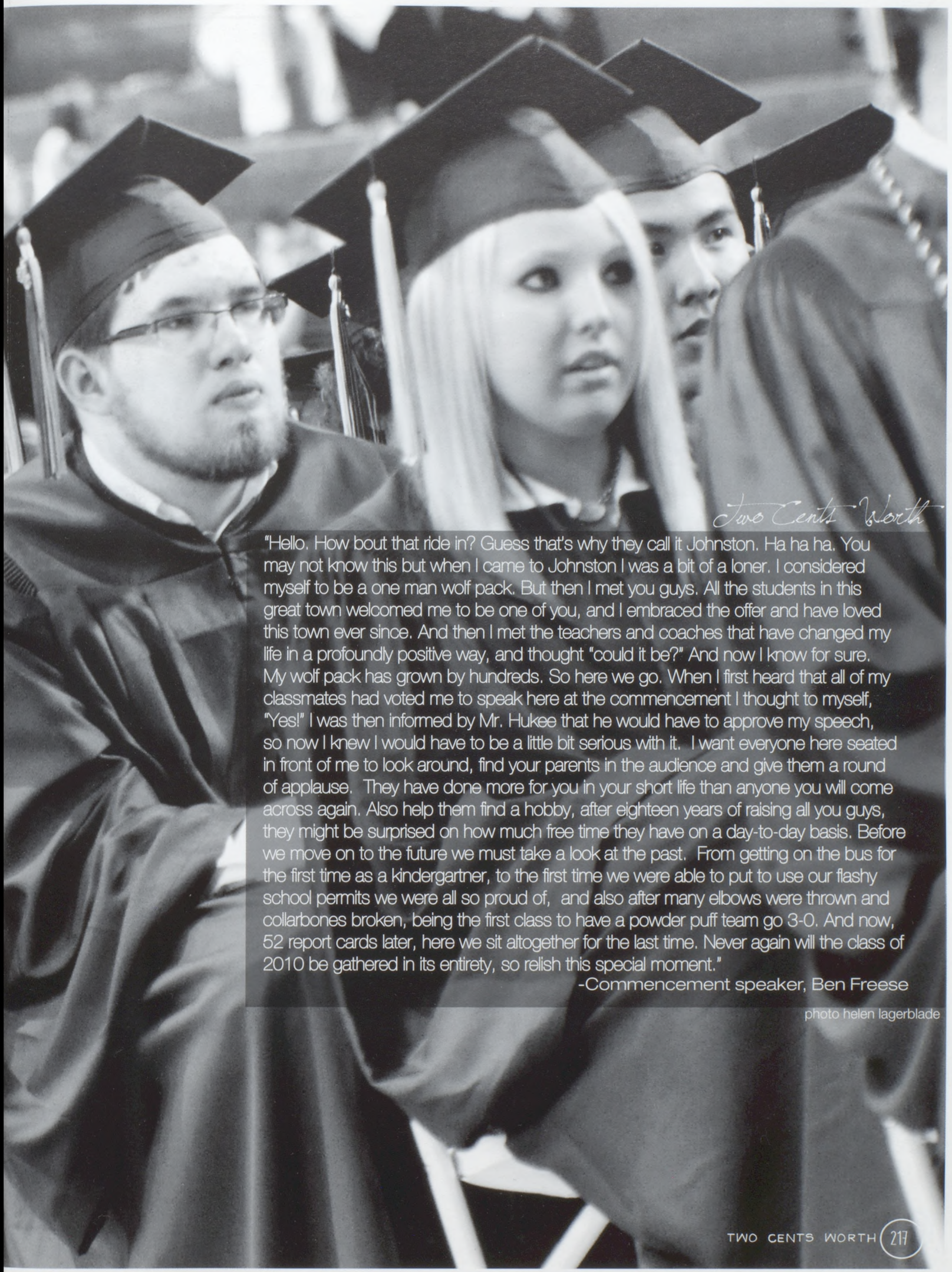
Wrestling



Sam Schade, Zach Robinson, Margaret Standish, Jacob Randall, Logan Walkup, Matt Gibbons, Nathan Christensen, Casey Halder, Brennen Woods, Trevor Biley. **R2:** coach Steve Price, manager Bailey Comegys, Issac Lafley, Blake Wilson, Luke Bubec, Sean Lau, Stephen Shaffer, Alex Richards, Nick Turner, Ryan Lower, Jon Scanlan, Austin Schenkelberg, manager Katy Clay, coach Jesse Poorthunder. **R3:** coach Shane Goodman, coach Paul Henning, Conner Jacobsen, Bryan Johnson, Dakota Jackson, Joe Buckley, Hayden Robinson, Josh Fridell, Kasey McDowell, David Miedema, Heath Dannen, coach Aaron Tecklenburg, coach Tom Griffin.



Graduating class sits and listens to fellow student's speeches.

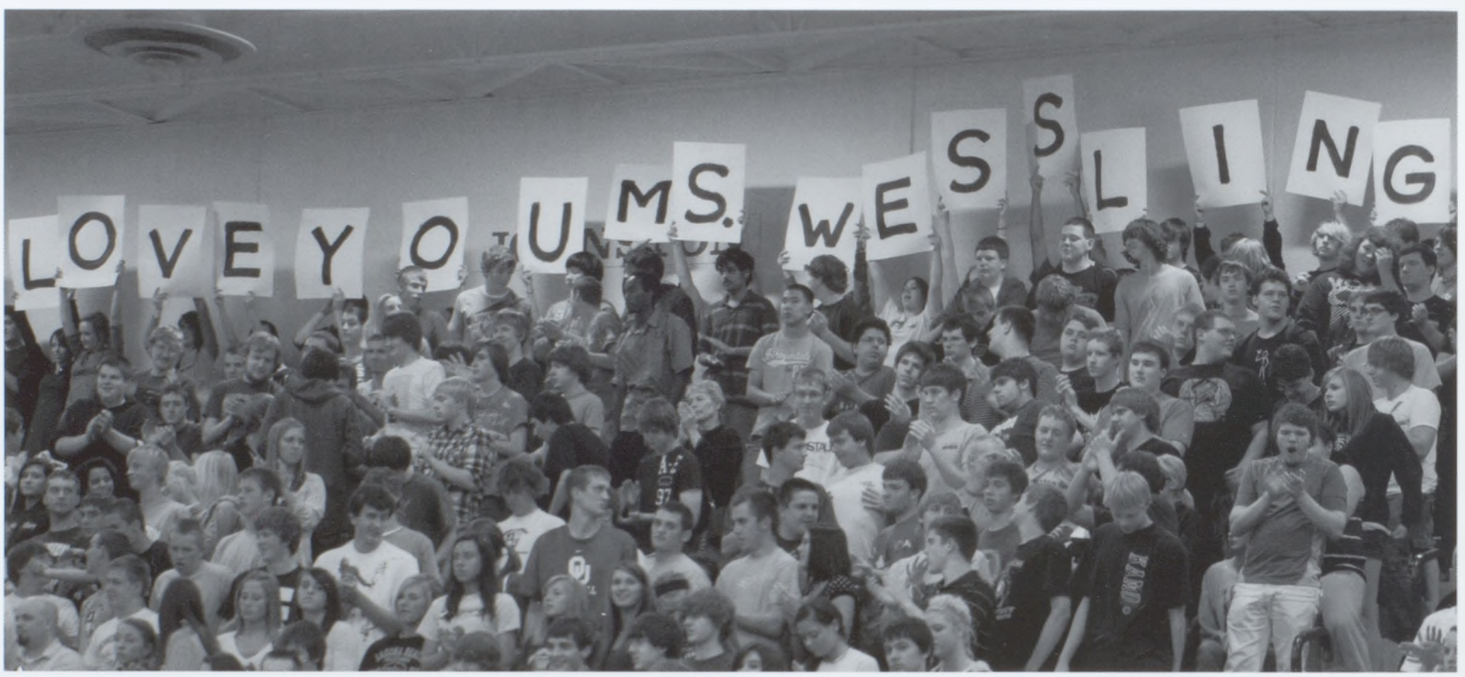


Two Cents Worth

"Hello. How bout that ride in? Guess that's why they call it Johnston. Ha ha ha. You may not know this but when I came to Johnston I was a bit of a loner. I considered myself to be a one man wolf pack. But then I met you guys. All the students in this great town welcomed me to be one of you, and I embraced the offer and have loved this town ever since. And then I met the teachers and coaches that have changed my life in a profoundly positive way, and thought "could it be?" And now I know for sure. My wolf pack has grown by hundreds. So here we go. When I first heard that all of my classmates had voted me to speak here at the commencement I thought to myself, "Yes!" I was then informed by Mr. Hukee that he would have to approve my speech, so now I knew I would have to be a little bit serious with it. I want everyone here seated in front of me to look around, find your parents in the audience and give them a round of applause. They have done more for you in your short life than anyone you will come across again. Also help them find a hobby, after eighteen years of raising all you guys, they might be surprised on how much free time they have on a day-to-day basis. Before we move on to the future we must take a look at the past. From getting on the bus for the first time as a kindergartner, to the first time we were able to put to use our flashy school permits we were all so proud of, and also after many elbows were thrown and collarbones broken, being the first class to have a powder puff team go 3-0. And now, 52 report cards later, here we sit altogether for the last time. Never again will the class of 2010 be gathered in its entirety, so relish this special moment."

-Commencement speaker, Ben Freese

photo helen lagerblade



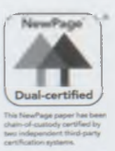
Students gather at an assembly to honor the National Techer of the Year, Sarah Brown Wessling. Wessling was the first Iowan to receive the award since Jean Listebarger Humphrey of Ames won in 1958. "I am a person of words, but when I try to find the right combination to express my gratitude for all the support from this district, I'm clumsy and fumble in trying to express my thanks." Wessling said. *photo by Kyle Soyer*

People do not seem to realize that their opinion of the world is also a confession of character.

-Ralph Waldo Emmerson







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Recogniton & Awards

State Journalism Award
IHSPA Yearbook Awards

First Place
- Ryan Birmingham, 2009-Reader Services
- Hannah Emmerson, 2009-Reader Services
- Makayla Coulson, 2009-Feature Writing
- Hannah Emmerson, 2009-People Spread
- Erin Funk, 2009-Theme
- Jon Krueger, 2009-Sports Writing
- Hannah Emmerson, 2009-Theme
- Jon Krueger, 2009-Academics Photography
- Brianna Ryan, 2009-Academics Writing

Second Place
- Megan Curtis, 2009-Sports Writing
- Hannah Emmerson, 2009-Sports Spread
- Hannah Emmerson, 2009-Typography
- Zach Jensen, 2009-Academics Writing
- Zac Winjum-Feature Photography

Third Place
- Hannah Emmerson, 2009-Academic Spread
- Hannah Emmerson, 2009- Organization Spread
- Hannah Emmerson, 2009-Sports Spread
- Erin Funk, 2009-Closing Spread
- Brianna Ryan, 2009-Academics Writing
- Jon Krueger, 2009-Sports Writing
- Hannah Emmerson, 2009-Theme
- Jon Krueger, 2009-Academics Photography
- Brianna Ryan, 2009-Academics Photography

Honorable Mention
- Hannah Emmerson, 2009-Cover
- Hannah Emmerson, 2009- Infographic
- Erin Funk, 2009- Opening Spread
- Katie Laisher, 2009- Organizations Writing

National Journalism Award
Winners: Quill and Scroll

- Olivia Schiefelbein, 2009-Student Life Division
- Erin Funk, 2009-Graphics
- Hannah Emmerson, 2009-Graphics

State Journalism Award
On-the-Spot Contest

First Place
- Faisal Alabsi, 2009-Photography

Second Place
- Rachael Meyer, 2009-Yearbook Copy and Caption

Third Place
- Kaitlyn Ellerman, 2009-Editorial Writing

National Journalism Award Winners:
NSPA Journalism Honor Roll

- Ryan Birmingham, 2009
- Makayla Coulson, 2009
- Hannah Emmerson, 2009

National All-American Award Winner, 2009
CSPA Gold Medalist, 2009

Colophon

This is the 63rd edition of *The Dragon* and what you see is our product of commitment, frustration, and hilarity. The book cost either $42 or with a cool, shiny nameplate it was $47.

The ideas for the book had a late start, not emerging until summer. When the school year began, there was little agreement on a theme except that Monika insisted on Vantage. All had their own two cent's worth. Haha, get it? After several weeks of debating and mild swearing, two cents worth became the theme. It seemed to fit perfectly. The only thing we could agree on was that we all had our own opinion.

We took a completely different twist to organizing the book using quotes to divide it. Throughout the year we had to stretch our minds to fit this organization, which caused Faisal, Meredith, Jordin and Monika to want to pull their hair out of their heads.

The staff was different than ever before: we mainly have baby sophomores who were trying yearbook for the first time. For once, the juniors ruled, controlling all editorial decisions. As for seniors, well we had one. Yes, that's right. Only one. And he was a male, which totaled to a whopping three boys stuck with 21 females. Lucky kids.

We started our work where it all begins: the J-Lab. Here sit our 13 beautiful, large-screen Mac OS X computers that were installed with Photoshop and InDesign CS3 by our wonderful all-purpose tech man, Tom Porter. He also always came to the rescue whenever our bi-polar printer wasn't working for us and Shipp couldn't seem to sweet talk it into working.

First semester we received new wheels on our roll chairs, which improved our ability to scoot across the room greatly. The wheels were provided and attached by our wonderful Dan (Golbuff) the Custodian Man.

The excellent photos throughout the book were taken using our cameras that live in a wooden cabinet and on car seats. The abduction of one for about six weeks caused much dismay until its mysterious return.We have a Nikon D-90 that has a large Nikon PowerLens, which can be attached for the action shots. For our slower paced activities and academics we have three very nice D-70's.

For our grammar extraordinaire, K-dawg or Koth, we thank you. You sit there at you rolling cart with your pencil and go through our layouts. We appreciate your grammtical suggestions and sparkling personality.

You may think we know everything about yearbook but if we can't figure something out for the life of us, we have our support team. Terri Schnell, all the way in Utah, would always be there for us on the other end of the phone patientially listening to Monika rant about her technical inferiorities. Marc and his candy always fed our egos. He was nothing but compliments about this awesome book and useful tips for our complicated programs.

The endsheets are special, expensive paper. So you should feel special. It is classic end sheet paper and it is thicker than normal paper. Doesn't it look fancy shmancy? We like to think so. The book size is still the same as last year, sticking to this new trend. Our cover is very simple so we can relay our theme in noncomplicated ways. We also used thicker paper this year for the pages in the book. But what was complicated was the pennies. Yes, those are real pennies in the cover. We had the company punch hole in the cover and send us the books completed and then work turned to our trusty staff. We found some sort of glue and began pressing in the pennies into each book individually. All of the books. You may think we are crazy, but it was worth it. This book turned out pretty rad.

We have our dysfunctional staff and sassy printer but we have something that keeps us going. We try to give the best book that we can give you. And on to our last thanks, Shipp, you are our adviser and you are a genious or something. Here is our two cents worth.

Completed by Jordin Robinson and Monika Sehic



This is your two cents worth...